

SAHPRA LICENCE NO.		DL01-0c1f74	CM REF.	See Licence No.	Name of Licence Holder:	Anastellar Brands (Pty) Ltd							Version:		01-072023
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions		
1	Manufactured (including import and export)	Stellar Activ-Folate	Tablet	30 120	(6S)-5-Methyltetrahydrofolate Calcium providing Folate 500 µg;	1 tablet daily		Health Supplement	Vitamins	Oral	Low	Nutrient support where Folate deficiency is at highest risk.	At or below 25 ° C		
2	Manufactured (including import and export)	InsuMax-Q -	Other	30 + 30 + 30	Component 1 - Tablet Myo-inositol 1000 mg; D-Chiro-Inositol 25 mg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 500 µg; Pyridoxine HCl providing Vitamin B6 25 mg; Cyanocobalamin 25 µg Component 2 - Capsule - Hard Coenzyme Q10 150 mg; Magnesium Oxide providing Magnesium 150 mg; Cholecalciferol providing Vitamin D3 1000 IU Component 3 - Capsule Hard L-Arginine HCL providing L-Arginine 800 mg; L-Carnitine L-Tartate providing L-Carnitine 125 mg; Alpha-Lipoic Acid 50 mg; Selenium Glycinate 2 % providing Selenium 60 µg; Ascorbic Acid providing Vitamin C 250 mg; Vitamin E 20 IU; Zinc Oxide providing Zinc 25 mg\	Take 1 of each component daily (Component 1 in the morning after breakfast and component 2 & 3 at night after dinner)		Health Supplement	Multiple substance formulation	Oral	Low	Nutrients supporting Glucose Metabolism	At or below 25 ° C		
3	Manufactured (including import and export)	NEUROXCEL	Capsule - Hard	30	Pyridoxal-5-Phosphate Monohydrate providing Vitamin B6 50 mg; Thiamine Pyrophosphate 25 mg; Cholecalciferol providing Vitamin D3 1000 IU; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 400 µg; Methylcobalamin 50 µg;	1 Capsule daily with meals		Health Supplement	Vitamins	Oral	Low	Nutrient support for brain, spinal cord and nerve function.	At or below 25 ° C		
4	Manufactured (including import and export)	TRINAMIK	Capsule - Hard	30	Magnesium Oxide providing Magnesium 150 mg; Menaquinone-7 providing Vitamin K2 120 µg; Cholecalciferol providing Vitamin D3 1000 IU;	1 Capsule daily with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrient support for the maintenance of normal bones and muscle function	At or below 25 ° C		
5	Manufactured (including import and export)	VIRAVANCE	Tablet	30	L-Lysine HCl providing L-Lysine 500 mg; Ascorbic Acid providing Vitamin C 500 mg; Pyridoxine HCl providing Vitamin B6 50 mg; Zinc Oxide providing Zinc 25 mg; Nicotinamide 25 mg; Cholecalciferol providing Vitamin D3 1000 IU; Selenium Glycinate (AAC) 2 % providing Selenium 60 µg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 400 µg; Methylcobalamin 50 µg;	1 Tablet daily with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrient support for the immune system.	At or below 25 ° C		

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6	Manufactured (including import and export)	40 WINX Easy Sleep	Other	30 + 30	<p>Component 1 - Capsule - Hard</p> <p>Vitamin A ACETATE providing Vitamin A 1000 IU;</p> <p>Thiamine Mononitrate providing Vitamin B1 5 mg;</p> <p>Riboflavin 2 mg;</p> <p>Nicotinamide 15 mg;</p> <p>Calcium-d-panthothenate providing Vitamin B5 5 mg;</p> <p>Pyridoxal-5-phosphate Monohydrate providing Vitamin B6 5 mg;</p> <p>Methylcobalamin 5 µg;</p> <p>Ascorbic Acid proving Vitamin C 100 mg;</p> <p>Vitamin E 10 IU;</p> <p>Biotin 