

SAHPRA LICENCE NO.		DL02-05A97D	CM REF.	see Licence No.	Name of Licence Holder:	Tabaldi Health (Pty) Ltd							Version:	01-122023	Doc Number: CP-FS&L-CM&P-021 Revision: 01-23
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA	
1	Imported and Exported	Synergix Adrenal Boost	Capsule	60	Per Capsule Panax Ginseng C.A. Mey (Ginseng) 0,8 mg (stem and leaf, Extract 5:1); Glycyrrhiza glabra (licorice root Powder) 250 mg; Echinacea purpurea 100mg [leaf, 4:1 extract]; Chromium picolinate 0,1 mg providing chromium (elemental) 0,099 mg; Thiamine (Vitamin B1) 1,1 mg; Calcium D-pantothenate (Vitamin B5) 25 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps to boost immune function, energy levels, memory, metabolic health and general wellbeing.	At or below 25 ° C		
2	Imported and Exported	Synergix Advance Methyl Complex	Capsule	90	Per Capsule Beta vulgaris 500 mg [root; Betaine HCl]; Pyridoxine 30 mg provided as Pyridoxine HCl (Vitamin B6) 25 mg Pyridoxal-5-phosphate (Vitamin B8) 5 mg; Methylcobalamin (Vitamin B12) 30 µg; Calcium L-5-methyltetrahydrofolate (Calcium) 450 µg providing 750 µg DFE	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps to support liver function, and digestion.	At or below 25 ° C		
3	Imported and Exported	Synergix Acetyl-L-Carnitine 500 mg	Capsule	90	Per Capsule Acetyl-L-Carnitine 500 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Amino acids	Oral	Low	Helps support and maintain healthy brain function.	At or below 25 ° C		
4	Imported and Exported	Synergix Aloe 500 mg	Capsule	60	Per Capsule Aloe Ferox Bitter Powder 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other	Oral	Low	Helps support immune function and helps relieve minor symptoms of pain and inflammation.	At or below 25 ° C		
5	Imported and Exported	Synergix Alpha Lipoic Acid 125 mg	Capsule	60	Per Capsule Alpha Lipoic Acid 125 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Anti-oxidant, that helps promote healthy metabolism of glucose and relieve minor symptoms of peripheral neuropathy.	At or below 25 ° C		
6	Imported and Exported	Synergix Alpha Lipoic Acid 250 mg	Capsule	60	Per Capsule Alpha Lipoic Acid 250 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Anti-oxidant, that helps promote healthy metabolism of glucose and relieve minor symptoms of peripheral neuropathy.	At or below 25 ° C		
7	Imported and Exported	Synergix Alpha Lipoic Acid 500 mg	Capsule	30, 60	Per Capsule Alpha Lipoic Acid 500 mg	Adults 18 years and older: Take 1 capsule once a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Anti-oxidant, that helps promote healthy metabolism of glucose and relieve minor symptoms of peripheral neuropathy.	At or below 25 ° C		
8	Imported and Exported	Synergix Andrographis 200 mg	Capsule	30, 60	Per Capsule Andrographis paniculata 200 mg [whole herb]	Adults 18 years and older: Take 1 capsule daily.		Discipline specific	Other	Oral	Low	Anti-infective agent that helps promote immune function and helps reduce minor symptoms of inflammation.	At or below 25 ° C		
9	Imported and Exported	Synergix Andrographis 200 mg	Capsule	60	Per Capsule Andrographis paniculata 200 mg [whole herb]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other	Oral	Low	Anti-infective agent that helps promote immune function and helps reduce minor symptoms of inflammation.	At or below 25 ° C		
10	Imported and Exported	Synergix Arthro Capsules	Capsule	60	Per Capsule Perna canalicula (Green-lipped Mussel) 37 mg; Harpagophytum procumbens (Burch.) DC. ex Meisn. (Devils Claw) 50 mg [root powder]; Salix alba 25 mg [bark, White Willow Bark extract]; Curcuma longa 25 mg [root, turmeric extract powder]; Ananas Comosus (Bromelain) (50 000 GDU) 25 mg; Boswellia Serrata Extract powder (resin) 16,25 mg; D-Glucosamine HCl 250 mg; MSM (methylsulfoniomethane) 150 mg; Vitamin A acetate (vitamin A) 500 µg (1 666 I.U.); Ascorbic acid (Vitamin C) 48,5 mg; Vitamin E acetate 950 NS (natural source) 5 mg providing D-Alpha tocopheryl acetate 195 µg; Zinc chelate 5 mg providing Zinc 0,572 mg (elemental); Copper chelate 0,5 mg providing Copper (elemental) 0,05 mg; Boron chelate 0,5 mg providing Boron (elemental) 0,025 mg; Manganese chelate 0,41 mg providing manganese (elemental) 0,041 mg; Selenium chelate 00,0025 mg providing selenium (elemental) 0,005 µg *GDU - Gelatin Digesting Units	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps to maintain healthy cartilage, and joints, and assists in the relief of minor inflammation.	At or below 25 ° C		
11	Imported and Exported	Synergix Ashwagandha 500 mg	Capsule	60	Per Capsule Withania somnifera (L.) Dunal (Ashwagandha) 500 mg [root, 15:1 extract]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps to combat stress, anxiety and insomnia as well as helping to enhance male vitality and sex drive.	At or below 25 ° C		
12	Imported and Exported	Synergix Bergamot 500 mg	Capsule	60	Per Capsule Citrus aurantium bergamia 500 mg [berry, Bergamot fruit extract 4:1]	Adults 18 years and older: Take 1 capsule two times a day		Discipline specific	Ayurveda	Oral	Low	Helps to reduce cholesterol levels and fat in the body.	At or below 25 ° C		
13	Imported and Exported	Synergix Betaine HCl & Pepsin	Capsule	60	Beta vulgaris 325 mg [root; Betaine HCl]; Pepsin (1:3 000) 60 mg (3 000 FCC units/mg) (180 000 FCC*) *FCC - Food Chemicals Codex	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps support liver function and digestion.	At or below 25 ° C		
14	Imported and Exported	Synergix Beta-Carotene 750 µg (125 RAE)	Capsule	60	Per Capsule Beta-Carotene (Vitamin A) 750 µg (125 RAE)	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Carotenoids	Oral	Low	Helps contribute to the maintenance of normal mucous membranes and is a factor in the maintenance of good health.	At or below 25 ° C		
15	Imported and Exported	Synergix Betaine HCl & Pepsin (Half Strength)	Capsule	60	Per Capsule Beta vulgaris 100 mg [root; Betaine HCl]; Pepsin (1:3 000) 20 mg (3 000 FCC units/mg) (60 000 FCC*) *FCC - Food Chemicals Codex	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps support liver function and digestion.	At or below 25 ° C		
16	Imported and Exported	Synergix Beta-Sitosterol	Capsule	60	Per Capsule Phytosterols 300 mg [bean]	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Maintains healthy blood cholesterol levels and promotes prostate health.	At or below 25 ° C		
17	Imported and Exported	Synergix Biotin 500 µg	Capsule	30, 60	Per Capsule D-Biotin (Vitamin H) 500 µg	Adults 18 years and older: Take 1 capsule once a day.		Health Supplement	Vitamins	Oral	Low	Helps maintain healthy hair, skin, and nails.	At or below 25 ° C		
18	Imported and Exported	Synergix Bitter Melon	Capsule	60	Per Capsule Momordica Charantia L. (Bitter Melon Extract) 250 mg [fruit]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Traditional Chinese Medicine	Oral	Low	Helps to promote health and wellness and helps to reduce risk of diabetes.	At or below 25 ° C		
19	Imported and Exported	Synergix Boron 3 mg	Capsule	30, 60	Per Capsule Boron chelate 3mg providing Boron (elemental) 0,15 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Minerals	Oral	Low	A factor in the maintenance of good health and helps maintain healthy calcium metabolism.	At or below 25 ° C		
20	Imported and Exported	Synergix Boswellia 500 mg	Capsule	60	Per Capsule Boswellia Serrata Extract 500 mg providing Boswellic acid 325 mg [resin]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other	Oral	Low	A natural anti-inflammatory that helps maintains healthy joints and muscles.	At or below 25 ° C		
21	Imported and Exported	Synergix Brain Support	Capsule	30, 60	Per Capsule Phosphatidylcholine 30 mg; Phosphatidylserine 300 mg; Calcium D-Pantothenate (Vitamin B5) 50 mg; Nicotinamide (Vitamin B3) 5 mg; Cyanocobalamin (Vitamin B12) 3 µg; Omega-3 DHA (Docosahexaenoic Acid) 300 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Multiple substance formulation	Oral	Low	Helps to reduce tiredness, fatigue and promote mental acuity.	At or below 25 ° C		
22	Imported and Exported	Synergix Bromelain 40 mg	Capsule	30, 60	Per Capsule Bromelain 40 mg (80 GDU)* (capsule) *GDU - Gelatin Digesting Units	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Enzymes	Oral	Low	A digestive enzyme that assists in the relief of minor inflammation.	At or below 25 ° C		

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
23	Imported and Exported	Synergx Beta Salvestrol Activate	Capsule	60	Per Capsule Citrus Aurantium (citrus bioflavonoids) 52,5 mg; Vitis vinifera L. (Grape Seed Extract) 142,5 mg; Vaccinium myrtillus (Billberry) 0,2 mg (berries); Polygonum cuspidatum (Trans-Resveratrol powder) 100 mg [root]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	An anti-oxidant that helps promote vascular health.	At or below 25 ° C	
24	Imported and Exported	Synergx Calcium Ascorbate Powder	Powder	500 g	Each 25 ml Scoop Calcium ascorbate 2,5 g providing Vitamin C 41,3 mg, and calcium 23,5 mg	Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Minerals	Oral	Low	An anti-oxidant that helps promote immune function and wellness.	At or below 25 ° C	
