

SAHPRA LICENCE NO.		0000001014	CM REF.	DA02-9D3E87	Name of Licence Holder:		Bliss Pharmaceuticals (Pty) Ltd						Version:	02-082022
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	
1	Imported and Exported	Ceelin Syrup	Liquid	120 ml, 250 ml, 500 ml	Ascorbic acid (Vitamin C).....100 mg per 5ml	Children 2 to 6 years: 5 ml (one medicine measure) once daily. Children 7 to 12 years: 5 to 10 ml (one to two medicine measures) once daily.	520571	Health Supplement	Vitamins	Oral	Low	Ceelin Syrup is a nutritional supplement containing Vitamin C that contributes to maintaining the normal function of the immune system in children. Vitamin C forms part of the body's natural immune system and stimulates the activity of specialised white blood cells which inhibit harmful bacteria and viruses. It also contributes to normal collagen formation for the normal function of gums.	At or below 25 ° C	
2	Imported and Exported	Ceelin Plus Syrup	Liquid	120 ml, 250 ml, 500 ml	Ascorbic acid (Vitamin C).....100 mg; Zinc sulfate monohydrate (equivalent to 10 mg elemental zinc).....27,44 mg per 5 ml	Children 1 to 3 years: 2.5 ml (half a medicine measure) once daily. Children 4 to 6 years: 5 ml (one medicine measure) once daily. Children 7 to 13 years: 5 to 10 ml (one to two medicine measures) once daily. Children 14 to 18 years: 12.5 ml (two and a half medicine measures) once daily.	520876	Health Supplement	Multiple substance formulation	Oral	Low	This nutritional supplement is used for the prevention of deficiencies of vitamin C and Zinc. Helps to maintain immune function and good health. Helps in connective tissue formation.	At or below 25 ° C	
3	Imported and Exported	Ceelin Plus Chewables	Tablet - Chewable	10's, 100's	Ascorbic acid (Vitamin C).....20 mg; Sodium ascorbate (equivalent to 80 mg Ascorbic acid).... 90 mg; Zinc citrate trihydrate (equivalent to 5 mg elemental zinc).... 16,03 mg per tablet	This product is to be taken orally. Children 4 to 8 years: 1 chewable tablet per day. Children 9 to 13 years: 1 – 2 chewable tablets once a day. For young children, the tablet should be chewed first before swallowing. For older children, the tablet may be chewed or swallowed whole with water.	None	Health Supplement	Multiple substance formulation	Oral	Low	This nutritional supplement is used for the prevention of deficiencies of vitamin C and Zinc. Helps to maintain immune function and good health. Helps in connective tissue formation.	At or below 25 ° C	
4	Imported and Exported	Juvenaid	Powder	14's	HMB(Calcium Beta-Hydroxy-Beta-Methylbutyrate).....1,2 g; Arginine.....7 g; Glutamine.....7 g; Calcium.....200 mg per 24g sachet	Take 2 sachets of JUVENAIID every day. Mix contents of sachet with 250 ml of cold water. JUVENAIID should not be mixed with very hot liquid. The indicated daily dose should not be exceeded. Not suitable for children unless under the direct supervision of a relevant health care provider. Sufficient protein is provided in normal well-balanced daily meals.	None	Health Supplement	Multiple substance formulation	Oral	Low	Supplementation of the dietary supply of amino acids used for the synthesis of body protein and other nitrogen-containing compounds. Assists in the building of lean muscle mass when combined with regular training and a healthy balanced diet.	At or below 25 ° C	
5	Imported and Exported	Tascit	Tablet	30's, 100's	Potassium citrate (as monohydrate) - 1080 mg (10mEq) 1mEq (Potassium elemental value = 390,51 mg) per tablet	Adult dose: Severe hypocitraturia (urinary citrate <150 mg/day): Orally, 60 mEq/day (6 tablets) taken in two or three divided doses (30 mEq (3 tablets) twice/day or 20 mEq (2 tablets) three times/day). Mild to moderate hypocitraturia (urinary citrate> 150 mg/day): Orally, 30 mEq/day (3 tablets) taken in three divided doses (10 mEq (1 tablet) three times/day).	None	Health Supplement	Minerals	Oral	Low	Tascit is a factor in the maintenance of good health and contributes to normal functioning of the nervous system.It works by making the urine more alkaline.	At or below 25 ° C	
6	Imported and Exported	Hobat	Capsule - Soft	30's	Nigella sativa oil extract(black seeds)....500 mg per capsule	Adult: 1-2 capsules a day	None	Discipline specific	Unani Tibb	Oral	Low	Help strengthen the immune system	At or below 25 ° C	
7	Imported and Exported	Natur-e 400	Capsule - Soft	8's, 30's, 100's	d-Alpha Tocopherol.... 400 IU (equivalent to 268,4 mg) per capsule	Orally, take 1 capsule at night, or as prescribed by a physician.	None	Health Supplement	Vitamins	Oral	Low	Prevention and treatment of vitamin E deficiency and maintenance of good health	At or below 25 ° C	
8	Imported and Exported	Devi	Gels	50 ml	Humulus Lupulus Extract (Common hop)..... 0,18 mg ; Trigonella Foenum-Graecum seed extract (Methika)..... 0,18; Persea Gratissima oil (Avocado tree).....1,70 ml; Citrus aurantium leaf oil (Citrus Bergania)..... 0,08 ml; Rosa Canina Fruit oil (Wild rose).....1,75 ml per ml	Apply Devi gel on the chest 2 times a day and massage for 5 minutes in a circular motion in the shape of an eight, avoiding the nipples. Massage the décolleté with gentle upward movements. The cream is used for 2 - 6 months until the desired effect is achieved.	None	Discipline specific	Combination product	Transdermal	Low	This is a natural herbal formula rich in ingredients to increase breast volume and tone	At or below 25 ° C	
9	Imported and Exported	Alfa Aktiv HS Pro	Capsule	60's	Tumera diffusa leaf extract (Dry damiana).....112,5 mg ; Serenoa serrulata Dry extract (Saw palmetto).....112,5 mg ; Reynoutria japonica Hoitt. (Trans-resveratrol)....62,5 mg ; Urtica Dioica L Dry extract (Common nettle)...50 mg ; Acetyl-L-carnitine.....50 mg ; Quercetin dyhidrate....37,5 mg ; (punica granatum L. extract (Dry Pomegranate))....22,5 mg ; Zinc citrate trihydrate...7,5 mg (equivalent to 2,5 mg) per capsule	Adult men - drink one portion (2 capsules) once or twice a day before meals	None	Discipline specific	Combination product	Oral	Low	Maintenance of good health. It contains zinc which contributes to normal fertility and reproduction, maintenance of normal testosterone levels in the blood. Contributes to the normal reproductive health.	At or below 25 ° C	
10	Imported and Exported	Femisan A	Capsule	30's and 60's	Alchemilla vulgaris extract (Lady's mantle)....150 mg; Achillea millefolium L. (Yarrow)....75 mg ; Calendula officinalis L. dry extract (Marigold flower) ...75 mg; Geranium macrorrhizum L. extract (Cranes' bill)....75 mg ; Lepidium meyenii dry extract (Golden maca root) ...50 mg; Capsella bursa-pastoris (Shepherd's purse) ...22,5 mg ; Zinc citrate trihydrate ...2,5 mg per capsule	Therapeutic - 2 capsules 2 times a day, before meals. Swallow one dose (two capsules) directly, or dissolve the contents in a glass of water, hot tea or juice. Preventive - 1 capsule 2 times a day, before meals. Swallow one dose (one capsule) directly, or dissolve the contents in a glass of water, hot tea or juice.	None	Discipline specific	Combination product	Oral	Low	Used as addition to nutrition for women. It contributes to the maintenance of normal physiological functions of reproductive organs in women. It contains zinc that contributes to normal fertility and reproduction, normal DNA and protein synthesis, and has a role in the cell division process. It contains Golden Maca, which contributes to the regulation of hormonal activity and to the health of the reproductive organs, where as Lady's mantle contributes to the reduction of menstrual discomfort.	At or below 25 ° C	
11	Imported and Exported	Vitamac C	Tablet	100's	Ascorbic acid (Vitamin C)..... 500 mg per tablet	Take 1-2 tablets a day	None	Health Supplement	Vitamins	Oral	Low	Antioxidant properties, ability to promote healthy skin and support of the immune system, contributing to overall health.	At or below 25 ° C	

