

SAHPRA LICENCE NO.		000001014	CM REF.	DA02-9D3E87	Name of Licence Holder:	Bliss Pharmaceuticals (Pty) Ltd					Version:	01-012021	
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
1	Imported and Exported	Ceelin Syrup	Liquid	120 ml, 250 ml, 500 ml	Ascorbic acid (Vitamin C).....100 mg per 5ml	Children 2 to 6 years: 5 ml (one medicine measure) once daily. Children 7 to 12 years: 5 to 10 ml (one to two medicine measures) once daily.	520571	Health Supplement	Vitamins	Oral	Low	Ceelin Syrup is a nutritional supplement containing Vitamin C that contributes to maintaining the normal function of the immune system in children. Vitamin C forms part of the body's natural immune system and stimulates the activity of specialised white blood cells which inhibit harmful bacteria and viruses. It also contributes to normal collagen formation for the normal function of gums.	At or below 25 °C
2	Imported and Exported	Ceelin Plus Syrup	Liquid	120 ml, 250 ml, 500 ml	Ascorbic acid (Vitamin C).....100 mg; Zinc sulfate monohydrate (equivalent to 10 mg elemental zinc).....27.44 mg per 5 ml	Children 1 to 3 years: 2.5 ml (half a medicine measure) once daily. Children 4 to 6 years: 5 ml (one medicine measure) once daily. Children 7 to 13 years: 5 to 10 ml (one to two medicine measures) once daily. Children 14 to 18 years: 12.5 ml (two and a half medicine measures) once daily.	520876	Health Supplement	Multiple substance formulation	Oral	Low	This nutritional supplement is used for the prevention of deficiencies of vitamin C and Zinc. Helps to maintain immune function and good health. Helps in connective tissue formation.	At or below 25 °C
3	Imported and Exported	Ceelin Plus Chewables	Tablet - Chewable	10's, 100's	Ascorbic acid (Vitamin C).....20 mg; Sodium ascorbate (equivalent to 80 mg Ascorbic acid).... 90 mg; Zinc citrate trihydrate (equivalent to 5 mg elemental zinc).... 16.03 mg per tablet	This product is to be taken orally. Children 4 to 8 years: 1 chewable tablet per day. Children 9 to 13 years: 1 – 2 chewable tablets once a day. For young children, the tablet should be chewed first before swallowing. For older children, the tablet may be chewed or swallowed whole with water.	None	Health Supplement	Multiple substance formulation	Oral	Low	This nutritional supplement is used for the prevention of deficiencies of vitamin C and Zinc. Helps to maintain immune function and good health. Helps in connective tissue formation.	At or below 25 °C
4	Imported and Exported	Juvenaid	Powder	14's	HMB(Calcium Beta-Hydroxy-Beta-Methylbutyrate).....1.2 g; Arginine.....7 g; Glutamine.....7 g; Calcium.....200 mg per 24g sachet	Take 2 sachets of JUVENAIID every day. Mix contents of sachet with 250 ml of cold water. JUVENAIID should not be mixed with very hot liquid. The indicated daily dose should not be exceeded. Not suitable for children unless under the direct supervision of a relevant health care provider. Sufficient protein is provided in normal well-balanced daily meals.	None	Health Supplement	Multiple substance formulation	Oral	Low	Supplementation of the dietary supply of amino acids used for the synthesis of body protein and other nitrogen-containing compounds. Assists in the building of lean muscle mass when combined with regular training and a healthy balanced diet.	At or below 25 °C
5	Imported and Exported	Tascit	Tablet	30's, 100's	Potassium citrate (as monohydrate) - 1080 mg (10mEq) 1mEq (Potassium elemental value = 390.51 mg) per tablet	Adult dose: Severe hypocitratruria (urinary citrate <150 mg/day): Orally, 60 mEq/day (6 tablets) taken in two or three divided doses (30 mEq (3 tablets) twice/day or 20 mEq (2 tablets) three times/day). Mild to moderate hypocitratruria (urinary citrate> 150 mg/day): Orally, 30 mEq/day (3 tablets) taken in three divided doses (10 mEq (1 tablet) three times/day).	None	Health Supplement	Minerals	Oral	Low	Tascit ia a factor in the maintenance of good health and contributes to normal functioning of the nervous system.It works by making the urine more alkaline.	At or below 25 °C