25	Imported and Exported	Synergx Calcium-D-Glucarate 500 mg	Capsule	60	Per Capsule Calcium-D-Glucarate 500 mg providing Calcium 44,7 mg & D-Glucaric acid 455,3 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Minerals	Oral	Low	Helps support the functions of the body and promote wellness.	At or below 25 ° C	
26	Imported and Exported	Synergx Calcium Magnesium	Capsule	60	Per Capsule Calcium carbonate 325 mg providing calcium (elemental) 130 mg; Manganese gluconate 0,1 mg providing manganese (elemental) 0,01 mg; Magnesium oxide 100 mg providing magnesium (elemental) 60 mg; Boron glycinate 0,05 mg providing boron (elemental) 0,0025 mg; Vitamin D3 0,5 mg; Copper biglycinate 0,1 mg providing copper (elemental) 0,01 mg; Potassium chloride 10 mg providing potassium (elemental) 5,16 mg; Zinc gluconate 0,75 mg providing zinc (elemental) 0,075 mg; Folic Acid (Vitamin B9) 0,1 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps maintain healthy bone formation, cardiovascular health and wellbeing.	At or below 25 ° C	
27	Imported and Exported	Synergx Charcoal Activated	Capsule	60	Per Capsule Activated Charcoal 200 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Other	Oral	Low	Helps support digestion and reduce flatulence and provide metabolic detoxification.	At or below 25 ° C	
28	Imported and Exported	Synergx Chaste Tree Berry Extract 500 mg	Capsule	60	Per Capsule Vitex agnus-castus (Chaste Tree Extract) 500 mg [berry]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Helps reduce pre-menstrual symptoms and promote women's health.	At or below 25 ° C	
29	Imported and Exported	Synergx Chlorella 300 mg	Capsule	60	Per Capsule Chlorella 300 mg providing protein 180 mg, carotene 2,475 mg, Chlorophyll 7,08 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Other	Oral	Low	Assists in repairing body tissues/ muscles.	At or below 25 ° C	
30	Imported and Exported	Synergx Chondroitin Sulfate 400 mg	Capsule	60	Per Capsule Chondroitin sulfate 400 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Other	Oral	Low	Used for joint health and helps support joint motility and knee health.	At or below 25 ° C	
31	Imported and Exported	Synergx Cinnamon Extract	Capsule	60	Per Capsule Cinnamomum cassia [bark, Cinnamon Extract 4:1] 250 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Helps reduce blood sugar levels and promote wellness.	At or below 25 ° C	
32	Imported and Exported	Synergx CLA 1 000 mg	Capsule - Soft	90	Per Capsule Conjugated Linoleic acid 1 000 mg providing conjugated linoleic acid 800 mg	Adults 18 years and older: Take 1 capsule three times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
33	Imported and Exported	Synergx CLA + Green Tea & Carnitine 1 200 mg	Capsule - Soft	90	Per Capsule CLA 950 mg providing 760 mg conjugated linoleic acid ; Carnitina sinensis 100 mg [leaf, Green Tea Extract] providing polyphenols 40 mg ; L-Carnitine 50 mg	Adults 18 years and older: Take 1 capsule three times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Health Supplement	Multiple substance formulation	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
34	Imported and Exported	Synergx Colostrum 500 mg	Capsule	60	Per Capsule Colostrum Bovine Powder 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Animal Extracts Products and Derivatives	Oral	Low	Helps maintain a healthy immune system and good health.	At or below 25 ° C	
35	Imported and Exported	Synergx Collagen Powder	Powder	250 g	Each 25 ml Scoop Hydrolyzed Collagen Peptide Bovine 10 g	Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Animal Extracts Products and Derivatives	Oral	Low	Strengthens muscles and reduces symptoms of inflammation and promotes joint health while combating effects of aging.	At or below 25 ° C	
36	Imported and Exported	Synergx Collagen	Capsule	60	Per Capsule Hydrolyzed collagen Peptide Bovine 20 mg ; Humulus lupulus L. 300 mg [flower, Hops extract 5:1]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Strengthens muscles and reduces symptoms of inflammation and promotes joint health while combating effects of aging.	At or below 25 ° C	
37	Imported and Exported	Synergx Cold & Flu	Capsule	60	Per Capsule Olea Europaea 20 mg [leaf, Olive Leaf Extract 4:1]; Citrus Aurantium (citrus bioflavonoids) 1,3 mg; Glycine max(Linn.) Merr. 50 mg providing Phytosterols 45 mg ; Allium sativum L. 10 mg [bulb, Garlic Extract 4:1]; Zinc Sulfate 2,5 mg providing zinc elemental 1 mg; Selenium 0,0025 mg ; D-Alpha tocopheryl acetate (dry Vitamin E acetate 950 NS) (natural source) 5 mg; Ascorbic acid (Vitamin C) 73 mg; Panax Ginseng C. A. Mey (Ginseng extract powder) 50 mg [root]; Sambucus Nigra (Elderberry Extract powder) 50 mg [flower]; Pellargonium Sidoides 125 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps combat symptoms associated with colds and flu while assisting in the promotion of lung health and boosting the immune system.	At or below 25 ° C	
38	Imported and Exported	Synergx Combo Caps	Capsule	120	Per Capsule L-Carnitine Fumarate 100 mg ; Iringia gabonensis (Aubry-Lecomte ex O'Rorke) Baill. 75 mg [seed, Irvingia Extract powder]; Ascorbic acid DC 25 mg providing Vitamin C 23,75 mg ; Pyridoxine (Vitamin B6) 15 mg ; Thiamine (Vitamin B1) 5 mg ; Riboflavin (Vitamin B2) 5 mg ; Cyanobalamin (Vitamin B12) 2,5 mg ; Calcium carbonate 100 mg providing calcium (elemental) 40 mg; Zinc sulfate 4 mg providing zinc (elemental) 1,6 mg; Magnesium carbonate 90 mg providing magnesium (elemental) 25,92 mg; Green Tea Extract 40 mg ; Chromium (elemental) 0,1 µg	Adults 18 years and older: Take 2 capsules twice a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps provide vitamins and minerals that help promote health and wellness.	At or below 25 ° C	
39	Imported and Exported	Synergx Co-Enzyme Q10 100mg	Capsule	90	Per Capsule Co-Enzyme Q10 100 mg	Adults 18 years and older: Anti-oxidant Take 1 capsule three times a day. Adult 18 years and older: Cardiovascular health: 1 capsule three times a day.		Health Supplement	Other	Oral	Low	Anti-oxidant that helps support cardiovascular health and wellness.	At or below 25 ° C	
40	Imported and Exported	Synergx Co-Enzyme Q10 50mg	Capsule	90, 120	Per Capsule Co-Enzyme Q10 50 mg	Adults 18 years and older: Anti-oxidant Take 1 - 2 capsule three times a day. Adults 18 years and older: Cardiovascular health: 1 - 2 capsule three times a day.		Health Supplement	Other	Oral	Low	Anti-oxidant that helps support cardiovascular health and wellness.	At or below 25 ° C	
41	Imported and Exported	Synergx Cordyceps 500mg	Capsule	60	Per Capsule Cordyceps sinensis Extract 500 mg (cordycepic acid) 35 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Traditional Chinese Medicine	Oral	Low	Helps boost immune functions and helps support health and wellness.	At or below 25 ° C	

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
42	Imported and Exported	Synergix Cortipin	Capsule	90	Per Capsule Calcium ascorbate 100 mg providing vitamin C 82,15 mg & Calcium 17,85 mg; Pyridoxal-5-phosphate (Vitamin B6) 10 mg; Acetyl L-Tyrosine 87,59 mg; Citrus Aurantium (citrus bioflavonoids) 18,57 mg (6,5 mg bioflavonoids); Eleutherococcus senticosus 45 mg [root, Siberian ginseng extract powder]; Rhodiola Rosea L. 44,93 mg [root, Rhodiola Rosea Extract powder]; Bacopa monnieri 40 mg [whole plant, Brahmi dry extract] (Bacoside 4 mg); L-Carnitine L-Tartrate 50 mg providing L-Carnitine 34,1 mg, L-Tartaric acid 15,75 mg; Glycyrrhiza uralensis Fisch 45 mg [root, Licorice Extract Powder]; Thiamine (Vitamin B1) 30 mg; Calcium D-pantothenate (Vitamin B5) 60 mg	Adults 18 years and older: Take 1 capsule three times a day.		Discipline specific	Combination product	Oral	Low	An anti-oxidant that helps promote health and wellness while assisting to combat symptoms of tiredness and fatigue. Helps promote lung health and women's health.	At or below 25 ° C	
43	Imported and Exported	Synergix Cranberry 800 mg	Capsule	60	Per Capsule Vaccinium macrocarpon Alton 200 mg [berry, Cranberry Extract 4:1] providing Cranberry Equivalent 800 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Promotes urinary tract health.	At or below 25 ° C	
44	Imported and Exported	Synergix Curcumin 500 mg	Capsule	30, 60	Per Capsule Curcuma longa 500 mg [root, turmeric extract powder]	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Polyphenols (including bioflavonoids)	Oral	Low	An anti-oxidant that helps relieve minor symptoms of inflammation and helps promote wellness.	At or below 25 ° C	
45	Imported and Exported	Synergix D-Aspartic Acid 500 mg	Capsule	60	Per Capsule D-Aspartic Acid 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Source of amino acids involved in muscle protein synthesis.	At or below 25 ° C	
46	Imported and Exported	Synergix Devil's Claw 500 mg	Capsule	60	Per Capsule Harpagophytum procumbens 500 mg [root, Devil's Claw Extract 4:1]; Harpagophytum procumbens 300 mg [root, Devil's Claw Powder]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps reduce minor symptoms of inflammation and helps promote health and wellness.	At or below 25 ° C	
47	Imported and Exported	Synergix Omega-3 DHA (Docosahexaenoic Acid) 500 mg	Capsule	60	Per Capsule Omega-3 DHA (Docosahexaenoic Acid) 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Source of essential fatty acids for the maintenance of good health.	At or below 25 ° C	
