

SAHPRA LICENCE NO.		DL01-94315a	CM REF.	see Licence No.	Name of Licence Holder:	Mannalabs (Pty) Ltd					Version:	01-042026	
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
1	Manufactured (including import and export)	ACNE AID	Capsule - Hard	120	127.5mg Saw Palmetto extract 4:1; 132mg Nettle Leaf extract 4:1; 105mg Betasitosterol/Phytosterols powder 95%/Plantsterols; 3mg ZMA/Zinc-L-Monomethionine (0.915 mg of elemental Zinc); 25mg Reishi mushroom powder; 3.75mg Lycopene 10%; 25mg Zinc Picolinate (5.25 mg elemental Zinc); 93mg Vitamin B3 (Niacinamide); 0.015mg Selenium AAC 0.2%(15 ug elemental Selenium);	ADULTS ONLY 2 capsules 2 times per day or as prescribed by your healthcare practitioner .		Discipline specific	Combination product	Oral	Low	May assist with acne Improves skin health	At or below 25 ° C
2	Manufactured (including import and export)	Alpha Lipoic Acid Caps	Capsule - Hard	60	150mg ALA (Alpha Lipoic acid 5 form); 150mcg Biotin (co-enzyme vitamin B7);	1 capsule 1 - 2 times per day with meals or as prescribed by your healthcare practitioner		Health Supplement	Multiple substance formulation	Oral	Low	Provides antioxidants for the maintenance of good health Helps to promote healthy glucose metabolism	At or below 25 ° C
3	Manufactured (including import and export)	Appetrol Caps	Capsule - Hard	90	150mg Garcinia Cambogia Extract 60%; 200mg Hoodia Gordonii Powder; 50mcg Chromium Picolinate (6.22mcg elemental Chromium); 10mg Vitamin B6 (Pyridoxine HCL);	ADULTS ONLY Take 3 capsules per day (1 capsule 30 minutes before a meal) or as prescribed by your healthcare practitioner .		Discipline specific	Combination product	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Do not use continuously for more than 2 months without consulting your registered healthcare provider. This product is not intended to treat obesity.	At or below 25 ° C
4	Manufactured (including import and export)	ARF	Capsule - Hard	60	12.5mg Calcium Pantothenate (1.05mg elemental Calcium); 12.5mg Nicotinamide BP / Niacinamide; 165mg Magnesium Oxide 60% (99mg elemental Magnesium); 54.50mg Ginseng Panax 5:1; 55mg Liquorice Root powder; 32.5mg Rhodiola Rosea extract Std 3% 15:1; 10mg Quercetin 95%; 54.5mg Ashwagandha root powder; 22.5mg Schizandra Chinesis Powder; 54.6mg Ginseng Siberian;	1 capsule, 2 times per day on an empty stomach or as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	Support for adrenal insufficiency Assist memory, attention, concentration Enhances energy level Support healthy immune function	At or below 25 ° C
5	Manufactured (including import and export)	Artemisia	Capsule - Hard	120	500mg Artemisia;	1 Capsule per day or as prescribed by your healthcare practitioner		Discipline specific	Western Herbal Medicine	Oral	Low	May help to Combat Pain and inflammation Aids in enhancing antioxidant properties and reducing oxidative stress. Enhances ability to fight infections and supports disease prevention Aids with Digestive ailments. May help relieve symptoms and aid in faster recovery. Antimicrobial Properties improves overall immune properties.	At or below 25 ° C
6	Manufactured (including import and export)	Ashwagandha	Capsule - Hard	60	500mg Ashwagandha; 5mg Piperine;	Take 2 capsules per day or as prescribed by your healthcare practitioner.		Discipline specific	Traditional Chinese Medicine	Oral	Low	Stress Reduction Burnout prevention Improved nutrient absorption Mood enhancement Improved immunity	At or below 25 ° C
7	Manufactured (including import and export)	Berberine	Capsule - Hard	90	500mg Berberine (Berberis Vulgaris); Berberine (Berberis vulgaris) Root/Bark Extract, standardized to 97% Berberine, 500 mg — Dried Herb Equivalent 515.5 mg	1 - 3 capsules per day or as prescribed by your healthcare practitioner		Discipline specific	Traditional Chinese Medicine	Oral	Low	Support healthy blood sugar levels Helps lower cholesterol levels Anti-inflammatory and antioxidant Gut health and potential antimicrobial properties	At or below 25 ° C
