

SAHPRA LICENCE NO.		000000677		CM REF.	DA02-231E05	Name of Licence Holder:	Innovata Pharmaceuticals Pty Ltd				Version:	1-082020		
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities		Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
1	Imported and Exported	Avalife Immune Support	Capsule - Hard	60	<p>Andrographis paniculata (Andrographis) AP-BIO* 100 mg (leaves, 10:1 extract standardise to Andrographolides 10 % providing 100 mg of dried herb equivalent);</p> <p>Sambucus nigra (Black elderberry) 100 mg (berries, 5:1 standardise providing 100 mg of dried herb equivalent);</p> <p>Piper nigrum (Black pepper) 70 mg (Fruit, 10:1 extract standardise to Piperine 10 % providing 70 mg of dried herb equivalent);</p> <p>Zingiber officinale (Ginger) 70 mg (Rhizome, 6:1 extract standardise to Volatile oil 2 % providing 70 mg of dried herb equivalent);</p> <p>Echinacea purpurea (Echinacea) 50 mg (Root, 5:1 extract standardise to Polyphenols 4 % providing</p>		As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Immune Support is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Combination product	Oral	Low	Support and maintain immune system health Helps improve immune system function	At or below 25 ° C
2	Imported and Exported	Avalife Bowel clear	Capsule - Hard	60	<p>Glycyrrhiza glabra (Licorice) Guigard* 150 mg (Root, 5:1 extract standardise to ≥ 30 % flavonoids and ≤ 0.5 % glycyrrhizin providing 750 mg of dried herb equivalent);</p> <p>Cassia angustifolia (Senna) 125 mg (leaves, 10:1 extract standardise to 10 % Sennosides providing 1250 mg of dried herb equivalent);</p> <p>Emblica officinalis (Amla) 125 mg (Fruit, 4:1 extract standardise to 30 % Tannins providing 500 mg of dried herb equivalent);</p> <p>Nigella sativa (Black cumin) 75 mg (Seeds, 10:1 extract standardise to 10 % Saponins providing 750</p>		As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Bowel clear is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Relieves abdominal discomfort and feeling of fullness Promotes stomach health Helps with bowel movement	At or below 25 ° C
3	Imported and Exported	Avalife Calm	Capsule - Hard	60	<p>Ocimum tenuiflorum (Holy Basil) Ocibest* 300 mg (Whole plant, 5:1 extract standardise to ociglycoside-1 &gt; 0.1 % w/w, rosmarinic acid &gt; 0.2 % w/w and triterpene acid &gt; 2.5 % w/w providing 150 mg of dried herb equivalent);</p> <p>Nardostachys jatamansi (Jatamansi) 75 mg (Root, 10:1 extract standardise to 2 % Jatamansi acid providing 750 mg of dried herb equivalent);</p> <p>Matricaria chamomilla (Chamomile) 55 mg (Flower, 5:1 extract standardise to 1 % Volatile oil providing 275 mg of dried herb equivalent);</p> <p>Bacopa monnieri (Bacopa) extract 50 mg (Aerial parts, 5:1 extract standardise to 30 % Bacosides providing 250 mg of dried herb equivalent)</p>		As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Calm is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Combination product	Oral	Low	Enhance brain health and support refreshing sleep Maintain nerve cell health Promotes relaxation	At or below 25 ° C
4	Imported and Exported	Avalife Energy Boost	Capsule - Hard	60	<p>Withania somnifera (Ashwagandha) KSM 66* 300 mg (Roots, 5:1 extract standardise to 2.5 % Withanolides providing 1500 mg of dried herb equivalent);</p> <p>Curcuma longa (Turmeric) 70 mg (Rhizome, 10:1 extract standardise to 95 % Curcumin providing 700 mg of dried herb equivalent);</p> <p>Trigonella foenum-graecum (Fenugreek) 50 mg (Seeds, 10:1 extract standardise to 40 % Saponins providing 500 mg of dried herb equivalent);</p> <p>Arthrospira platensis (Spirulina) 40 mg (Whole plant, 5:1 extract standardise to 70 % Protein providing 200 mg of dried herb equivalent);</p> <p>Emblica officinalis (Amla) 30 mg (Fruits, 4:1 extract standardise to 30 % Tannins providing 120 mg of dried herb equivalent);</p> <p>Piper nigrum (Black pepper) 5 mg (Fruits, 10:1 extract standardise to 10 % Piperine providing 50 mg of dried herb equivalent).</p>		As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Energy Boost is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Helps maintain natural energy, endurance and stamina for you and your family, Helps support vitality and performance	At or below 25 ° C