48	Imported and Exported	Synergix Phenylalanine 250 mg	Capsule	30, 60	Per Capsule Phenylalanine 250 mg	Adults 18 years and older: Take 1 capsule once a day.		Health Supplement	Amino acids	Oral	Low	Source of essential amino acids for the maintenance of good health and is involved in muscle protein synthesis while assisting in the building of lean muscle when combined with regular training and a healthy balanced diet.	At or below 25 ° C	
49	Imported and Exported	Synergix DMG (Dimethylglycine) 300 mg	Capsule	60	Per Capsule Dimethylglycine 300 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Other	Oral	Low	Helps boost athletic performance and promote health and wellness.	At or below 25 ° C	
50	Imported and Exported	Synergix Echinacea 350 mg	Capsule	60	Per Capsule Echinacea Purpurea 350 mg [leaf, echinacea extract 4:1]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps defend against viral infections and maintain health and wellness.	At or below 25 ° C	
51	Imported and Exported	Synergix Emodin	Capsule	60	Per Capsule Rheum palmatum L. 150 mg [leaf, Rhubarb]; Glycyrrhiza glabra (licorice root Powder) 250 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps boost the immune system, and promote digestive health and wellbeing.	At or below 25 ° C	
52	Imported and Exported	Synergix Evening Primrose Oil 1 000 mg	Capsule - Soft	90	Per Capsule Evening Primrose Oil 1 000 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Source of omega 6 fatty acid that helps maintain women's health.	At or below 25 ° C	
53	Imported and Exported	Synergix Evening Primrose Oil 500 mg	Capsule - Soft	90	Per Capsule Evening Primrose Oil 500 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Source of omega 6 fatty acid that helps maintain women's health.	At or below 25 ° C	
54	Imported and Exported	Synergix Estro	Capsule	60	Per Capsule Vitamin A acetate (Vitamin A) 1 670 µg (1 456 mg RAE); Rosmarinus officinalis L. 66 mg [leaf, Rosemary Leaf Extract]; Pueraria lobata 15,5 mg [root, Kudzu Root Extract 4:1]; Vitamin K2 0,013 mg; Pyridoxine (Vitamin B6) 16 mg; Folic acid (Vitamin B9) 0,266 mg; Red Clover Extract 4:1 15,5 mg; Beta vulgaris 250 mg [root, Betaine HCl]; Curcuma longa 66,5 mg [root, turmeric extract powder]; Vitamin D3 (100 000 I.U./g) 0,67 mg providing calciferol 0,83 µg (33,5 I.U.); Polygonum cuspidatum 0,335 mg providing Trans-Resveratrol 50 mg [root]; Methylcobalamin (Vitamin B12) 0,001 mg; d-alpha tocopheryl succinate (Vitamin E) 4,4 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps to maintain normal hormonal functions and good health in women.	At or below 25 ° C	
55	Imported and Exported	Synergix Optical Care	Capsule	60	Per Capsule Folic Acid (Vitamin B9) 0,25 mg; Vitamin A acetate (Vitamin A) 6 000 µg (5 231 µg RAE); Thiamine (Vitamin B1) 1,2 mg; Methylcobalamin (Vitamin B12) 0,05 mg; Riboflavin (Vitamin B2) 1,3 mg; Nicotinamide (Vitamin B3) 16 mg; Ascorbic acid (Vitamin C) 90 mg; Vitamin E 11 mg providing d-alpha-Tocopherol 3,651 mg (5,44 I.U.); Zinc sulphate 30 mg providing Zinc (elemental) 29,79 mg; Lutein 3,5 mg; Zeaxanthin 1 mg providing Zeaxanthin 0,05 mg; Vaccinium myrtillus (Bilberry) 0,8 mg [berries]; Omega-3 DHA (Docosahexaenoic acid) 100 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps to maintain/support eyesight in certain conditions. Antioxidant that helps fight/protect (cell) against/reduce (the oxidative effect of) the oxidative damage caused by/cell damage caused by) free radicals.	At or below 25 ° C	
56	Imported and Exported	Synergix Fatburner	Capsule	90	Per Capsule Guarana Seed Extract 450 mg providing Caffeine 90 mg; Citrus Aurantium (citrus bioflavonoids) providing 225 mg Citrus; Salix alba 10 mg [bark, White Willow Bark extract]	Adults 18 years and older: Take 1 capsule three times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Combination product	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Included as boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
57	Imported and Exported	Synergix Omega 3 (Fish Oil) 1 000 mg	Capsule - Soft	90	Per Capsule Fish Oil 1 000 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Helps maintain and support cardiovascular health and promote health and wellbeing.	At or below 25 ° C	
58	Imported and Exported	Synergix Flax Seed Oil 1 000 mg	Capsule - Soft	90	Per Capsule Flax Seed Oil 1 000 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Helps provide fatty acids to promote cardiac health and wellbeing.	At or below 25 ° C	
59	Imported and Exported	Synergix Folate Plus	Capsule	30, 60	Per Capsule Calcium L-5-methyltetrahydrofolate 0,5 mg providing L-5-methylfolate (Folic Acid) 0,95 µg, Calcium 0,49 mg	Adults 18 years and older: Take 1 capsule once a day.		Health Supplement	Vitamins	Oral	Low	Supports women's reproductive system and wellness.	At or below 25 ° C	
60	Imported and Exported	Synergix Garcinia Cambogia 1 000 mg	Capsule	90	Per Capsule Garcinia Cambogia 1 000 mg [fruit rind, Garcinia Cambogia Extract]	Adults 18 years and older: Take 1 capsule three times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Ayurveda	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Included as boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
61	Imported and Exported	Synergix Garcinia Cambogia 500 mg	Capsule	30, 60	Per Capsule Garcinia Cambogia 500 mg [fruit rind, Garcinia Cambogia Extract]	Adults 18 years and older: Take 1 capsule a day before meals. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Ayurveda	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Included as boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
62	Imported and Exported	Synergix Ginkgo Biloba 350 mg	Capsule	60	Per Capsule Ginkgo Biloba L. 290 mg [leaf, Ginkgo Biloba Herb Powder]; mg [leaf, Ginkgo Biloba Extract 50:1]	Ginkgo Biloba L. 60 Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps improve memory, concentration and maintain mental health.	At or below 25 ° C	
63	Imported and Exported	Synergix Ginkgo Biloba & Bacopa monnieri 6 000 mg	Capsule	60	Per Capsule Ginkgo Biloba L. 120 mg [leaf, Ginkgo Biloba Extract 50:1]; Bacopa monnieri 30 mg [whole plant, Brahmi dry extract]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other	Oral	Low	Helps improve memory and concentration and maintain mental health.	At or below 25 ° C	
64	Imported and Exported	Synergix Ginseng (Siberian) 350 mg	Capsule	60	Per Capsule Eleutherococcus senticosus 350 mg [root, Siberian ginseng extract powder]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other	Oral	Low	Through adaptogenic functions it helps boost immune function and promote health and wellness.	At or below 25 ° C	
65	Imported and Exported	Synergix Glucosamine 500 mg	Capsule	60	Per Capsule D-Glucosamine 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Animal Extracts Products and Derivatives	Oral	Low	Helps maintain healthy cartilage and joints.	At or below 25 ° C	
66	Imported and Exported	Synergix Glucosamine & Chondroitin	Capsule	60	Per Capsule D-Glucosamine 250 mg; Chondroitin sulfate (bovine) 250 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	A factor in maintaining healthy cartilage and maintaining joint health.	At or below 25 ° C	
67	Imported and Exported	Synergix Green Tea	Capsule	60	Per Capsule Camellia sinensis 200 mg [leaf, Green tea powder]; Camellia sinensis 50 mg [leaf, Green Tea Extract] providing polyphenols 20 mg	Adults 18 years and older: Take 1 capsule two times a day before meals.		Discipline specific	Combination product	Oral	Low	Helps maintain brain health and promote wellbeing.	At or below 25 ° C	
68	Imported and Exported	Synergix Guarana 400 mg	Capsule	60	Per Capsule Paulina Cupana Hump. 400 mg (Guarana Seed Extract) providing caffeine 88 mg	Adults 18 years and older: Take 1 capsule two times a day but don't take later than 16:00. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Other Herbal	Oral	Low	Helps reduce fatigue and tiredness, and may assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Included as boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
69	Imported and Exported	Synergix Gymnema Sylvestre Extract 500 mg	Capsule	60	Per Capsule Gymnema sylvestre 500 mg [leaf, Gymnema Extract]	Adults 18 years and older: Take 1 capsule two times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Ayurveda	Oral	Low	Helps reduce fatigue and tiredness, promote wellbeing, and may assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Included as boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
70	Imported and Exported	Synergix Hawthorn 300 mg	Capsule	60	Per Capsule Crataegus oxyacantha 300 mg [leaves, Hawthorn leaf Extract 4:1]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps promote cardiovascular health and maintain health and wellness.	At or below 25 ° C	
71	Imported and Exported	Synergix Heart Optimum	Capsule	30, 60	Per Capsule Co-Enzyme Q10 50 mg ; Polygonum cuspidatum 100 mg providing Trans-Resveratrol 50 mg [root]; Magnesium 60 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Multiple substance formulation	Oral	Low	Anti-oxidant that helps support cardiovascular health and wellness.	At or below 25 ° C	
