

SAHPRA LICENCE NO.		0000000744-15	CM REF.	DA02-D3EABA	Name of Licence Holder:	Neolife International (Pty) Ltd						Version:	01-092023
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
1	Imported and Exported	ALL C Chewable	Tablet - Chewable	90	Dosage Per 1 Tablet: Vitamin C (as Ascorbic Acid) (providing 199,82 mg of vitamin C) - 206 mg; Orange juice (Citrus sinensis) [peel] (powder) - 112,7 mg; Hesperidin (from Citrus Limon) [fruit] - 5 mg; Lemon bioflavonoid (Citrus sinensis) [peel] - 5 mg; Rosehips (Rosa canina) [flower] (powder) - 2 mg *DHE; Acerola (Malpighia punicifolia) [fruit] - 2 mg; Orange peel powder (Citrus sinensis) [peel] - 0,73 mg; Citrus bioflavonoid (Citrus Limon) [fruit] - 0,507 mg	Adults: Chew 1 tablet daily		Discipline specific	Combination product	Oral	Low	Contributes to iron absorption from food. An antioxidant for the maintenance of good health Contributes to normal functioning of the nervous system. Contributes to wound healing. Metabolise fats and proteins	At or below 25 ° C
2	Imported and Exported	Bio-Tone	Tablet	120	Dosage per 1 tablet: L- Arginine HCL - 225 mg; Dicalcium phosphate - 180 mg (providing elemental Calcium 42,88 mg); L-Ornithine HCL - 110,20 mg; L-Tyrosine - 75 mg; Choline Bitartrate 95% (equivalent to 33,5 mg elemental Choline) - 35 mg; Inositol (providing 33 mg of inositol) - 35 mg;	Adults: Take four (4) tablets in the evening at bed time. For best results, take on an empty stomach (approximately three (3) hours after a meal.		Discipline specific	Combination product	Oral	Low	Source of (an) amino acid(s) involved in muscle protein synthesis.	At or below 25 ° C
3	Imported and Exported	Botanical Balance	Tablet	120	Dosage per 1 tablet: Cinnamon (Cinnamomum cassia) [powder] (extract 8% Flavonoids) (equivalent to 20 mg Flavonoids) - 250 mg; Alpha-Lipoic acid - 12,5 mg; Curcumin (Curcuma longa L.) [powder] (extract 95% Curcumin) (equivalent to 48 mg Curcumin) - 50 mg; Turmeric (Curcuma longa L.) [powder] (extract 4:1) - 50 mg; Chromium (Saccharomyces cerevisiae) (equivalent to 10 mcg elemental chromium) - 5,04 mg	Adults: Take 2 tablets twice a day before the two largest meals.		Discipline specific	Combination product	Oral	Low	Contributes to the maintenance of normal blood glucose levels	At or below 25 ° C
4	Imported and Exported	Carotenoid	Capsule - Soft	30, 90	Dosage per 1 capsule: Carotenoid Oleoresin Blend - 229 mg contains: Vitamin A (Alpha and Beta and Carotene) - 129,8 µg RAE Daucus carota (4:1 carrot extract) [root] - 130 mg; Capsicum annuum (Red bell pepper extract) [fruit] (providing 16 mg of capsaicinoids) - 40 mg ; Lycopersicon esculentum (Tomato extract) [fruit] - 34 mg; Spinacia oleracea (Spinach extract) [leaf] - 24 mg; Fruit Powder Blend - 70 mg contains: Prunus armeniaca (Apricot concentrate) [fruit-dry] - 25 mg; Fragaria vesca (Strawberry concentrate) [fruit-dry] - 25 mg; Prunus persica (Peach concentrate) [fruit-dry] - 15 mg; Vitamin E (d-alpha tocopherol) - 1000 IU/g (providing 6 IU/IE d-alpha tocopherol)	Adults: Take 1 - 3 capsules daily		Health Supplement	Multiple substance formulation	Oral	Low	Source of antioxidants and contributes to the maintenance of eyesight, skin, membranes and immune function.	At or below 25 ° C
5	Imported and Exported	Chelated Iron	Tablet	100	Dosage per 1 tablet: Iron bisglycinate (Chelated Iron AA 10%) (providing 24 mg elemental Iron) - 240 mg	Adults: Take 1 tablet daily		Health Supplement	Minerals	Oral	Low	Chelated Iron contributes to: Normal oxygen transport in the body. Normal formation of red blood cells and haemoglobin and proper function. Normal functioning of the immune system. Normal cognitive function.	At or below 25 ° C
6	Imported and Exported	CoQ10	Capsule	60	Dosage per1 capsule: Oryza sativa (Rice bran) [grain] (oil) - 264,58 mg; Persea americana mill (Avocado) (Phytosterol concentrate 40% beta-sitosterol/95% phytosterols) [fruit] - 55,34 mg; Rhodobacter sphaeroides (Ubiquinone) - 55,10 mg; L-Cysteine - 36,67 mg; L-Glycine - 28,06 mg; Vitis vinifera (Grape extract 30% polyphenols) [skin] - 20,6 mg; Vitis vinifera (Grape extract 10% Resveratrol) [fruit] (powder) - 5,15 mg	Adults: Take 2 capsules daily with food		Health Supplement	Multiple substance formulation	Oral	Low	An antioxidant. Helps to maintain and / or support cardiovascular health.	At or below 25 ° C
7	Imported and Exported	Cruciferous Plus	Tablet	60	Dosage per 1 tablet: Glycine max (Soybean) [legume] (powder) - 200 mg; Broccoli Cruciferous Extract containing Raphanus sativus (radish) and Brassica oleracea (kale/broccoli) - 150 mg; Citrus sinensis (orange peel extract) [peel] (oil) - 100 mg; Brassica juncea L (mustard seed) [seed] (flour) - 50 mg; Oryza sativa (rice starch)[seed] - 47 mg; Sinapis alba (yellow mustard) [seed] - 10 mg; Glycyrrhiza glabra (licorice) [root] (extract 10:1) - 10 mg; Nasturtium officinale (watercress) [leaf and stem] - 5 mg	Adults: Take 1 tablet daily with food		Discipline specific	Combination product	Oral	Low	Provides antioxidants that helps protect cells against oxidative effect of free radicals.	At or below 25 ° C