5	Imported and Exported	Avalife Full Spectrum Turmeric	Capsule - Hard	60	<p>Curcuma longa (Turmeric) Turmacin 300 mg (Rhizome, 10:1 extract standardise to 10 % Turmerosaccharides providing 3000 mg of dried herb equivalent);</p> <p>Curcuma longa (Turmeric) 150 mg (Rhizome, 10:1 extract standardise to 95 % Curcumin providing 1500 mg of dried herb equivalent);</p> <p>Piper nigrum (Black pepper) 10 mg (Fruits, 10:1 extract standardise to 10 % Piperine providing 100 mg of dried herb equivalent)</p>		As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Full Spectrum Turmeric is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Improves muscle tension Quicker recovery after workouts Has antioxidant properties Support joint mobility and flexibility	At or below 25 ° C
6	Imported and Exported	Avalife Good Gut	Capsule - Hard	60	<p>Carica papaya (Papaya) 100 mg (Fruits, 10:1 extract standardise to 0.1 % Saponins providing 1000 mg of dried herb equivalent);</p> <p>Glycyrrhiza glabra (Licorice) Gutgard* 75 mg (Roots, 5:1 extract standardise to ≥ 10 % flavonoids and ≤ 0.5 % glycyrrhizin providing 375 mg of dried herb equivalent);</p> <p>Aloe barbadensis (Aloe vera) 70 mg (Leaves, 3:1 extract standardise to 1.5 % Aloin providing 210 mg of dried herb equivalent);</p> <p>Zingiber officinale (Ginger) 50 mg (Rhizome, 6:1 extract standardise to 5 % Gingerol &amp; 2 % Volatile oil providing 300 mg of dried herb equivalent);</p> <p>Piper nigrum (Black pepper) 35 mg (Fruits, 10:1 extract standardise to 10 % Piperine providing 350 mg of dried herb equivalent);</p> <p>Punica granatum (Pomegranate) 35 mg (Seeds, 5:1 extract standardise to 40 % ellagic acid and 40 % Polyphenols providing 175 mg of dried herb equivalent).</p>		As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Good Gut is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Relieves abdominal discomfort and feeling of fullness Promotes stomach health	At or below 25 ° C
7	Imported and Exported	Avalife Joint Flex	Capsule - Hard	60	<p>Curcuma longa (Turmeric) Turmacin* 250 mg (Rhizome, 10:1 extract standardise to 10 % Turmerosaccharides providing 2500 mg of dried herb equivalent);</p> <p>Curcuma longa (Turmeric) 120 mg (Rhizome, 10:1 extract standardise to 95 % Curcumin providing 1200 mg of dried herb equivalent);</p> <p>Andrographis paniculata (Andrographis) 65 mg (Whole plant, 10:1 extract standardise to 10 % Andrographolides providing 650 mg of dried herb equivalent);</p> <p>Commiphora mukul (Guggul) 50 mg (Gum oleoresin, 6:1 extract standardise to 3.5 % Guggul sterones providing 300 mg of dried herb equivalent);</p> <p>Piper nigrum (Black pepper) 5 mg (Fruits, 10:1 extract standardise to 10 % Piperine providing 50 mg of dried herb equivalent).</p>		As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Joint Flex is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Combination product	Oral	Low	Improve muscle tension Quicker recovery after workouts Has antioxidant properties Support joint mobility and flexibility	At or below 25 ° C

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8	Imported and Exported	Avalife Stress Free	Capsule - Hard	60	Withania somnifera (Ashwagandha) KSM 66® 300 mg (Roots, 5:1 extract standardise to 2.5 % Withanolides providing 1500 mg of dried herb equivalent); Bacopa monnieri (Bacopa) 50 mg (Aerial parts, 10:1 extract standardise to 30 % Bacosides providing 500 mg of dried herb equivalent); Ocimum sanctum (Holy basil) 50 mg (Whole plant, 5:1 extract standardise to 7 % Tannins and 2 % Ursolic acid providing 250 mg of dried herb equivalent).	As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Stress Free is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Supports Daily Stress Relief, Promotes Mental Alertness, Improves Focus, Helps rejuvenate and relax your mind	At or below 25 ° C