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12	Imported and Exported	Revifastdol	Tablet	15's	Parthenium (Tanacetum parthenium (flowering aerial parts, dry extract,standardized at 0,5% in parthenolides)..... 200mg; Revifast ((Polygonum cuspidatum Siebold & Zucc root extract; bulking agent magnesium hydroxide standardized min. 30% in Resveratro).....160 mg per tablet	Take 1-2 tablets a day	None	Discipline specific	Other Herbal	Oral		Parthenium is useful for countering menstrual cycle disorders and conditions of localized tension, while Polygonum Cuspidatum favors the regularity of the menstrual cycle.	At or below 25 ° C		
13	Imported and Exported	Natur-e 300	Capsule - Soft	8's, 30's , 100's	d-Alpha Tocopherol.... 300 IU (equivalent to 201,3 mg) per capsule	Orally, take 1 capsule at night, or as prescribed by a physician.	None	Health Supplement	Vitamins	Oral	Low	Prevention and treatment of vitamin E deficiency and maintenance of good health.	At or below 25 ° C		
14	Imported and Exported	Kentofer Folico	Powder	20's	Microencapsulated iron (Pyrophosphate iron coated with cornstarch and Sunflower lecithin), equivalent to Iron 21 mg-244,19mg; L- Ascorbic Acid at 97% (equivalent to Vitamin C 70 mg).....72,170 mg; Cyanocobalamin at 0,1% (equivalent to Vitamin B12 1,75 mcg).... 1,750 mg; Pyridoxine hydrochloride (equivalent to Vitamin B6 1,0 mg)..... 1,22 mg; Folic acid (pteroyl glutamic acid) 0,400 mg; Cholecalciferol.....400 UI (equivalent to Vitamin D3 10 mcg) per sachet.	Take 1 stick pack per day	None	Health Supplement	Multiple substance formulation	Oral	Low	For normal functioning of the immune system and the reduction of tiredness and fatigue.	At or below 25 ° C		
15	Imported and Exported	Oculocin Propo	Liquid	0.5 ml x 10 monodose vials	Aloe barbadensis extract (Aloe vera).... 0,1% ; Matricaria chamomilla extract (Camomile)0,1% ; Propolis extract (Propolis).....0,1% per 0,5 ml	Apply 1-2 drops to each eye. Reclosable vial is recommended for single use.Throw away in 24 hours after vial opening. Safe to use as often as needed. Preservative free. Suitable for contact lens wearers. For better action wait at least 2 minutes after using drops, before inserting contact lenses	None	Discipline specific	Other Herbal	Ophthalmic	Low	Eye drops for stressed, irritated or tired eyes intended to wash and hydrate eyes as physiological response to external factors.	At or below 25 ° C		
16	Imported and Exported	Oculocin Sloar	Liquid	0.5 ml x 10 monodose vials	Aloe barbadensis extract (Aloe vera).... 0,1% ; Vaccinium myrtillus extract (Bilberry).... 0,1% ; Propolis extract(Propolis).... 0,1% ; Camellia sinensis extract (Tea plant).....0,1% per 0,5 ml	Apply 1-2 drops to each eye. Reclosable vial is recommended for single use. Throw away in 24 hours after vial opening. Safe to use as often as needed. Preservative free. Suitable for contact lens wearers. For better action wait at least 2 minutes after using drops, before inserting contact lenses.	None	Discipline specific	Other Herbal	Ophthalmic	Low	Eye drops for stressed, irritated or tired eyes intended to wash and hydrate eyes as physiological response to external factors.	At or below 25 ° C		
17	Imported and Exported	Oculocin Vital	Liquid	0.5 ml x 10 monodose vials	Vaccinium myrtillus extract (Bilberry).... 0,1% ; Daucus carota extract(Carrot/Grinjanam).... 0,1% ; Matricaria chamomilla extract (Camomile) 0,1% per 0,5 ml	Apply 1-2 drops to each eye. Reclosable vial is recommended for single use. Throw away in 24 hours after vial opening. Safe to use as often as needed. Preservative free. Suitable for contact lens wearers. For better action wait at least 2 minutes after using drops, before inserting contact lenses.	None	Discipline specific	Other Herbal	Ophthalmic	Low	Eye drops for stressed, irritated or tired eyes intended to wash and hydrate eyes as physiological response to external factors.	At or below 25 ° C		
18	Imported and Exported	Senax Tablet 8.6 mg	Tablet	20's ;30's ;60's tablets	Cassia fistula extract(Senna)..... 43 mg containing 8,6 mg of Senna glucosides as calcium salt per tablet	2 tablets orally once a day at bedtime. Duration of therapy: Up to 1 week -Maximum dose: 8 tablets/day	None	Discipline specific	Ayurveda	Oral	Low	For relif of short-term and occasional constipation	At or below 25 ° C		
19	Imported and Exported	Senax Tablet 13.5 mg	Tablet	20's ;30's ;60's tablets	Cassia fistula extract(Senna).....67,5 mg containing 13,5 mg of Senna glucosides as calcium salt per tablet	2 tablets orally once a day to 2 times a day. Duration of therapy: Up to 1 week	None	Discipline specific	Ayurveda	Oral	Low	For relif of short-term and occasional constipation	At or below 25 ° C		
20	Imported and Exported	Nurse Harvey's DAC	Liquid	30 ml	Ascorbic acid (Vitamin C)....35 mg ; Polioksi-40 Hydrogenated Castor oil..23 mg; Vitamin A....300mcg (equivalent to 12,5 mcg RAE) ; Vitamin D3...400 IU (equivalent to 10 mcg) per ml	1 ml per day (1 dropper scale) with meals.	None	Health Supplement	Vitamins	Oral	Low	Multi vitamin supplement drops	At or below 25 ° C		
21	Imported and Exported	Nurse Harvey's Air Mix	Liquid	20 ml	Contains Crystal Menthol; Pine Turpentine; Lemon oil; Tea Tree oil per drop	Drop into a humidifier filled with water and switch on. Drop it on the pillow. For a comfortable sleep, put on clothes or collar. The amount of use depends on the place of use and the number of people.	None	Discipline specific	Aromatherapy	Inhalation	Low	Air Aromatizing natural oil mixture	At or below 25 ° C		
22	Imported and Exported	Nurse Harvey's Adult Headstick	Other	6 ml	Lavender oil 40%; Peppermint oil 40%; Crystal Menthol 16%	With soft massage movement apply neck, forehead and temple areas.	None	Discipline specific	Aromatherapy	Cutaneous	Low	For headaches	At or below 25 ° C		
23	Imported and Exported	Nurse Harvey's Adult Profort	Other	20 ml	Propolis.....5%; Calendilla Extract....5%; Glycerine.....2%	Spray in the mouth cavity by pressing the dispenser cup 2 or 3 times. It should be used 3 t mes a day.	None	Health Supplement	Multiple substance formulation	Oral	Low	Propolis Spray for mouth and throat	At or below 25 ° C		
24	Imported and Exported	Glucosprint	Liquid	6 vials (tubes containing 25ml)	Dextrose....10 g; Vitamin B1....0,48 mg; Manganese....1,5 mg per 25ml vial	Maximal daily ingestion of 1-2 vials is recommended. This product is not recommended to children younger than 18 years.	None	Health Supplement	Multiple substance formulation	Oral	High	A solution that contributes to the maintenance of normal blood glucose levels. Contributes to blocking the action of the free radicals produced during the carbohydrate metabolism (contributes to the protection of cells from oxidative stress) and normal energy-yielding metabolism.	At or below 25 ° C		

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25	Imported and Exported	Neubetix	Capsule	60's	Alfa lipoic acid....50 mg ; Vitamin B6.....1,2 mg ; Vitamin B5.....3 mg ; Vitamin B12.....2,4 mcg ; Vitamin B1.....1 mg ; Folic Acid.....100 mcg per capsule	Take 1 capsule daily with a glass of water.	None	Health Supplement	Multiple substance formulation	Oral	Low	This is a antioxidant that is needed for the energy-yielding metabolism of the body. It also protects nerve cells from damages (sensations of pain, numbness, tingling and pins and needles).It provides essential elements that play a vital role in contributing to the normal functioning of the nervous system,normal energy-yielding metabolism and the reduction of tiredness and fatigue.	At or below 25 ° C	
26	Imported and Exported	Viubetix	Capsule	30's	Vitamin A.....990 IU (equivalent to 300 mcg) ; Ascorbic acid (Vitamin C).....60 mg; Vitamin E11,92 IU (equivalent to 8 mg ; Zincsulphate Heptahydrate.....43,95 mg (equivalent to 10 mg elemental zinc) ; Magnesium oxide93,75 (equivalent to 56,25 mg elemental magnesium) ; L-Selenomethionine..... 8 mg (equivalent to 40 mcg elemental Selenium) ; Quercetin dihydrate.....35 mg ; Lutein.....5 mg ; Billberry D.E1,8 g QCE per capsule	Take 1 capsule daily with a glass of water.	None	Health Supplement	Multiple substance formulation	Oral	Low	Supplement containing lutein,quercetin, vitamins and minerals for the normal functioning of the visual system. Lutein is an antioxidant for the maintenance of good health/eye health. It also helps fight/protect (cell) against/reduce (the oxidative effect of the oxidative damage caused by/cell damage caused by) free radicals. Quercetin is used as a capillary/blood vessel protectant.Contributes to maintaining normal immune response to seasonal allergens.	At or below 25 ° C	
27	Imported and Exported	Multibetix	Capsule	30's	Docosahexaenoic acid (DHA).....22,37 mg; Calcium carbonate30 mg; Magnesium oxide31 mg; Ascorbic Acid (Vitamin C).....40 mg; Zinc Gluconate3,75 mg; D-alpha tocopherol (Vitamin E)5 mg (equivalent to 7,45 IU) Nicotinamide7,5 mg ; Lutein.....1 mg; Selenium methionine20 mcg; Pantothenic acid (Vitamin B5).....3 mg; Manganese.....0,5 mg ; Cyanobalamin (Vitamin B12).....1,2 mcg; Vitamin A.....150 mcg ; Pyridoxine (Vitamin B6).....0,6 mg; Riboflavin (Vitamin B2).....0,6 mg; Thiamine (Vitamin B1).....0,5 mg; Chromium Picolinate.....20 mcg ; Folic acid.....100 mcg; Potassium iodide.....50mcg ; Biotin.....25 mcg ; Cholecalciferol (Vitamin D3).....2,5 mcg; Lipoic Acid.....25 mg; per capsule	Take 1 capsule daily with a glass of water. For adults only. Not recommended for children under 18 years	None	Health Supplement	Multiple substance formulation	Oral	Low	Multibetix provides essential elements that play an important role in the following physiological functions: * Contribute to normal carbohydrate metabolism, to normal physiological function and to the reduction of tiredness and fatigue. *Protect cells from oxidative stress and support the functions of the immune system. *Contribute to the normal functioning of the nervous and cardiovascular system *Maintain the normal functioning of the vision.	At or below 25 ° C	
28	Imported and Exported	Enervon Syrup	Liquid	120 ml, 250 ml	Vitamins A.....1500 IU (equivalent to 454,54 mcg RAE); Cholecalciferol100 IU(equivalent to 2,5 mcg Vitamn D3 ; Thiamine (Vitamin B)..... 8,33 mg; Riboflavin (Vitamin B2)..... 4,16 mg; Pyridoxine (Vitamin B6)..... 1,67 mg; Nicotinamide (Vitamin B3)..... 5 mg; Dexpantenol..... 1,66 mg; Ascorbic acid(Vitamin C).....83,33 mg per 5 ml	Children 1 to 3 years: 2,5 -5 ml (half to one medicine measure) once daily. Children 4 to 12 years: 5 ml (one medicine measures) once daily.	None	Health Supplement	Vitamins	Oral	Low	Dietary supplement for normal growth and development of infants.	At or below 25 ° C	
29	Imported and Exported	Enervon Tablet	Tablet	60, 100's	Thiamine Mononitrate..... 50mg; Riboflavin..... 20 mg; Pyridoxine HCl5 mg; Cyanocobalamin5 mcg; Nicotinamide50 mg; Calcium Pantothenate20 mg; Ascorbic Acid (Vatamin C)500 mg; per tablet	Orally, one tablet daily or as directed by a doctor	None	Health Supplement	Multiple substance formulation	Oral	High	A multivitamin nutritional supplement to help promote increased energy and enhance the immune system. It also helps to metabolise carbohydrates, fats and proteins and act as a factor in the maintenance of good health. An antioxidant for the maintenance of good health.	At or below 25 ° C	
30	Imported and Exported	eZinc Syrup		15, 30 ml	Zinc sulfate monohydrate....27,5 mg (equiv. to 10 mg elemental zinc) per ml	Orally, once daily	None	Health Supplement	Minerals	Oral	Low	Contributes to normal macronutrient metabolism. Contributes to the maintenance of immune function.Helps the body to metabolise carbohydrates, fats and proteins A factor in the maintenance of good health.	At or below 25 ° C	
31	Imported and Exported	Zelesse	Gels	150 ml,250ml	Chamomilla Recutita Flower Extract... 1,5 % (Chamomile), Arctium Majus Root Extract... 1,2% (Burdock), Aloe Barbadensis Leaf Juice0,2 % (Aloe vera) per ml	Approximatively 5 ml per wash.	None	Discipline specific	Other Herbal	Vaginal	Low	A cleansing solution without soap, designed for daily intimate hygiene	At or below 25 ° C	
32	Imported and Exported	Conzace		60, 100's	Vitamins A5000 IU (Equivalent to 1515,15 mcg) (RAE) Alpha tocopherol (Vitamin E).... 100 IU, Ascorbic Acid (Vitamin C).....500 mg Zinc(As sulfate)..... 25 mg per capsule	Orally, one tablet daily or as directed by a doctor	None	Health Supplement	Multiple substance formulation	Oral	High	A multivitamin antioxidant for the maintenance of good health, immune function and helps in wound healing. Contributes to the maintenance of eyesight, skin, membranes, immune function as well as development and maintenance of night vision.	At or below 25 ° C	
33	Imported and Exported	Forti-D	Capsule - Soft	60, 100's	Cholecalciferol (Vitamin D3)..... 800IU per capsule	One soft gelatin capsule once a day. Or, as directed by a doctor	None	Health Supplement	Vitamins	Oral	Low	Contributes to the protection of cells from oxidative stress.A factor in the maintenance of good health.	At or below 25 ° C	