6	Imported and Exported	Hobat	Capsule - Soft	30's	Nigella sativa oil extract(black seeds).....500 mg per capsule	Adult: 1-2 capsules a day	None	Discipline specific	Unani Tibb	Oral	Low	Help strengthen the immune system	At or below 25 °C
7	Imported and Exported	Natur-e 400	Capsule - Soft	8's, 30's, 100's	d-Alpha Tocopherol.... 400 IU (equivalent to 268.4 mg) per capsule	Orally, take 1 capsule at night, or as prescribed by a physician.	None	Health Supplement	Vitamins	Oral	Low	Prevention and treatment of vitamin E deficiency and maintenance of good health	At or below 25 °C
8	Imported and Exported	Devi	Gels	50 ml	Humulus Lupulus Extract (Common hop)..... 0.18 mg ; Trigonella Foenum-Graecum seed extract (Methika)..... 0.18; Persea Grattisima oil (Avocado tree).....1.70 ml; Citrus aurantium leaf oil (Citrus Bergamia)..... 0.08 ml; Rosa Canina Fruit oil (Wild rose).....1.75 ml per ml	Apply Devi gel on the chest 2 times a day and massage for 5 minutes in a circular motion in the shape of an eight, avoiding the nipples. Massage the décolleté with gentle upward movements. The cream is used for 2 - 6 months until the desired effect is achieved.	None	Discipline specific	Combination product	Transdermal	Low	This is a natural herbal formula rich in ingredients to increase breast volume and tone	At or below 25 °C
9	Imported and Exported	Alfa Aktiv HS Pro	Capsule	60's	Turnera diffusa leaf extract (Dry damiana).....112.5 mg ; Serenoa serrulata Dry extract (Saw palmetto).....112.5 mg ; Reynoutria japonica Holtt. (Trans-resveratrol)..... 62.5 mg ; Urtica Dioica L Dry extract (Common nettle).....50 mg ; Acetyl-L-carnitine.....50 mg ; Quercetin dyhydrate....37.5 mg ; punica granatum L extract (Dry Pomegranate).....22.5 mg ; Zinc citrate trihydrate.....7.5 mg (equivalent to 2.5 mg) per capsule	Adult men - drink one portion (2 capsules) once or twice a day before meals	None	Discipline specific	Combination product	Oral	Low	Maintenance of good health. It contains zinc which contributes to normal fertility and reproduction, maintenance of normal testosterone levels in the blood. Contributes to the normal reproductive health.	At or below 25 °C
10	Imported and Exported	Femisan A	Capsule	30's and 60's	Alchemilla vulgaris extract (Lady's mantle).....150 mg; Achillea millefolium L. (Yarrow).....75 mg ; Calendula officinalis L. dry extract (Marigold flower)75 mg; Geranium macrorrhizum L. extract (Cranes' bill).....75 mg ; Lepidium meyenii dry extract (Golden maca root)50 mg ; Capsella bursa-pastoris (Shepherd's purse)22.5 mg ; Zinc citrate trihydrate2.5 mg per capsule	Therapeutic - 2 capsules 2 times a day, before meals. Swallow one dose (two capsules) directly, or dissolve the contents in a glass of water, hot tea or juice. Preventive - 1 capsule 2 times a day, before meals. Swallow one dose (one capsule) directly, or dissolve the contents in a glass of water, hot tea or juice.	None	Discipline specific	Combination product	Oral	Low	Used as addition to nution for women. It contributes to the maintenance of normal physiological functions of reproductive organs in women. It contains zinc that contributes to normal fertility and reproduction, normal DNA and protein synthesis, and has a role in the cell division process. It contains Golden Maca, which contributes to the regulation of hormonal activity and to the health of the reproductive organs, where as Lady's mantle contributes to the reduction of menstrual discomfort.	At or below 25 °C
11	Imported and Exported	Vitamc C	Tablet	100's	Ascorbic acid (Vitamin C)..... 500 mg per tablet	Take 1-2 tablets a day	None	Health Supplement	Vitamins	Oral	Low	Antioxidant properties, ability to promote healthy skin and support of the immune system, contributing to overall health	At or below 25 °C