9	Imported and Exported	Avalife Liv-D tox	Capsule - Hard	60	Curcuma longa (Turmeric) 250 mg (Rhizome, 10:1 extract standardise to 95 % Curcumin providing 2500 mg of dried herb equivalent); Phyllanthus niruri (Phyllanthus) 100 mg (Aerial parts, 10:1 extract standardise to 2.5 % bitters providing 1000 mg of dried herb equivalent); Tinospora cordifolia (Tinospora) 60 mg (Stem, 10:1 extract standardise to 2.5 % bitters providing 600 mg of dried herb equivalent); Andrographis paniculata (Andrographis) 30 mg (Whole plant, 10:1 extract standardise to 10 % Andrographolides providing 300 mg of dried herb equivalent); Aloe barbadensis (Aloe vera) 25 mg (Leaves, 3:1 extract standardise to 1.5 % Aloin providing 75 mg of dried herb equivalent); Silybum marianum (Milk thistle) 25 mg (Seeds, 25:1 extract standardise to 80 % of Silymarin providing 625 mg of dried herb equivalent); Piper nigrum (Black Pepper) 5 mg (Fruits, 10:1 extract standardise to 10 % Piperine providing 50 mg of dried herb equivalent).	As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Liv D Tox is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Combination product	Oral	Low	Maintains and support healthy liver function	At or below 25 ° C
10	Imported and Exported	Avalife Holy Basil	Capsule - Hard	60	Ocimum tenuiflorum (Holy basil) Ocbest® 400 mg (Whole plant, 5:1 extract standardise to Ociglycoside-1 > 0.1 % w/w, Rosmarinic acid > 0.2 % w/w and Triterpene acid > 2.5 % w/w providing 200 mg of dried herb equivalent); Ocimum sanctum (Holy basil) 100 mg (Leaves, 5:1 extract standardise to 7 % and Tannins and 2 % Ursolic acid providing 250 mg of dried herb equivalent).	As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Holy Basil is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Enhance brain health and support refreshing sleep Maintain nerve cell health	At or below 25 ° C
11	Imported and Exported	Avalife Sleep	Capsule - Hard	60	Ocimum tenuiflorum (Holy basil) Ocbest® 250 mg (Whole plant, 5:1 extract standardise to Ociglycoside-1 > 0.1 % w/w, Rosmarinic acid > 0.2 % w/w and Triterpene acid > 2.5 % w/w providing 1250 mg of dried herb equivalent); Valeriana wallichii (Valerian) 100 mg (Roots, 6:1 extract standardise to 0.8 % Valeric acid providing 600 mg of dried herb equivalent); Nardostachys jatamansi (Jatamansi) 100 mg (Roots, 10:1 extract standardise to 2 % Jatamansi acid providing 1000 mg of dried herb equivalent); Nymistica fragrans (Nutmeg) 45 mg (Fruits, 5:1 extract standardise to 4 % Volatile oil providing 225 mg of dried herb equivalent).	As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Sleep is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Supports sleep naturally, Helps relax and rejuvenate Relieve sleeplessness	At or below 25 ° C
12	Imported and Exported	Avalife Colon Care	Capsule - Hard	60	Glycyrrhiza glabra (Licorice) Gutgard® 150 mg (Roots, 5:1 extract standardise to ≥ 10 % flavonoids and ≤ 0.5 % glycyrrhizin providing 750 mg of dried herb equivalent); Embelica officinalis (Amla) 100 mg (Fruits, 4:1 extract standardise to 30 % of Tannins providing 400 mg of dried herb equivalent); Terminalia chebula (Chebulic myrobalan) 100 mg (Fruits, 4:1 extract standardise to 30 % Tannins providing 400 mg of dried herb equivalent); Carica papaya (Papaya) 85 mg (Fruits, 10:1 extract standardise to > 0.1 % saponins providing 850 mg of dried herb equivalent); Terminalia bellerica (Beleric) 50 mg (Fruits, 4:1 extract standardise to 20 % Tannins providing 200 mg of dried herb equivalent).	As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Colon care is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Supports gut and colon Health	At or below 25 ° C