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34	Imported and Exported	Joint Max	Powder	10's; 30's	Hydrolyzed collagen..... 5g per sachet	Dilute one sachet in 150 ml of cold or hot water, fruit juice, or any non-carbonated beverage of preference. Stir well and consume immediately. Do not add into boiling water. Usual adult dose: Take one to two sachets once a day before meals, or as directed by a doctor. Dilute one sachet in 150 ml of cold or hot water, fruit juice, or any non-carbonated beverage of preference. Stir well and consume immediately. Do not add into boiling water. Usual adult dose: Take one to two sachets once a day before meals, or as directed by a doctor.	None	Health Supplement	Animal Extracts Products and Derivatives	Oral	Low	Source of the essential amino acid lysine to help in collagen formation. And it contributes to maintenance of good health and involved in protein synthesis. Helps to assist joint health or joint inflammation.	At or below 25 ° C
35	Imported and Exported	Flotera tablet	Tablet	20's; 100's	Lactobacillus reuteriDSM 17938 100 million CFU per tablet	Recommended oral dose for children 4 years old and up: 1 to 2 chewable tablets per day, or as directed by a doctor	None	Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C
36	Imported and Exported	Vigor-ACE	Capsule - Soft	30's;100's	dl-Alpha Tocopheryl Acetate (Vitamin E)100 IU (equivalent to 67,1 mg) ; Ascorbic Acid (Vitamin C)250 mg; Selenium (from Selenium Yeast)50 mcg; Zinc Sulfate 1 H2O)55,20mg (equivalent to 20 mg elemental zinc; Lecithin, Soya200 mg per capsule	One soft gel capsule daily. Or, as directed by a doctor.	None	Health Supplement	Multiple substance formulation	Oral	High	A multivitamin antioxidant for the maintenance of good health, immune function and helps in wound healing. It also helps to metabolise carbohydrates, fats and proteins and act as a factor in the maintenance of good health. Contributes to the protection of cells from oxidative stress.	At or below 25 ° C
37	Imported and Exported	Osteomac	Tablet	30's	Calcium Citrate Malate equivalent to Elemental Calcium250 mg; Vitamin D3 (Cholecalciferol).....200 IU (equivalent to 5 mcg) Magnesium Hydroxide equivalent to Elemental Magnesium..... 100 mg; Zinc Sulphate equivalent to Elemental Zinc4 mg per tablet	Take one tablet daily	None	Health Supplement	Multiple substance formulation	Oral	Low	Contributes to the development and maintenance of bones and teeth. Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis. Helps in the absorption and use of calcium and phosphorus.	At or below 25 ° C
38	Imported and Exported	Oramin F	Capsule - Soft	30's and 60's	Royal Jelly (equivalent to 10-Hydroxy-2-decenoic acid 0,4 mg)10 mg Retinol palmitate (Vitamin A)2 500 IU (757,58 mcg) RAE); Ergocalciferol (Vitamin D)400 IU (10 mcg); Tocopherol acetate (as Vitamin E).....45,0 IU (30 mcg); Thiamine nitrate (Vitamin B1).....2 mg; Riboflavin (Vitamin B2)2 mg; Pyridoxine Hydrochloride (Vitamin B6).....2 mg; Ascorbic Acid 100 mg; Nicotinamide (Vitamin B3) 20 mg; Calcium pantothenate (equivalent to Calcium 2,5 mg)30 mg; Cyanocobalamin (Vitamin B12) 6 mcg; Ferrous fumarate (equivalent to 9 mg elemental Iron) 27,38 mg Copper Sulfate (equivalent to 2,0 mg Copper).....7,86 mg; Magnesium Oxide (equivalent to Magnesium 40,0 mg).....66,34 mg; Zinc Oxide (equivalent to 4,0 mg elemental Zinc)5 mg; Anhydrous Dibasic calcium Phosphate (equivalent to 70,0 mg phosphorus and 90,6 mg Calcium) 307,5 mg; Manganese Sulfate (equivalent to 0,98 mg Manganese) 3 mg; Potassium Sulfate (equivalent to 8,3 mg Potassium)18 mg; Soybean oil533,4 mg; Hydrogenated oil30 mg; Yellow Beeswax15 mg;; Lecithin 15 mg; per soft capsule	Take one soft capsule once per day Warning: Consult a relevant health care provider prior to use if you are- • pregnant or breastfeeding; or • allergic to bee products, poplar tree products, or balsam of Peru. Contraindications(s): Do not use this product if you have a history of asthma or allergies. Known adverse reaction(s) Stop use immediately if hypersensitivity / allergy occurs or if you experience irritation or swelling of the mouth or throat occurs.		Discipline specific	Western Herbal Medicine	Oral	Low	1. Assist in nutritional balance and supplementation of vitamin A, B1, B2, B6, C, D, E in pregnancy, lactation, during the period of growth and senescence. 2. Speed up recovery from fatigue 3. Alleviate and contribute to maintenance of night vision. 4. Contributes to the development and maintenance of bones and teeth	At or below 25 ° C
39	Imported and Exported	Enervon-C Filmcap	Capsule	100's	Vitamin C500 mg Vitamin B150 mg Vitamin B65 mg Vitamin B125 mcg Niacinamide (Vitamin B3).....50 mg Calcium Pantothenate (Vitamin B5)20 mg per soft capsule	Take one capsule daily or directed by a physician		Health Supplement	Vitamins	Oral	Low	Enervon-C helps promote increased energy and enhance the immune system as well as maintain body resistance.	At or below 25 ° C

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40	Imported and Exported	Enervon Activ	Capsule - Soft	5's; 10's and 100's	Retinol Palmitate (Vitamin A) 3000 IU (equivalent to 909,09 7g RAE); Cholecalciferol (Vitamin D3) 200 IU (equivalent to 5 7g); dl-alpha Tocopheryl Acetate (Vitamin E) 5 IU (equivalent to 3,356 mg); Thiamine Mononitrate (Vitamin B1) 7,5 mg; Riboflavin (Vitamin B2) ... 8,5 mg; Pyridoxine Hydrochloride (Vitamin B6) 10 mg; Nicotinamide 20 mg; Ascorbic Acid (Vitamin C) 100 mg; Calcium (as Calcium Carbonate) 100 mg; Dried Ferrous Sulfate (equivalent to 10 mg elemental iron) 30 mg; Zinc sulfate (equivalent to 0,5 mg elemental zinc) 1,372 mg; Cupric Sulfate (equivalent to 1 mg copper) 3,9 mg; Magnesium (as Magnesium Sulfate) 3 mg; Manganese (as Manganese Sulfate) 650 mcg; Molybdenum (as Sodium Molybdate) 45 mcg; Phosphorus (as Dibasic Calcium Phosphate) 50 mg; Potassium (as Potassium Sulfate) 2,5 mg; Ginseng 50 mg; Royal Jelly 6 mg per capsule.	Take 1-2 softgel capsule daily or as directed by a doctor. Not recommended for children under 18 Years.		Health Supplement	Multiple substance formulation	Oral	Low	Enervon Activ is a health supplement that contains essential vitamins and minerals to help boost your immune system so you stay protected. It has natural fatigue fighters and helps to sustain your energy as well as boost your mental focus so you wake up active and stay active.	At or below 25 ° C
41	Imported and Exported	Ceelin Plus Oral Drops	Liquid	15 ml ad 30 ml	Ascorbic acid (vitamin C)..... 40 mg Zinc sulfate monohydrate (equivalent to 5 mg elemental Zinc)..... 13,72 mg per drop	1 - 2 years : Take 1 ml orally once per day. Or as directed by a doctor / pharmacist.		Health Supplement	Multiple substance formulation	Oral	Low	Ceelin Plus oral drops is a nutritional health supplement for children which assist in the prevention of vitamin C (Ascorbic acid) and Zinc deficiencies. It also helps to maintain immune function and good health as well as helps in connective tissue formation.	At or below 25 ° C
42	Imported and Exported	Asthe1000	Powder	10 sachets	Cinnamon ceylon extract (ie Plant equivalent to 1 500 mg) 300 mg; Iron citrate (equivalent to 14 mg) 84,9 mg; Rhodiola rosea extract (Plant equivalent to 900 mg) 180 mg; L-Arginine 1000 mg; L-Citrulline 1000 mg; L-glutamine 1000 mg; Creatine 200 mg; Pyruvate 100 mg; Alpha lipoic acid 300 mg; Taurine 100 mg; L-tryptophan 71 mg; Aspartic Acid 50 mg; L-Serine 50 mg; L-Phenylalanine 50 mg; Vitamin B5 (Pantothenic acid) ... 6 mg; Co-enzyme Q10 4 mg; Vitamin B12 (cyanocobalamin) ... 2,5 µg per sachet	Adults and children from 12 years old: Take one sachet diluted in a glass of water in the morning. Children between 6 years old: Take half sachet diluted in a glass of water in the morning (under direct supervision of a healthcare provider for athletic performance, workout supplementation, muscle/protein synthesis) Warning: Consult a relevant health care provider prior to use if: • you are pregnant, breastfeeding or if you are following a low protein diet. • you have a renal/kidney disease • you suffer from a cardiovascular disease and are attempting an increase in physical activity. • you are taking medication for cardiovascular diseases, erectile dysfunction, and/or blood thinners. • you have eosinophilia myalgia syndrome or liver disease or have depression.		Health Supplement	Multiple substance formulation	Oral	Low	ASTHÉ 1000 is the solution to relieve asthenia (loss of muscle strength). It's complete formula helps to act on all causes of exhaustion in order to regain energy as a source of amino acids involved in muscle protein synthesis. Assist in the building of lean muscle (tissue/mass) when combined with regular (weight/resistance) training and a healthy balanced diet.	At or below 25 ° C
43	Imported and Exported	Astheplex	Capsule - Soft	30 capsules	Leucine 62,54 mg; Alanine 38,08 mg; Phenylalanine 31,965 mg; Lysine 39,505 mg; Valine 40,06 mg; Glutamine - Glutamic acid 37,68 mg; Asparagine - Aspartic acid 54,49 mg; Serine 20,885 mg; Histidine 34,26mg; Threonine 14,555 mg; Proline 15,845 mg; Tryptophan 6,96 mg; Glycine 22,74 mg; Tyrosine 9,97 mg; Arginine 18,74 mg; Methionine 3,98 mg; Cysteine 3,37 mg; Isoleucine 2,08 mg; Iron (organic) 1,115 mg; Carnitine 2,47g; Ornithine 0,27g per capsule.	ACUTE PHASE: Take two to three capsules per day for 10 days. MAINTENANCE PHASE: Take one capsule per day for 1 month. Warning: Consult a relevant health care provider prior to use if you are pregnant or breastfeeding. If you are following a low protein diet If you have eosinophilia myalgia syndrome or liver disease or have depression. If you have acidosis, atherosclerosis, or methylenetetrahydrofolate reductase deficiency.		Health Supplement	Amino acids	Oral	Low	Astheplex is rich in amino acids which are essential in protein synthesis. Workout supplement / Athletic support. Assists in the building of lean muscle (tissue/mass) when combined with regular (weight/resistance) training and a healthy balanced diet. Helps to decrease cognitive fatigue due to physically stressful situations (e.g. extended wakefulness, exposure to cold, excessive noise). Helps in joint health, mobility and joint comfort. Dipeptide amino acids (DAA) act at the heart of each of the body cells and are involved in all functions, including the synthesis of vital energy.	At or below 25 ° C
44	Imported and Exported	Cefacalm	Tablet	15's	Ginger extract 166,667 mg; Curcuma extract (I.e in curcumin ... 133,33 mg) 140,351 mg; White willow extract (I.e in salicin 24 mg) 80 mg; Feverfew extract 80 mg; Clove extract 33,33 mg; Marine magnesium oxide (equivalent to magnesium 26,667 mg) 45,121 mg; Vitamin C 26 936 mg; Commiphora myrrah (Gum-resin Extract) 17 mg; Black pepper extract (I.e in piperine . 13,33 mg) 14 035 mg per tablet	ADULTS: Take three tablets per day as a single dose, with a glass of water. Long term use: Take one tablet per day.		Discipline specific	Western Herbal Medicine	Oral	Low	Cefacalm® is made with natural ingredients to meet all types of headaches as well as moderate to severe pain.	At or below 25 ° C