12	Imported and Exported	Revifastdol	Tablet	15's	Parthenium (Tanacetum parthenium (flowering aerial parts, dry extract,standardized at 0.5% in parthenolides)..... 200mg; Revifast [(Polygonum cuspidatum Siebold & Zucc root extract; bulking agent magnesium hydroxide).....300 mg per tablet	Take 1-2 tablets a day	None	Discipline specific	Other Herbal	Oral	Low	Parthenium is useful for countering menstrual cycle disorders and conditions of localized tension, while Polygonum Cuspidatum favors the regularity of the menstrual cycle.	At or below 25 °C
13	Imported and Exported	Natur-e 300	Capsule - Soft	8's, 30's, 100's	d-Alpha Tocopherol.... 300 IU (equivalent to 201.3 mg) per capsule	Orally, take 1 capsule at night, or as prescribed by a physician.	None	Health Supplement	Vitamins	Oral	Low	Prevention and treatment of vitamin E deficiency and maintenance of good health	At or below 25 °C
14	Imported and Exported	Kentofer Folico	Powder	20's	Microencapsulated iron (Pyrophosphate iron coated with cornstarch and Sunflower lecithin), equivalent to Iron 21 mg-244.19mg; L- Ascorbic Acid at 97% (equivalent to Vitamin C 70 mg).....72.170 mg; Cyanocobalamin at 0.1% (equivalent to Vitamin B12 1.75 mcg)..... 1.750 mg; Pyridoxine hydrochloride (equivalent to Vitamin B6 1.0 mg)..... 1.22 mg; Folic acid (pteryic glutamic acid) 0.400 mg;	Take 1 stick pack per day	None	Health Supplement	Multiple substance formulation	Oral	Low	For normal functioning of the immune system and the reduction of tiredness and fatigue.	At or below 25 °C

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15	Imported and Exported	Oculocin Propo	Liquid	0.5 ml x 10 monodose vials	Aloe barbadensis extract (Aloe vera)... 0.1%; Matricaria chamomilla extract (Camomile)0.1%; Propolis extract (Propolis).....0.1% per 0.5 ml	Apply 1-2 drops to each eye. Reclosable vial is recommended for single use. Throw away in 24 hours after vial opening. Safe to use as often as needed. Preservative free. Suitable for contact lens wearers. For better action wait at least 2 minutes after using drops, before inserting contact lenses	None	Discipline specific	Other Herbal	Ophthalmic	Low	Eye drops for stressed, irritated or tired eyes intended to wash and hydrate eyes as physiological response to external factors.	At or below 25 ° C
16	Imported and Exported	Oculocin Sloar	Liquid	0.5 ml x 10 monodose vials	Aloe barbadensis extract (Aloe vera)... 0.1%; Vaccinium myrtillus extract (Bilberry)... 0.1%; Propolis extract(Propolis)..... 0.1%; Camellia sinensis extract (Tea plant).....0.1% per 0.5 ml	Apply 1-2 drops to each eye. Reclosable vial is recommended for single use. Throw away in 24 hours after vial opening. Safe to use as often as needed. Preservative free. Suitable for contact lens wearers. For better action wait at least 2 minutes after using drops, before inserting contact lenses.	None	Discipline specific	Other Herbal	Ophthalmic	Low	Eye drops for stressed, irritated or tired eyes intended to wash and hydrate eyes as physiological response to external factors.	At or below 25 ° C
17	Imported and Exported	Oculocin Vital	Liquid	0.5 ml x 10 monodose vials	Vaccinium myrtillus extract (Bilberry)... 0.1%; Daucus carota extract(Carrot/Grinjanam)... 0.1%; Matricaria chamomilla extract (Camomile) 0.1% per 0.5 ml	Apply 1-2 drops to each eye. Reclosable vial is recommended for single use. Throw away in 24 hours after vial opening. Safe to use as often as needed. Preservative free. Suitable for contact lens wearers. For better action wait at least 2 minutes after using drops, before inserting contact lenses.	None	Discipline specific	Other Herbal	Ophthalmic	Low	Eye drops for stressed, irritated or tired eyes intended to wash and hydrate eyes as physiological response to external factors.	At or below 25 ° C
18	Imported and Exported	Senax Tablet 8.6 mg	Tablet	20's ;30's ;60's tablets	Cassia fistula extract(Senna)..... 43 mg containing 8.6 mg of Senna glucosides as calcium salt per tablet	2 tablets orally once a day at bedtime. Duration of therapy: Up to 1 week -Maximum dose: 8 tablets/day	None	Discipline specific	Ayurveda	Oral	Low	For relief of short-term and occasional constipation	At or below 25 ° C