8	Imported and Exported	Fibre Tablets	Tablet	120	Dosage per 1 tablet: Fibre Rice Complex -225 mg; Oat Fibre (Avena sativa) [seed] - 109,30 mg; Barley (Hordeum vulgare) [leaf] - 85,60 mg; Soy Fibre (Glycine max) - 42,80 mg; Apple Pectin (Malus domestica) - 40 mg; Orange (Citrus x sinensis) [fruit] (fibre) - 16 mg; Apple Fibre (Malus domestica) [peel] (powder) - 2,80 mg	Adults: Take 4 tablets daily with a glassful of water		Discipline specific	Western Herbal Medicine	Oral	Low	Source of fibre for the maintenance of good health. Helps support and maintain a healthy digestive system.	At or below 25 ° C
9	Imported and Exported	Flavonoid Complex	Tablet	60	Dosage per 1 tablet: Vaccinium macrocarpon extract 25:1 (Cranberry) [berry] - 100 mg; Brassica oleracea concentrate (kale) [leaf] - 80 mg; Vitamin C (ascorbic acid) (providing 48,5 mg vitamin C) - 50 mg; Camellia sinensis (green tea)[extract 30%] contains 12 mg caffeine per 40 mg; Beta vulgaris (Beet) [root] (powder) - 40 mg; Mixed berry [anthocyanides] - 30 mg; Vitis vinifera (red grape) [fruit] [polyphenols] - 10 mg; Vitaceae (red grape) [skin] [extract powder] - 10 mg; Citrus aurantium extract [bitter citrus] [fruit] - 5 mg	Adults:Take 2 tablets daily		Health Supplement	Multiple substance formulation	Oral	Low	Provides antioxidants that help protect cells against the oxidative effects of free radicals.	At or below 25 ° C

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15	Imported and Exported	Multi-Min	Tablet	150	Dosage per 1 tablet: Magnesium Amino Acid Chelate 20% Mg (equivalent to 25 mg magnesium) - 125 mg; Calcium Carbonate 39.2% Ca (equivalent to 37 mg Calcium) - 94.7 mg; Potassium Carbonate 56.58% K (equivalent to 30 mg Potassium) - 53 mg; TriCalcium Phosphate 37.76% Ca, 19.97% P (equivalent to 13 mg elemental Calcium and 7 mg elemental Phosphorous) - 33,4 mg; Iron Amino Acid Chelate 10% Fe (equivalent to 3,3 mg elemental Iron) - 33 mg; Zinc L-Methionate 20% Zn (equivalent to 5 mg elemental Zinc) - 25 mg; Selenium Amino Acid Chelate 0.2% Se (equivalent to 33 mcg elemental Selenium) - 16,7 mg; Chromium Amino Acid Chelated 0.2% Cr (equivalent to 33 mcg elemental Chromium) - 16,7 mg; Conodus crispus powder (Irish Moss) [plant] - 16,7 mg; Palmaria palmata powder (Dulse Seaweed) [plant] - 16,7 mg; Laminaria digitata (Dawweed) 0.47% I (equivalent to 34 mcg elemental Iodine) - 7,2 mg; Manganese Sulfate 32.4% Mn (equivalent to 1,68 mg elemental Manganese) - 5,2 mg; Copper Amino Acid Chelate 10% Cu (equivalent to 333 mcg elemental Copper) - 3,33 mg; Cholecalciferol (vitamin D3) (providing 100 IU Vitamin D3) - 0,83 mcg; Molybdenum Trioxide 66,66% Mo (equivalent to 34 mcg elemental Molybdenum) - 0,051 mg	Adults: Take 2 tablets daily		Discipline specific	Combination product	Oral	Low	Vitamin and mineral supplement	At or below 25 ° C
16	Imported and Exported	Multi Mineral Plus	Tablet	60	Dosage per 1 tablet: Dolomite (equivalent to 124 mg elemental Calcium and 75 mg elemental Magnesium) - 573 mg; Dicalcium Phosphate (equivalent to 100 mg elemental Calcium and 77 mg elemental Phosphorous) - 340 mg; Tricalcium Phosphate (equivalent to 103 mg elemental Calcium and 54 mg elemental Phosphorous) - 273,963 mg; Zinc Gluconate (equivalent to 10 mg elemental Zinc) - 80 mg; Potassium Carbonate (equivalent to 30 mg elemental Potassium) - 53,962 mg; Ferrous (II) Fumarate (equivalent to 9 mg elemental Iron) - 27,390 mg; Conodus crispus (Irish Moss) [plant] - 25 mg; Ascophyllum Nodosum (Kelp) (equivalent to 100 mcg Iodine) - 20,415 mg; Nasturtium officinale (Watercress) [leaf and shoot] - 10 mg; Copper Gluconate (equivalent to 1 mg elemental Copper) - 7,132 mg; Medicago sativa L.(Alfalfa) [leaf] - 5 mg; Petroselinum crispum (Parsley) [leaf] - 5 mg; Sodium Copper Chlorophyll - 5 mg	Adults: Take 1 tablet daily		Discipline specific	Combination product	Oral	Low	Mineral supplement	At or below 25 ° C
17	Imported and Exported	Neo - Lax	Tablet	90	Dosage per 1 tablet: Cassia senna (Senna extract)[Leaf] (equivalent to 16 mg Sennosides) 80 mg; Glycerhiza glabra dry powder (Licorice) [root] - 80 mg; Prunus domestica (Prune powder) [fruit] 70 mg; Medicago sativa (Alfalfa) [Leaf] - 68 mg; Rhamnus frangula (Buckthorn 10:1 Glucofrangulins) [bark] - 50 mg; Rheum officinale dry powder (Rhubarb) [root] - 30 mg; Asparagus officinalis powder (Asparagus) [whole plant] - 30 mg; Pimpinella anisum powder (Anise seed) [fruit] - 20 mg.	Adults: Take 1 - 2 tablets with a glassful of water at bed time. Drink another glass of water when you wake up		Discipline specific	Combination product	Oral	Low	May help relieve constipation	At or below 25 ° C