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45	Imported and Exported	Condycalm	Tablet	15's	Eggshell membrane 150 mg; Commiphora myrrah (Gum-resin Extract) 16,70 mg; Boswellia Serrata extract 16,70 mg; Harpagophytum extract (devil's claw)..... 16,70 mg; Turmeric extract (Cucuma longa) 12 mg; Burdock extract (Arctium lappa) 10 mg; per tablet	Take three tablets per day as a single dose with a glass of water . Do not exceed the recommended daily dose. Not recommended for pregnant and breastfeeding women, in case of ulcer (stomach or duodenum) or gallstones and for people taking anticoagulant.		Discipline specific	Western Herbal Medicine	Oral	Low	Condycalm® soothe joint pains (knees, hips, elbows). It helps to relieve inflammation and help improve mobility.	At or below 25 ° C
46	Imported and Exported	Dysmecalm	Tablet	15's	Bitter Orange extract (Citrus aurantium var. amara) 83,3 mg; Yarrow extract (Achillea millefolium) 50 mg; Ginger extract (Zingiber officinalis) 33,33 mg; Skullcap extract 30 mg; Maritime pine extract 20 mg; Raspberry extract 16,67 mg; Myrrh (Commiphora myrrah) Gum-resin Extract16,675 mg; Horsetail 15 mg; Marine magnesium oxide (equivalent to 18,75 magnessium)31,73 mg per tablet	11 years and older: Take three tablets as a single dose with a large glass of water." Warning: If you are taking blood thinners, diabetic medication or immune suppressant medication consult a relevant health care provider prior to use. Discontinue use at least 2 weeks before elective surgical procedures.		Discipline specific	Western Herbal Medicine	Oral	Low	Dysmecalm® provides soothing and reduces spasms and relief menstrual pain. Helps to reduce inflammation and contributes to a better sleep.	At or below 25 ° C
47	Imported and Exported	Myocalm - Muscular balance	Liquid	20 vials	Potassium chloride (equivalent to 300 mg potassium) 580 mg; Magnesium sulfate (equivalent to 75 mg elemental magnesium)360 mg; Vitamin B6 1,4 mg; Vitamin B1 (Thiamine hydrochloride) 1,1 mg; Copper gluconate (equivalent to 1000 7g elemental copper)7,14 mg; Vitamin B9 (Folic acid) 200 7g; Selenium 50 7g; Vitamin B12 2,5 7g per vial.	Adults: 1 vial diluted in a glass of water per day		Health Supplement	Multiple substance formulation	Oral	Low	Myocalm® vial is a complex of vitamins and trace elements that contribute to restore muscular function and electrolytic balance. Magnesium takes part in the process of muscular contraction and relaxation, for more comfort. Regular aches, stiffness, muscular fatigue, these discomforts are common and increase with age.	At or below 25 ° C
48	Imported and Exported	Myocalm C - Cramps	Tablet	30's	Magnesium oxide (equivalent to 57,1 mg magnesium)..... 94,69 mg; Calcium carbonate(equivalent to 141 mg Calcium) 405,71 mg; Potassium citrate (equivalent to 80 mg potassium).....221,30 mg; Sodium selenite (equivalent to 50 mg Selenium) 0,11 mg; Iron fumarate (equivalent to 2,1 mg elemental iron)6,40 mg per tablet.	In case of physical effort: 1 tablet with a glass of water, 1 hour before exercise to prevent cramp or 1 tablet after exercise as the first signs occur. In case of regular cramp: 1 tablet per day in the morning with a glass of water for 30 days.		Health Supplement	Multiple substance formulation	Oral	Low	Myocalm® C - Cramps, developed with a synergistic mineral complex that acts on the physiology of muscle contractions and on muscles themselves. Its action relieves all types of involuntary muscle contractions: daytime / night-time cramps or after a physical effort. Myocalm® C - Cramps is effective on all types of cramps: occasional or regular. It is suitable for pregnant women.	At or below 25 ° C
49	Imported and Exported	Myocalm Tablet - Muscular contraction	Tablet	30's	Bitter orange leaf powder125 mg; Skullcap extract 100 mg; Marjoram essential oil 60 mg; White willow extract 25 mg; Tumeric extract (Curcuma longa) 27,5 mg; Piperin 2,75 mg; Taurin 25 mg; Calcium carbonate (equivalent to 128,5 mg calcium) 166,80 mg; Potassium chloride (equivalent to 40 mg potassium)78,43 mg; Magnesium oxide (equivalent to 28,45 mg) 47,62 mg per tablet	Adults: Take 2 tablets per day as a single dose, with a glass of water. Not recommended for a prolonged use (more than 14 days without health professional recommendation). Warning: Not suitable for children. If you are taking prescription medication, consult a relevant health care provider prior to use, as citrus bioflavonoids may alter the effectiveness of these medications Consult a relevant health care provider prior to use if you: • are pregnant; • are taking antiplatelet medication or blood thinners; • have gallstones or a bile duct obstruction; or • have stomach ulcers or excess stomach acid. Relief of inflammation: Consult a relevant health care provider if symptoms persist or worsen.		Discipline specific	Western Herbal Medicine	Oral	Low	Myocalm® Tablets - Muscular Contraction is a muscle relaxant that helps to relieve muscle contractions in the back, cervical or lumbar area or in the calves, thighs, etc. It relieve pain and assist in restoring mobility.	At or below 25 ° C
50	Imported and Exported	Ginmag B6	Liquid	10 vials	Ginseng extract 1 000 mg; Guarana extract (Paulinear Cupana)..... 250 mg; Magnesium citrate 75 mg; Vitamin B6 (Pyridoxine) 2 mg per vial.	Adults: Take one vial per day pure or diluted in a glass of water, in the morning or before physical efforts. Not recommended for children.		Discipline specific	Western Herbal Medicine	Oral	Low	Ginmag B6 is a complex containing highly dosed actives that helps with stimulation and providing energy. Reduces physical or mental fatigue whilst helping with quick recovery from stress.	At or below 25 ° C
51	Imported and Exported	Stimmuniz	Tablet	30's	Zinc sulphate [with rice protein hydrosylate] (equivalent to elemetani Zinc 15 mg) 107,14 mg; Copper bisglycinnate (equivalent to elemental copper 150 7g)0,5974 mg; Vitamin D3 (Cholecalciferol)50,0 7g (equivalent 2000 IU), Coenzyme Q10 28,00 mg; Long pepper 100 mg; Calcium phosphate 2,75 mg per tablet	Take 1 tablet per day with a glass of water. Not recommended for children below 10 years of age.		Health Supplement	Multiple substance formulation	Oral	Low	Stimmuniz® offers a complex of a wide range of ingredients that helps with strengthening the immune system and protecting the body from harmful infections.	At or below 25 ° C

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52	Imported and Exported	Sinuxin Tablet	Tablet	15's	Plantain extract (Plant equivalent to 1 g) 250 mg; Rosemary extract (Plant equivalent to 1,33 g) 133,33 mg; Eucalyptus extract (Plant equivalent to 1,33 g) 133,33 mg; N-acetyl-cystein 133,33 mg; Turmeric extract (equivalent to curcumin 66,66 mg) 70 mg; Quercetin 66,66 mg; Ginger extract (Plant equivalent to 166,66 mg) 41,67 mg; Grape fruit seed extract 25 mg; Scots pine extract (Plant equivalent to 100 mg) 25 mg; Black pepper extract (I.e piperine 6,667 mg) 7 mg per tablet	Adults: Regular use: Take 1 to 2 tablets per day, in the morning and/or at noon, with a glass of water. Occasional use: Take 3 tablets per day : morning, noon and evening with a glass of water. Not suitable for children. Warning: Not recommended for people taking anti-coagulant treatment (turmeric). Consult a relevant health care provider prior to use if you: • are pregnant; • are taking antiplatelet medication or blood thinners; • have gallstones or a bile duct obstruction; or • have stomach ulcers or excess stomach acid. Relief of inflammation: Consult a relevant health care provider if symptoms persist or worsen. For use beyond 12 weeks, consult a relevant health care provider. Take in 2 or 3 divided doses with food/meals. If you are taking blood thinners, diabetic medication or immune suppressant medication consult a relevant health care provider prior to use. Discontinue use at least 2 weeks before elective surgical procedures.		Discipline specific	Western Herbal Medicine	Oral	Low	Sinuxin® Tablets have a concentrate of ginger that helps with the relief of congestion in the upper airways, whereas eucalyptus helps to soothe the throat, pharynx and vocal cords. It has rosemary which contains flavonoids that are responsible for antimicrobial properties.	At or below 25 ° C		
53	Imported and Exported	Sinuxin Powder	Powder	16 Sachets	Bromelain 33,33 GDU, Eucalyptus extract (i.e. in plant equivalent to 4 g) 266,67 mg; N-acetyl-L-cysteine 300 mg; Andrographis extract (i.e. in plant equivalent to 833,33 mg) 166,67 mg; Quercetin 66,67 mg; Turmeric extract (i.e. in plant equivalent to 2,192 g; i.e in curcumin 83,33 mg) 87,72 mg; Thyme extract (i.e. in plant equivalent to 1,13 g) 66,67 mg; Grapefruit seeds extract (i.e. in plant equivalent to 0,4 g; in flavonoids 30 mg) 66,67 mg; Pine extract (i.e. in plant equivalent to 100 mg) 33,33 mg; Willow extract (i.e. in plant equivalent to 0,4 mg; i.e. in salicin 8 mg) ... 26,66 mg; Black radish extract (i.e. in plant equivalent to 66,67 mg) 16,67 mg; Magnesium 10 mg; Black pepper extract (i.e. in plant equivalent to 219,3 mg; i.e. in piperine 8,33 mg) 8,77 mg per packet	Adults and Children from 12 years old: 1 sachet, 3 times per day. Dilute 1 sachet in a sufficient quantity of water or fruit juice. Warning: Consult a relevant health care provider prior to use if you: • are pregnant; • are taking antiplatelet medication or blood thinners; • have gallstones or a bile duct obstruction; or • have stomach ulcers or excess stomach acid. Relief of inflammation: Consult a relevant health care provider if symptoms persist or worsen. For use beyond 12 weeks, consult a relevant health care provider. Take in 2 or 3 divided doses with food/meals. If you are taking blood thinners, diabetic medication or immune suppressant medication consult a relevant health care provider prior to use. Discontinue use at least 2 weeks before elective surgical procedures.		Discipline specific	Combination product	Oral	Low	The SINUXIN® Powder contains ingredients with the 3 main synergistic objectives for relief of sinusitis: it relieves symptoms, help reduce the infection and assist in preventing re-occurrence.	At or below 25 ° C		
54	Imported and Exported	Lymphaveine H	Tablet	15's	Citrus bioflavonoids (extract standardised at 35% flavonoids) 900 mg; Gallium aparine extract 100 mg; Grape seed OPC 37,33 mg; Ginkgo (Ginkgo biloba) extract 25 mg; Rutin 25 mg; Quercetin 25 mg; Bromelain (400 GDU/g) 10 mg; Black radish extract (Raphanus sativus) 25 mg; Ruscus extract (Ruscus aculeatus) (i.e. in ruscogenin equivalent to 1,5 mg) 15 mg; Sodium selenite (equivalent to 20,67 µg selenium) 46 7g; Dandelion (Taraxacum officinalis) 10 mg; Magnesium Oxide (equivalent to elemental magnesium 58 mg) 95,18 mg; Potassium chloride (equivalent to 39,66 mg potassium) 77,35 mg; Vitamin C 60 mg; Vitamin B6 0,3 mg; Vitamin E 6 mg (equivalent to 8,94 I.U), per tablet	Adults: Take 3 tablets per day preferably before lunch with a glass of water. Not recommended for children. Warning: For use beyond 12 weeks, consult a relevant health care provider. Take in 2 or 3 divided doses with food/meals. Consult a relevant health care provider prior to use, as citrus bioflavonoids may alter the effectiveness of these medications. Consult a relevant health care provider prior to use if you are pregnant or breastfeeding. Venous health: Use for a minimum of 1 month to see beneficial effects. Consult a relevant health care provider for use beyond 3 months or if symptoms worsen.		Discipline specific	Combination product	Oral	Low	Lymphaveine®-H consists of ingredients that assist with the functioning of the venous system while contributing to a good lymphatic circulation. A concentrate of these ingredients allows an efficient action on hemorrhoids.	At or below 25 ° C		