100 µg;</p> <p>(6S)-5-Methyltetrahydrofolate Calcium providing Folate 500 µg;</p> <p>Myo-Inositol 100 mg</p> <p>Ferrous Bisglycinate (AAC) 20% providing Iron 24 mg;</p> <p>Component 2 - Capsule - Hard</p> <p>Calcium Carbonate providing Calcium 80 mg;</p> <p>Matricaria chamomilla L (Chamomile) 50 mg [Flowers]</p> <p>L-Arginine HCL providing L-Arginine 10 mg;</p> <p>L-Glutamine 10 mg;</p> <p>L-Ornithine HCl providing L-Ornithine 10 mg;</p> <p>Magnesium Oxide providing Magnesium 80 mg;</p> <p>Passiflora incarnata L (Passionflower) [Herb 4:1 Extract] 25 mg;</p> <p>Valeriana officinalis L (Valerian) [Root 4:1 Extract] 25 mg;</p> <p>Cholecalciferol providing Vitamin D3 200 IU</p>	Take 1 of each capsule daily (component 1 in the morning, component 2 at night)		Discipline specific	Combination product	Oral	Low	Nutrients to assist with sleep and relaxation at night and general wellbeing during the day.	At or below 25 ° C
7	Manufactured (including import and export)	Opti-Cal	Tablet	30	Calcium Carbonate provining Calcium 500 mg; Collagen Hydrolysed Type I 150 mg; Magnesium Oxide providing Magnesium 150 mg; Selenium Glycinate (AAC) 2 % providing Selenium 60 µg; Menaquinone-7 providing Vitamin K2 45 µg; Zinc Oxide providing Zinc 25 mg	1 Tablet daily at night with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrient support for the maintenance of normal bones	At or below 25 ° C
8	Manufactured (including import and export)	VasQ10	Capsule - Hard	30	Magnesium Oxide providing Magnesium 150 mg; Coenzyme Q10 150 mg; Cholecalciferol providing Vitamin D3 1000 IU	1 Capsule daily with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrients to support Cardiovascular Health	At or below 25 ° C
9	Manufactured (including import and export)	FerOvance	Capsule - Hard	30	Ferrous Bisglycinate (AAC) 20% providing Iron 24 mg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 400 µg; Pyridoxal-5-Phosphate Monohydrate providing Vitamin B6 25 mg; Methylcobalamin 25 µg; Ascorbic Acid providing Vitamin C 250mg	1 Capsule daily with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrient support for Red Blood Cell functioning	At or below 25 ° C
10	Manufactured (including import and export)	Repleni-Mag	Other	30 + 30	<p>Component 1 - Capsule - Hard</p> <p>Vitamin A ACETATE providing Vitamin A 1000 IU;</p> <p>Thiamine Mononitrate providing Vitamin B1 5 mg;</p> <p>Riboflavin 2 mg;</p> <p>Nicotinamide 15 mg;</p> <p>Calcium-d-panthothenate providing Vitamin B5 5 mg;</p> <p>Pyridoxal-5-phosphate Monohydrate providing Vitamin B6 5 mg;</p> <p>Methylcobalamin 5 µg;</p> <p>Ascorbic Acid providing Vitamin C 100 mg;</p> <p>Vitamin E 10 IU;</p> <p>Biotin 100 µg;</p> <p>(6S)-5-Methyltetrahydrofolate Calcium providing Folate 500 µg;</p> <p>Myo-Inositol 100 mg;</p> <p>Ferrous Bisglycinate (AAC) 20% providing Iron 24 mg;</p> <p>Component 2 - Tablet</p> <p>Magnesium Oxide providing Magnesium 150 mg;</p> <p>Calcium Carbonate providing Calcium 75 mg;</p> <p>Di-Potassium phosphate providing Potassium 40 mg;</p> <p>Sodium Chloride providing Sodium 40 mg;</p> <p>L-Arginine HCl providing L-Arginine 10 mg;</p> <p>L-Aspartic Acid 20 mg;</p> <p>L-Carnitine L Tartrate providing L-Carnitine 20 mg;</p> <p>L-Glutamine 10 mg;</p> <p>L-Lysine HCl providing L-Lysine 10 mg;</p> <p>L-Ornithine HCl providing L-Ornithine 10 mg;</p> <p>Taurine 20 mg;</p> <p>Selenium (AAC) Glycinate 2 % providing Selenium 60 µg;</p> <p>Zinc Oxide providing Zinc 25 mg;</p> <p>Cholecalciferol providing Vitamin D3 1000 IU;</p> <p>Malic Acid 20 mg;</p>	1 Capsule daily in the morning with meals and 1 Tablet daily at night with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrient support for Muscles functioning.	At or below 25 ° C