18	Imported and Exported	Omega III Salmon Oil Plus	Capsule	90	Dosage per 1 capsule: Salmon Oil Concentrate - 700 mg; comprising of: DHA (Docosahexaenoic Acid) - 160 mg; EPA (Eicosapentaenoic Acid) - 153,3 mg; DPA (Docosapentaenoic Acid) - 16,67 mg; Stearidonic, Eicosatrienoic, Eicosatetraenoic, Henelcosapentaenoic and Alpha-Linolenic Acid - 26,67 mg;	Adults: Take 3 capsules daily with food		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Source of Omega-3 fatty acids for the maintenance of good health. Helps support cognitive health and or brain function. Helps maintain/support cardiovascular health.	At or below 25 ° C
19	Imported and Exported	Salmon Oil Plus Mini	Capsule	60	Dosage per 1 capsule: Salmon Oil Concentrate - 345 mg; comprising of: DHA (Docosahexaenoic Acid) - 80 mg; EPA (Eicosapentaenoic Acid) - 76,50 mg; DPA (Docosapentaenoic Acid) - 8,35 mg; Stearidonic, Eicosatrienoic, Eicosatetraenoic, Henelcosapentaenoic and Alpha-Linolenic Acid - 13,25 mg;	Adults: Take 2 capsules daily with food		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Source of Omega-3 fatty acids for the maintenance of good health. Helps support cognitive health and or brain function. Helps maintain/support cardiovascular health.	At or below 25 ° C
20	Imported and Exported	Pro Vitality	Other	30 sachets	Dosage per 1 sachet: Essential Vitamin & Mineral Complex: Dosage per 1 capsule: Soya phosphatidylcholine (providing 32 mg Phosphatidylcholine) - 100 mg; Magnesium oxide Heavy (60 %) (providing 56 mg elemental Magnesium) - 93,75 mg; Ascorbic acid (Vitamin C) 60 mg; Niacinamide (Vitamin B3) - 24 mg; Manganese gluconate dihydrate (providing 2 mg elemental Manganese) - 23,18 mg; Laminaria digitata (Kelp) [extract powder] (providing 100 mcg elemental Iodine) - 20 mg; inositol - 20 mg; Ferrous fumarate (providing 6 mg elemental Iron) - 18,75 mg; Lipase 1 000 FIP/g (90 FCC LU) - 18 mg; D-Calcium pantothenate (Vitamin B5) (providing 15 mg Vitamin B5) - 17,93 mg; Chromium 2000 yeast (providing 35 mcg elemental Chromium) - 17,5 mg; Papain 6 000 USP units/mg (72 000 FCC PU) - 12 mg; Cyanocobalamin (providing 9,6 mcg Vitamin B12) - 10,56 mg; Saccharomyces cerevisiae (Brewer's yeast) - 10 mg; Zinc citrate trihydrate (providing 12 mg elemental Zinc) - 9,678 mg; Menasquinone (Vitamin K2) [1:500 ppm oil] (providing 12 mcg Vitamin K2) - 8,8 mg; Malt diastase 6 700 DP/g (56 FCC DP) - 8,3 mg; Copper gluconate [powder] (providing 1 mg elemental Copper) - 7,14 mg; Pyridoxine hydrochloride (providing 5,1 mg Vitamin B6) - 6,85 mg; Fungal amylase 40 000 SKB/g (268 FCC DU) - 6,7 mg; Thiamine mononitrate (providing 3,6 mg Vitamin B1) - 4,589 mg; Riboflavin (providing 3,9 mg Vitamin B2) - 4,29 mg; Malpighia Glabra L. powder (Acerola cherry) (berry) - 4 mg; Mixed tocopherols (providing 2 mg mixed non-alpha tocopherols) - 3,57 mg; Vitamin A palmitate 1 Mio IU./g (providing 1500 IU Vitamin A palmitate - 450 ug RAE) - 1,65 mg; Phytomedanone 1 % (providing 12 mcg Vitamin K1) - 1,32 mg; Cholecalciferol (Vitamin D3) [1 000 000 IU oily Vitamin D3 /g] (providing 400 IU Vitamin D3) - 0,44 mg;	Adults: Take each tablet/capsule daily with food		Health Supplement	Multiple substance formulation	Oral	Low	Provides vitamins, minerals and nutritional ingredients which contribute to normal growth and development as well as the maintenance of good health. Source of Omega-3 fatty acids for the maintenance of good health. Helps support cognitive health and or brain function. Helps maintain/support cardiovascular health. Source of antioxidants and contributes to the maintenance of eyesight, skin, membranes and immune function. Source of protein and amino acids which helps build and repair body tissues. Contributes to the protection of cells from oxidative stress. Plant sterols support the functioning of the immune system.	At or below 25 ° C

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21	Imported and Exported	Super B	Tablet	180	Dosage per 1 tablet: Inositol - 100 mg; Liver (defatted beef liver) - 100 mg; Niacinamide (Vitamin B3) - 100 mg; Choline - 50 mg; Pantothenic acid (Vitamin B5) - 30 mg; Rutoside (Rutin) [citrus sinensis: leaf] - 20 mg; Thiamine (Vitamin B1) - 15 mg; Riboflavin (Vitamin B2) - 15 mg; Pyridoxine (Vitamin B6) - 15 mg; Folic acid (providing 666 DFE folate) - 400 mcg; Biotin (Vitamin H) - 200 mcg; Cyanocobalamin (Vitamin B12) - 15 mcg	Adults: Take 1 tablet daily		Health Supplement	Multiple substance formulation	Oral	Low	Multi-vitamin/mineral supplement	At or below 25 ° C