13	Imported and Exported	Avalife Ashwagandha	Capsule - Hard	60	Withania somnifera (Ashwagandha) 400 mg (Root, 10:1 extract standardise to Withanolides 5 % providing 4000 mg of dried herb equivalent); Withania somnifera (Ashwagandha) KSM 66® 100 mg (Root, 10:1 extract standardise to Withanolides 2.5 % providing 1000 mg of dried herb equivalent).	As a herbal dietary supplement for adults, take one capsule twice a day with full glass of water after meals. Avalife Ashwagandha is not recommended in children between the ages of 0 and 12 years.		Discipline specific	Ayurveda	Oral	Low	Maintain brain health Helps improve energy & endurance Helps improve recovery from strenuous exercise Helps promote strength & stamina Helps enhance memory and cognition	At or below 25 ° C
14	Imported and Exported	Avalife Vita-C (Vitamin C Effervescent Tablets 1000 mg) (Orange flavour)	Tablet - Effervescent	20	Ascorbic Acid (Vitamin C) 1000 mg	The usual dose for adults and children above 12 years of age is to take one effervescent tablet once daily. Dissolve the effervescent tablet in a glass of water (200 ml).		Health Supplement	Vitamins	Oral	Low	Contributes to maintain the normal function of the immune system during and after intense physical stress Helps to metabolise fats and proteins Helps in the development and maintenance of bones, cartilage, teeth and gums Helps in wound healing An antioxidant for the maintenance of good health	At or below 25 ° C
15	Imported and Exported	Avalife Advance Rescue	Capsule - Hard	15,30,60	Bifidobacterium animalis subspecies lactis - 1.2 Billion CFU; Bifidobacterium longum - 0.2 Billion CFU; Bifidobacterium bifidum - 0.1 Billion CFU; Lactobacillus acidophilus - 0.4 Billion CFU; Lactobacillus rhamnosus - 0.4 Billion CFU; Lactobacillus plantarum - 1.2 Billion CFU; Lactobacillus casei - 0.3 Billion CFU; Lactobacillus paracasei - 0.4 Billion CFU; Streptococcus thermophilus - 1.2 Billion CFU; Lactococcus lactis - 0.6 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Avalife Advance Rescue should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C
16	Imported and Exported	Avalife Daily flora balance	Capsule - Hard	15,30,60	Lactobacillus rhamnosus - 0.2 Billion CFU; Lactobacillus plantarum - 0.5 Billion CFU; Bifidobacterium longum - 0.5 Billion CFU; Bifidobacterium bifidum - 0.5 Billion CFU; Streptococcus thermophilus - 1.2 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Avalife Daily flora balance should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C

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17	Imported and Exported	Avalife Colon Care	Capsule - Hard	15,30,60	Lactobacillus acidophilus - 1 Billion CFU; Lactobacillus casei - 1.2 Billion CFU; Lactococcus lactis - 1.2 Billion CFU; Bifidobacterium animalis subspecies lactis - 0.6 Billion CFU; Bifidobacterium longum - 0.5 Billion CFU; Bifidobacterium bifidum - 0.5 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Avalife Colon Care should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract. It assist in reducing gastro-intestinal discomfort and promotes colon health.	At or below 25 ° C
18	Imported and Exported	Avalife Flora Restore	Capsule - Hard	15,30,60	Bifidobacterium animalis subspecies lactis - 0.6 Billion CFU; Lactobacillus acidophilus - 0.2 Billion CFU; Lactobacillus rhamnosus - 0.2 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Avalife Flora Restore should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract. It assist in reducing gastro-intestinal discomfort and promotes colon health.	At or below 25 ° C
19	Imported and Exported	Avalife Aavaresq	Capsule - Hard	15,30,60	Saccharomyces boulardii - 5 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Other	Oral	Low	When ingested on a regular basis, Avalife Aavaresq should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C