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55	Imported and Exported	Lymphaveine Tablets	Tablet	30's and 60's	Citrus bioflavonoids (extract standardised at 35% flavonoids) 300 mg; Gallium aparine extract 100 mg; Grape seed OPC 37,5 mg; Ginkgo (Ginkgo biloba) extract 25 mg; Rutin 25 mg; Quercetin 25 mg; Bromelain (600 GDU/g) 10,25 mg; Black radish extract (Raphanus sativus) 25 mg; Ruscus extract (Ruscus aculeatus) (i.e. in ruscogenin 1,5 mg) 15 mg; Sodium selenite (equivalent to emental Selenium 20 ?g) 46 ?g; Dandelion (Taraxacum officinalis) 10 mg; Magnesium Oxide (equivalent to elemental magnesium 56,25 mg) ... 95,18 mg; Potassium chloride (equivqlent to elemental potassium 40 mg) 78,48 mg; Vitamin C 40 mg; Vitamin E 6 mg (equivalent t0 8,94 I.U), Vitamin B6 0,7 mg per tablet	Adults: Take 2 tablets per day preferably before lunch with a glass of water. Warning: Not suitable for children. consult a relevant health care provider prior to use, as citrus bioflavonoids may alter the effectiveness of these medications. Consult a relevant health care provider prior to use if you are pregnant or breastfeeding. Venous health: Use for a minimum of 1 month to see beneficial effects. Consult a relevant health care provider for use beyond 3 months or if symptoms worsen.		Discipline specific	Combination product	Oral	Low	LYMPHAVEINE® helps in circulatory deficit, sensation of heavy legs, very swollen legs, formication and swollen ankles. This health supplement improves venous circulation.	At or below 25 ° C	
56	Imported and Exported	Efrub Tablets	Tablet	30 tablets	Echinacea extract (Plant equivalent to 3 600 mg) 150 mg; N-acetyl-L-cysteine 100 mg Pelargonium extract (Plant equivalent to 750 mg) 75 mg; Eucalyptus extract (Plant equivalent to 291,67 mg) 58,33 mg; Grapefruit seeds extract standardised to 7,5% bioflavonoids (i.e bioflavonoids 15 mg; Plant equivalent to 100 mg) 33,33 mg; Vitamin C 33 mg; Mullein extract (i.e Plant equivalent to 116,66 mg) 23,33 mg; Cat's claw extract (i.e Plant equivalent to 83,33 mg) 16,67 mg; Birch extract (i.e Plant equivalent to 250 mg) 16,67 mg; Rosemary extract (i.e Plant equivalent to 155,5 mg) 11,16 mg; Pine extract (i.e Plant equivalent to 15 mg) 5 mg; Zinc 1,5 mg per tablet.	Adults: Take 2 tablets three times a day with a glass of water with a glass of water. Warning: Not recommended for people with allergy to salicylates and people on anticoagulant therapy (birch). Not suitable for children. consult a relevant health care provider prior to use, as citrus bioflavonoids may alter the effectiveness of these medications. If you are taking blood thinners, diabetic medication or immune suppressant medication consult a relevant health care provider prior to use. Discontinue use at least 2 weeks before elective surgical procedures.		Discipline specific	Combination product	Oral	High	EFIRUB® Tablets helps in the relief of common colds and coughs by reducing inflammation in the respiratory tract. Efrub contains Vitamin C and Zinc which helps boost immunity, reduces fatigue and protect the body from infections. It also contains Pelargonium that soothes the respiratory tract and relieves throat itching or temporary irritation, while Echinacea contributes to supporting the natural defenses of the body during chills.	At or below 25 ° C	
57	Imported and Exported	Efrub chills	Powder	8 packets	Echinacea extract (Echinacea Angustifolia) 300,00 mg; N-acetyl-L-cysteine 200,00 mg; Andrographis (paniculata) extract 166,67 mg; Astragalus (Astragalus membranaceus) extract 150,00 mg; Eucalyptus extract 116,67 mg; Thyme extract 200,00 mg; Grapefruit pip extract titrated at 15% bioflavonoid (i.e Bioflavonoide 30 mg) 66,67 mg; Vitamin C 60,00 mg; White Willow extract titrated at 10% salicin (i.e salicin 8,00 mg) 26,67 mg; Uncaria tomentosa extract 33,33 mg; Verbascum extract 10,00 mg; Elderberry extract (Sambucus Nigra) 10,00 mg; Zinc 5,00 mg per tablet	• Adults: Take 1 packet three times a day. Dilute 1 packet in a sufficient quantity of water or fruit juice. Not recommended for people allergic to salicylates, due to white willow.		Discipline specific	Combination product	Oral	High	EFIRUB® Chills helps in the relief of common colds and coughs by reducing inflammation in the respiratory tract. Efrub chills contains Vitamin C and Zinc which helps boost immunity and protect the body from infections.	At or below 25 ° C	
58	Imported and Exported	Neurogenius student	Tablet	30 's	L-glutamine 1500 mg; Rhodiola extract (i.e plant equivalent to 2 250 mg) 90 mg; Calcium 30 mg; Bacopa extract (i.e plant equivalent to 312,5 mg) 62,5 mg; Taurine 50 mg; Magnesium oxide (equivalent to 28,125 elemental magnesium) 23,75 mg; Glucuronolactone 17,8 mg; Vitamin B3 8 mg; Vitamin B5 3 mg; Vitamin B6 0,7 mg; Vitamin B1 0,55 mg; Phospholipids & Glycerids (i.e phosphatidylserine 2 mg) 9,9 mg; Ginkgo extract (i.e plant equivalent to 240 mg) 6 mg California poppy extract (i.e plant equivalent to 12,5 mg) 2,5 mg per tablet	Adults and children from 6 years old: Take 2 tablets per day, preferably in the morning, with a glass of water. Warning: Consult a relevant health care provider prior to use if you are pregnant or breastfeeding. If you are following a low protein diet.		Health Supplement	Multiple substance formulation	Oral	Low	Neurogenius® Student helps to support cognitive health and/or brain function, memory, intelligence, concentration, learning, physical and mental resistance, and stress management. It is therefore recommended for people who are overworked and stressed by exams and lack of sleep.	At or below 25 ° C	

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59	Imported and Exported	Neurogenius premium	Tablet	60's	Ashwagandha extract 25 mg; DL-phenylalanine 10 mg; L-tyrosine 10 mg; Ginkgo extract 18,75 mg; Huperzia extract (i.e. huperzine A 25 7g) 12,5 mg; Rhodiola extract 6,25 mg; Vitamin B12 0,095 7g; Taurine 50 mg; Magnesium 14,08 mg; Vitamin B6 0,05 mg; Glucuronolactone 125 mg; Caffeine 20 mg; Ginseng extract 37,5 mg; Japanese knotweed extract (i.e. resveratrol 6,25 mg) 12,5 mg; Lion's mane extract 50 mg; Cat's claw extract (i.e. alkaloids 0,65 mg) 21,9 mg; Bacopa extract (i.e. bacosides 1,2 mg) 6 mg per tablet.		Adults and children from 12 years: Attack phase: Take 4 tablets per day, preferably in the morning, with a glass of water. Maintenance phase: Take 2 tablets per day, preferably in the morning, with a glass of water. Warning: Consult a relevant health care provider prior to use if you are pregnant or breastfeeding. Contains caffeine.		Discipline specific	Traditional Chinese Medicine	Oral	Low	Neurogenius® Premium helps to support cognitive health and/or brain function, memory, intelligence, concentration, learning, physical and mental resistance, and stress management. It also helps to reduce anxiety and protect neurons by stimulating the body's defence with its anti-inflammatory properties. It is therefore recommended for people who are overworked and stressed by exams and lack of sleep due to its direct action on cognitive performance.	At or below 25 °C
60	Imported and Exported	Neurogenius Stress-Out	Capsule	30's	Holy basil extract (i.e. plant equivalent to 1 200 mg) 150 mg; Milk protein hydrolysate 75 mg; Taurine 50 mg; Marine magnesium 28,125 mg; Kudzu extract (i.e. plant equivalent to 50 mg) 12,5 mg; Rhodiola extract (i.e. plant equivalent to 50 mg) 12,5 mg; Feverfew extract (i.e. plant equivalent to 32,40 mg) 5,4 mg; Vitamin B6 0,11 mg per tablet.		Adults and children from 12 years: Take 2 capsules per day, preferably in the morning, with a glass of water. Warning: Consult a relevant health care provider prior to use if you are pregnant or breastfeeding.		Health Supplement	Multiple substance formulation	Oral	Low	NEUROGENIUS® Stress-out promotes health and longevity and help to manage stress and tiredness as well as get better performances and improve well-being. It allows the body to adapt more easily to sources of stress and to reduce its effects.	At or below 25 °C
61	Imported and Exported	Iron Fend	Capsule	30's	Iron (amino acid acetate) equivalent to chelated elemental iron 24 mg; Vitamin C 100 mg; per capsule		Adults and Children from 12 years: One capsule daily after a meal or as directed by a healthcare practitioner.		Health Supplement	Multiple substance formulation	Oral	Low	Iron essential mineral involved in transporting oxygen throughout the body. It is also necessary to maintain health cells, skin, hair and nails. Vitamin C aids in the absorption of iron from food.	At or below 25 °C
62	Imported and Exported	Probi Fend Infant Probiotic drops - 5 strain	Liquid	5 ml liquid in a 10 ml amber glass with a dropper	Each dose contains 1 billion / 10 ⁷ CFU: Colony forming units: Lactobacillus salivarius Ls-33 250 million CFU, Lactobacillus rhamnosus Howaru 250 million CFU, Lactobacillus reuteri 1E1 100 million CFU, Bifidobacterium lactis Howaru 200 million CFU, Bifidobacterium longum BL-05 200 million CFU, per 5 drops.		Infants: 5 drops: before a meal once a day or recommended by a health practitioner. Also suitable for children having difficulty chewing or swallowing solid dosage forms.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Probi Fend Infant Probiotic drops should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 °C
63	Imported and Exported	Probi Fend capsules - 5 strain	Capsule	10's	Each dose contains 1 billion / 10 ⁷ CFU: Colony forming units: Lactobacillus salivarius Ls-33 250 million CFU, Lactobacillus rhamnosus Howaru 250 million CFU, Lactobacillus reuteri 1E1 100 million CFU, Bifidobacterium lactis Howaru 200 million CFU, Bifidobacterium longum BL-05 200 million CFU, per capsule.		Adults and children over 12 years: 1 to 2 capsules per day or as recommended by a health practitioner.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Probi Fend capsules should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut."	At or below 25 °C
64	Imported and Exported	Probi Fend Chew - 5 strain	Tablet - Chewable	10's	Each dose contains 1 billion / 10 ⁷ CFU: Colony forming units: Lactobacillus salivarius Ls-33 250 million CFU, Lactobacillus rhamnosus Howaru 250 million CFU, Lactobacillus reuteri 1E1 100 million CFU, Bifidobacterium lactis Howaru 200 million CFU, Bifidobacterium longum BL-05 200 million CFU, per Chewable tablets.		Adults and children from 2 years: Chew one or two tablets daily, or as recommended by a health practitioner.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Probi Fend chew tablets should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut."	At or below 25 °C