22	Imported and Exported	Super C	Tablet	200	Dosage per 1 tablet: Vitamin (as Ascorbic Acid) - 430 mg; Rutoside powder (Rutin) [camelia sensis] [leaf] - 10 mg; Lemon bioflavonoids (Citrus limon) [peel & fruit] - 10 mg; Citrus sinensis (Orange juice)[fruit], Citrus sinensis (Orange powder)[peel], Citrus sinensis(Citrus bioflavonoids) - 115 mg	Adults: Take 1 tablet daily		Health Supplement	Multiple substance formulation	Oral	Low	An antioxidant for the maintenance of good health.	At or below 25 ° C
23	Imported and Exported	Tre-en-en	Capsule	60 120	Dosage per 1 capsule: Oryza sativa oil (Rice Bran) [grain] - 300 mg; Glycine max (Soybean)[oil] - 225 mg; Triticum aestivum oil (Wheat Germ) [kernel] - 150 mg; Triticum aestivum powder (Wheat Germ) [kernel] - 10 mg; Oryza sativa powder (Rice Bran) [grain] - 10 mg; Vitamin E (as alpha tocopherol 0,84 IU 0,57 mg) - 2 mg;	Adults: Take 1 - 3 capsules daily with food		Health Supplement	Multiple substance formulation	Oral	Low	Source of protein and amino acids which helps build and repair body tissues. Assists in the building of lean muscle tissue/mass when combined with regular weight/resistance training and a healthy balanced diet. Contributes to the protection of cells from oxidative stress. Plant sterols support the functioning of the immune system.	At or below 25 ° C
24	Imported and Exported	Vegan D	Tablet	90	Dosage per 1 tablet: Vitamin D3 (100.000 IU/g) (equivalent to Cholecalciferol 448 IU) - 4,48 mg; Vitamin D2 (100.00 IU/g) (equivalent to Ergocalciferol 112 IU) - 1,12 mg	Adults: Take 1 tablets daily		Health Supplement	Multiple substance formulation	Oral	Low	Vitamin D helps in the absorption and use of calcium and phosphorus. It contributes to the maintenance of strong bones and teeth as well as normal muscle function. Vitamin D also contributes to normal function of the immune system.	At or below 25 ° C
25	Imported and Exported	Vitamin B Co	Tablet	60	Dosage per 1 tablet: Choline bitartrate (choline) (providing 100 mg Choline) - 256 mg; Niacinamide (vitamin B3) (providing 181 mg of niacinamide) - 200 mg; D-Calcium pantothenate (vitamin B5) (providing 200 mg Pantothenic Acid) - 217 mg; Inositol - 100 mg; Pyridoxine HCl (vitamin B6) (providing 50 mg Vitamin B6) - 68,46 mg; Para amino benzoic acid (PABA) - 50 mg; Thiamine mononitrate (vitamin B1) (providing 50 mg Vitamin B1) - 58,45 mg; Riboflavin (Vitamin B2) (providing 42 mg Vitamin B2) - 50 mg; Cyanocobalamin 1 % in mannitol (vitamin B12) (providing 200 mcg Vitamin B12) - 24 mg; Folic acid (providing 666 DFE folate) - 400 mcg; d-Biotin (vitamin H) - 300 mcg	Adults: Take 1 tablet daily		Health Supplement	Multiple substance formulation	Oral	Low	Multi-vitamin/mineral supplement	At or below 25 ° C
26	Imported and Exported	Vitamin C	Tablet	100	Dosage per 1 tablet: Vitamin C (as ascorbic acid) - 500 mg; Malpighia emarginata (Acerola cherry) [fruit] (powder) - 15 mg; Hesperidin complex (citrus sinensis, citrus paradisi, citrus limon, citrus aurantifolia, and citrus reticulata) - 10 mg; Lemon bioflavonoid (Citrus sinensis) [peel] - 10 mg; Rosae canina (Rose hips) [fruit] (4: 1 concentrate - providing 3,125 mg Rose hips) (powder) - 10 mg; Sophorae japonica (Rutin) [fruit] (powder) - 10 mg	Adults: Take 1 tablet daily		Discipline specific	Combination product	Oral	Low	Helps to metabolise fats and proteins. Contributes to iron absorption from food. Helps in the development and maintenance of bones, cartilage, connective tissue, teeth and gums. Helps in wound healing. Provides antioxidants that help protect cells against the oxidative effect of free radicals	At or below 25 ° C
27	Imported and Exported	Vitamin E 200 IU	Capsule	60	Dosage per 1 capsule: Vitamin E (as d-alpha tocopherol 67%) (providing 208 IU d-alpha tocopherol) - 208 mg	Adults: Take 1 capsule daily		Health Supplement	Vitamins	Oral	Low	Contributes to the protection of cells from oxidative stress. Provides antioxidants for the maintenance of good health.	At or below 25 ° C
28	Imported and Exported	Wheat Germ Oil	Capsule	60	Dosage per 1 capsule: Triticum aestivum oil (Wheat Germ) [kernel] - 731,50 mg; D-Alpha tocopherol (Vitamin E) (providing 57 IU/IE Vitamin E) - 59 mg	Adults: Take 1 capsule daily		Health Supplement	Multiple substance formulation	Oral	Low	Multi-vitamin supplement. Provides antioxidants for the maintenance of good health	At or below 25 ° C
29	Imported and Exported	Chelated Zinc	Tablet	100	Dosage per 1 tablet: Zinc glycinate 10% (equivalent to 11,4 mg elemental Zinc) - 114 mg; Zinc L-Methionate 20% (equivalent to 3,76 mg elemental Zinc) - 18,8 mg	Adults: Take 1 tablet daily		Health Supplement	Minerals	Oral	Low	Contributes to the normal maintenance of normal skin, nails, hair, and bones. Contributes to normal cognitive function and normal vision. Contributes to normal testosterone levels in the blood. Helps the body to metabolise carbohydrates, fats and proteins	At or below 25 ° C