8	Manufactured (including import and export)	Burn	Capsule - Hard	60	120mg Bladder Wrack Powder; 120mg Dandelion root extract 4:1; 120mg Cinnamon Extract Powder 4:1; 120mg L-Tyrosine USP41;	As a dietary supplement 1 capsule 2 times per day or as prescribed by your healthcare practitioner .		Discipline specific	Combination product	Oral	Low	Anti-inflammatory effects Skin health Anti-oxidant Stimulate appetite and help digestion Improves immune system May help reduce body fat	At or below 25 ° C
9	Manufactured (including import and export)	Calcium & Magnesium	Capsule - Hard	60	1mg Boron AAC (0.05mg elemental Boron); 300mg Calcium AAC (60 mg elemental Calcium); 200mg Magnesium AAC (20 mg elemental Magnesium); 20mg Potassium AAC (3.2mg elemental Potassium); 100mg L-Ascorbic acid - Vitamin C; 13mcg (520IU) Vitamin D3 (Cholecalciferol) 100 CWS;	As a dietary supplement 1 capsule per day 1 hour before bedtime or as prescribed by your healthcare practitioner.		Health Supplement	Multiple substance formulation	Oral	Low	Helps to metabolise fats and proteins Helps in the development and maintenance of bones, cartilage, teeth and gums Helps in connective tissue formation Helps in wound healing An antioxidant for the maintenance of good health A factor in the maintenance of good health Multi-vitamin supplement/ Multi-vitamin/mineral supplement	At or below 25 ° C
10	Manufactured (including import and export)	Cholesterol Support	Capsule - Hard	60	400mg Red Yeast Rice 2% powder; 100mg Inositol; 10mg Pyridoxine HC; 20mg Co Enzyme Q10; 7mg Vitamin B3 Niacin; 0.05mg Cyanocobalamin WS 0.1%; 0.25mg Folic Acid;	ADULTS ONLY 1-2 Capsules per day or as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	May lower high cholesterol levels May reduce inflammation May help improve blood circulation	At or below 25 ° C
11	Manufactured (including import and export)	Chronic stress	Capsule - Hard	60	12.5mg Nicotinamide BP / Niacinamide; 54.5mg Ginseng Siberian; 165mg Magnesium Oxide 60% (99mg elemental Magnesium); 22.5mg Schizandra Chinesis Powder; 100mg Rhodiola Rosea extract Std 3% ; 100mg Ashwagandha root powder;	1 Capsule 2 times per day on an empty stomach or as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	Support for stress, anxiety and adrenal fatigue Supports healthy sleep patterns May help to balance cortisol levels	At or below 25 ° C
12	Manufactured (including import and export)	Cinnamon WS (Water Soluble) Caps	Capsule - Hard	60	500mg Cinnamon Extract;	1 capsule, 2 times per day or as prescribed by your healthcare practitioner		Discipline specific	Western Herbal Medicine	Oral	Low	Support healthy blood sugar levels Improves immune function	At or below 25 ° C
15	Manufactured (including import and export)	Collagen Hydrolyzed 250g	Powder	250g	10g Hydrolyzed bovine collagen (Peptan®);	2 scoops (5ml scoop) with water, twice daily or as prescribed by your healthcare practitioner		Health Supplement	Animal Extracts Products and Derivatives	Oral	Low	Improves skin health Restores skin elasticity Support gastrointestinal health Joint support and relieves joint pain	At or below 25 ° C
16	Manufactured (including import and export)	Colon Detox 150g	Powder	150g	20mg - 250mg Magnesium Oxide (Pharmaceutical grade) (12.06mg-150.75mg elemental Magnesium);	1/4 to 1/2 scoop (5ml scoop) at night with water or juice, or as prescribed by your healthcare practitioner		Health Supplement	Minerals	Oral	Low	Helps to metabolise carbohydrates, fats and proteins Contributes to the development and maintenance of bones and teeth Contributes to tissue formation Contributes to the maintenance of normal muscle function A factor in the maintenance of good health Mineral supplement	At or below 25 ° C