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
65	Imported and Exported	Obimin Plus	Capsule - Soft	30's and 100's	Retinol Palmitate (VitaminA)..... 3 000 IU (equivalent to 909,09 mcg RAE); Cholecalciferol (Vitamin D3) ... 200 IU (equivalent to 5 ?g); dl-Alpha Tocopheryl Acetate (Vitamin E) 30 IU (equivalent to 20,134 mcg); Thiamine Mononitrate (Vitamin B1) 2 mg; Riboflavin (Vitamin B2) 2 mg; Pyridoxine Hydrochloride (Vitamin B6) 3 mg; Cyanocobalamin (Vitamin B12) 3 mcg; Biotin35 mcg; Niacinamide 20 mg; Calcium Pantothenate 8 mg; Folic acid 1000 mcg Vitamin C 100 mg; Iron, elemental (as Dried ferrous sulfate) 30 mg; Calcium (as calcium carbonate) 40 mg; Zinc (as sulfate) 15 mg; Copper (as dried cupric sulfate) 1 000 mcg; Iodine (as Potassium Iodide) 150 mcg; Magnesium (as Sulfate) 5 mg; Manganese (as Sulfate) 1 mg; Natural Fish oil 500 mg; Omega 3 135 mg; Docosahexaenoic acid (DHA) 105 mg; Eicosapentaenoic acid (EPA) 20 mg per softgel capsule	Orally, one softgel capsule daily or as directed by a doctor Warning: Consult a relevant health care provider before use if you suffer from a bleeding disorder, take blood-thinning medicines or are asthmatic with sensitivity to aspirin.		Health Supplement	Multiple substance formulation	Oral	Low	A pre- and postnatal supplement to help provide adequate supply of vitamins, mineral and omega -3 fatty acids, DHA and EPA, during pregnancy and lactation. The prenatal supplement with Both DHA & EPA to help in baby's brain development and may help reduce the risks of maternal complications such as pre-eclampsia, preterm labor and marternal depression and mood disorder.	At or below 25 ° C
66	Imported and Exported	MyoCalm spray	Liquid	100 ml	VANILLYL BUTYL ETHER 1 % D-CAMPHOR 0,95 % GAULTHERIA PROCUMBENS (WINTERGREEN) LEAF OIL 0,2 % MENTHA PIPERITA OIL 0,2 % LAVANDULA ANGUSTIFOLIA (LAVENDA) OIL 0,2 % HARPAGOPHYTUM PROCUMBENS ROOT EXTRACT (DEVIL'S CLAWS) 0,1625 % ARNICA MONTANA FLOWER EXTRACT (ARNICA) 0,03 % MENTHA PIPERITA (PEPPERMINT) LEAF EXTRACT 0,01 % SALIX ALBA BARK EXTRACT (SILVER WILLOW) 0,01 % CITRIC ACID 0,002 % LINALOOL 0,0912 % LIMONENE 0,0176 % GERANIOL 0,0014 %	Spray MYOCALM® on sensitive areas. It is possible to massage to increase the beneficial effects. Renew if necessary. Wash your hands after each use. Do not spray in the direction of a flame or glowing object. Not recommended for pregnant or breastfeeding woman, for people with a history of convulsive disorders or epileptics and for children under 15 years old. Do not use in case of allergy to one of the components. Contains camphor and a heating agent. The heat can be different depending of people. It is highly recommended to do a product patch test by spraying a small amount of the product to be tested inside of the wrist or elbow. FOR EXTERNAL USE ONLY.		Discipline specific	Combination product	Transdermal	Low	MYOCALM Spray is the muscle relaxant spray which contains Arnica, Harpagophytum, willow, Peppermint extract, Wintergreen and Peppermint essential oils to relieve and soothe muscle contractions in the back, cervical, lumbar, calves thereby relieving pain and improving mobility.	At or below 25 ° C
67	Imported and Exported	MyoCalm Roll-on	Liquid	50 ml	VANILLYL BUTYL ETHER 1 % D-CAMPHOR 0,95 % GAULTHERIA PROCUMBENS (AMERICAN WINTER GREEN) LEAF OIL 0,2 % MENTHA PIPERITA (PEPPERMINT)OIL 0,18 % LAVANDULA ANGUSTIFOLIA (LAVENDA) OIL 0,2 % HARPAGOPHYTUM PROCUMBENS ROOT EXTRACT 0,16 % ARNICA MONTANA FLOWER EXTRACT (ARNICA) 0,03 % POTASSIUM SORBATE 0,017 % SODIUM BENZOATE 0,017 % MENTHA PIPERITA (PEPPERMINT) LEAF EXTRACT 0,01 % SALIX ALBA BARK EXTRACT 0,01 % CITRIC ACID 0,002 % LINALOOL 0,0912 % LIMONENE 0,0176 % GERANIOL 0,0014 %	Tilt downward Myocalm roll-on and apply to sensitive areas. Repeat application if necessary. Wash your hands after application in case of contact with the gel. Do not spray in the direction of a flame or glowing object. Not recommended for pregnant or breastfeeding woman, for people with a history of convulsive disorders or epileptics and for children under 15 years old. Do not use in case of allergy to one of the components. Contains camphor and a heating agent. The heat can be different depending of people. It is highly recommended to do a product patch test by spraying a small amount of the product to be tested inside of the wrist or elbow. FOR EXTERNAL USE ONLY.		Discipline specific	Combination product	Transdermal	Low	Myocalm Roll-on is the myorelaxant in roll-on format which contains Arnica, Harpagophytum, willow, Peppermint extract, Wintergreen and Peppermint essential oils to relieve and soothe muscle contractions in the back, cervical or lumbar area or even in the calves and thighs. The pain is relieved and mobility is restored.	At or below 25 ° C

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68	Imported and Exported	Bliss A-Z Mac-Men	Tablet	30's	Vitamin A1050 mcg (equivalent to 3465 IU) Vitamin C90 mg Vitamin D210 mcg (equivalent to 400 IU) Vitamin E20.3 mg (equivalent to 30,247 IU) Vitamin K120 mcg Vitamin B11.2 mg Vitamin B21.7 mg Vitamin B316 mg Vitamin B63 mg Folic Acid400 mcg Vitamin B1218 mcg Biotin30 mcg Vitamin B55 mg Calcium210 mg Magnesium120 mg Zinc15 mg Copper2 mg Manganese2 mg Chromium120 mcg Potassium99 mg Lycopene..... 600 mcg per tablet	Take one tablet daily in the morning once a day. Take Bliss A-Z MAC-MEN with sufficient quantity of water. Take Bliss A-Z MAC-MEN after meals. Do not chew. Taking Bliss A-Z MAC-MEN at the same time each day will have the best effect. It will also help you remember when to take the tablets. Warning: Not suitable for children. Consult a relevant health care provider prior to use if diagnosed or suspected to suffer from prostate cancer.		Health Supplement	Multiple substance formulation	Oral	Low	Bliss A-Z Mac Men Multivitamin Supplement contains essential vitamins, minerals and trace elements to assist with everyday well-being for men. It contains lycopene, which assists with normal prostate function and healthy urinary flow.		
69	Exported only	Bliss Vitamin C 1000 mg	Tablet - Chewable	30's	Ascorbic acid100 mg Sodium Ascorbate (equivalent to Ascorbic Acid 900 mg)950 mg per tablet	Chew one tablet once daily after a meal. Not recommended for children under 9 years.		Health Supplement	Vitamins	Oral	Low	Bliss Vitamin C 1000 mg helps protect cells and boost the immune system, and can also help keep the body's ligaments, tendons and collagen healthy. Like all antioxidants, Vitamin C counters the effects of cell-damaging free radicals.	At or below 25 ° C	
70	Imported and Exported	Bliss Vitamin C 500 mg	Tablet - Chewable	30's	Ascorbic acid100 mg Sodium Ascorbate (equivalent to Ascorbic Acid 400 mg) 450 mg per tablet	Chew two tablets daily after a meal. Not recommended for children under 6 years.		Health Supplement	Vitamins	Oral	Low	Bliss Vitamin C 500 mg helps protect cells and boost the immune system, and can also help keep the body's ligaments, tendons and collagen healthy. Like all antioxidants, Vitamin C counters the effects of cell-damaging free radicals.	At or below 25 ° C	
71	Imported and Exported	Bliss Magnesium	Tablet	30's	Magnesium oxide (Equivalent to elemental Magnesium 64 mg) 107 mg; per tablet	Take two tablets daily. Take with water after food. Not recommended for children under 9 years.		Health Supplement	Minerals	Oral	Low	Bliss Magnesium contributes to normal energy-yielding metabolism and reduction of tiredness and fatigue. A factor in the maintenance of good health, bones, teeth and tissue formation.	At or below 25 ° C	
72	Imported and Exported	Bliss Omega 3	Capsule - Soft	30's	Omega-3 fatty acids1000 mg containing: Eicosapentaenoic acid(EPA).....180 mg Docosahexaenoic acid (DHA).....120 mg per capsule	Take one capsule daily. Take with water after food. Suitable for diabetics. Not recommended for children under 9 years.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Bliss Omega 3 acts as a source of omega-3 fatty acids, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) for the maintenance of good health.	At or below 25 ° C	
73	Imported and Exported	Bliss Zinc	Tablet	30's	Zinc sulphate monohydrate (Equivalent to elemental Zinc 20 mg) 55 mg	Take one tablet daily or as otherwise indicated. Take with water after food. Not recommended for children under 9 years.		Health Supplement	Minerals	Oral	Low	Bliss Zinc contributes to the maintenance of normal immune function. A factor in the maintenance of good health, hair, skin, bones, vision, fertility and reproduction.	At or below 25 ° C	
74	Imported and Exported	Bliss Calcium	Tablet	30's	Calcium Carbonate (equivalent to elemental calcium 400 mg).... 1000 mg per tablet	Take one tablet daily. Take with water after food. Not recommended for children under 9 years.		Health Supplement	Minerals	Oral	Low	Bliss Calcium contributes to the development and maintenance of bones and teeth. Contributes to the reduction of tiredness and fatigue. A factor in the maintenance of good health, normal mental performance and a healthy metabolism	At or below 25 ° C	
75	Imported and Exported	Probi Fend Infant Probiotic Drops - 9 strain	Liquid	5ml liquid in a 10ml amber glass bottle with a dropper, in order to facilitate mixing	Each dose contains 5 billion CFU's (Colony Forming Units) Lactobacillus casei Lactobacillus gasseri Lactobacillus reuteri Lactobacillus salivarius HOWARU® Bifidobacterium lactis HOWARU® Lactobacillus acidophilus HOWARU® Lactobacillus rhamnosus Bifidobacterium bifidum Bifidobacterium longum Orafit® Synergy1 50mg; per 5 drops	Shake well before use. Five (5) drops in the mouth before a meal once per day or as recommended by a healthcare practitioner. Also suitable for children having difficulty chewing or swallowing solid dosage forms.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Probi Fend Infant Probiotic Drops, should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C	