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11	Manufactured (including import and export)	Preggy-Mama	Tablet	30	Vitamin A ACETATE providing Vitamin A 1000 IU; Thiamine HCl providing Vitamin B1 5 mg; Riboflavin 2 mg; Nicotinamide 15 mg; Calcium-d-panthothenate providing Vitamin B5 5 mg; Pyridoxal-5-phosphate Monohydrate providing Vitamin B6 5 mg; Methylcobalamin 5 µg; Ascorbic Acid providing Vitamin C 100 mg; Cholecalciferol providing Vitamin D3 1000 IU; Vitamin E 10 IU; Biotin 100 µg; Calcium Carbonate providing Calcium 250 mg; Copper Sulphate providing Copper 1 mg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 500 µg; Ferrous Bisglycinate (AAC) 20% providing Iron 24 mg; Myo-Inositol 100 mg; Magnesium Oxide providing Magnesium 100 mg; Manganese Sulphate Monohydrate providing Manganese 3 mg; Potassium Sulphate providing Potassium 1 mg; Selenium (AAC) Glycinate 2 % providing Selenium 15 µg; Zinc Oxide providing Zinc 5 mg	1 Tablet daily at night with meals		Health Supplement	Multiple substance formulation	Oral	Low	Prenatal Nutrient Support	At or below 25 ° C
12	Manufactured (including import and export)	Stellar-Mama	Other	30 + 30 + 30	Component 1 - Capsule - Hard Vitamin A ACETATE providing Vitamin A 1000 IU; Thiamine Mononitrate providing Vitamin B1 5 mg; Riboflavin 2 mg; Nicotinamide 15 mg; Calcium-d-panthothenate providing Vitamin B5 5 mg; Pyridoxal-5-phosphate Monohydrate providing Vitamin B6 5 mg; Methylcobalamin 5 µg; Ascorbic Acid providing Vitamin C 100 mg; Vitamin E 10 IU; Biotin 100 µg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 500 µg; Myo-Inositol 100 mg; Ferrous Bisglycinate (AAC) 20% providing Iron 24 mg; Component 2 - Tablet Calcium Carbonate providing Calcium 500 mg; Collagen Hydrolysed Type I 150 mg; Magnesium Oxide providing Magnesium 150 mg; Selenium Glycinate (AAC) 2 % providing Selenium 60 µg; Menaquinone-7 providing Vitamin K2 45 µg; Zinc Oxide providing Zinc 25 mg Component 3 - Capsule - Soft Omega 3 - Fish Oil 800 mg providing: EPA 400 mg & DHA 92 mg	1 Capsule daily in the morning with meals and 1 Tablet daily at night with meals together with 1 soft-gel capsule at night after meals		Health Supplement	Multiple substance formulation	Oral	Low	Prenatal Nutrient Support	At or below 25 ° C

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13	Manufactured (including import and export)	Flexi-Cal	Other	30 + 30 + 30	<p>Component 1 - Tablet</p> <p>Biotin 50 µg; Chondroitin Sulphate 200 mg; [Bovine] (6S)-5-Methyltetrahydrofolate Calcium providing Folate 400 µg; L-Glutamine 20 mg; L-Leucine 20 mg; L-Ornithine HCL providing L-Ornithine 20 mg; Methyl Sulphonyl Methane 500 mg; Vitamin A Acetate providing Vitamin A 100 IU; Thiamine Mononitrate providing Vitamin B1 5 mg; Riboflavin 5 mg; Nicotinamide 3 mg; Calcium-d-Pantothenate providing Vitamin B5 5 mg; Pyridoxal-5-phosphate Monohydrate providing Vitamin B6 5 mg; Methylcobalamin 5 µg; Ascorbic Acid