17	Manufactured (including import and export)	Corti Control Caps	Capsule - Hard	90	255mg Ashwagandha Extract 15:1; 125mg Magnolia Officinalis Bark Powder; 200mg L-Theanine;	1 capsule, 2 times a day or as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	Support for stress, anxiety and adrenal fatigue Supports healthy sleep patterns Balances cortisol levels	At or below 25 ° C

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18	Manufactured (including import and export)	Cortico Plus	Capsule - Hard	90	50mg Ascorbic Acid; 40mg Thiamine HCl; 10mg Pyridoxine HCl; 100mg Calcium Pantothenate (8.41mg elemental Pantothenic acid); 87.5mg N-Acetyl L-Tyrosine; 50mg Citrus Bioflavonoid 13%; 25mg Ginseng Siberian powder 4:1; 10mg Phosphatidylserine 15%; 50mg Liquorice Powder; 165mg Rhodiola Rosea extract 4:1; 50mg Ashwagandha root powder; 50mg L-Carnitine L-Tartrate;	1 - 2 capsules in the morning or as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	Adrenal insufficiency Assist memory, attention, concentration Enhances energy levels Support healthy immune function	At or below 25 ° C
19	Manufactured (including import and export)	Craving Control	Capsule - Hard	60	100mg Gymnema Sylvestre; 150mg Hoodia Gordonii powder; 0.1mg Chromium Picolinate 12% (0.012mg elemental Chromium); 5mg Zinc AAC (1.0mg elemental Zinc); 0.25mg D-Biotin;	2 capsules daily on an empty stomach as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Do not use continuously for more than 2 months without consulting your registered healthcare provider. This product is not intended to treat obesity.	At or below 25 ° C
20	Manufactured (including import and export)	Cydin Plus Caps	Capsule - Hard	60	200mg Citrus Bioflavonoid (Hesperidin 15%) - 13%; 5mg Proanthocyanidin; 0.75mg (750mcg=2497.5IU) Vitamin A (Retinol); 75mg Ascorbic Acid; 5mg (5000mcg = 7.46IU) Vitamin E (alpha-tocopherol);	Only ages 9 years and up 1 capsule at bedtime per day or as prescribed by your healthcare practitioner. Ask your healthcare practitioner if: • taking any prescription medication.		Health Supplement	Multiple substance formulation	Oral	Low	Source of antioxidant(s)/Provides antioxidant(s); that helps; fight/protect (cell); against/reduce (the oxidative effect of/the oxidative damage caused by/cell damage caused by); free radicals.	At or below 25 ° C
21	Manufactured (including import and export)	D-Ribose-L-cysteine	Powder	250g	5-10g D-Ribose-L-cysteine powder;	ADULTS ONLY 1 - 2 scoops (5ml scoop) with water daily or as prescribed by your healthcare practitioner		Health Supplement	Amino acids	Oral	Low	Source of (an) amino acid(s) involved in muscle protein synthesis.	At or below 25 ° C
22	Manufactured (including import and export)	DHT Block Caps - Female	Capsule - Hard	120	127.50mg Saw Palmetto extract (Serenoa Repens); 105mg Beta Sitosterol (dihydrostigmasterol); 25mg Reishi Mushroom extract; 3.750mg Lycopene 10%; 3mg Zinc Monomethionine (0.91 mg of elemental Zinc); 25mg Zinc Picolinate (5.25 mg elemental Zinc); 93mg Nicotinamide; 0.015mg Selenium AAC (0.015mg elemental Selenium);	2 capsules 2 times per day or as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	Assist with treatment of acne Improves skin health Assist with hormonal imbalance	At or below 25 ° C
23	Manufactured (including import and export)	DIGESTIVE AID	Capsule - Hard	90	20mg Ginseng Root Extract 4:1; 10mg Papain Powder (30,000 USP units); 10mg Bromelain powder (30,000 GDU (or 500 MCU); 10mg Astragalus Root Powder Extract 4:1; 90mg Enzyme Formula 5110 Blend; 20mg Artichoke Extract 4:1;	1 capsule, 3 times a day before meals or as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	Improves digestion Supports gastrointestinal health Relieves constipation and bloating	At or below 25 ° C