30	Imported and Exported	Chelated Cal-Mag	Tablet	90	Dosage per 1 tablet: Calcium carbonate (providing 100 mg elemental Calcium) - 265,99 mg; Magnesium Oxide Heavy (providing 50 mg elemental Magnesium) - 90 mg; Cholecalciferol (Vitamin D3) 100 m IU/g (providing 170 IU/IE Vitamin D3) - 1,83 mg	Adults: Take 3 tablets daily		Health Supplement	Multiple substance formulation	Oral	Low	Helps in the absorption and use of calcium and phosphorus. Helps in the development and maintenance of bones and teeth and maintains proper muscle function and tissue formation. Helps to metabolise carbohydrates, nutrients, fats and proteins.	At or below 25 ° C
31	Imported and Exported	Ami - Tone	Tablet	90	Dosage per 1 tablet: L - Arginine HCL - 484,00 mg; L - Ornithine HCL - 225,00 mg; L - Tyrosine - 25,00 mg; L - Cysteine - 20,00 mg; Potassium Carbonate 56,5% (equivalent to 10 mg elemental Potassium) - 17,70 mg; Magnesium Oxide 60% (equivalent to 10 mg elemental Magnesium) - 16,60 mg; L - Lysine HCL - 12,50 mg; Zinc Sulfate 36,4% (equivalent to 2 mg elemental Zinc) - 5,50 mg; Stellaria media [Chickweed Powder] [whole plant] - 2,00 mg; Valeriana officinalis [Valerian Root Powder] [rhizome] - 2,00 mg	Adults: Take 3 tablets daily, in the evening at bedtime. For best results, take on an empty stomach (approximately three hours after a meal).		Discipline specific	Combination product	Oral	Low	Source of (an) amino acid(s) involved in muscle protein synthesis	At or below 25 ° C

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32	Imported and Exported	Beta Guard	Tablet	100	Dosage per 1 tablet: Vitamin C (Ascorbic acid) (providing 144 mg of ascorbic acid) – 150 mg; Niacinamide (Vitamin B3) (providing 10,17 mg niacin) – 12,5 mg; Pyridoxine hydrochloride (Vitamin B6) (providing 9,576 mg Vitamin B6) – 12,6 mg; Hesperidin [Citrus sinensis] (peel & fruit) – 7,5 mg; Citrus limon (Lemon Bioflavonoid) (providing 3,52 mg Total bioflavonoids) – 7,5 mg; Citrus sinensis powder (Orange) (peel) – 7,5 mg; Zinc cysteine (amino) (providing 1,05 mg of elemental zinc) – 5 mg; Daucus carota (Beta-Carotene) (carrot) [extract powder 1,5 % carotenoids] (providing 0,008 mcg carotenoids) – 1,36 mg; Cyanocobalamin (Vitamin B12) – 3 ug; d-alpha-tocopherol acetate (Vitamin E) (providing 10,5 IU/IE Vitamin E) – 15 IU; Saccharomyces cerevisiae (Chromium) (yeast) (providing 10,1 ug chromium) – 15 ug; Saccharomyces cerevisiae (Selenium) (yeast) (providing 6 ug selenium) – 7,5 ug	Adults: Take two (2) tablets daily		Health Supplement	Multiple substance formulation	Oral	Low	Multi-vitamin/mineral supplement. An antioxidant for the maintenance of good health	At or below 25 ° C
33	Imported and Exported	Multi	Tablet	30	Dosage per 1 tablet: Ascorbic acid (vitamin C) (providing 150 mg Vitamin C) - 184 mg; Dicalcium phosphate(providing 25 mg Calcium and 20 mg Phosphorus) - 112 mg; Potassium gluconate (potassium) (providing 10 mg Potassium) - 60 mg; Magnesium oxide (magnesium) (providing 10 mg Magnesium) - 50 mg; Rosa canina (rose hip) (fruit powder) 50 mg; Vitamin E acetate (vitamin E) (providing 30 IU/IE Vitamin E) - 43 mg; Malt Diastase (enzyme activity 6 700 DP/g) - 40 mg; Niacinamide (vitamin B3) (providing 25 mg Vitamin B3) - 27,5 mg; Saccharomyces cerevisiae (Brewer's yeast) - 25 mg; Glycine max (soy lecithin) - 25 mg; Glycine max (soy protein isolate) – 25 mg; Ascophyllum nodosum (Norwegian kelp) (providing 100 mcg Iodine) - 20,4 mcg; Zinc oxide (zinc) (providing 15 mg elemental Zinc) - 18,7 mg; Calcium D-pantothenate (pantothenic acid) (providing 15 mg Vitamin B5) - 18,04 mg; Copper gluconate (copper) (providing 2 mg elemental Copper) - 14,3 mg; Pyridoxine hydrochloride (vitamin B6) (providing 10 mg Vitamin B6) - 13,65 mg; Manganese sulphate (manganese) (providing 4mg Manganese) - 12,32 mg; Riboflavin (vitamin B2) (providing 10 mg Vitamin B2) - 11,3 mg; Thiamine Mononitrate (vitamin B1) (providing 10 mg Vitamin B1) - 11 mg; Vitamin A palmitate (Vitamin A) (providing 5000 IU/IE Vitamin A and 1500 mcg RAE) 11 mg; Chromium amino acid complex 2000 (0,2 %) (providing 20 mcg Chromium) - 10 mg; Cobalamin (vitamin B12) (providing 10 mcg Vitamin B12) 3,33 mg; Cholecalciferol (vitamin D3) (providing 200 IU/IE Vitamin D3) 2,2 mg; Sodium selenite (selenium) (providing 40 mcg Selenium) 2 mg; Folic acid (vitamin B9) (providing 100 mcg Vitamin B9 and 166 DFE) - 110 mg; Molybdenum trioxide (molybdenum) (providing 30 mcg Molybdenum) - 45 mcg	Adults: Take 1 tablet daily		Health Supplement	Multiple substance formulation	Oral	Low	MULTI has been formulated to provide vitamins, minerals and nutritional ingredients which contribute to normal growth and development as well as the maintenance of good health.	At or below 25 ° C