providing Vitamin C 200 mg; Vitamin E 10 IU</p> <p>Component 2 - Tablet</p> <p>Calcium Carbonate providing Calcium 500 mg; Collagen Hydrolysed Type 1 150 mg; Magnesium Oxide providing Magnesium 150 mg; Selenium Glycinate (AAC) 2 % providing Selenium 60 µg; Menaquinone-7 providing Vitamin K2 45 µg; Zinc Oxide providing Zinc 25 mg</p> <p>Component 3 - Capsule - Soft</p> <p>Omega 3 - Fish Oil 800 mg providing: EPA 400 mg & DHA 92 mg</p>	1 Tablet daily in the morning with meals and 1 Tablet daily at night with meals together with one soft-gel capsule at night		Health Supplement	Multiple substance formulation	Oral	Low	Nutrient support for Joints, Bones and Muscles	At or below 25 ° C
14	Manufactured (including import and export)	PMX	Other	30 + 30	<p>Component 1 - Tablet</p> <p>Magnesium Oxide providing Magnesium 200 mg; Cholecalciferol providing Vitamin D3 1000 IU; Zinc Oxide providing Zinc 20 mg Ferrous Bisglycinate (AAC) 20% providing Iron 5 mg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 200 µg; Pyridoxal-5-Phosphate Monohydrate providing Vitamin B6 50 mg; Methylcobalamin 50 µg; Biotin 100 µg; Inositol 102.5 mg providing Myo-Inositol 100 mg and D-Chiro-Inositol 2.5 mg</p> <p>Component 2 - Capsule - Soft</p> <p>Oenothera biennis (Evening Primrose Oil) 500 mg 65 to 85 % Linoleic Acid 9 % Gamma-Linoleic Acid (≥ 45 mg) [Seed] ; d-α-Tocopherol providing Vitamin E 200 IU</p>	1 Tablet daily in the morning with meals and 1 Capsule daily at night with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrient Supporting the symptoms associated with PMS	At or below 25 ° C
15	Manufactured (including import and export)	RevitaMETICS	Tablet	30	<p>Vitamin A Acetate providing Vitamin A 1000 IU; Ascorbic Acid providing Vitamin C 200 mg; Cholecalciferol providing Vitamin D3 1000 IU; Vitamin E Acetate providing Vitamin E 20 IU; Biotin 500 µg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 200 µg; Calcium Carbonate providing Calcium 80 mg; Copper Sulphate providing Copper 1 mg; Magnesium Oxide providing Magnesium 80 mg; Zinc Oxide providing Zinc 20 mg</p>	1 Tablet daily with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrients supporting Strong Hair, Skin and Nails	At or below 25 ° C

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16	Manufactured (including import and export)	HydraMETICS	Other	30 + 30	Component 1 - Tablet Vitamin A Acetate providing Vitamin A 1000 IU; Ascorbic Acid providing Vitamin C 200 mg; Cholecalciferol providing Vitamin D3 1000 IU; Vitamin E Acetate providing Vitamin E 20 IU; Biotin 500 µg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 200 µg; Calcium Carbonate providing Calcium 80 mg; Copper Sulphate providing Copper 1 mg; Magnesium Oxide providing Magnesium 80 mg; Zinc Oxide providing Zinc 20 mg Component 2 - Capsule - Soft Omega 3 - Fish Oil 800 mg providing: EPA 400 mg & DHA 80 mg		1 Tablet daily in the morning with meals and 1 Soft-gel capsule daily at night with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrients supporting Dry and Brittle Hair, Skin and Nails	At or below 25 ° C