24	Manufactured (including import and export)	DIM 300	Capsule - Hard	60	300mg Diindolylmethane; 5mg Piperine;	1 capsule, 1 - 2 time per day with meals or as prescribed by your healthcare practitioner		Discipline specific	Other Herbal	Oral	Low	Support healthy hormone metabolism Support healthy estrogen metabolism May support symptoms associated with PMS May reduce symptoms associated with menopause Improves skin health May support prostate health	At or below 25 ° C
25	Manufactured (including import and export)	Fadogia Agrestis	Capsule - Hard	60	500mg Fadogia Agrestis Extract 10:1;	Take one capsule per day, with or without food. After one week of use you may increase the dosage to two capsules if desired or as prescribed by your healthcare provider. We recommend cycling this product in a schedule such as 3 weeks on and 1 week off, or 2 months on and 1 month off.		Discipline specific	Traditional Chinese Medicine	Oral	Low	Hormonal Health Athletic Performance General Wellness	At or below 25 ° C
26	Manufactured (including import and export)	GARCINIA CAMBOGIA	Capsule - Hard	90	500mg Garcinia Cambogia Extract 60%;	1 capsule, 2 - 3 times daily, 30 - 60 minutes before a meal or as prescribed by your healthcare practitioner		Discipline specific	Western Herbal Medicine	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Do not use continuously for more than 2 months without consulting your registered healthcare provider. This product is not intended to treat obesity.	At or below 25 ° C
27	Manufactured (including import and export)	Saccharomyces boulardii	Capsule - Hard	30	250mg (20 billion CFU/g) Saccharomyces cerevisiae var. boulardii;	1-2 Capsules on an empty stomach every evening before bedtime or as prescribed by your healthcare practitioner.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C
28	Manufactured (including import and export)	INSUREX	Capsule - Hard	60	100mg Gymnema Sylvestre; 150mg Hoodia Gordonii powder; 0.1mg Chromium Picolinate 12% (0.012mg elemental Chromium); 5mg Zinc AAC (1.0mg elemental Zinc); 0.25mg D-Biotin;	ADULTS ONLY 2 capsules daily on an empty stomach or as prescribed by your healthcare practitioner		Discipline specific	Combination product	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Do not use continuously for more than 2 months without consulting your registered healthcare provider. This product is not intended to treat obesity.	At or below 25 ° C
29	Manufactured (including import and export)	L-GLUTAMINE	Powder	150g	5g L-Glutamine powder;	1 scoop (5ml scoop) powder in 250ml water on an empty stomach in the morning or as prescribed by your healthcare practitioner. Consult a relevant health care provider prior to use: - if you are following a low protein diet - if you are pregnant or breastfeeding.		Health Supplement	Amino acids	Oral	Low	Source of (an) amino acid(s) involved in muscle protein synthesis. Helps :- restore plasma glutamine levels depleted after periods of physical stress (e.g. prolonged exhaustive exercise) - support immune system health after periods of physical stress - support digestive system health after periods of physical stress - to assist in muscle cell repair after exercise	At or below 25 ° C
30	Manufactured (including import and export)	L-GLYCINE	Powder	300g	1.5g Glycine;	1.5g powder in 200ml water, once per day (not during meals) or as prescribed by your healthcare practitioner.		Health Supplement	Amino acids	Oral	Low	Source of (an) amino acid(s) involved in muscle protein synthesis.	At or below 25 ° C