34	Imported and Exported	Phyto Defence	Other	30 sachets	Cruciferous Tablets: Dosage per 1 tablet: Glycine max (powder) - 200 mg; Broccoli Cruciferous Extract containing Raphanus sativus (radish) and Brassica oleracea (kale/broccoli) - 150 mg; Citrus sinensis oil extract (Orange) (peel) - 100 mg; Brassica juncea L. flour (Mustard seed) (seed) - 50 mg; Oryza sativa (Rice starch) (seed) - 47 mg; Sinapis alba (yellow mustard) (seed) - 10 mg; Glycyrrhiza glabra extract (licorice) (root) - 10 mg; Nasturtium officinale (Watercress) (leaf and stem) - 5 mg. Carotenoid Capsules: Dosage per 1 capsule: Carotenoid Oleoresin Blend - 229 mg providing: Daucus carota (carrot extract) (root) - 130 mg; Capsicum annuum (Red bell pepper extract) (fruit) (providing 16 mg of capsaicinoids) - 40 mg; Lycopersicon esculentum extract (Tomato) (fruit) - 34 mg; Spinacia oleracea (Spinach extract) (leaf) - 24 mg; Fruit Powder Blend - 70 mg providing: Prunus armeniaca (Apricot concentrate) (fruit-dry) - 25 mg; Fragaria vesca (Strawberry concentrate) (fruit-dry) - 25 mg; Prunus persica (Peach concentrate) (fruit-dry) - 20 mg; Vitamin E (d-alpha tocopherol 1000 IU/g) - 6IU/IE. Flavonoid Complex Tablets: Dosage per 1 tablet: Vaccinium macrocarpon extract 25:1 (Cranberry) (berry) - 100 mg; Brassica oleracea concentrate (kale) (leaf) - 80 mg; Vitamin C (ascorbic acid) - 50 mg; Camellia sinensis (green tea)[extract 30%] contains 12 mg caffeine per 40 mg; Beta vulgaris powder (Beet) (root) - 40 mg; <i>Adapted from: European Pharmacopoeia</i> - 90 mg.	Adults: Take 1 sachet daily with food		Discipline specific	Combination product	Oral	Low	Provides antioxidants that helps protect cells against oxidative effect of free radicals. Source of antioxidants and contributes to the maintenance of eyesight, skin, membranes and immune function.	At or below 25 ° C
35	Imported and Exported	Vita Guard	Tablet - Chewable	120	Dosage per 1 tablet: Citrus x sinensis powder (Orange) (juice) - 60 mg; Daucus carota (carrot) [extract powder 1,5 % carotenoids] (root) (providing 892,5 mcg Carotenoids) - 59,5 mg; Ascorbic acid (Vitamin C) (providing 32,78 mg Ascorbic acid) - 33,8 mg; Mixed berry (powder) - 28,5 mg; d-alpha mixed tocopherols (Vitamin E) (providing 7,6 IU/IE Vitamin E) - 23,6 mg; Vitis vinifera concentrate powder (Grape) (fruit) - 10 mg; Saccharomyces cerevisiae (Selenium) (Yeast) (providing 10 mcg Selenium) - 10 mg; Zinc Oxide (providing 3,69 mg elemental Zinc) - 9,34 mg; Camellia sinensis (green tea) [leaf powder, 25:1 extract standardised to polyphenols 50 % and catechins 30 %] contains 12 mg caffeine per 40 mg - 7 mg; Citrus limon (Lemon bioflavonoid) (providing 3,34 mg Total bioflavonoids) - 7 mg; Sambucus nigra (elderberry) (powder, 32:1 extract 3,45 mg standardised to anthocyanin 7 %) - 5 mg; Lycopersicon esculentum powder (Tomato) (fruit) - 5 mg; Fragaria x ananassa powder (Strawberry) (fruit) - 3,5 mg; Prunus persica powder (Peach) (fruit) - 3,5 mg; Prunus armeniaca powder (Apricot) (fruit) - 3,5 mg; Vaccinium macrocarpon extract powder (Cranberry) (fruit) - 2 mg	Adults: Take 2 tablets daily with food		Health Supplement	Multiple substance formulation	Oral	Low	Multi-vitamin/mineral supplement. An antioxidant for the maintenance of good health.	At or below 25 ° C

SAHPRA LICENCE NO.		0000000744-15	CM REF.	DA02-D3EABA	Name of Licence Holder:	Neolife International (Pty) Ltd					Version:		01-092023
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
36	Imported and Exported	Vita Squares	Tablet - Chewable	180	Dosage per 1 tablet: Ascorbic acid (Vitamin C) - 20 mg; Niacinamide (Vitamin B3) (providing 4,33 mg Vitamin B3) - 14,30 mg; D-Alpha mixed tocopherol (Vitamin E) (providing 3,3 IU/IE Vitamin E) - 10,47 mg; Ferrous fumarate (providing 2,0 mg Iron) - 10,14 mg; Oryza sativa powder (rice bran) (grain) - 7,41 mg; Zinc oxide (providing 2,5 mg elemental Zinc) - 6,22 mg; Glycine Max flour (soy) [legume] - 5,35 mg; Choline bitartrate (providing 1,5 mg Choline) - 3,65 mg; D-Calcium pantothenate (providing 3,3 mg Pantothenic acid) - 3,39 mg; Chromium yeast (providing 6,67 mcg Chromium) - 3,33 mg; Glycine Max powder (soy lecithin) [legume] - 2,20 mg; Vitamin A palmitate 500 000 IU/g (providing 1000 IU/IE Vitamin A - 300 mcg RAE) - 2,20 mg; Pyridoxine HCL (Vitamin B6) (providing 467 mcg Vitamin B6) - 1,76 mg; Riboflavin (Vitamin B2) (providing 500 mcg Vitamin B2) - 1,65 mg; Thiamine mononitrate (Vitamin B1) (providing 500 mcg Vitamin B1) - 1,65 mg; Inositol [granular] (providing 1,5 mg Inositol) - 1,58 mg; Triticum aestivum powder (wheat germ) [kernel] - 1,57 mg; Cholecalciferol (Vitamin D3 100 000 I.U./g) (providing 3,33 mcg Vitamin D3) - 1,47 mg; Manganese sulphate monohydrate (providing 333 mcg Manganese) - 1,03 mg; Cupric oxide (providing 166 mcg elemental Copper) 0,42 mg; Cyanocobalamin (Vitamin B12) (providing 1 mcg Vitamin B12) - 0,33 mg; Folic acid (providing 110 mcg DFE folate) 66,7 mcg; D-Biotin (Vitamin H) (providing 50 mcg Vitamin H) - 50 mcg; Potassium iodide (providing 25 mcg Iodine) - 33 mcg	Adults: Take three (3) tablets daily with food		Health Supplement	Multiple substance formulation	Oral	Low	Multi-vitamin/mineral supplement.	At or below 25 ° C
