

SAHPRA LICENCE NO.		DL01-B6256D	CM REF.	see Licence No.	Name of Licence Holder:	California Pharmaceuticals (Pty) Ltd						Version:	1-082021
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
1	Manufactured (including import and export)	CNT Plexiton	Capsule - Hard	30	Eleutherococcus senticosus (Ginseng Siberian) extract 50 mg (Root, 10:1 extract providing 500 mg dried herb equivalent (DHE)) Magnesium AAC 20% 70 mg (Equivalent to 14 mg elemental magnesium) Vitamin C (Ascorbic acid) 60 mg L-Theanine 20 mg Rutin 20 mg Iron AAC 20% 12 mg (Equivalent to 2,4 mg elemental iron) Potassium Phosphate Dibasic 12 mg (Equivalent to 5,39 mg elemental Potassium and 2,13 mg elemental Phosphorous) Vitamin B3 (Nicotinamide Flushfree) 12 mg Zinc AAC 20% 12 mg (Equivalent to 2,4 mg elemental zinc) Vitamin B5 (Pantothenic Acid) 10 mg Vitamin E (Vitamin E Acetate) 9 mg Calcium Phosphate 8 mg (Equivalent to 3,73 mg elemental calcium and 1,44 mg elemental phosphorous) Manganese sulphate 5,48 mg (Equivalent to 2 mg elemental manganese) Boron AAC 5% 5 mg (Equivalent to 0,25 mg elemental boron) Vitamin B6 (Pyridoxine Hydrochloride) 3,4 mg Selenium AAC 2% 2,75 mg (Equivalent to 55 µg elemental selenium) Vitamin B2 (Riboflavin) 2,6 mg Vitamin B1 (Thiamine Hydrochloride) 2,4 mg Copper Gluconate 2 mg (Equivalent to 0,28 mg elemental copper) Vitamin A (Vitamin A acetate) 700 µg Folic Acid 450 µg Chromium picolinate 361,8 µg (Equivalent to 45 µg elemental chromium) Biotin 60 µg Molybdenum AAC 0,2% 50 µg (Equivalent to 0,1 µg elemental molybdenum) Vitamin B12 (Cyanocobalamin 0,1%) 25 µg Vitamin D3 (Cholecalciferol) 15 µg	Adults: Take 1 (one) capsule daily, with or after meals or as prescribed by a healthcare professional		Discipline specific	Combination product	Oral	Low	Your complete A-Z High potency Multivitamin & Mineral Supplement Siberian Ginseng for an Energy Boost Supports the Immune System	At or below 25 ° C
2	Manufactured (including import and export)	CNT IronPlus	Capsule - Hard	30	Calcium Carbonate 112,5 mg (Equivalent to 45 mg elemental calcium) Vitamin C (as Ascorbic Acid) 100 mg Magnesium Carbonate 96,25 mg (Equivalent to 25 mg elemental magnesium) Ferrous Fumarate 60 mg (Equivalent to 20 mg elemental iron) Potassium Phosphate Dibasic 24,697 mg (Equivalent to 4,39 mg elemental potassium and 11,09 mg elemental phosphorous) Copper AAC 10% 20 mg (Equivalent to 2 mg elemental copper) Folic Acid 400 µg Vitamin B12 (as Cyanocobalamine 0,1%) 2 µg	Adults: Take (1) one capsule daily , or as prescribed by a healthcare practitioner		Health Supplement	Multiple Substance Formulation	Oral	Low	Iron is important for healthy Red Blood Cells Important for the Transport of Oxygen Reduces Tiredness and Fatigue	At or below 25 ° C
3	Manufactured (including import and export)	CNT Omega 3	Capsule - Soft	60	Omega 3 Fish Oil 1000 mg (Clupeidae) Providing: EPA (Eicosapentaenoic acid) 180 mg DHA (Docosahexaenoic acid) 120 mg	Adults: Take 1-2 (one to two) softgel capsules daily with meals, or as prescribed by a healthcare practitioner		Health Supplement	Fats, Oils and Fatty Acids	Oral	Low	Supports cardiovascular health Source of EPA & DHA for the maintenance of good health Helps support cognitive health and brain function	At or below 25 ° C
4	Manufactured (including import and export)	CNT Garcinia Cambogia	Capsule - Hard	60	Garcinia Cambogia 500 mg (fruit rind, extract standardised to minimum 60% hydroxy citric acid)	Adults: Take 1 (one) capsule three times daily, 30 minutes before meals or as prescribed by a healthcare professional. Do not exceed the recommended dosage.		Discipline Specific	Western Herbal	Oral	Low	May assist with weigh loss when used with increased physical activity and an energy reduced diet in healthy individuals.	At or below 25 ° C

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5	Manufactured (including import and export)	CNT Nubrax	Capsule - Hard	30	Passion Flower (Passiflora incarnata) Extract 100 mg (fruit, 4:1 extract providing 400 mg dried herb equivalent) Valerian (Valeriana officinalis) extract 100 mg (root, 10:1 extract providing 1000 mg dried herb equivalent) L-Theanine 125 mg Vitamin B5 (Pantothenic Acid) 6 mg Vitamin B1 (Thiamine hydrochloride) 5 mg Vitamin B2 (Riboflavin) 5 mg Vitamin B3 (Nicotinamide flushfree) 5 mg Vitamin B6 (Pyridoxine hydrochloride) 5 mg Biotin 200 µg		Adults: Take 2 (two) capsules daily before bedtime, or as prescribed by a healthcare professional		Discipline Specific	Combination Product	Oral	Low	Helps to support relaxation.	At or below 25 ° C