31	Manufactured (including import and export)	Lions Mane	Capsule - Hard	60	500mg Lions Mane; 5mg Piperine;	Take 2 capsules in the morning or as prescribed by your healthcare practitioner.		Discipline specific	Western Herbal Medicine	Oral	Low	Rich in anti-inflammatory and antioxidant properties, Protects the body from stress and free radical damage and helps to reduce inflammation.	At or below 25 ° C
32	Manufactured (including import and export)	LIVER CAPS / PHASE II	Capsule - Hard	60	200mg Milk Thistle 80% extract; 100mg N-Acetyl L-Cysteine; 50mg Alpha Lipoic Acid; 10mg Dandelion root extract 4:1; 40mg Green Tea Extract (40% Polyphenols);	1 capsule, twice daily or as prescribed by your healthcare practitioner. Green Tea Warning: Stop use and consult a relevant health care provider if you develop symptoms of liver trouble such as yellowing of the skin/eyes (jaundice), stomach pain, dark urine, sweating, nausea, unusual tiredness and/or loss of appetite. Consult a relevant health care provider: • for use beyond 12 weeks; • prior to use if you are pregnant or breastfeeding; or • if you have a liver disorder or an iron deficiency.		Discipline specific	Combination product	Oral	Low	Supports liver health Assists in maintaining normal liver function Provides antioxidant support Helps protect cells from oxidative stress Supports the body's natural detoxification processes Contributes to general wellbeing N-Acetyl L-Cysteine is included as a source of the amino acid L-cysteine, contributing to amino acid intake.	At or below 25 ° C

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33	Manufactured (including import and export)	Magnesium Chealated Caps	Capsule - Hard	60	600mg Magnesium AAC 20% (120mg elemental Magnesium);		1 capsule in the evening before bedtime or as prescribed by your healthcare practitioner		Health Supplement	Minerals	Oral	Low	Contributes to normal energy -yielding metabolism; Contributes to the development and maintenance of bones and teeth; Contributes to normal functioning of the nervous system; Contributes to normal electrolyte balance; Contributes to a reduction of tiredness and fatigue;	At or below 25 ° C	
	Manufactured (including import and export)	Magnesium Complex	Capsule - Hard	60	150mg Magnesium Oxrotate (10.91mg elemental Magnesium); 250mg Magnesium Glycinate (34.83mg elemental Magnesium); 250 Magnesium Citrate (4mg elemental Magnesium);		Take 1 capsule per day 30 minutes before a meal or as prescribed by your healthcare practitioner.		Health Supplement	Minerals	Oral	Low	Helps to metabolise carbohydrates, fats and proteins Contributes to the development and maintenance of bones and teeth A factor in the maintenance of good health Multi-Mineral supplement	At or below 25 ° C	
	Manufactured (including import and export)	Magnesium Plus	Capsule - Hard	60	150mg Magnesium Oxrotate (10.91mg elemental Magnesium); 250mg Magnesium Glycinate (34.83mg elemental Magnesium); 250 Magnesium Citrate (4mg elemental Magnesium); 5mg Vitamin B6 (Pyridoxine HCL); 10mg Taurine;		Take 1 capsule per day 30 minutes before a meal or as prescribed by your healthcare practitioner. Consult a relevant health care provider prior to use if you are pregnant or breastfeeding.		Health Supplement	Multiple substance formulation	Oral	Low	Helps to metabolise carbohydrates, fats and proteins Contributes to the development and maintenance of bones and teeth A factor in the maintenance of good health Multi-Mineral supplement/ Vitamin Antioxidant Support of the immune system. Taurine is important for energy metabolism / the transformation of food into energy.	At or below 25 ° C	