20	Imported and Exported	Avalife Gemped	Tablet - Chewable	30	Lactobacillus rhamnosus - 0.97 Billion CFU; Lactobacillus acidophilus - 0.20 Billion CFU; Lactobacillus plantarum - 0.20 Billion CFU; Bifidobacterium lactis - 0.20 Billion CFU; Coral Calcium 100mg Eq. to Calcium 35 mg Cholecalciferol (Vitamin D3) 400 I.U (10 mcg)	Children (3 years and above): Take 1-2 chocolate tablets daily in the morning before breakfast as a dietary supplement. It is recommended to take Avalife Gemped at least 2-3 hrs before or after if on antibiotic medication		Health Supplement	Multiple substance formulation	Oral	Low	When ingested on a regular basis, Avalife Gemped should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.  Helps in the development and maintenance of bones and teeth	At or below 25 ° C
21	Imported and Exported	Avalife Ultimate	Capsule - Hard	15,30,60	Bifidobacterium lactis - 10.41 Billion CFU; Lactobacillus acidophilus - 9.61 Billion CFU; Lactococcus casei - 8.71 Billion CFU; Lactococcus salivarius - 6.25 Billion CFU; Lactococcus rhamnosus - 5.83 Billion CFU; Lactococcus paracasei - 5 Billion CFU; Lactococcus rhamnosus - 5 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Avalife Ultimate should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract for seniors	At or below 25 ° C
22	Imported and Exported	Avalife Senior	Capsule - Hard	15,30,60	Bifidobacterium lactis - 10 Billion CFU; Bifidobacterium breve - 6 Billion CFU; Bifidobacterium longum - 2.5 Billion CFU; Bifidobacterium bifidum - 2.5 Billion CFU; Lactococcus acidophilus - 2 Billion CFU; Lactococcus rhamnosus - 2 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Avalife Seniors should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract for seniors	At or below 25 ° C
23	Imported and Exported	Avalife Vitality	Capsule - Hard	15,30,60	Bifidobacterium lactis - 10 Billion CFU; Lactococcus acidophilus - 7.5 Billion CFU; Lactococcus casei - 3.88 Billion CFU; Lactococcus paracasei - 1.83 Billion CFU; Lactococcus paracasei - 1.83 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Avalife Vitality should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C
24	Imported and Exported	Avalife Immunity	Capsule - Hard	15,30,60	Lactococcus plantarum - 1.83 Billion CFU; Bifidobacterium lactis - 15 Billion CFU; Ascorbic Acid (Vitamin C) 250 mg	Take 1 - 2 capsules orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Multiple substance formulation	Oral	Low	When ingested on a regular basis, Avalife Immunity should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract.	At or below 25 ° C
25	Imported and Exported	Avalife Daily Balanced	Powder	10 sachets of 60 g	Bifidobacterium lactis - 5 Billion CFU; Lactococcus acidophilus - 2 Billion CFU; Lactococcus paracasei - 1.33 Billion CFU; Lactococcus casei - 1 Billion CFU; Lactococcus salivarius - 1 Billion CFU	Take 1 capsule orally, daily in the morning or as directed by a healthcare professional.		Health Supplement	Probiotics	Oral	Low	Helps maintain immune health for adults and children When ingested on a regular basis, Avalife Daily Balanced should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut	At or below 25 ° C
26	Imported and Exported	Synatura	Liquid	100 ml	Hedera helix L. (Ivy leaf 30 % Ethanol Dried Extract) 13,1 mg / 5 ml;  leaf, 5*7.5:1 extract standardise to 10.0 % of Hederacoside C when it is calculated as dried basis, providing 65.5 - 98.25 mg of dried herb equivalent)  Coptis chinensis Franch (Coptis Rhizoma) 4,4 mg / 5 ml  (Root, 4.5*7.1 extract standardise to ≥ 21.6 % of berberine, calculated on the dried basis, providing 19.8 - 30.8 mg of dried herb equivalent)	Children: 0 - 1,5 years : 2,5 ml three times a day  Children: 6 - 9 years: 5 ml three times a day  Children and adolescents 10 years and older: 5 ml three times a day  Adults: 5 ml to 7,5 ml three times a day		Discipline specific	Combination product	Oral	Low	SYNATURA SYRUP contains ingredients that soothes the throat, thin mucus and open the airways	At or below 25 ° C