6	Manufactured (including import and export)	CNT PharmaCydin	Capsule - Hard	60	Grape (vitis vinefera) seed extract 45 mg (seed, extract standardised to minimum 95% proanthocyanidins) Pine (Pinus pinaster) bark extract 30 mg (bark, 4:1 extract providing 120 mg dried herb equivalent) Vitamin C (Ascorbic acid) 100 mg L-Isoleucine 66,5 mg Zinc lactate 56,25 mg (Equivalent to 15 mg elemental zinc) Citrus bioflavanoids 13% 20 mg Vitamin E (Vitamin E Acetate) 20 mg Selenium AAC 2% 1,25mg (Equivalent to 25 µg elemental selenium)		Adults: Take 1-2 (one to two) capsules daily or as prescribed by a healthcare professional. Consult a relevant health care provider prior to use if you are pregnant or breastfeeding.		Discipline Specific	Combination Product	Oral	Low	Source of antioxidants.	At or below 25 ° C
7	Manufactured (including import and export)	CNT Moringa	Capsule - Hard	60	Moringa Oleifera Leaf Powder 400 mg		Adults: Take 2 (two) capsules twice daily with meals or as prescribed by a healthcare practitioner.		Discipline Specific	Western Herbal	Oral	Low	Nutrient additive for balanced health and well-being.	At or below 25 ° C
8	Manufactured (including import and export)	CNT Calnecene Plus	Tablet - Chewable	60	Calcium Carbonate 1387 mg (Equivalent to 500 mg elemental calcium) Magnesium Oxide 33 mg (Equivalent to 24 mg elemental Magnesium) Boron AAC 5% 14mg (Equivalent to 0,7mg elemental Boron) Zinc Oxide 5,5 mg (Equivalent to 4,42 mg elemental zinc) Manganese AAC 10% 1,8 mg (Equivalent to 0,18 mg elemental manganese) Copper AAC 10% 0,65 mg (Equivalent to 65 µg elemental copper) Vitamin D3 (Cholecalciferol) 7,5 µg		Adults: Take 1 (one) or 2 (two) tablets daily, or as prescribed by a healthcare professional.		Health Supplement	Multiple Substance Formulation	Oral	Low	Supports maintenance of normal bones, teeth and muscle	At or below 25 ° C
9	Manufactured (including import and export)	CNT Cinulin-E ³	Capsule - Hard	90	Cinulin-E3 500 mg Inositol 30 mg Chromium Polynicotinate 0,2 mg (Equivalent to 24,86 µg elemental Chromium)		Adults: Take 1-2 (one to two) capsules three times daily, before meals or as prescribed by a healthcare professional.		Discipline Specific	Combination Product	Oral	Low	Provides support for healthy glucose metabolism. Helps the body to metabolise carbohydrates and fats.	At or below 25 ° C
10	Manufactured (including import and export)	CNT Slow Release Magnesium Chelate	Capsule - Hard	30	Magnesium AAC 20% 450 mg (Equivalent to 90 mg elemental magnesium)		Adults: Take 1 (one) capsule daily, or as prescribed by a healthcare professional		Health Supplement	Minerals	Oral	Low	Slow Release Magnesium Chelate: -Contributes to normal energy-yielding metabolism -May reduce tiredness and fatigue -Helps maintain normal muscle function	At or below 25 ° C
11	Manufactured (including import and export)	CNT AppAway	Capsule - Hard	60	L-Tyrosine 292 mg L-Phenylalanine 148 mg		Adults: Take 1-2 (one to two) capsules daily 30 minutes before meals or as prescribed by a healthcare professional. The indicated daily dose should not be exceeded. Consult a relevant health care provider prior to use if you are following a low protein diet or pregnant or breastfeeding. Not suitable for children unless under direct supervision of a relevant health care provider. Do not use continuously for more than two (2) months without consulting your relevant healthcare provider. This product is not intended to prevent or treat obesity.		Health Supplement	Amino Acids	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals.	At or below 25 ° C
12	Manufactured (including import and export)	CNT Vitamin B12 Plus	Capsule - Hard	30	Vitamin B6 (Pyridoxine hydrochloride) 95 mg Vitamin B1 (Thiamine hydrochloride) 32 mg Vitamin B2 (Riboflavin) 32 mg Vitamin B5 (Pantothenic acid) 30,97 mg Vitamin B3 (Nicotinamide flushfree) 16 mg Biotin 489 µg Folic Acid 399 µg Vitamin B12 (Cyanocobalamin 0,1%) 100 µg		Adults: Take 1 (one) capsule daily, or as prescribed by a healthcare professional		Health Supplement	Vitamins	Oral	Low	CNT Vitamin B12 Plus: -Is required for red blood cell formation -Increases energy and counteracts fatigue -Helps build your immune system & maintain healthy brain function -Is necessary to convert carbohydrates to glucose -Is essential for healthy skin and hair	At or below 25 ° C