19	Imported and Exported	Senax Tablet 13.5 mg	Tablet	20's ;30's ;60's tablets	Cassia fistula extract(Senna).....67.5 mg containing 13.5 mg of Senna glucosides as calcium salt per tablet	2 tablets orally once a day to 2 times a day. Duration of therapy: Up to 1 week	None	Discipline specific	Ayurveda	Oral	Low	For relief of short-term and occasional constipation	At or below 25 ° C
20	Imported and Exported	Nurse Harvey's DAC	Liquid	30 ml	Ascorbic acid (Vitamin C)...35 mg ; Polioxiol-40 Hydrogenated Castor oil...23 mg; Vitamin A...300mcg (equivalent to 12.5 mcg RAE) ; Vitamin D3...400 IU (equivalent to 10 mcg) per ml	1 ml per day (1 dropper scale) with meals.	None	Health Supplement	Vitamins	Oral	Low	Multi vitamin supplement drops	At or below 25 ° C
21	Imported and Exported	Nurse Harvey's Air Mix	Liquid	20 ml	Contains Crystal Menthol; Pine Turpentine; Lemon oil; Tea Tree oil per drop	Drop into a humidifier filled with water and switch on. Drop it on the pillow. For a comfortable sleep, put on clothes or collar. The amount of use depends on the place of use and the number of people.	None	Discipline specific	Aromatherapy	Inhalation	Low	Air Aromatizing natural oil mixture	At or below 25 ° C
22	Imported and Exported	Nurse Harvey's Adult Headstick	Other	6 ml	Lavender oil 40%; Peppermint oil 40%; Crystal Menthol 16%	With soft massage movement apply neck, forehead and temple areas.	None	Discipline specific	Aromatherapy	Cutaneous	Low	For headaches	At or below 25 ° C
23	Imported and Exported	Nurse Harvey's Adult Profort	Other	20 ml	Propolis.....5%; Calendilla Extract...5%; Sage..... 2%	Spray in the mouth cavity by pressing the dispenser cup 2 or 3 times. It should be used 3 times a day.	None	Health Supplement	Multiple substance formulation	Oral	Low	Propolis Spray for mouth and throat	At or below 25 ° C
24	Imported and Exported	Glucosprint	Liquid	6 vials (tubes containing 25ml)	Dextrose.....10 g; Vitamin B1.....0.48 mg; Manganese...1.5 mg per 25ml vial	Maximal daily ingestion of 1-2 vials is recommended. This product is not recommended to children younger than 18 years.	None	Health Supplement	Multiple substance formulation	Oral	High	A solution that contributes to the maintenance of normal blood glucose levels. Contributes to blocking the action of the free radicals produced during the carbohydrate metabolism (contributes to the protection of cells from oxidative stress) and normal energy-yielding metabolism.	At or below 25 ° C
25	Imported and Exported	Neubetix	Capsule	60's	Alfa lipoic acid...50 mg ; Vitamin B6.....1.2 mg ; Vitamin B5.....3 mg ; Vitamin B12.....2,4 mcg ; Vitamin B1.....1 mg ; Folic Acid....100 mcg per capsule	Take 1 capsule daily with a glass of water.	None	Health Supplement	Multiple substance formulation	Oral	Low	This is an antioxidant that is needed for the energy-yielding metabolism of the body. It also protects nerve cells from damages (sensations of pain, numbness, tingling and pins and needles).It provides essential elements that play a vital role in contributing to the normal functioning of the nervous system,normal energy-yielding metabolism and the reduction of tiredness and fatigue.	At or below 25 ° C
26	Imported and Exported	Viubetix	Capsule	30's	Vitamin A....990 IU (equivalent to 300 mcg) ; Ascorbic acid (Vitamin C)....60 mg; Vitamin E ...11.92 IU (equivalent to 8 mg) ; Zincsulfate Heptahydrate...43.95 mg (equivalent to 10 mg elemental zinc) ; Magnesium oxide ...93.75 (equivalent to 56.25 mg elemental magnesium) ; L-Selenomethionine... 8 mg (equivalent to 40 mcg elemental Selenium) ; Quercetin dihydrate...35 mg ; Lutein...5 mg ; Bilberry D.E ...1.8 g QCE per capsule	Take 1 capsule daily with a glass of water.	None	Health Supplement	Multiple substance formulation	Oral	Low	Supplement containing lutein,quercetin, vitamins and minerals for the normal functioning of the visual system. Lutein is an antioxidant for the maintenance of good health/eye health. It also helps fight/protect (cell) against/reduce (the oxidative effect of/the oxidative damage caused by/cell damage caused by) free radicals. Quercetin is used as a capillary/blood vessel protectant.Contributes to maintaining normal immune response to seasonal allergens.	At or below 25 ° C