72	Imported and Exported	Synergix Hair, Nail & Skin Restore	Capsule	60	Per Capsule Ascorbic acid (Vitamin C) 250 mg; Inositol (Vitamin B8) 250 mg; Folic acid (Vitamin B9) 5 mg; D-Biotin (Vitamin H) 0,25 mg; Nicotinic acid (Vitamin B3) 5 mg; Zinc AAC 15 mg providing zinc (elemental) 1,71 mg; Copper AAC 1 mg providing copper (elemental) 0,103 mg; Selenium 200 µg providing selenium (elemental) 0,4 µg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps maintain growth of hair, skin and nails and provide vitamins and minerals that help maintain female health.	At or below 25 ° C	
73	Imported and Exported	Synergix Homocysteine Factor	Capsule	90	Per Capsule Calcium L-5-methyltetrahydrofolate 0,17 mg (folic acid) providing D-5-methylfolate 0,323 µg; Calcium 0,169 mg; Methylcobalamin (Vitamin B12) 0,03 mg; Pyridoxine 18,25 mg provided as Pyridoxal-5-phosphate (Vitamin B6) 17,5 mg and Pyridoxine HCl (Vitamin B6) 0,75 mg; Beta vulgaris 375 mg (root, Betaine HCl) ; Riboflavin (Vitamin B2) 7,5 mg; Zinc lactate 21,55 mg; N-Acetyl-L-cysteine 50 mg; L-Glutathione 50 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps provide the body with vitamins and minerals to support cardiac health and homocysteine levels.	At or below 25 ° C	
74	Imported and Exported	Synergix Hoodia Gordonii 450 mg	Capsule	60	Per Capsule Hoodia Gordonii 450 mg	Adults 18 years and older: Take 1 capsule two times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Other	Oral	Low	Helps to reduce appetite and may assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Included as boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
75	Imported and Exported	Synergix Hops 500 mg	Capsule	60	Per Capsule Humulus Lupulus L. 500 mg [flower, Hops powder]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Assists in relief of insomnia and helps promote mental health.	At or below 25 ° C	
76	Imported and Exported	Synergix Hormone Health	Capsule	60	Per Capsule Beta vulgaris 25 mg (root, Betaine HCl); Cyanocobalamin (Vitamin B12) 0,005 mg; Calcium-D-Glucarate 50 mg; L-Methionine 25 mg; Magnesium AAC 37,5 mg providing magnesium (elemental) 3,75 mg; N-Acetyl-L-Cysteine 50 mg ; Polygonum cuspidatum 22,5 mg providing Trans-Resveratrol 50 mg [root]; Pyridoxine (Vitamin B6) 5 mg; Zinc AAC 1,5 mg providing zinc (elemental) 0,15 mg ; Folic acid (Vitamin B9) 0,2 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Antioxidant that helps to support liver function and helps maintain normal hormonal functions and good health.	At or below 25 ° C	
77	Imported and Exported	Synergix Horny Goat Weed Plus	Capsule	60	Per Capsule Epidemium sagittatum 250 mg [leaf, Epidemium sagittatum powder] providing epidemium 245 mg; Ginkgo Biloba L. 50 mg [leaf, Ginkgo Biloba Extract powder]; 50 mg Siberian Ginseng Extract 20:1	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps to increase sex drive in men and helps maintain male health.	At or below 25 ° C	

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
78	Imported and Exported	Synergix Immune 4U	Capsule	60	Per Capsule Hypoxis Roopei 200 mg [African Potato] ; Surerlandia frutescens powder 80 mg; Aloe Bitter 10 mg; Hordeum vulgare L. 20 mg [seedling, Barley Grass Powder]; Vaccinium myrtillus 1 mg [berries, Bilberry] providing anthocyanidins 0,02 mg; Ginkgo Biloba L. 2 mg [leaf, Ginkgo Biloba Extract 50:1]; Medicago sativa L. 40 mg [leaves, Alfalfa herb leaves powder]; Ganoderma lucidum Karst 25 mg [fruity body, Mushroom Reishi Powder]; Uncaria tomentosa 80 mg [bark, Cat's Claw bark powder]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps support immune function and wellbeing.	At or below 25 ° C	
79	Imported and Exported	Synergix Irvingia	Capsule	60	Per Capsule African Mango Extract (Irvingia Gabonensis) 150 mg	Adults 18 years and older: Take 1 capsule two times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Other Herbal	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. Included as boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
80	Imported and Exported	Synergix Joint Restore	Capsule	120	Per Capsule Boswellia Serrata 250 mg [resin, Boswellia Serrata Extract] providing boswellic acid 162,5 mg; Ananus cosmosus 50 mg [stem, Bromelain] (2 000 GDU/mg); Curcumin C3 Complex 125 mg (Bisdemethoxycurcumin, Demethoxycurcumin, Curcumin) ; Zingiber officinale 125 mg [root, Ginger Root extract 4:1]; Manganese AAC 1 mg providing manganese (elemental) 0,01 mg ; MSM (methylsulfonylmethane) 300 mg	Adults 18 years and older: Take 2 capsules twice a day on an empty stomach.		Discipline specific	Combination product	Oral	Low	Helps promote healthy cartilage and joints while reducing minor symptoms of inflammation.	At or below 25 ° C	
81	Imported and Exported	Synergix Kelp 500 mg	Capsule	60	Per Capsule Laminaria japonica 500 mg [herb, Kelp] providing fucoxanthin 50 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Antioxidant that helps promotes cardiac health.	At or below 25 ° C	
82	Imported and Exported	Synergix L-Arginine Powder	Powder	250 g	Each 5 ml Scoop L-Arginine 4,0 g	Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Amino acids	Oral	Low	Source of amino acid that helps promote health and wellness.	At or below 25 ° C	
83	Imported and Exported	Synergix L-Arginine 500 mg	Capsule	60	Per Capsule L-Arginine 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Source of amino acid that helps promote health and wellness.	At or below 25 ° C	
84	Imported and Exported	Synergix LaxiCaps	Capsule	120	Per Capsule Aloe Bitter 40 mg; Ilicium verum 200 mg [seed, Fennel Seed powder]; Cassia Angustifolia 90 mg [leaves, Senna Leaf]; Herba cardui mariae pulv. subst. 30 mg [fruit; Milk Thistle Seeds Powder]; Valeriana officinalis 40 mg [root; Valerian Extract powder]; Rhamnus purshiana 30 mg [bark, Cascara Sagrada Bark powder]; Cnici benedicti herba conc. 20 mg [whole herb; Holythistle herb]	Adults 18 years and older: Take 2 capsules twice a day.		Discipline specific	Combination product	Oral	Low	Helps in the relief of constipation symptoms.	At or below 25 ° C	
85	Imported and Exported	Synergix L-Carnitine 200 mg	Capsule	60	Per Capsule L-Carnitine L-tartrate 200 mg providing carnitine 136 mg, tartaric acid 63,12 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Aids in the muscle recovery process with a resistance training regimen. Helps support muscle tissue repair in individuals involved in resistance training, improve physical performance when used in conjunction with a training regimen, delays fatigue during physical activity, supports fat metabolism and fat oxidation.	At or below 25 ° C	
86	Imported and Exported	Synergix L-Carnitine Powder	Powder	250 g	Each 5 ml Scoop L-Carnitine L-tartrate 3,7 g providing Carnitine 2,5 g, tartaric acid 1,17 mg	Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Amino acids	Oral	Low	Aids in the muscle recovery process with a resistance training regimen. Helps support muscle tissue repair in individuals involved in resistance training, improve physical performance when used in conjunction with a training regimen, helps delay fatigue during physical activity, helps supports fat metabolism and fat oxidation.	At or below 25 ° C	
87	Imported and Exported	Synergix L-Citrulline Powder	Powder	250 g	Each 5 ml Scoop L-Citrulline 3 g	Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Amino acids	Oral	Low	Source of a non-essential amino acids that helps facilitate muscle health and overall wellbeing.	At or below 25 ° C	
88	Imported and Exported	Synergix L-Citrulline 750 mg	Capsule	90	Per Capsule L-Citrulline 750 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Amino acids	Oral	Low	Source of a non-essential amino acids that helps facilitate muscle health and overall wellbeing.	At or below 25 ° C	
89	Imported and Exported	Synergix Lecithin 1 200 mg	Capsule	90	Per Capsule Lecithin Powder 1 200 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Helps support liver function, boost cognitive function and overall wellbeing.	At or below 25 ° C	
90	Imported and Exported	Synergix L-Glutamine Powder	Powder	250 g	Each 5 ml Scoop L-Glutamine 2,2 g	Adults 18 years and older: Take 2 scoops daily or twice daily with food.		Health Supplement	Amino acids	Oral	Low	Provides amino acids that help facilitate muscle health, promote digestion, boost physical performance and overall wellbeing.	At or below 25 ° C	
91	Imported and Exported	Synergix L-Glutathione 30 mg	Capsule	60	Per Capsule L-Glutathione 50 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Anti-oxidant that helps support liver health and wellness.	At or below 25 ° C	
92	Imported and Exported	Synergix L-Glutathione 500 mg	Capsule	30, 60	Per Capsule L-Glutathione 500 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Amino acids	Oral	Low	Anti-oxidant that helps support liver health and wellness.	At or below 25 ° C	
93	Imported and Exported	Synergix L-Glutamine 500 mg	Capsule	60	Per Capsule L-Glutamine 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Provides amino acids that help facilitate muscle health, promote digestion, boost physical performance and overall wellbeing.	At or below 25 ° C	
94	Imported and Exported	Synergix L-Glycine Powder	Powder	250 g	Each 5 ml Scoop L-Glycine 1,8 g	Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Amino acids	Oral	Low	Source of amino acid involved in muscle protein synthesis. Helps restore plasma glutamine levels depleted after periods of physical stress. Helps support immune system health after periods of physical stress. Helps to assist in muscle cell repair after exercise	At or below 25 ° C	