13	Manufactured (including import and export)	CNT Vitamin D3	Tablet	30	Vitamin D3 (Cholecalciferol) 1000 IU		Adults and children over 14 years: Take 1 (one) tablet daily with breakfast, or as prescribed by a healthcare professional		Health Supplement	Vitamins	Oral	Low	CNT Vitamin D3 assist in the development and maintenance of healthy bones and teeth. Vitamin D3 is important for the normal function of the immune system, and also supports normal muscle function and contributes to normal cell division.	At or below 25 ° C
14	Manufactured (including import and export)	CNT Folic Acid+ B12 & Zinc	Tablet	30	Zinc sulphate 12mg (Equivalent to 4,9 mg elemental zinc) Folic Acid 499 µg Vitamin B12 (Cyanocobalamin 0,1%) 2,4µg		Adults and children over 14 years: Take 1 (one) tablet daily, or as prescribed by a healthcare professional		Health Supplement	Multiple Substance Formulation	Oral	Low	When taken daily before and during early pregnancy, Folic Acid+Zinc&B12 may help to reduce the risk of neural tube defects. Folic Acid+Zinc&B12 supports red blood cell formation and helps to maintain a good health. Folic Acid+Zinc&B12 helps in connective tissue formation and to maintain healthy skin. Folic Acid+Zinc&B12 also helps to maintain immune function.	At or below 25 ° C
15	Manufactured (including import and export)	CNT Triple Action Vitamin C	Capsule - Hard	60	Vitamin C (Ascorbic acid) 500 mg Zinc gluconate 87,5 mg (Equivalent to 12,5 mg elemental zinc) Selenium AAC 2% 1,35 mg (Equivalent to 27 µg elemental selenium)		Adults: Take 2 (two) capsules daily, with or after meals, or as prescribed by a healthcare professional		Health Supplement	Multiple Substance Formulation	Oral	Low	CNT Triple Action Vitamin C is an antioxidant that promotes good health. CNT Triple Action Vitamin C is a multi-vitamin and mineral supplement that helps to maintain immune function.	At or below 25 ° C

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16	Manufactured (including import and export)	CNT Collagen Extreme	Capsule - Hard	60	Hydrolysed Collagen (bovine) 400 mg Vitamin C (Ascorbic Acid) 25 mg Copper AAC 10% 2 mg (Equivalent to 0,2 mg elemental copper)		Adults: Take 1 (one) capsule in the morning and 2 (two) capsules before bedtime, or as prescribed by a healthcare practitioner		Health Supplement	Multiple Substance Formulation	Oral	Low	Promotes skin elasticity Improve skin health Supports healthy joints and tendons	At or below 25 ° C
17	Manufactured (including import and export)	CNT Immunox	Capsule - Hard	60	Vitamin C (Ascorbic acid) 500 mg Zinc lactate 37 mg (Equivalent to 10 mg elemental zinc) Proanthocyanidins 30 mg (Grape seed (Vitis vinifera) extract, standardised to min 95% proanthocyanidins) Vitamin B6 (Pyridoxine hydrochloride) 20 mg Vitamin E (Vitamin E Acetate) 20 mg Selenium AAC 2% 1,35 mg (Equivalent to 27 µg elemental selenium) Folic Acid 250 µg Vitamin B12 (Cyanocobalamin 0,1%) 25 µg Vitamin D3 (Cholecalciferol) 12,5 µg		Adults: Take 2 (two) capsules daily , with or after meals, or as prescribed by a healthcare professional		Health Supplement	Multiple Substance Formulation	Oral	Low	Multi-Vitamin / Mineral Supplement Immune booster & antioxidant Supports general well-being Helps support the immune system	At or below 25 ° C
18	Manufactured (including import and export)	CNT Pro Action Zinc	Tablet	30	Zinc gluconate 92,5 mg (Equivalent to 25 mg elemental zinc)		Adults and children over 14 years: Take 1 (one) tablet daily with meals, or as prescribed by a healthcare professional		Health Supplement	Minerals	Oral	Low	Pro Action Zinc contributes to the normal function of the immune system and the maintenance of normal skin, hair and nails.	At or below 25 ° C
19	Manufactured (including import and export)	CNT Stamino-Force	Capsule - Hard	60	Eleutherococcus senticosus (Siberian Ginseng) extract 450 mg (root, 10:1 extract providing 4500 mg dried herb equivalent) Paulinia Cupana (Guarana) extract 100 mg (seed, extract standardised to NLT 22% caffeine) Ginkgo biloba extract 80 mg (leaf, extract standardised to minimum 24% flavone)		Adults: Take 2 (two) capsules daily 30 minutes before breakfast		Discipline Specific	Western Herbal	Oral	Low	Energy, stamina and cognitive support	At or below 25 ° C