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27	Imported and Exported	Multibetix	Capsule	30's	Docosahexaenoic acid (DHA).....22.37 mg; Calcium carbonate30 mg; Magnesium oxide31 mg; Ascorbic Acid (Vitamin C).....40 mg; Zinc Gluconate3.75 mg; d-alpha tocopherol (Vitamin E)5 mg (equivalent to 7.45 IU) Nicotinamide7.5 mg; Lutein.....1 mg; Selenium methionine20 mcg; Pantothenic acid (Vitamin B5).....3 mg; Manganese.....0.5 mg; Cyanobalamin (Vitamin B12).....1.2 mcg; Vitamin A.....150 mcg; Pyridoxine (Vitamin B6).....0.6 mg; Riboflavin (Vitamin B2).....0.6 mg; Thiamine (Vitamin B1).....0.5 mg; Chromium Picolinate.....20 mcg; Folic acid.....100 mcg; Potassium iodide.....50mcg; Biotin25 mcg; Cholecalciferol (Vitamin D3).....2.5 mcg; Lipoic Acid.....25 mg; per capsule	Take 1 capsule daily with a glass of water. For adults only. Not recommended for children under 18 years	None	Health Supplement	Multiple substance formulation	Oral	Low	"Vitamin/Mineral supplement containing 22 nutrients for the body's natural balance. Magnesium, Zinc, Vit. B3, Vit B5, manganese, Vit. B12, vit. B6, vit. B2, vit. B1, help to metabolise carbohydrates, fats and proteins DHA: Helps to support cognitive health and/or brain function Vit C, vit. E, Alpha-Lipoic Acid, selenium are antioxidant for the maintenance of good health Cromium, Alpha- Lipoic Acid help to promote healthy glucose metabolism Lutein is an antioxidant for the maintenance of good health/eye health Calcium, Magnesium, Vit A, Vit. D help in the development and maintenance of bones and teeth Vit B12, folic acid contribute to normal red blood cell formation Vit D Helps in the absorption and use of calcium and phosphorous Vit. C Helps in the development and maintenance of bones, cartilage, teeth and gums; Helps in connective tissue formation; Helps in wound healing Magnesium contributes to the maintenance of normal muscle function Zinc helps to maintain immune function and in connective tissue formation. Vitamin A contributes to the maintenance of eyesight, skin,	At or below 25 ° C
28	Imported and Exported	Ervenov Syrup	Liquid	120 ml, 250 ml	Vitamins A1500 IU (equivalent to 454.54 mcg RAE); Cholecalciferol100 IU (equivalent to 2.5 mcg Vitamin D3); Thiamine (Vitamin B1)..... 8.33 mg; Riboflavin (Vitamin B2)..... 4.16 mg; Pyridoxine (Vitamin B6)..... 1.67 mg; Nicotinamide (Vitamin B3)..... 5 mg; Dexpantenol..... 1.66 mg;	Children 1 to 3 years: 2.5 -5 ml (half to one medicine measure) once daily. Children 4 to 12 years: 5 ml (one medicine measures) once daily.	None	Health Supplement	Vitamins	Oral	Low	Dietary supplement for normal growth and development of infants.	At or below 25 ° C
29	Imported and Exported	Ervenov Tablet	Tablet	60, 100's	Thiamine Mononitrate..... 50mg; Riboflavin..... 20 mg; Pyridoxine HCl5 mg; Cyanocobalamin5 mcg; Nicotinamide50 mg; Calcium Pantothenate20 mg; Ascorbic Acid (Vitamin C)500 mg; per tablet	Orally, one tablet daily or as directed by a doctor	None	Health Supplement	Multiple substance formulation	Oral	High	A multivitamin nutritional supplement to help promote increased energy and enhance the immune system. It also helps to metabolise carbohydrates, fats and proteins and act as a factor in the maintenance of good health. An antioxidant for the maintenance of good health.	At or below 25 ° C
30	Imported and Exported	eZinc Syrup		15, 30 ml	Zinc sulfate monohydrate.....27.5 mg (equiv. to 10 mg elemental zinc) per ml	Orally, once daily	None	Health Supplement	Minerals	Oral	Low	Contributes to normal macronutrient metabolism. Contributes to the maintenance of immune function.Helps the body to metabolise carbohydrates, fats and proteins A factor in the maintenance of good health	At or below 25 ° C
