

SAHPRA LICENCE NO.		000000214.-9	CM REF.	DA02-E0FDA9	Name of Licence Holder:	Pharma Dynamics (Pty) Ltd					Version:	01-092020	
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
1	Imported and Exported	Dailyboost	Tablet - Effervescent	30's carton - containing 2 x PVC tubes each containing 15 effervescent tablets; 15's carton - containing 1 x PVC tube containing 15 effervescent tablets	Ascorbic acid (vitamin C)..... 550 mg; Calcium carbonate..... 500,9 mg providing calcium (elemental).....200 mg; Potassium chloride..... 76,3 mg providing potassium (elemental)..... 40 mg; Magnesium sulphate..... 199,7 mg Magnesium carbonate..... 86,7 mg providing magnesium (elemental)..... 50 mg; Niacinamide (vitamin B3)..... 15 mg; Vitamin E – 50 %..... 21,8 mg providing Vitamin E (elemental - dl-alpha-tocopherols)..... 9,81 mg (11 I.U.); Iron (amino acid chelate) – 10 %.....50 mg providing iron (elemental).....5 mg; Zinc citrate trihydrate.....16,1 mg providing zinc (elemental).....5 mg; Calcium-D-pantothenate4,8 mg providing pantothenic acid (elemental - vitamin B5).....4,4 mg; Pyridoxine hydrochloride.....2,5 mg providing pyridoxine (elemental - vitamin B6).....2,14 mg; Riboflavin-5-phosphate sodium.....1,8 mg providing riboflavin (elemental - vitamin B2).....1,31 mg; Thiamine hydrochloride.....1,6 mg providing thiamine (elemental - vitamin B1).....1,22 mg; Manganese sulphate monohydrate...3,1 mg providing manganese (elemental)..... 1 mg; Vitamin A palmitate.....8,3 mg providing vitamin A (elemental - retinol).....622,9 µg (2076 I.U.); Copper sulphate.....1,3 mg providing copper (elemental).....0,5 mg; Folic acid.....290 µg; Biotin (vitamin H).....218 µg; Potassium iodide132 µg providing iodine (elemental).....100 µg; Chromium polynicotinate.....333 µg providing chromium (elemental)..... 40 µg; Vitamin D3.....8 mg Providing vitamin D (elemental).....20 µg (800 I.U.); Vitamin B12 – 0,1 %.....728 µg providing cyanocobalamin (elemental - vitamin B12).....0,73 µg	1 tablet daily dissolved in a half to full glass of water		Health Supplement	Multiple substance formulation	Oral	Low	A multivitamin and mineral supplement intended to • boost healthy mind and body • boost an active lifestyle • increase energy	At or below 25 °C
2	Imported and Exported	Enerboost	Tablet - Effervescent	30's carton - containing 2 x PVC tubes each containing 15 effervescent tablets; 15's carton - containing 1 x PVC tube containing 15 effervescent tablets	Ascorbic acid (vitamin C).....600 mg; Calcium carbonate.....500,9 mg providing calcium (elemental).....200 mg; Magnesium sulphate.....399,9 mg Magnesium carbonate.....173,4 mg providing magnesium (elemental).....100 mg; Niacinamide (vitamin B3).....25 mg; Calcium-D-pantothenate.....25 mg providing pantothenic acid (elemental - vitamin B5).....23 mg; Thiamine hydrochloride.....19,4 mg providing thiamine (elemental - vitamin B1).....15 mg; Riboflavin-5-phosphate sodium.....20,5 mg providing riboflavin (elemental - vitamin B2).....15 mg; Pyridoxine hydrochloride.....12,3 mg providing pyridoxine (elemental - vitamin B6).....10 mg; Zinc citrate trihydrate.....16,1 mg providing zinc (elemental).....5 mg; Folic acid.....400 µg; Biotin (vitamin H).....150 µg; Vitamin B12 – 0,1 %.....10 mg providing cyanocobalamin (elemental - vitamin B12).....10 µg; Paullinia cupana (Guarana)40 mg [seed extract powder] providing caffeine.....8,57 mg	1 tablet daily dissolved in a half to full glass of water		Discipline specific	Combination product	Oral	Low	A multivitamin and mineral supplement intended to • support mental performance and physical energy.	At or below 25 °C
3	Imported and Exported	Magboost	Tablet - Effervescent	30's carton - containing 2 x PVC tubes each containing 15 effervescent tablets; 15's carton - containing 1 x PVC tube containing 15 effervescent tablets	Trimagnessium citrate.....1724,1 mg providing magnesium (elemental).....250 mg; Ascorbic acid (vitamin C).....200 mg; Zinc citrate.....80,1 mg providing zinc (elemental).....25 mg; Vitamin K2 (menaquinone K7).....6,5 mg providing vitamin K (elemental).....10 µg	1 tablet daily dissolved in a half to full glass of water		Health Supplement	Multiple substance formulation	Oral	Low	A health supplement intended to • assist in the maintenance of normal muscle function • relieve muscle cramps • reduce tiredness and fatigue	At or below 25 °C
4	Imported and Exported	Efferlu C Immune Booster	Tablet - Effervescent	20's carton - containing 1 x PVC tube containing 20 effervescent tablets	Ascorbic acid (vitamin C) 1000 mg; Echinacea purpurea.....50 mg [dry extract]; Zinc lactate trihydrate.....22,71 mg providing zinc (elemental).....5 mg	1 tablet daily dissolved in a half to full glass of water		Discipline specific	Combination product	Oral	Low	A health supplement uniquely formulated to assist in providing support of normal immune function and promoting physical well-being.	At or below 25 °C

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5	Imported and Exported	Efferlu C Immune Booster - Junior	Tablet - Effervescent	30's carton - containing 2 x PVC tubes each containing 15 effervescent tablets; 15's carton - containing 1 x PVC tube containing 15 effervescent tablets	Ascorbic acid (vitamin C) 200 mg; Zinc citrate trihydrate.....16,13 mg providing zinc (elemental).....5 mg	4-8 years: 1 tablet daily dissolved in a half to full glass of water 9-14 years: 2 tablets daily dissolved in a half to full glass of water		Health Supplement	Multiple substance formulation	Oral	Low	A health supplement uniquely formulated to assist in providing support of normal immune function and promoting physical well-being in children aged 4-14 years	At or below 25 ° C

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