95	Imported and Exported	Synergix L-Glycine 500 mg	Capsule	60	Per Capsule L-Glycine 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Source of amino acid involved in muscle protein synthesis.	At or below 25 ° C	
96	Imported and Exported	Synergix L-Histidine 110 mg	Capsule	60	Per Capsule L-Histidine 110 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Source of essential amino acid for the maintenance of good health and muscle protein synthesis. Assists in the building of lean muscle when combined with regular training and a healthy balanced diet.	At or below 25 ° C	
97	Imported and Exported	Synergix Libido	Capsule	60	Per Capsule Panax Ginseng C.A. Mey (Ginseng) 30 mg [stem and leaf, Extract 5:1]; Ginkgo Biloba L. 50 mg [leaf, Ginkgo Biloba Extract 50:1]; Eurycoma Longifolia Jack 70 mg [root, Tongkat Ali Extract powder]; Tribulus Terrestris L. 240 mg [whole herb, Tribulus Terrestris Extract] providing saponins 96 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps to support male sexual function and good health.	At or below 25 ° C	
98	Imported and Exported	Synergix Liquorice 500 mg	Capsule	60	Per Capsule Glycyrrhiza glabra (liquorice root Powder) 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Traditional Chinese Medicine	Oral	Low	Anti-oxidants that helps support the immune system while helping to reduce minor symptoms of inflammation.	At or below 25 ° C	

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities		Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
99	Imported and Exported	Synergix Liver Detox	Capsule	60	Per Capsule L-Glycine 800 mg; L-Glutamine 50 mg; N-Acetyl-L-Cysteine 7,5 mg; L-Lysine 17,5 mg; L-Threonine 17,5 mg; L-Methionine 25 mg; Camellia sinensis 7,5 mg (leaf, Green Tea Extract) providing polyphenols 7,125 mg		Adults 18 years and older: Take 1 capsule twice a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps maintain healthy liver function and overall well being.	At or below 25 ° C	
100	Imported and Exported	Synergix L-Lysine Powder	Powder	250 g	Each 5 ml Scoop L-Lysine 3 g		Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Amino acids	Oral	Low	Helps facilitate protein synthesis, boost physical performance and good health.	At or below 25 ° C	
101	Imported and Exported	Synergix L-Lysine 500 mg	Capsule	60	Per Capsule L-Lysine 500 mg		Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Helps facilitate protein synthesis, boost physical performance and good health.	At or below 25 ° C	
102	Imported and Exported	Synergix L-Methionine 200 mg	Capsule	60	Per Capsule L-Methionine 200 mg		Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Source of an essential amino acid for the maintenance of good health, muscle protein synthesis and assists in the building of lean muscle when combined with regular training and a healthy balanced diet as well as helping to support liver function.	At or below 25 ° C	
103	Imported and Exported	Synergix Locust Bean 1 000 mg	Capsule	90	Per Capsule Sophora japonica 1 000 mg (bean, Locust Bean powder)		Adults 18 years and older: Take 1 capsule three times a day.		Discipline specific	Other Herbal	Oral	Low	Anti-oxidant that helps reduce mild symptoms of inflammation.	At or below 25 ° C	
104	Imported and Exported	Synergix L-Ornithine 250 mg	Capsule	60	Per Capsule L-Ornithine 250 mg		Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Helps to support liver function.	At or below 25 ° C	
105	Imported and Exported	Synergix L-Phenylalanine 250 mg	Capsule	30, 60	Per Capsule L-Phenylalanine 250 mg		Adults 18 years and older: Take 1 capsule once a day.		Health Supplement	Amino acids	Oral	Low	Source of essential amino acid for the maintenance of good health and muscle protein synthesis. Assists in the building of lean muscle when combined with regular training and a healthy balanced diet.	At or below 25 ° C	
106	Imported and Exported	Synergix L-Proline Powder	Powder	250 g	Each 5 ml Scoop L-Proline 250 g		Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Amino acids	Oral	Low	Source of an amino acid involved in muscle protein synthesis.	At or below 25 ° C	
107	Imported and Exported	Synergix L-Theanine 250 mg	Capsule	30, 60	Per Capsule L-Theanine 250 mg		Adults 18 years and older: Take 1 capsule once a day.		Health Supplement	Amino acids	Oral	Low	Amino acid that helps relieve symptoms of stress, anxiety and insomnia.	At or below 25 ° C	
108	Imported and Exported	Synergix L-Tyrosine Powder	Powder	250 g	Each 5 ml Scoop L-Tyrosine 10 g		Adults 18 years and older: Take 1 scoop daily.		Health Supplement	Amino acids	Oral	Low	Helps reduce symptoms of mental fatigue due to physical stress and improve overall health and wellness.	At or below 25 ° C	
109	Imported and Exported	Synergix L-Tyrosine 450 mg	Capsule	60	Per Capsule L-Tyrosine 450 mg		Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Helps reduce symptoms of mental fatigue due to physical stress and improve overall health and wellness.	At or below 25 ° C	
110	Imported and Exported	Synergix Lugol's Iodine	Liquid	25 ml	Per 15 ml Iodine 112,25 mg provided by Iodine resublimed 7,5 mg and Potassium Iodide 150 mg		Adults 18 years and older: Take 15 ml three times per week (Le Monday, Wednesday, Friday).		Health Supplement	Minerals	Oral	Low	Helps boost immune responses and good health.	At or below 25 ° C	
111	Imported and Exported	Synergix L-Valine 500 mg	Capsule	60	Per Capsule L-Valine 500 mg		Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Source of essential amino acid for the maintenance of good health and muscle protein synthesis. Assists in the building of lean muscle when combined with regular training and a healthy balanced diet.	At or below 25 ° C	
112	Imported and Exported	Synergix Lycopene 5 mg	Capsule	60	Per Capsule Lycopersicon esculentum 5 mg providing Lycopene 0,5 mg (fruit, Lycopene powder)		Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Carotenoids	Oral	Low	Anti-oxidant that helps maintain male prostate health and wellbeing.	At or below 25 ° C	
113	Imported and Exported	Synergix Maca 500 mg	Capsule	60	Per Capsule Lepidium meyenii 500 mg [root, Maca powder]		Adults 18 years and older: Take 1 capsule two times a day with water at meal times.		Discipline specific	Other Herbal	Oral	Low	Helps to reduce stress, anxiety and depression while helping to support good health.	At or below 25 ° C	
114	Imported and Exported	Synergix Magnesium Chelate	Capsule	60	Per Capsule Magnesium oxide 500 mg providing magnesium (elemental) 300 mg		Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Minerals	Oral	Low	Helps maintain normal muscle function, boost energy and promote good health.	At or below 25 ° C	
115	Imported and Exported	Synergix Magnolia & Phellodendron	Capsule	60	Per Capsule Magnolia officinalis Rehd et Wils 400 mg [tree bark, Magnolia bark extract 10:1]; Phlloendron Amurense 100 mg [bark, Phlloendron Amurense Bark powder]		Adults 18 years and older: Take 1 capsule two times at night.		Discipline specific	Combination product	Oral	Low	Helps reduce stress, anxiety and depression while supporting good health.	At or below 25 ° C	
116	Imported and Exported	Synergix Man-e	Capsule	30, 60	Per Capsule Epimedium sagittatum 50 mg [leaf, Epimedium sagittatum powder] providing epimedium 49 mg; L-Arginine 50 mg; D-Aspartic acid 500 mg		Adults 18 years and older: Take 1 capsule with food 1 to 2 hours before sexual activity.		Discipline specific	Combination product	Oral	Low	Helps to increase sexual drive and male health. May help support a modest improvement in exercise capacity in individuals with stable cardiovascular diseases.	At or below 25 ° C	
117	Imported and Exported	Synergix Mastic Gum 333 mg	Capsule	90	Per Capsule Pistacia lentiscus 333 mg [resin, Mastic Gum]		Adults 18 years and older: Take 1 capsule three times a day.		Discipline specific	Other Herbal	Oral	Low	Helps promote gastrointestinal health, helps reduce minor symptoms of inflammation and heartburn.	At or below 25 ° C	
118	Imported and Exported	Synergix Medicinal Mushroom	Capsule	60	Per Capsule Inonotus obliquus 170 mg [fruit body, Mushroom Chaga Extract 10:1]; Ganoderma lucidum Karst 170 mg [fruit body, Mushroom Reishi powder]; Leninus edodes 170 mg [fruit body, Mushroom Shitake powder]; Grifolia frondosa 170 mg Mushroom Maitake Extract 10:1; Cordyceps sinensis 70 mg [mycelium, cordyceps sinensis extract] providing cordyceptic acid 4,9 mg		Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps boost immune functions, circulation and good health.	At or below 25 ° C	