17	Manufactured (including import and export)	BlemiMETICS	Other	30 + 30	Component 1 - Tablet Vitamin A Acetate providing Vitamin A 1000 IU; Ascorbic Acid providing Vitamin C 200 mg; Cholecalciferol providing Vitamin D3 1000 IU; Vitamin E Acetate providing Vitamin E 20 IU; Biotin 500 µg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 200 µg; Calcium Carbonate providing Calcium 80 mg; Copper Sulphate providing Copper 1 mg; Magnesium Oxide providing Magnesium 80 mg; Zinc Oxide providing Zinc 20 mg Component 2 - Tablet Niacinamide 30 mg; Calcium-d-Pantothenate providing Vitamin B5 200 mg; Myo-inositol 400 mg; D-Chiro-Inositol 10 mg		1 Tablet of component 1 daily in the morning with meals and 1 Tablet of component 2 daily at night with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrients supporting Clear Skin	At or below 25 ° C
18	Manufactured (including import and export)	AgeMETICS	Other	30 + 60	Component 1 - Tablet Vitamin A Acetate providing Vitamin A 1000 IU; Ascorbic Acid providing Vitamin C 200 mg; Cholecalciferol providing Vitamin D3 1000 IU; Vitamin E Acetate providing Vitamin E 20 IU; Biotin 500 µg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 200 µg; Calcium Carbonate providing Calcium 80 mg; Copper Sulphate providing Copper 1 mg; Magnesium Oxide providing Magnesium 80 mg; Zinc Oxide providing Zinc 20 mg Component 2 - Tablet Coenzyme Q10 50 mg; Collagen Hydrolysed Type I 1000 mg; [Marine]; L-Arginine HCL providing L-Arginine 50 mg; Selenium Glycinate 2 % providing Selenium 30 µg; Methylsulphonylmethane (MSM) 50 mg; Silicon (AAC) Rice source 2 % providing Silicon 2,5 mg		1 Tablet of Component 1 daily in the morning with meals and 2 Tablets of Component 2 daily at night with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrients supporting Maturing Skin	At or below 25 ° C
19	Manufactured (including import and export)	HyperMETICS	Other	30 + 30	Component 1 - Tablet Vitamin A Acetate providing Vitamin A 1000 IU; Ascorbic Acid providing Vitamin C 200 mg; Cholecalciferol providing Vitamin D3 1000 IU; Vitamin E Acetate providing Vitamin E 20 IU; Biotin 500 µg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 200 µg; Calcium Carbonate providing Calcium 80 mg; Copper Sulphate providing Copper 1 mg; Magnesium Oxide providing Magnesium 80 mg; Zinc Oxide providing Zinc 20 mg Component 2 - Capsule - Hard Niacinamide 200 mg; Calcium-d-Pantothenate providing Vitamin B5 200 mg; Glutathione 250 mg		1 Tablet and 1 Capsule daily with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrients supporting Blemished Skin	At or below 25 ° C

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20	Manufactured (including import and export)	MendoMETICS	Other	30 + 30	Component 1 - Tablet Vitamin A Acetate providing Vitamin A 1000 IU; Ascorbic Acid providing Vitamin C 200 mg; Cholecalciferol providing Vitamin D3 1000 IU; Vitamin E Acetate providing Vitamin E 20 IU; Biotin 500 µg; (6S)-5-Methyltetrahydrofolate Calcium providing Folate 200 µg; Calcium Carbonate providing Calcium 80 mg; Copper Sulphate providing Copper 1 mg; Magnesium Oxide providing Magnesium 80 mg; Zinc Oxide providing Zinc 20 mg Component 2 - Tablet Menaquinone-7 providing Vitamin K2 45 µg; Collagen Hydrolysed Type I 500 mg [Marine]; L-Arginine HCL providing L-Arginine 250 mg		1 Tablet of Component 1 daily in the morning with meals and 1 Tablet of Component 2 daily at night with meals		Health Supplement	Multiple substance formulation	Oral	Low	Nutrients supporting Skin Repair	At or below 25 ° C

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