37	Imported and Exported	Vitamin A and D	Capsule	100	Dosage per 1 capsule: Fish Liver [oil] [vitamin A 50 000 I.U./g] (providing 4750 IU/IE Vitamin A - 3182 mcg RAE) - 120 mg; Ergocalciferol (Vitamin D2) [1 000 000 I.U./g] (providing Vitamin D2 400IU/IE) - 0,55 mg	Adults: Take 1 capsule daily		Health Supplement	Vitamins	Oral	Low	Contributes to the development and maintenance of night vision. Contributes to the development and maintenance of bones and teeth. Helps in the absorption and use of calcium and phosphorus.	At or below 25 ° C
38	Imported and Exported	Garlic Allium Complex	Tablet	60	Dosage per 1 tablet: Allium sativum L. extract (Garlic A10 000) [bulb] - 210,75 mg; Allium sativum L. powder extract (Garlic)[bulb] - 15 mg; Allium cepa L. powder extract (onion) (bulb) - 10 mg; Allium porrum L. powder extract (Leek) [bulb] - 9 mg; Rosmarinus officinalis L. extract (Rosemary) [leaf] - 2,5 mg; Allium schoenoprasum L. extract (Chives) [leaf] - 0,25 mg	Adults: Take 2 tablets daily, or as directed by your health care provider. To assure breath freshness, do NOT chew the tablets.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps relieve the symptoms associated with upper respiratory tract infections and catarrhal conditions (such as nasal congestions and build up of excess mucus).	At or below 25 ° C
39	Imported and Exported	Mind Enhancement Complex	Tablet	60	Dosage per 1 tablet: Ginkgo biloba extract powder (Ginkgo)[leaf] - 380 mg; Salvia officinalis extract powder (Red sage)[leaf] - 319 mg; Centella asiatica extract powder (Gotu kola) [leaf] - 304 mg; Ocimum basilicum extract powder (Sweet basil) [leaf] - 182 mg; Thymus vulgaris extract powder (Thyme) [leaf] - 182 mg; Rosmarinus officinalis extract powder (Rosemary) [leaf] - 152 mg; Scutellaria lateriflora extract powder (Skullcap) [flower] - 152 mg.	Adults: Take one (1) tablet each morning and night, or as directed by your health care professional.		Discipline specific	Western Herbal Medicine	Oral	Low	Assists with enhancing cognitive function and memory in adults and supports peripheral circulation. Helps relieve restlessness and/or nervousness (calmative) and as a sleep aid (during times of mental stress). Helps increase energy and resistance to stress (in case of mental and physical fatigue related to stress). As a source of antioxidants.	At or below 25 ° C
40	Imported and Exported	Liqui Vite	Liquid	240 ml	Dosage per 5ml: Daucus carota [carrot] [powder, extract 46,3 mg standardised to Carotenoids 1,5 %] and Retinyl palmitate (Vitamin A) (providing 2500 IU/IE Vitamin A - 695,6 µg RAE) - 1,238 mg; Ascorbic acid (Vitamin C) (providing 30 mg Vitamin C) - 41,04 mg; Oryza Sativa bran oil (Rice) [grain] - 17,5 mg; Niacinamide (Vitamin B3) (providing 15 mg Niacin) - 16,83 mg; D-alpha-tocopherol (Vitamin E) (providing 15 IU/IE Vitamin E) - 16,728 mg; Glycine max oil (Soya bean) [legume] - 13,5 mg; Triticum aestivum oil (Wheat germ) [kernel] - 9 mg; Choline bitartrate (providing 3,5 mg Choline) - 9,57 mg; Dexpanthenol (providing 5 mg Pantothenic acid) - 8,67 mg; Sambucus canadensis extract (elderberry) [fruit] - 6,25 mg; Inositol - 3,5 mg; Cyanocobalamin (Vitamin B12) (providing 6 mcg Vitamin B12) - 3,636 mg; Citrus limon powder (lemon bioflavonoid) [peel] - 2,5 mg; Riboflavin 5-phosphate sodium (providing 1,5 mg Riboflavin) - 2,42 mg; Pyridoxine hydrochloride (Vitamin B6) (providing 1,5 mg Vitamin B6) - 2,09 mg; Thiamine hydrochloride (Thiamine) (providing 1,5 mg Thiamine) - 1,98 mg; Folic acid (Vitamin B9) (providing 200 mcg Vitamin B9 - providing 488 mcg DFE) - 293 mcg; Cholecalciferol (Vitamin D3) (providing 200 IU/IE Vitamin D3) - 250 mcg; D-Biotin (providing 150 mcg Biotin) - 171 mcg; Potassium iodide (providing 37,5 mcg Iodide) - 60 mcg	Children under 4 years: Take one (1) teaspoon (5ml) per day. Adults and children over 4 years: Take two (2) teaspoons (10 ml) per day		Discipline specific	Western Herbal Medicine	Oral	Low	Multi-vitamin/mineral supplement	At or below 25 ° C
41	Imported and Exported	Feminine Herbal Complex	Tablet	60	Dosage per 1 tablet: Dioscorea villosa (Wild yam) [root] - 761 mg; Salvia officinalis (Sage) [leaf] - 319 mg; Hypericum perforatum (St John's Wort) [flower] - 274 mg; Vitex agnus-castus (Chasteberry) [fruit] - 228 mg; Angelica polymorpha (Chinese angelica) [root] - 152 mg; Alchemilla vulgaris (Lady's mantle) [herb] - 213 mg; Scutellaria laterifolia (Skullcap) [herb] - 152 mg; Zingiber officinale (Ginger) [root] - 91 mg; Glycyrrhiza glabra (licorice) [root] - 76 mg; Taraxacum officinale (Dandelion) [root] - 76 mg;	Take one (1) each morning and night or as directed by health care provider		Discipline specific	Western Herbal Medicine	Oral	Low	Supports physical and emotional aspects of the monthly cyclical needs of the female system	At or below 25 ° C