119	Imported and Exported	Synergix MEGA-Glycemic	Capsule	60	Per Capsule Ascorbic acid (Vitamin C) 150 mg; Vitamin D3 (500 I.U.) 0,0125 mg; d-alpha tocopherol (vitamin E) 66,96 mg (99,8 I.U.); Camillia sinensis 83,5 mg (leaf Green Tea Extract) providing caffeine 79,325 mg; Thiamine (vitamin B1) 7,5 mg; Nicotinic acid (Vitamin B3) 45 mg; Folic acid 0,2 mg; Pyridoxine (Vitamin B6) 4,5 mg; Methylcobalamin (Vitamin B12) 75 µg; D-Biotin (Vitamin H) 250 µg; Calcium D-Pantothenate (Vitamin B5) 15 mg Providing 16,3 mg d-pantothenic acid; Zinc 4,5 mg; L-Selenomethione 45 µg; Copper 0,375 mg; Cinnamomum cassia 62,5 mg [bark, Cinnamon Extract powder]; Manganese 0,6 mg; Chromium picolinate 0,3 mg providing chromium elemental 0,0387 mg; Riboflavin (Vitamin B2) 4,5 mg; Alpha Lipoic Acid 50 mg providing lipoic acid 37,5mg; L-Taurine 150 mg		Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps to relieve symptoms of diabetes and promote healthy body functions. Contributes to maintain the normal function of the immune system during and after intense physical stress.	At or below 25 ° C	

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions		SAHPRA
120	Imported and Exported	Synergix Menopause W	Capsule	60	Per Capsule Calcium D-Pantothenate (Vitamin B5) 27 mg; Cyanobalamin (Vitamin B12) 25 µg ; Sage Leaves 50 mg ; Thiamine (Vitamin B1) 28 mg; Riboflavin (Vitamin B2) 13 mg; Nicotinamide (Vitamin B3) 25 mg; Pyridoxine (Vitamin B6) 30 mg; D-Biotin (Vitamin H) 25 µg ; Inositol 25 mg; Choline bitartrate 1.09 mg ; Folic Acid (Vitamin B9) 250 µg; PABA (Para Amino Benzoic Acid) (Vitamin B10) 30 mg; Ascorbic acid (Vitamin C) 145,5 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps to relieve symptoms of menopause and promote good female health.	At or below 25 ° C		
121	Imported and Exported	Synergix Milk Thistle 400mg	Capsule	60	Per Capsule Silybum marianum 200 mg [seeds, Milk Thistle Extract] silymarin 160 mg) ; Silybum marianum 200 mg [seeds, Milk Thistle Extract powder]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps support liver function and overall wellbeing.	At or below 25 ° C		
122	Imported and Exported	Synergix Mimosa Pudica 400mg	Capsule	120	Per Capsule Mimosa Pudica 400 mg	Adults 18 years and older: Take 2 capsules twice a day on an empty stomach.		Discipline specific	Ayurveda	Oral	Low	Helps relieve anxiety, stress and tiredness and helps boost immune response.	At or below 25 ° C		
123	Imported and Exported	Synergix Mitochondria	Capsule	60	Per Capsule Co-Enzyme Q10 100 mg ; Magnesium citrate 295 mg providing magnesium (elemental) 45,43 mg; Nicotinamide (Vitamin B3) 100 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Contributes to the protection of cells from oxidative stress. Helps to maintain and / or support cardiovascular health. Contributes to a reduction of tiredness and fatigue.	At or below 25 ° C		
124	Imported and Exported	Synergix Mitochondrial Energy & Repair	Capsule	90	Per Capsule D-alpha-tocopherol (Vitamin E) 13 mg; Soy Lecithin Extract 450 mg; Dicalcium phosphate 33 mg; Calcium 3,36 mg provided by Calcium carbonate 7 mg, Calcium pyruvate 7 mg, Calcium borogluconate 7 mg; Magnesium oxide 33 mg providing Magnesium (elemental) 19,80 mg ; L-Tyrosine 100 mg; L-Carnitine L-tartrate 60 mg providing carnitine 40,8 mg and L-tartaric acid 19,2 mg; D-pantothenic acid 33 mg	Adults 18 years and older: Take 1 capsule three times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Contributes to the protection of cells from oxidative stress. Helps to maintain and / or support cardiovascular health. Contributes to a reduction of tiredness and fatigue.	At or below 25 ° C		
125	Imported and Exported	Synergix Moringa 500 mg	Capsule	90	Per Capsule Moringa 500 mg	Adults 18 years and older: Take 1 capsule three times a day.		Discipline specific	Ayurveda	Oral	Low	Helps promote good health and wellness.	At or below 25 ° C		
126	Imported and Exported	Synergix MSM (methylsulfonylmethane) 600 mg	Capsule	60	Per Capsule MSM (methylsulfonylmethane) 600 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Other	Oral	Low	Helps support and maintain healthy joints.	At or below 25 ° C		
127	Imported and Exported	Synergix MSM (methylsulfonylmethane) & Vitamin C Powder	Powder	250 g	Each 5 ml Scoop MSM (methylsulfonylmethane) 6 g; Ascorbic acid DC (direct compression) 0,776 g providing vitamin C 0,757g; Calcium ascorbate 0,8 g, providing ascorbic acid (vitamin C) 657,2 mg & Calcium 142,8 mg ; Calcium D-glucarate 0,032 g	Adults 18 years and older: Stir 8 g (±1 teaspoon) into 250 ml water or juice once a day.		Health Supplement	Multiple substance formulation	Oral	Low	A factor in maintaining joint health and provides support for healthy joints, joint mobility and joint comfort. Helps connective tissue formation and wound healing. An antioxidant for the maintenance of good health.	At or below 25 ° C		
128	Imported and Exported	Synergix Muira Puama 500 mg	Capsule	60	Per Capsule Ptychopetalum 500 mg [stem and leaf, Muira Puama Extract 4:1]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Helps increase sexual drive in men and women and relieve symptoms of menstrual disorders and minor symptoms of inflammation.	At or below 25 ° C		
129	Imported and Exported	Synergix N-Acetyl-L-Cysteine 500 mg	Capsule	30, 60	Per Capsule N-Acetyl-L-Cysteine 500 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Amino acids	Oral	Low	Helps provides respiratory support and promote good health.	At or below 25 ° C		
130	Imported and Exported	Synergix Nettle Root Extract 500 mg	Capsule	60	Per Capsule Urtica fissa 500 mg [root, Nettle Root Extract 20:1]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Helps support urinary tract health, reduce minor symptoms of inflammation and promote good health.	At or below 25 ° C		
131	Imported and Exported	Synergix Olive Leaf	Capsule	60	Per Capsule Olea Europaea 520 mg [leaf, Olive Leaf Extract 4:1]; Olea Europaea 100 mg [leaf, Olive Leaf Extract]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Helps provide management of metabolic functions, reduce high blood pressure, reduce high blood sugar and high cholesterol levels in the body. Helps assist immune functions.	At or below 25 ° C		
132	Imported and Exported	Synergix Passion Flower 250 mg	Capsule	60	Per Capsule Passiflora incarnata 250 mg [fruit, Passion Flower Extract]	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Helps maintains normal cardiac and nervous system function and overall good health.	At or below 25 ° C		
133	Imported and Exported	Synergix pH Balance	Capsule	180	Per Capsule Sodium bicarbonate 610 mg providing sodium (elemental) 166,3 mg; Potassium bicarbonate 390 mg providing potassium (elemental) 138,5 mg	Adults 18 years and older: Take 4 capsules 3 times a day before meals.		Health Supplement	Other	Oral	Low	Helps maintain normal cardiac and nervous system functions, pH balance and overall good health.	At or below 25 ° C		
134	Imported and Exported	Synergix pH Balance	Capsule	360	Per Capsule Sodium bicarbonate 610 mg providing sodium (elemental) 166,3 mg; Potassium bicarbonate 390 mg providing potassium (elemental) 138,5 mg	Adults 18 years and older: Take 4 capsules 3 times a day before meals.		Health Supplement	Other	Oral	Low	Helps maintain normal cardiac and nervous system functions, pH balance and overall good health.	At or below 25 ° C		
135	Imported and Exported	Synergix pH Balance Powder	Powder	450 g	Each 5 ml Scoop Sodium bicarbonate 275 g providing sodium (elemental) 77,8 mg ; Potassium bicarbonate 175 g providing potassium (elemental) 62,1 mg	Adults 18 years and older: Maximum 3 times per day mix 1 teaspoon/scoop (6 g) powder with a glass of purified water, 1 hour before or after a meal.		Health Supplement	Other	Oral	Low	Helps maintain normal cardiac and nervous system functions, pH balance and overall good health.	At or below 25 ° C		
136	Imported and Exported	Synergix pH Balance Powder - Orange Flavoured	Powder	450 g	Each 5 ml Scoop Sodium bicarbonate 275 g providing sodium (elemental) 77,8 mg ; Potassium bicarbonate 175 g providing potassium (elemental) 62,1 mg	Adults 18 years and older: Maximum 3 times per day mix 1 teaspoon/scoop (6 g) powder with a glass of purified water, 1 hour before or after a meal.		Health Supplement	Other	Oral	Low	Helps maintain normal cardiac and nervous system functions, pH balance and overall good health.	At or below 25 ° C		
137	Imported and Exported	Synergix Pine Bark (Pycnogenol) Extract 400 mg	Capsule	30, 60	Per Capsule Pinus pinaster 400 mg [bark, Pine Bark Extract]	Adults 18 years and older: Take 1 capsule once a day.		Health Supplement	Other	Oral	Low	Helps promote cognitive health and overall wellbeing.	At or below 25 ° C		
138	Imported and Exported	Synergix Potassium Glycinate 99 mg	Capsule	60	Per Capsule Potassium glycinate 99 mg providing potassium (elemental) 19,8 mg, and glycinate 79,2 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Minerals	Oral	Low	Contributes to normal muscle function, maintenance of normal blood pressure, and is a factor in the maintenance of good health.	At or below 25 ° C		
139	Imported and Exported	Synergix Potassium Chloride 600mg (8 mEq K) SR	Capsule	60	Per Capsule Potassium chloride (8 mEq K) SR 600 mg	Adults 18 years and older: Take 1 capsule two times a day with a meal.		Health Supplement	Minerals	Oral	Low	Contributes to normal muscle function, maintenance of normal blood pressure, and is a factor in the maintenance of good health.	At or below 25 ° C		
140	Imported and Exported	Synergix Potassium Chloride 750mg (10 mEq K) SR	Capsule	60	Per Capsule Potassium chloride (10 mEq K) SR 750 mg	Adults 18 years and older: Take 1 capsule two times a day with a meal.		Health Supplement	Minerals	Oral	Low	Contributes to normal muscle function, maintenance of normal blood pressure, and is a factor in the maintenance of good health.	At or below 25 ° C		