36	Manufactured (including import and export)	Meriva	Capsule - Hard	60	300mg Curcumin Phytosome;		1 - 4 capsules per day or as prescribed by your healthcare practitioner. Consult a relevant health care provider prior to use if you: • are pregnant; • are taking antiplatelet medication or blood thinners; • have gallstones or a bile duct obstruction; or • have stomach ulcers or excess stomach acid. Relief of inflammation: Consult a relevant health care provider if symptoms persist or worsen.		Discipline specific	Western Herbal Medicine	Oral	Low	Antioxidant Helps lower inflammation Assist with joint pain and arthritis	At or below 25 ° C	
	Manufactured (including import and export)	Moringa caps	Capsule - Hard	120	500mg Moringa; 5mg Piperine;		1 - 2 capsules in the evening or as prescribed by your healthcare practitioner		Health Supplement	Other	Oral	Low	Immune boosting properties. Antioxidant Properties Anti-inflammatory effects May lower blood glucose levels	At or below 25 ° C	
	Manufactured (including import and export)	MSM + Vit C / Cramp Relief	Powder	150g	5g Methylsulphonylmethane; 250mg Ascorbic acid;		Take 1 scoop (5ml scoop) of powder with 200ml of water once per day or as prescribed by your healthcare practitioner. Maximum: 6 000 mg. 1 500 to 6 000 mg per day for minimum of 4 weeks to see beneficial effects. Not to exceed 2 000 mg per single dose. Not to be taken at bedtime.		Health Supplement	Other	Oral	Low	For joint health. A factor in maintaining joint health. Provides support for healthy joints, joint mobility and joint comfort	At or below 25 ° C	
39	Manufactured (including import and export)	N-Acetyl-Cysteine (NAC)	Capsule - Hard	90	600mg N-Acetyl L-Cysteine where 446mg of cysteine is delivered;		1 capsule per day or as prescribed by your healthcare practitioner		Health Supplement	Amino acids	Oral	Low	Source of (an) amino acid(s) involved in muscle protein synthesis.	At or below 25 ° C	
	Wholesale or Distributed	Omega 3	Softgel	60	180mg Eicosapentaenoic acid; 120mg Docosahexaenoic acid;		1 softgel, 2 times per day with meals or as prescribed by your healthcare practitioner		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Improves cardiovascular health Support for healthy cholesterol levels Supports brain function Anti-inflammatory Support for auto-immune diseases Improves skin health	At or below 25 ° C	
	Manufactured (including import and export)	Oregano Veggie Caps	Capsule - Hard	60	400mg Oregano (from Origanum Vulgare);		1 capsule 2 times per day or as prescribed by your healthcare practitioner		Discipline specific	Western Herbal Medicine	Oral	Low	Improves immune function Antioxidant Antibacterial, Antiviral and antifungal properties	At or below 25 ° C	
42	Wholesale or Distributed	Probioln 100ml	Liquid	100ml	Proprietary Probiotic Blend 10 Billion CFU /ml; Lactobacillus Acidophilus; Lactobacillus Casei; Lactobacillus Reuteri; Lactobacillus Rhamnosus; Bifidobacterium Infantis;		Take 15ml of Probioln on an empty stomach in the morning or evening or as prescribed by your healthcare practitioner.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
	Wholesale or Distributed	Probioln 200ml	Liquid	200ml	Proprietary Probiotic Blend 10 Billion CFU /ml; Lactobacillus Acidophilus; Lactobacillus Casei; Lactobacillus Reuteri; Lactobacillus Rhamnosus; Bifidobacterium Infantis;		Take 15ml of Probioln on an empty stomach in the morning or evening or as prescribed by your healthcare practitioner.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
	Wholesale or Distributed	Probioln 500ml	Liquid	500ml	Proprietary Probiotic Blend 10 Billion CFU /ml; Lactobacillus Acidophilus; Lactobacillus Casei; Lactobacillus Reuteri; Lactobacillus Rhamnosus; Bifidobacterium Infantis;		Take 15ml of Probioln on an empty stomach in the morning or evening or as prescribed by your healthcare practitioner.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