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76	Imported and Exported	Probi Fend Junior Probiotic Chew - 9 strain	Tablet - Chewable	30's	Each dose contains 5 billion CFU's (Colony Forming Units): Lactobacillus casei Lactobacillus gasseri Lactobacillus reuteri Lactobacillus salivarius HOWARU® Bifidobacterium lactis HOWARU® Lactobacillus acidophilus HOWARU® Lactobacillus rhamnosus Bifidobacterium bifidum Bifidobacterium longum Orafi® Synergy1 50mg; per tablet	Chew one (1) to two (2) tablets daily or as recommended by a healthcare practitioner. Suitable for children from 2 years of age.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Probi Fend Junior Probiotic Chew-Tablets should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C
77	Imported and Exported	Probi Fend Adult probiotic VegeCaps - 9 strain	Capsule	30's	Each dose contains 5 billion CFU's (Colony Forming Units) Lactobacillus casei Lactobacillus gasseri Lactobacillus reuteri Lactobacillus salivarius HOWARU® Bifidobacterium lactis HOWARU® Lactobacillus acidophilus HOWARU® Lactobacillus rhamnosus Bifidobacterium bifidum Bifidobacterium longum Orafi® Synergy1 50mg; per capsule	Adults and Children over 12 years: 1 to 2 capsules per day or as recommended by a healthcare practitioner.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Probi Fend Adult Probiotic VegeCaps should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C
78	Imported and Exported	Gladsure (A, C, D, E, Selenium & Zinc)	Capsule	30's	Vitamin C 600 mg; Vitamin D3 500 IU (equivalent to 12,5 7g); Zinc gluconate (equivalent to 10 mg elemental Zinc) 70 mg; Vitamin E 22 IU (equivalent to 14,765 mg). Selenium 0,2 mg; Vitamin A 3 000 IU (equivalent to 909,09 7g RAE) per capsule	Adult, take 1 capsule daily or as recommended by a health care practitioner. Not recommended for Children		Health Supplement	Multiple substance formulation	Oral	Low	Gladsure Vitamin Capsules is a health supplement specifically formulated as a dietary supplement to augment certain physiological processes in the maintenance of optimal balance in the body and contributing to general well-being	At or below 25 ° C
79	Imported and Exported	Gladsure (A - Z complete) capsule	Tablet	30's	Vitamin A 800 IU (equivalent to 242,42 7g RAE), Vitamin B1 3,8 mg; Riboflavin 4 mg; Nicotinamide 25 mg; Vitamin B6 5 mg; Vitamin B12 8 7g; Vitamin B5 20 mg; Vitamin C 100 mg; Vitamin D3 15 7g (equivalent to 600 I.U), Vitamin E 9 mg (equivalent to 13,41 I.U), Biotin 90 7g; K2 Vital 0,2% 60 7g; Magnesium 80 mg; Selenium 60 7g; Copper 900 7g; Manganese 2 mg; Iron 10 mg; Chromium 35 7g; Molybdenum 45 7g; Phosphorous 120 mg; Iodine 150 7g; Folic Acid 400 7g; Calcium carbonate (equivalent to 260 mg calcium) 650 mg; Zinc Oxide (equivalent to 11 mg elemental Zinc) 14,3 per tablet	Adult, take 1 capsule daily or as recommended by a health care practitioner. Not recommended for Children		Health Supplement	Multiple substance formulation	Oral	Low	Gladsure A-Z complex is a one-a-day formula providing all of the most important micronutrients. It is a suitable as a good long-term food supplement for both adults and teenagers from the age of 13 and up whose bodies develop and grow significantly and need more energy, calcium, zinc, iron and many other nutrients to cope with rapid change. The multivitamin complex is also ideal for adults to replenish their energy reserves, cover the body's daily nutrient needs and support the immune system. The multivitamin A-Z complex also contains important antioxidants, vitamins A, C and E, which protect our body from the harmful effects of free radicals.	At or below 25 ° C
80	Imported and Exported	Gladsure Vitamin C	Tablet	30's	Vitamin C (Ascorbic acid) 1000 mg per tablet	Adult and children from 9 years: Take 1 tablet daily or as recommended by a health care practitioner.		Health Supplement	Vitamins	Oral	Low	Gladsure Vitamin C helps the body to develop and function properly. It plays an important role in immune function.	At or below 25 ° C
81	Imported and Exported	Gladsure Vitamin C	Capsule	30's	Vitamin C (Ascorbic acid) 1000 mg per capsule	Adults and children from 9 years: Take 1 capsule daily or as recommended by a health care practitioner.		Health Supplement	Vitamins	Oral	Low	Gladsure Vitamin C help the body to develop and function properly. It plays an important role in immune function.	At or below 25 ° C
82	Imported and Exported	Gladsure Zinc	Capsule	30's	Zinc amino acid chelate (equivalent to 25 mg elemental zinc) 250 mg per capsule	Adults and children from 14 years: Take 1 capsule daily or as recommended by a health care practitioner.		Health Supplement	Minerals	Oral	Low	Gladsure Zinc contributes to the maintenance of normal immune function. A factor in the maintenance of good health, hair, skin, bones, vision, fertility and reproduction	At or below 25 ° C
83	Imported and Exported	Gladsure Vitamin D3	Capsule	60's	Vitamin D3 1000 IU (25 7g) per capsule	Adults only: Take 2 capsules daily or as recommended by a health care practitioner. Not recommended for children		Health Supplement	Vitamins	Oral	Low	Gladsure Vitamin D3 Contributes to normal blood calcium levels and cell division. Contributes to the development and maintenance of strong bones, teeth and normal muscle function. A factor in the maintenance of good health and normal immune system function.	At or below 25 ° C

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84	Imported and Exported	Gladsure collagen	Powder	300 g powder	Pure Hydrolysed Collagen peptides (Peptan®) type 1 10 g per scoop	Adult only: Mix 10 grams (1 scoop) in a glass of water every morning before breakfast. Take once daily. warning: Do not take powder alone. Mix with food or fluid. If you have liver or kidney disease or if you have been instructed to follow a low protein diet, consult a relevant health care provider prior to use. May cause mild gastrointestinal disturbances. Joint health / inflammation: Use of this substance for 5 (five) months has been shown to be beneficial and therefore its use should be undertaken in consultation with a relevant health care provider.		Health Supplement	Amino acids	Oral	Low	Gladsure Collagen is a source of the essential amino acid lysine to help in collagen formation. Helps to assist joint health or joint inflammation.	At or below 25 ° C	
85	Imported and Exported	Gladsure L- Glutamine	Powder	400 g	L - glutamine 3 g per scoop	As a health supplement: Take two level scoops (6 grams) twice daily, with or without food. Mix into 250 ml water or fruit juice or food or as directed by your healthcare professional. To boost physical performance: Take 2 level scoops (6 grams) 30 minutes before exercise, and another two scoops (6 grams) after that. Warnings: Consult a relevant health care provider prior to use: - if you are following a low protein diet. - if you are pregnant or breastfeeding.		Health Supplement	Amino acids	Oral	Low	Gladsure L- glutamin Powder helps in muscle protein synthesis. It also assist in restoring plasma glutamine levels depleted after periods of physical stress (e.g. prolonged exhaustive exercise), support immune system's after periods of physical stress. It also help in muscle repair	At or below 25 ° C	
86	Imported and Exported	Gladsure L- Glutamine Capsules	Capsule	90's	L - glutamine 500 mg per capsule	Adults: Take 3 capsules per day. Warnings: Consult a relevant health care provider prior to use: - if you are following a low protein diet . - if you are pregnant or breastfeeding.		Health Supplement	Amino acids	Oral	Low	Gladsure L- glutamin Capsules helps in muscle protein synthesis. It also assist in restoring plasma glutamine levels depleted after periods of physical stress (e.g. prolonged exhaustive exercise), support immune system's after periods of physical stress. It also help in muscle repair.	At or below 25 ° C	
87	Imported and Exported	Gladsure L - Glutathione	Capsule	30's	Glutathione 300 mg	Take one capsule a day preferably in the morning after a meal or as prescribed by your health care practitioner. Not for use by children under the age of 18 years old. Warnings: Consult a relevant health care provider before use if pregnant, intending to become pregnant, or breastfeeding.		Health Supplement	Amino acids	Oral	Low	Gladsure L- glutamin Capsules helps in muscle protein synthesis. It also assist in restoring plasma glutamine levels depleted after periods of physical stress (e.g. prolonged exhaustive exercise), support immune system's after periods of physical stress. It also help in muscle repair	At or below 25 ° C	
88	Imported and Exported	Gladsure hair, skin & nail	Capsule - Soft	30's	Collagen (Bovine) 70 mg Vitamin B5 (d-panthenol) 25 mg Vitamin B3 (Nicotinamide) 20 mg Vitamin C (Ascorbic acid) 20 mg Zinc Oxide (equivalent to 10 mg elemental Zinc) 13 mg L-Cysteine Hydrochloride 10 mg d-?-Tocopherol (Vitamin E) 7,3 IU (5 mg) Co-Enzyme Q10 5 mg Copper (as Amino acid chelate) 0,45 mg Biotin (Vitamin H) 400 µg Folic Acid 400 µg Selenium (as aminoacid chelate) 50 µg Cyanocobalamin (Vitamin B12) 25 µg Iodine (as potassium iodide) 15 µg per softgel capsule.	Take one capsule a day after a meal or as prescribed by your health care practitioner. NOT FOR USE BY THOSE UNDER THE AGE OF 18 YEARS OLD Warning: Collagen may cause mild gastrointestinal disturbances.		Health Supplement	Multiple substance formulation	Oral	Low	Gladsure Hair, Skin & nail Collagen plays important roles in the health of the scalp and hair follicles, and it contains amino acids used to build keratin, which is the protein that hair is primarily made of. Collagen is the primary component of the dermis, which is the connective tissue layer that contains hair follicles. Collagen plays a role repairing the dermis and the skin on the scalp at the base of the hair follicle, and it may impact age-related hair growth.	At or below 25 ° C	
89	Imported and Exported	911 Care - passive Wound care lotion	Lotion	50 ml, 150 ml and 500 ml	Beta-sitosterol (phytosterol) 0,25 mg; Eucalyptus globulus (Eucalyptus oil) 4 mg; Zinc oxide 1,80 mg; Glacial acetic acid 0,5 mg; Retinol Palmitate (Vitamin A) ... 400 mcg (equivalent to 727,72 ?g RAE) Tocopherol Acetate (Vitamin E) 0,1 mg (equivalent to 0,149 IU) per ml	911 Care - passive Wound care lotion must be applied to the affected area. 1. Clean the wound thoroughly with a sterile solution or with 911 Care - passive Wound care lotion. 2. Apply 911 Care - passive Wound care lotion to the affected area or apply a 3 – 5 mm layer of cream on a secondary sterile wound dressing of choice and dress the wound. 3. Keep the wound covered for 12 hours. 4. Repeat as required. If there is no improvement after 24 hours, consult your healthcare practitioner immediately		Discipline specific	Multiple substance formulation	Transdermal	Low	911 Care - passive Wound care lotion assists with passive wound care in adults.	At or below 25 ° C	