141	Imported and Exported	Synergix Potassium Iodine 12,5 mg	Capsule	60	Per Capsule Potassium iodine 12,5 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Minerals	Oral	Low	Contributes to the normal production of the thyroid hormones and normal thyroid function, normal cognitive function, and is a factor in the maintenance of good health.	At or below 25 ° C		
142	Imported and Exported	Synergix Potassium Iodine 50 mg	Capsule	60	Per Capsule Potassium iodine 50 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Minerals	Oral	Low	Contributes to the normal production of the thyroid hormones and normal thyroid function, normal cognitive function, and is a factor in the maintenance of good health.	At or below 25 ° C		

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
143	Imported and Exported	Synergix Quercetin 250 mg	Capsule	30, 60	Per Capsule Sophora japonica L. (Quercetin) 250 mg [flower]	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Polyphenols (including Bioflavonoids)	Oral	Low	An antioxidant, used as a capillary/blood vessel protectant that contributes to maintaining normal immune response to seasonal allergens.	At or below 25 ° C	
144	Imported and Exported	Synergix Quercetin 500 mg	Capsule	60	Per Capsule Sophora japonica L. (Quercetin) 500 mg [flower]	Adults 18 years and older: Take 1 capsule two times a day		Health Supplement	Polyphenols (including Bioflavonoids)	Oral	Low	An antioxidant, used as a capillary/blood vessel protectant that contributes to maintaining normal immune response to seasonal allergens.	At or below 25 ° C	
145	Imported and Exported	Synergix Resveratrol & GrapeSeed	Capsule	60	Per Capsule Trans-Resveratrol 100 mg; Vitis vinifera L. (Grape Seed Extract) 47,5 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Anti-oxidant that helps reduce minor symptoms of inflammation, promote cardiovascular health and overall wellbeing.	At or below 25 ° C	
146	Imported and Exported	Synergix Rhodiola 500 mg	Capsule	60	Per Capsule Rhodiola Rosea L. 500 mg [root, Rhodiola Rosea Extract powder] providing salidroside 15 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Combats fatigue, stress and fatigue and supports the immune system and overall good health.	At or below 25 ° C	
147	Imported and Exported	Synergix SAME 100 mg	Capsule	30, 60	Per Capsule S-Adenosyl-Methionine 100 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Amino acids	Oral	Low	Helps improve mental health, maintain normal hormonal functions and reduce minor symptoms of inflammation.	At or below 25 ° C	
148	Imported and Exported	Synergix SAME 400 mg	Capsule	30, 60	Per Capsule S-adenosyl-methionine (butanedisulfonate) 400 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Amino acids	Oral	Low	Helps improve mental health, maintain normal hormonal functions and reduce minor symptoms of inflammation.	At or below 25 ° C	
149	Imported and Exported	Synergix Saw Palmetto	Capsule	60	Per Capsule Serenoa repens 50 mg [fruit, Saw Palmetto Extract powder] providing 12,5 mg fatty acids; Saw Palmetto Berries Powder 250 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Helps reduce minor inflammatory responses, support prostate health, reduce hair loss and promote female health.	At or below 25 ° C	
150	Imported and Exported	Synergix Saw Palmetto Plus	Capsule	60	Per Capsule Serenoa repens 160 mg [fruit, Saw Palmetto Extract powder] providing 40 mg fatty acids; Urtica fisa 500 mg [root, Nettle root extract powder]; Boron AAC 1,5 mg providing Boron (elemental) 0,075 mg; Glycine max (Linn.) Merr. 50 mg (Beta-Sitosterol) providing Phytosterols 47,5 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Reduces inflammatory responses, supports prostate health, reduces hair loss and promotes female health.	At or below 25 ° C	
151	Imported and Exported	Synergix Selenium 100 µg	Capsule	60	Per Capsule Selenium AAC 100 µg providing Selenium (elemental) 0,2 µg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Minerals	Oral	Low	Helps maintain healthy eyes, skin, nails and hair, boost immune function and maintain good health and wellbeing.	At or below 25 ° C	
152	Imported and Exported	Synergix Sel-Zinc	Capsule	60	Per Capsule Selenium oxide 0,05 mg providing selenium (elemental) 0,036 mg; Zinc gluconate 5 mg providing zinc (elemental) 0,5 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Minerals	Oral	Low	An antioxidant for the maintenance of good health, a factor in the maintenance of good health, and helps to maintain healthy skin.	At or below 25 ° C	
153	Imported and Exported	Synergix Skin brightening	Capsule	60	Per Capsule L-Glutathione 50 mg ; Alpha lipoic acid ;150 mg ; Milk Thistle Extract (silymarin 160 mg) 200 mg ; N-Acetyl-L-cysteine 250 mg Green Tea Extract (caffeine 95 mg) 100 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps in the brightening of skin by promoting healthy complexion and skin regeneration.	At or below 25 ° C	
154	Imported and Exported	Synergix Slimming Shake Chocolate	Powder	900 g	Each 50 ml scoop Energy 424 kJ ; Protein 7,2 g ; Total Carbohydrates 17,0 g of which Sugars 9,7 g ; Total Fats 0,8 g of which Saturated 0,6 g ; Total Fibre 1,6 g ; Sodium chloride 142 mg providing sodium (elemental) 55,8 mg ; Calcium phosphate 7,2 g providing calcium (elemental) 0,93 g ; Magnesium oxide 70 mg providing magnesium (elemental) 42,0 mg ; Ascorbic acid (Vitamin C) 100,0 mg ; Niacin 16,0 mg ; Alpha-tocopheryl acetate (Vitamin E) 15,0 mg ; Pantothenic acid 5,0 mg ; Pyridoxine (Vitamin B6) 1,7 mg ; Riboflavin (Vitamin B2) 1,3 mg Thiamine (Vitamin B1) 1,2 mg ; Vitamin A 900 µg (784,7 µg RAE) ; Folic Acid 400 µg ; Biotin 30,0 µg ; Vitamin D 15,0 µg ; Vitamin B12 2,4 µg	Adults 18 years and older: Dissolve 1 scoop (50 ml) in 200 ml water daily. Do not use continuously for more than 2 months without consulting your registered healthcare provider.		Health Supplement	Multiple substance formulation	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
155	Imported and Exported	Synergix Slimming Shake Cappuccino	Powder	900 g	Each 50 ml scoop Energy 424 kJ ; Protein 7,2 g ; Total Carbohydrates 17,0 g of which Sugars 9,7 g ; Total Fats 0,8 g of which Saturated 0,6 g ; Total Fibre 1,6 g ; Sodium chloride 142 mg providing sodium (elemental) 55,8 mg ; Calcium phosphate 7,2 g providing calcium (elemental) 0,93 g ; Magnesium oxide 70 mg providing magnesium (elemental) 42,0 mg ; Ascorbic acid (Vitamin C) 100,0 mg ; Niacin 16,0 mg ; Alpha-tocopheryl acetate (Vitamin E) 15,0 mg ; Pantothenic acid 5,0 mg ; Pyridoxine (Vitamin B6) 1,7 mg ; Riboflavin (Vitamin B2) 1,3 mg Thiamine (Vitamin B1) 1,2 mg ; Vitamin A 900 µg (784,7 µg RAE) ; Folic Acid 400 µg ; Biotin 30,0 µg ; Vitamin D 15,0 µg ; Vitamin B12 2,4 µg	Adults 18 years and older: Dissolve 1 scoop (50 ml) in 200 ml water daily. Do not use continuously for more than 2 months without consulting your registered healthcare provider.		Health Supplement	Multiple substance formulation	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
156	Imported and Exported	Synergix Slimming Shake Hazelnut	Powder	900 g	Each 50 ml scoop Energy 424 kJ ; Protein 7,2 g ; Total Carbohydrates 17,0 g of which Sugars 9,7 g ; Total Fats 0,8 g of which Saturated 0,6 g ; Total Fibre 1,6 g ; Sodium chloride 142 mg providing sodium (elemental) 55,8 mg ; Calcium phosphate 7,2 g providing calcium (elemental) 0,93 g ; Magnesium oxide 70 mg providing magnesium (elemental) 42,0 mg ; Ascorbic acid (Vitamin C) 100,0 mg ; Niacin 16,0 mg ; Alpha-tocopheryl acetate (Vitamin E) 15,0 mg ; Pantothenic acid 5,0 mg ; Pyridoxine (Vitamin B6) 1,7 mg ; Riboflavin (Vitamin B2) 1,3 mg ; Thiamine (Vitamin B1) 1,2 mg ; Vitamin A 900 µg (784,7 µg RAE) ; Folic Acid 400 µg ; Biotin 30,0 µg ; Vitamin D 15,0 µg ; Vitamin B12 2,4 µg	Adults 18 years and older: Dissolve 1 scoop (50 ml) in 200 ml water daily. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Health Supplement	Multiple substance formulation	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
157	Imported and Exported	Synergix Slimming Shake Strawberry	Powder	900 g	Each 50 ml scoop Energy 424 kJ ; Protein 7,2 g ; Total Carbohydrates 17,0 g of which Sugars 9,7 g ; Total Fats 0,8 g of which Saturated 0,6 g ; Total Fibre 1,6 g ; Sodium chloride 142 mg providing sodium (elemental) 55,8 mg ; Calcium phosphate 7,2 g providing calcium (elemental) 0,93 g ; Magnesium oxide 70 mg providing magnesium (elemental) 42,0 mg ; Ascorbic acid (Vitamin C) 100,0 mg ; Niacin 16,0 mg ; Alpha-tocopheryl acetate (Vitamin E) 15,0 mg ; Pantothenic acid 5,0 mg ; Pyridoxine (Vitamin B6) 1,7 mg ; Riboflavin (Vitamin B2) 1,3 mg ; Thiamine (Vitamin B1) 1,2 mg ; Vitamin A 900 µg (784,7 µg RAE) ; Folic Acid 400 µg ; Biotin 30,0 µg ; Vitamin D 15,0 µg ; Vitamin B12 2,4 µg	Adults 18 years and older: Dissolve 1 scoop (50 ml) in 200 ml water daily. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Health Supplement	Multiple substance formulation	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