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
42	Imported and Exported	Essential Vitamin & Mineral Complex	Capsule	30	Dosage per 1 capsule: Soya phosphatidylcholine (providing 32 mg Phosphatidylcholine) - 100 mg; Magnesium oxide Heavy (60 %) (providing 56 mg elemental Magnesium) - 93,75 mg; Ascorbic acid (Vitamin C) 60 mg; Niacinamide (Vitamin B3) - 24 mg; Manganese gluconate dihydrate (providing 2 mg elemental Manganese) - 23,18 mg; Laminaria digitata (Kelp) [extract powder] (providing 100 mcg elemental Iodine) - 20 mg; Inositol - 20 mg; Ferrous fumarate (providing 6 mg elemental Iron) - 18,75 mg; Upase 1 000 FIP/g (90 FCC LU) - 18 mg; D-Calcium pantothenate (Vitamin B5) (providing 15 mg Vitamin B5) - 17,93 mg; Chromium 2000 yeast (providing 35 mcg elemental Chromium) - 17,5 mg; Papain 6 000 USP units/mg (72 000 FCC PU) - 12 mg; Cyanocobalamin (providing 9,6 mcg Vitamin B12) - 10,56 mg; Saccharomyces cerevisiae (Brewer's yeast) - 10 mg; Zinc citrate trihydrate (providing 12 mg elemental Zinc) - 9,678 mg; Menquinone (Vitamin K2) [1 500 ppm oil] (providing 12 mcg Vitamin K2) - 8,8 mg; Malt diastase 6 700 DP/g (56 FCC DP) - 8,3 mg; Copper gluconate [powder] (providing 1 mg elemental Copper) - 7,14 mg; Pyridoxine hydrochloride (providing 5,1 mg Vitamin B6) - 6,85 mg; Fungal amylase 40 000 SBB/g (268 FCC DU) - 6,7 mg; Thiamine mononitrate (providing 3,6 mg Vitamin B1) - 4,589 mg; Riboflavin (providing 3,9 mg Vitamin B2) - 4,29 mg; Malpighia Glabra L. powder (Acerola cherry) [berry] - 4 mg; Mixed tocopherols (providing 2 mg mixed non-alpha tocopherols) - 3,57 mg; Vitamin A palmitate 1 Mio IU /g. (providing 1500 IU Vitamin A palmitate) - 1,65 mg; Phytomenadione 1 % (providing 12 mcg Vitamin K1) - 1,32 mg; Cholecalciferol (Vitamin D3) [1 000 000 IU oily Vitamin D3 /g] (providing 400 IU Vitamin D3) - 0,44 mg; Folic acid (Vitamin B9) (providing 666 DFE folate) 0,4 mg; D-alpha-tocopherol (Vitamin E) 1 (providing 10 IU Vitamin E) - 0,149 mg;	Adults: Take 1 capsule daily		Health Supplement	Multiple substance formulation	Oral	Low	Multi vitamin and mineral supplement	At or below 25 ° C
43	Imported and Exported	Pro Vitality Plus	Other	30	Dosage per 1 sachet: Essential Vitamin & Mineral Complex: Dosage per 1 capsule: Soya phosphatidylcholine (providing 32 mg Phosphatidylcholine) - 100 mg; Magnesium oxide Heavy (60 %) (providing 56 mg elemental Magnesium) - 93,75 mg; Ascorbic acid (Vitamin C) 60 mg; Niacinamide (Vitamin B3) - 24 mg; Manganese gluconate dihydrate (providing 2 mg elemental Manganese) - 23,18 mg; Laminaria digitata (Kelp) [extract powder] (providing 100 mcg elemental Iodine) - 20 mg; Inositol - 20 mg; Ferrous fumarate (providing 6 mg elemental Iron) - 18,75 mg; Upase 1 000 FIP/g (90 FCC LU) - 18 mg; D-Calcium pantotheate (Vitamin B5) (providing 15 mg Vitamin B5) - 17,93 mg; Chromium 2000 yeast (providing 35 mcg elemental Chromium) - 17,5 mg; Papain 6 000 USP units/mg (72 000 FCC PU) - 12 mg; Cyanocobalamin (providing 9,6 mcg Vitamin B12) - 10,56 mg; Saccharomyces cerevisiae (Brewer's yeast) - 10 mg; Zinc citrate trihydrate (providing 12 mg elemental Zinc) - 35,585 mg; Menquinone (Vitamin K2) [1 500 ppm oil] (providing 12 mcg Vitamin K2) - 8,8 mg; Malt diastase 6 700 DP/g (56 FCC DP) - 8,3 mg; Copper gluconate [powder] (providing 1 mg elemental Copper) - 7,14 mg; Pyridoxine hydrochloride (providing 5,1 mg Vitamin B6) - 6,85 mg; Fungal amylase 40 000 SBB/g (268 FCC DU) - 6,7 mg; Thiamine mononitrate (providing 3,6 mg Vitamin B1) - 4,589 mg; Riboflavin (providing 3,9 mg Vitamin B2) - 4,29 mg; Malpighia Glabra L. powder (Acerola cherry) [berry] - 4 mg; Mixed tocopherols (providing 2 mg mixed non-alpha tocopherols) - 3,57 mg; Vitamin A palmitate 1 Mio IU /g. (providing 1500 IU Vitamin A palmitate) - 1,65 mg; Phytomenadione 1 % (providing 12 mcg Vitamin K1) - 1,32 mg; Cholecalciferol (Vitamin D3) [1 000 000 IU oily Vitamin D3 /g] (providing 400 IU Vitamin D3) - 0,44 mg;	Adults: Take each tablet/capsule daily with food		Health Supplement	Multiple substance formulation	Oral	Low	Provides vitamins, minerals and nutritional ingredients which contribute to normal growth and development as well as the maintenance of good health. Source of Omega-3 fatty acids for the maintenance of good health. Helps support cognitive health and or brain function. Helps maintain/support cardiovascular health. Source of antioxidants and contributes to the maintenance of eyesight, skin, membranes and immune function. Source of protein and amino acids which helps build and repair body tissues. Contributes to the protection of cells from oxidative stress. Plant sterols support the functioning of the immune system.	At or below 25 ° C