31	Imported and Exported	Zelesse	Gels	150 ml,250ml	Chamomilla Recutita Flower Extract... 1,5 % (Chamomile), Arctium Majus Root Extract... 1,2% (Burdock), Aloe Barbadosensis Leaf Juice 0.2 % (Aloe vera) per ml	Approximately 5 ml per wash.	None	Discipline specific	Other Herbal	Vaginal	Low	A cleansing solution without soap, designed for daily intimate hygiene	At or below 25 ° C
32	Imported and Exported	Conzace		60, 100's	Vitamins A5000 IU (Equivalent to 1515.15 mcg) (RAE) Alpha tocopherol (Vitamin E).....100 IU, Ascorbic Acid (Vitamin C).....500 mg; Zinc(As sulfate)..... 25 mg per capsule	Orally, one tablet daily or as directed by a doctor	None	Health Supplement	Multiple substance formulation	Oral	High	A multivitamin antioxidant for the maintenance of good health, immune function and helps in wound healing. Contributes to the maintenance of eyesight, skin, membranes, immune function as well as development and maintenance of tight junctions	At or below 25 ° C
33	Imported and Exported	Forti-D	Capsule - Soft	60, 100's	Cholecalciferol (Vitamin D3)..... 800IU per capsule	One soft gelatin capsule once a day. Or, as directed by a doctor	None	Health Supplement	Vitamins	Oral	Low	Contributes to the protection of cells from oxidative stress.A factor in the maintenance of good health.	At or below 25 ° C
34	Imported and Exported	Joint Max	Powder	10's; 30's	Hydrolyzed collagen..... Sg per sachet	Dilute one sachet in 150 ml of cold or hot water, fruit juice, or any non-carbonated beverage of preference. Stir well and consume immediately. Do not add into boiling water. Usual adult dose: Take one to two sachets once a day before meals, or as directed by a doctor. Dilute one sachet in 150 ml of cold or hot water, fruit juice, or any non-carbonated beverage of preference. Stir well and consume immediately. Do not add into boiling water. Usual adult dose: Take one to two sachets once a day before meals, or as directed by a doctor.	None	Health Supplement	Animal Extracts Products and Derivatives	Oral	Low	Source of the essential amino acid lysine to help in collagen formation. And it contributes to maintenance of good health and involved in protein synthesis. Helps to assist joint health or joint inflammation	At or below 25 ° C
35	Imported and Exported	Flotera tablet	Tablet	20's; 100's	Lactobacillus reuteriDSM 17938 100 million CFU per tablet	Recommended oral dose for children 4 years old and up: 1 to 2 chewable tablets per day, or as directed by a doctor	None	Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C
36	Imported and Exported	Vigor-ACE	Capsule - Soft	30's;100's	dl-Alpha Tocopheryl Acetate (Vitamin E)100 IU (equivalent to 67.1 mg) ; Ascorbic Acid (Vitamin C)250 mg; Selenium (from Selenium Yeast)50 mcg; Zinc Sulfate 1 H2O)55.20mg (equivalent to 20 mg elemental zinc; Lecithin, Soya200 mg per capsule	One soft gel capsule daily. Or, as directed by a doctor.	None	Health Supplement	Multiple substance formulation	Oral	High	A multivitamin antioxidant for the maintenance of good health, immune function and helps in wound healing. It also helps to metabolise carbohydrates, fats and proteins and act as a factor in the maintenance of good health. Contributes to the protection of cells from oxidative stress.	At or below 25 ° C

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37	Imported and Exported	Osteomac	Tablet	30's	Calcium Citrate Malate equivalent to Elemental Calcium250 mg; Vitamin D3 (Cholecalciferol).....200 IU (equivalent to 5 mcg) Magnesium Hydroxide equivalent to Elemental Magnesium..... 100 mg; Zinc Sulphate equivalent to Elemental Zinc4 mg per tablet	Take one tablet daily	None	Health Supplement	Multiple substance formulation	Oral	Low	Contributes to the development and maintenance of bones and teeth. Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis. Helps in the absorption and use of calcium and phosphorous.	At or below 25 °C

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