45	Manufactured (including import and export)	PROBIO CAPS/ Ultra Pro 20	Capsule - Hard	30	More than 40 Billion CFU (colony-forming units) per dose; Lactobacillus Acidophilus; Bifidobacterium Lactis;		2 capsules every evening before bedtime or as prescribed by your healthcare practitioner		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
	Manufactured (including import and export)	Probiotic LP SCB	Capsule - Hard	30	250mg (20 billion CFU/g) Saccharomyces cerevisiae var. boulardii;		1-2 Capsules on an empty stomach every evening before bedtime or as prescribed by your healthcare practitioner.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
	Manufactured (including import and export)	Stress Control	Capsule - Hard	90	255mg Ashwagandha Extract 15:1; 125mg Magnolia Officinalis Bark Powder; 200mg L-Theanine;		1 capsule, 2 times a day or as prescribed by your healthcare practitioner		Discipline specific	Western Herbal Medicine	Oral	Low	Support for stress, anxiety and adrenal fatigue Supports healthy sleep patterns Balances cortisol levels	At or below 25 ° C	
48	Manufactured (including import and export)	Vitamin C	Capsule - Hard	60	500mg Ascorbic Acid;		1 - 2 capsules per day or as prescribed by your healthcare practitioner		Health Supplement	Vitamins	Oral	Low	Contributes to cell protection from free radical damage Helps to metabolise fats and proteins Contributes to iron absorption from food Contributes to the normal function of the immune system Contributes to the reduction of tiredness and fatigue An antioxidant for the maintenance of good health	At or below 25 ° C	

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49	Manufactured (including import and export)	VITAMIN D3 1000IU	Capsule - Hard	60	0.025mg (25mcg = 1000IU) Cholecalciferol 100 CW5;	1 Capsule per day or as prescribed by your healthcare practitioner		Health Supplement	Vitamins	Oral	Low	Helps in the absorption and use of calcium and phosphorous Contributes to normal cell division Contributes to normal blood calcium levels Contributes to the development and maintenance of strong bones and teeth Contributes to the maintenance of normal muscle function Contributes to the normal function of the immune system A factor in the maintenance of good health	At or below 25 ° C
50	Manufactured (including import and export)	VITAMIN K2 MENAQ7	Capsule - Hard	60	120mcg Vitamin K2 (as menaquinone 7 (MK-7);	1 capsule per day or as prescribed by your healthcare practitioner		Health Supplement	Vitamins	Oral	Low	A factor in the maintenance of good health	At or below 25 ° C
51	Manufactured (including import and export)	RUTIN	Capsule - Hard	30	500mg Rutin Powder RF11;	Take 1 capsule at bedtime or as prescribed by your healthcare practitioner. If pregnant or breastfeeding, consult a relevant health care provider prior to use. For use beyond 6 weeks, consult a relevant health care provider.		Health Supplement	Polyphenols (including Bioflavonoids)	Oral	Low	Antioxidant Used as a capillary/blood vessel protectant.	At or below 25 ° C
52	Manufactured (including import and export)	Weight Control	Capsule - Hard	60	500mg Garcinia Cambogia Extract 60%;	1 capsule, 2 - 3 times daily, 30 - 60 minutes before a meal or as prescribed by your healthcare practitioner		Discipline specific	Other Herbal	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Do not use continuously for more than 2 months without consulting your registered healthcare provider. This product is not intended to treat obesity.	At or below 25 ° C
53	Manufactured (including import and export)	Zinc	Capsule - Hard	60	20mg Zinc AAC (4.0mg elemental Zinc);	1 capsule per day or as prescribed by your healthcare practitioner		Health Supplement	Minerals	Oral	Low	Support immune function Contributes to the maintenance of normal bones Contributes to normal macronutrient metabolism Improve skin health A factor in the maintenance of good health	At or below 25 ° C