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90	Imported and Exported	911 Care - Passive Wound Care spray	Liquid	50ml and 150 ml	Beta-sitosterol (phytosterol) ... 0.25 mg; Eucalyptus globulus (Eucalyptus oil) 4 mg; Zinc oxide 1.80 mg; Glacial acetic acid0.5 mg; Retinol Palmitate (Vitamin A) ... 0.4 mg (equivalent to 727,72 ?g RAE) Tocopherol Acetate (Vitamin E).... 0.1 mg (equivalent to 0,149 IU) per ml		911 Care - Passive Wound Care spray must be applied to the affected area. 1. Clean the wound thoroughly with a sterile solution or with 911 Care - Passive Wound Care spray. 2. Apply 911 Care - Passive Wound Care spray to the affected area or apply a 3 – 5 mm layer of spray on a secondary sterile wound dressing of choice and dress the wound. 3.Keep the wound covered for 12 hours. 4.Repeat as required. If there is no improvement after 24 hours, consult your healthcare practitioner immediately.		Discipline specific	Multiple substance formulation	Transdermal	Low	911 Care - Passive Wound Care spray assists with passive wound care in adults.	At or below 25 ° C
91	Imported and Exported	Advance for men - Libido capsule	Capsule	4's and 15's	Honey goat weed extract (Epimedium Brevicornum maxim)..... 60 mg; Ginseng extract (Panax ginseng)70 mg; American ginseng extract (Panax Quinquifolius L.) 70 mg; Wild yam (Dioscorea Opposita Thunb) 40 mg; Cistanche deserticola Ma extract 80 mg; Fructus rubi extract (Rubus ChingiiHu).....30 mg; Euryale ferox extract (Euryale Ferox Salisb. Ex Konig et Sims) 20 mg L-Arginine 130 mg per capsule		Take 1 capsule 40 - 45 minutes before sexual activity. Do not exceed 1 capsule within 24 hours. Stimulation is required for this product to work effectively.		Discipline specific	Western Herbal medicine	Oral	Low	Advance for men - libido capsules is a combination of ingredients used to increase energy, enhance and boost the male sexual response.	At or below 25 ° C
92	Imported and Exported	Advance for women - Libido capsule	Capsule	4's and 15's	Honey goat weed extract (Epimedium Brevicornum maxim)..... 60 mg; Ginseng extract (Panax ginseng)70 mg; American ginseng extract (Panax Quinquifolius L.) 70 mg; Wild yam (Dioscorea Opposita Thunb) 40 mg; Cistanche deserticola Ma extract 80 mg; Fructus rubi extract (Rubus ChingiiHu).....30 mg; Euryale ferox extract (Euryale Ferox Salisb. Ex Konig et Sims) 20 mg L-Arginine 130 mg per capsule		Take 1 capsule, 40 - 45 minutes before sexual activity. Do not exceed more than 1 capsule within 24 hours. Stimulation is required for this product effectively.		Discipline specific	Western Herbal medicine	Oral	Low	Advance for women - libido capsule is a combination of ingredients used to increase energy, enhance and boost the female sexual response	At or below 25 ° C
93	Imported and Exported	NuCare CBD oil	Liquid	30 ml	600 mg Cannabidiol (CBD Isolate) derived from Cannabis Sativa L. (Hemp Plant) and (98%) Coconut derived MCT oil per 30 ml		20 mg daily - either as a single dose of 1ml (20 drops) or 0.5 ml (10 drops) twice daily. Drops can be taken sublingually (under tongue) or can be added to food or beverage before ingestion. Duration of use: No longer than 3 months without advice of a relevant health care provider. Warning: As CBD and MCT Oil are metabolised by the liver, you should consult your healthcare practitioner, before use, if you have liver dysfunction. Not to be taken: • by children under the age of 18 years; or • during pregnancy or breastfeeding.		Health Supplement	Western Herbal medicine	Oral	Low	NuCare CBD Oil is indicated for health maintenance and enhancement. The known effects of CBD may assist with pain relief, restlessness, sleeplessness, inflammation, and anxiety.	At or below 25 ° C
94	Imported and Exported	Good Jane CBD oil	Liquid	30 ml	600 mg Cannabidiol (CBD Isolate) derived from Cannabis Sativa L. (Hemp Plant) and (98%) Coconut derived MCT oil per 30 ml		20 mg daily - either as a single dose of 1ml (20 drops) or 0.5 ml (10 drops) twice daily. Drops can be taken sublingually (under tongue) or can be added to food or beverage before ingestion. Duration of use: No longer than 3 months without advice of a relevant health care provider. Warning: As CBD and MCT Oil are metabolised by the liver, you should consult your healthcare practitioner, before use, if you have liver dysfunction. Not to be taken: • by children under the age of 18 years; or • during pregnancy or breastfeeding		Health Supplement	Western Herbal medicine	Oral	Low	Good Jane CBD Oil is indicated for health maintenance and enhancement. The known effects of CBD may assist with pain relief, restlessness, sleeplessness, inflammation, and anxiety.	At or below 25 ° C
95	Imported and Exported	Prime male - male libido	Capsule	1's, 2's, 4's, 8's and 15's	Honey goat weed extract (Epimedium Brevicornum maxim)..... 60 mg; Ginseng extract (Panax ginseng)70 mg; American ginseng extract (Panax Quinquifolius L.) 70 mg; Wild yam (Dioscorea Opposita Thunb) 40 mg; Cistanche deserticola Ma extract 80 mg; Fructus rubi extract (Rubus ChingiiHu).....30 mg; Euryale ferox extract (Euryale Ferox Salisb. Ex Konig et Sims) 20 mg L-Arginine 130 mg per capsule		Take 1 capsule 40 - 50 minutes before sexual activity. Do not exceed more than 1 capsule within 24 hours. Stimulation is required for this product to work effectively.		Discipline specific	Combination product	Oral	Low	Prime male - male libido capsule is a combination of ingredients used to increase energy, enhance and boost the male sexual response.	At or below 25 ° C

SAHPRA LICENCE NO.		0000001014	CM REF.	DA02-9D3E87	Name of Licence Holder:		Bliss Pharmaceuticals (Pty) Ltd						Version:	02-082022
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	
96	Imported and Exported	Actiwell Vitamin water element earth	liquid	500 ml	L - carnitine 100 mg; Vitamin B3 (Niacin) 8 mg; Vitamin B5 3 mg; Vitamin B6 (Pyridoxine) 0,7 mg; Biotin (Vitamin H) 250 mcg; Vitamin B9 (Folic acid) 0,1 mg; Vitamin B12 (Cyanocobalamin).....0,0013 mg; per 500 ml	Drink chilled as required to a maximum of 2 bottles a day. DO NOT EXCEED A MAXIMUM OF 2 BOTTLES A DAY.		Health Supplement	Multiple substance formulation	Oral	Low	Actiwell Vitamin Waters EARTH is enriched with Minerals and Vitamins. Helps to metabolise fats, carbohydrates and protein. It contains Vitamin C, B12 and Biotin which has a role in the process of cell division and normal collagen formation for the normal function of skin and hair. It also contributes to normal energy-yidling metabolism and a reduction of tiredness and fatigue. A factor in the maintenance of good health. Actiwell Vitamin Waters EARTH is a low-calorie drink and is best served chilled.	At or below 25 ° C	
97	Imported and Exported	Actiwell Vitamin water element WATER	liquid	500 ml	Vitamin A 400 mcg; Vitamin C (ascorbic acid) 40 mg; Vitamin D 2,5 mcg; vitamin E (Alpha Tocopherol) 6 mg; Vitamin B3 (Niacin) 8 mg' Vitamin B6 (Pyridoxine) 0,7 mg; Biotin (Vitamin H) 25 mcg; Vitamin B12 (Cyanocobalamin)1,3 mcg; Zinc gluconate (equivalent to 5 mg zinc) 34,8 mg; per 500 ml	Drink chilled as required to a maximum of 4 bottles a day. DO NOT EXCEED A MAXIMUM OF 4 BOTTLES A DAY.		Health Supplement	Multiple substance formulation	Oral		Actiwell Vitamin Waters WATER is enriched with Minerals and Vitamins. enriched with Minerals and Vitamins. Helps to metabolise fats, carbohydrates and protein as well as maintenance of normal skin. It contains Vitamin C and B12 which contribute to normal energy-yielding metabolism. Biotin and Niacin helps with normal functioning of the immune system. A factor in the maintenance of good health. Actiwell Vitamin Waters WATER is a low-calorie drink and is best served chilled.	At or below 25 ° C	
98	Imported and Exported	Actiwell Vitamin water element AIR	liquid	500 ml	Vitamin C (Ascorbic acid) 80 mg; Vitamin B3 (Niacin) 8 mg' Vitamin B5 3 mg; Vitamin B6 (Pyridoxine) 0,7 mg Biotin (Vitamin H) 25 mcg; Vitamin B9 (Folic acid) 0,1 mg; Vitamin B12 (Cyanocobalamin)1,3 mcg; Zinc gluconate (equivalent to 5 mg zinc) 34,8 mg; per 500 ml	Drink chilled as required to a maximum of 4 bottles a day. DO NOT EXCEED A MAXIMUM OF 4 BOTTLES A DAY.		Health Supplement	Multiple substance formulation	Oral	Low	Actiwell Vitamin Waters AIR is enriched with Minerals and Vitamins. Helps to metabolise fats, carbohydrates and protein. It contains Vitamin C, E which contribute to the protection of cells from oxidative stress as well as Selenium, Manganese and Zinc. Vitamin C and Zinc also contribute to normal function of the immune systedn. A factor in the maintenance of good health. Actiwell Vitamin Waters AIR is a low-calorie drink and is best served chilled.	At or below 25 ° C	
99	Imported and Exported	Actiwell Vitamin water element FIRE	liquid	500 ml	L - Leucine 50 mg; L - valine 50 mg; L-isoleucine 50 mg; L-carnitine 50 mg Taurine 15 mg; Ginseng extract 150 mg; Vitamin B3 (Niacin) 20,5 mg; Vitamin B5 6,5 mg; Vitamin B6 (Pyridoxine) 3,1 mg; Biotin (Vitamin H) 28,5 mcg; Vitamin B9 0,113 mg; Vitamin B12 (Cyanocobalamin)9,5 mcg; Zinc gluconate (equivalent to 5 mg zinc) 34,8 mg; per 500 ml	Drink chilled as required to a maximum of 4 bottles a day. DO NOT EXCEED A MAXIMUM OF 4 BOTTLES A DAY. Warning: Consult a relevant health care provider prior to use if you are pregnant or breastfeeding. If you are following a low protein diet.		Health Supplement	Multiple substance formulation	Oral	Low	Actiwell Vitamin Waters FIRE is enriched with Minerals and Vitamins. Helps to metabolise fats, carbohydrates and protein. It contains magnesium , Vitamin B12 and Biotin which contributes to normal energy-yidling metabolism and a reduction of tiredness and fatigue. A factor in the maintenance of good health. Actiwell Vitamin Waters FIRE is a low-calorie drink and is best served chilled.	At or below 25 ° C	