158	Imported and Exported	Synergix Slimming Shake Vanilla	Powder	900 g	Each 50 ml scoop Energy 424 kJ ; Protein 7,2 g ; Total Carbohydrates 17,0 g of which Sugars 9,7 g ; Total Fats 0,8 g of which Saturated 0,6 g ; Total Fibre 1,6 g ; Sodium chloride 142 mg providing sodium (elemental) 55,8 mg ; Calcium phosphate 7,2 g providing calcium (elemental) 0,93 g ; Magnesium oxide 70 mg providing magnesium (elemental) 42,0 mg ; Ascorbic acid (Vitamin C) 100,0 mg ; Niacin 16,0 mg ; Alpha-tocopheryl acetate (Vitamin E) 15,0 mg ; Pantothenic acid 5,0 mg ; Pyridoxine (Vitamin B6) 1,7 mg ; Riboflavin (Vitamin B2) 1,3 mg ; Thiamine (Vitamin B1) 1,2 mg ; Vitamin A 900 µg (784,7 µg RAE) ; Folic Acid 400 µg ; Biotin 30,0 µg ; Vitamin D 15,0 µg ; Vitamin B12 2,4 µg	Adults 18 years and older: Dissolve 1 scoop (50 ml) in 200 ml water daily. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Health Supplement	Multiple substance formulation	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
159	Imported and Exported	Synergix Spirulina 350 mg	Capsule	90	Per Capsule of Spirulina 350 mg	Adult 18 years and older: Take 1 capsule three times a day.		Health Supplement	Other	Oral	Low	Helps boost immune functions and assists in the maintenance of well-being.	At or below 25 ° C	
160	Imported and Exported	Synergix Stamina	Capsule	60	Per Capsule L-Arginine 250 mg ; L-Glutamine 150 mg ; L-Glycine 75 mg ; L-Lysine 100 mg ; Beta-Carotene powder (vitamin A) 45 µg providing beta-carotene 4,95 µg (0,83 µg RAE); Alpha Lipoic Acid 5 mg ; Selenium oxide 0,05 mg providing selenium (elemental) 0,036 mg ; Ascorbic acid (Vitamin C) 72,75 mg ; Vitamin E powder 5 mg providing d-alpha-Tocopherol 2,5 mg (3,75 I.U.); Zinc gluconate 5 mg providing zinc (elemental) 0,500 mg ; Folic acid (Vitamin B9) 0,125 mg ; Thiamine (Vitamin B1) 0,75 mg ; Riboflavin (Vitamin B2) 1,25 mg ; Nicotinamide (Vitamin B3) 6 mg ; Calcium D-pantothenate (Vitamin B5) 6 mg ; Pyridoxine (Vitamin B6) 6 mg ; Methylcobalamin (Vitamin B12) 0,006 mg ; Di Calcium phosphate 100 mg ; Vitamin D3 (100 000 I.U./g) 1,875 µg (75 I.U.); D-Biotin (Vitamin H) 250 µg	Adult 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps support health and wellness in men.	At or below 25 ° C	
161	Imported and Exported	Synergix St John's Wort Extract	Capsule	60	Per Capsule St.John's Wort Extract (hypericin 1,05 mg) 350 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps relieve stress, anxiety and improve mood.	At or below 25 ° C	

SAHPRA LICENCE NO.		DL02-05A97D	CM REF.	see Licence No.	Name of Licence Holder:	Tabaldi Health (Pty) Ltd							Version:	01-122023	Doc Number: CP-P&M-COM-021 Revision: 01-23
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA	
162	Imported and Exported	Synergix Stress	Capsule	60	Per Capsule Ashwagandha Extract 5:1 100 mg ; Rhodiola Rosea Extract 4,5 mg ; L-Theanine 125 mg Calcium D-pantothenate (Vitamin B5) 100 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps relieve stress, anxiety and improve mood.	At or below 25 ° C		
163	Imported and Exported	Synergix Stress PLUS	Capsule	60	Per Capsule Ashwagandha Extract 15:1 150 mg; Rhodiola Rosea Extract (saldrosides 4,5 mg) 150 mg ; L-Theanine 125 mg; Ginseng (Siberian) extract 20:1 150 mg; Calcium D-pantothenate (Vitamin B5) 100 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Combination product	Oral	Low	Helps relieve stress, anxiety and improve mood as well as helping to relieve insomnia.	At or below 25 ° C		
164	Imported and Exported	Synergix Swiss-a-ton	Capsule	30, 60	Per capsule Vitamin A 92,5 µg (2 903 I.U.); Beta-Carotene 82,5 µg (275 I.U.); Panax Ginseng C.A. Mey (Ginseng) 115 mg [stem and leaf, Extract 5:1]; Thiamine (Vitamin B1) 2 mg; Riboflavin (Vitamin B2) 2 mg ; Nicotinamide (Vitamin B3) 10 mg; Pantothenic acid (Vitamin B5) 10 mg ; Pyridoxine(Vitamin B6) 2 mg ; Biotin (Vitamin H) 25 µg ; Methylcobalamin (Vitamin B12) 25 µg; Folic acid 405 µg ; Ascorbic acid (Vitamin C) 70 mg ; Vitamin D3 (100 000 I.U./g) 2 mg Providing Calciferol 5 µg (200 I.U.); Vitamin E powder 10 mg providing d-alpha-Tocopherol 5 mg (7,45 I.U.); Zinc gluconate 2,1 mg providing zinc (elemental) 0,21 mg ; Selenium oxide 0,05 mg providing selenium (elemental) 0,036 mg ; Copper bisglycinate 2 mg providing copper (elemental) 0,2 mg ; Iron bisglycinate 10 mg providing iron (elemental) 2 mg ; Magnesium oxide 500 mg providing magnesium (elemental) 300 mg ; Calcium (elemental) 44 mg ; Calcium carbonate 44 mg providing calcium (elemental) 17,6 mg ; Lecithin 50 mg	Adults 18 years and older: Take 1 capsule daily.		Discipline specific	Combination product	Oral	Low	Helps provide the body with vitamins and minerals to help promote and maintain general wellbeing.	At or below 25 ° C		
165	Imported and Exported	Synergix Target Caps (appetite blocker)	Capsule	90	Per Capsule Caralluma fimbriata 333 mg	Adults 18 years and older: Take 1 capsule three times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Ayurveda	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C		
166	Imported and Exported	Synergix L-Taurine Powder	Powder	250 g	Each 5 ml Scoop L-Taurine 3,0 g	Adults 18 years and older: Take one 5 ml scoop per day.		Health Supplement	Amino acids	Oral	Low	Amino acid that is an antioxidant and plays a role in the support of the immune system. It is important for energy metabolism / the transformation of food into energy and it helps to support cardiovascular function.	At or below 25 ° C		
167	Imported and Exported	Synergix L-Taurine 500 mg	Capsule	60	Per Capsule L-Taurine 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Amino acids	Oral	Low	Amino acid that is an antioxidant and plays a role in the support of the immune system. It is important for energy metabolism / the transformation of food into energy.	At or below 25 ° C		
168	Imported and Exported	Synergix Thermofors (Fat burner)	Capsule	60	Per Capsule Cokeus forskohlii 50 mg ; Yerba mate powder 200 mg ; Gotu Kola Extract 4:1 15 mg ; Guarana Seed Extract (caffeine 66 mg) 300 mg	Adults 18 years and older: Take 1 capsule two times a day. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Western Herbal Medicine	Oral	Low	May assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals, and helps relief of symptoms of fatigue. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C		
169	Imported and Exported	Synergix ThyroBoost	Capsule	120	Per Capsule Calcium D-Pantothenate (Vitamin B5) 50 mg Panax Ginseng C.A. Mey (Ginseng) 20 mg [stem and leaf, Extract 5:1] Vitamin A 375 µg (1 250 I.U.); Vitamin D3 2,5 µg (100 I.U.); Withania somnifera (L.) Dunal 20 mg (root, Ashwagandha extract 15:1) inositol 50 mg ; Vitamin B12 0,015 µg Magnesium citrate 25 mg providing magnesium (elemental) 3,7 mg Pyridoxine (Vitamin B6) 3 mg ; Selenium oxide 0,025 mg providing selenium (elemental) 0,018 mg ; Manganese gluconate 0,1 mg providing manganese (elemental) 0,01 mg ; Copper bisglycinate 0,1 mg providing copper (elemental) 0,01 mg ; Boron glycinate 0,25 mg providing boron (elemental) 0,0125 mg ; Zinc gluconate 1,34 mg providing zinc (elemental) 0,134 mg ; Fucus Vesiculosus 25 mg [stem and leaf, Bladderwack] L-Tyrosine 200 mg ;	Adults 18 years and older: Take 1 - 2 capsules per day as directed by a Healthcare provider.		Discipline specific	Combination product	Oral	Low	Helps boost thyroid and immune function, energy levels, memory and helps to supports metabolic functions and general wellbeing.	At or below 25 ° C		
170	Imported and Exported	Synergix Trimethyl Glycine (Betaine) 500 mg	Capsule	60	Per Capsule Beta vulgaris 500 mg (root; Betaine HCl)	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Other	Oral	Low	Helps to support liver function and digestion.	At or below 25 ° C		
171	Imported and Exported	Synergix Tribulus Terrestris 500 mg	Capsule	60	Per Capsule Tribulus terrestris 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Other Herbal	Oral	Low	Helps to boost physical energy, sexual health and vitality in men.	At or below 25 ° C		
172	Imported and Exported	Synergix Vitamin A 5 000 I.U.	Capsule	60	Per Capsule Vitamin A acetate (vitamin A) 1,5 mg RAE (5 000 I.U.)	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Vitamins	Oral	Low	Helps in the maintenance of eyesight, immune function, bone growth, and helps maintain hair, skin and nails.	At or below 25 ° C		
173	Imported and Exported	Synergix Valerian Root Extract	Capsule	60	Per Capsule Valerian Root Extract 4:1 150 mg	Adults 18 years and older: Take 1 capsule two times a day 1 hour before bedtime.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps assist in relieve symptoms associated with anxiety, insomnia, restlessness, stress and poor concentration.	At or below 25 ° C		
174	Imported and Exported	Synergix Vitamin B12 25 µg (Cyanocobalamin)	Capsule	60	Per Capsule Cyanocobalamin (Vitamin B12) 25 µg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Vitamins	Oral	Low	Helps promote wellbeing and a healthy nervous system.	At or below 25 ° C		
175	Imported and Exported	Synergix Vitamin B3 Nicotinamide (flush free) 100 mg	Capsule	30, 60	Per Capsule Nicotinamide (Vitamin B3) 100 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Vitamins	Oral	Low	Helps maintain good health and assists in the prevention of tiredness and fatigue.	At or below 25 ° C		
176	Imported and Exported	Synergix Vitamin B6 50 mg (Pyridoxal-5-Phosphate)	Capsule	60	Per Capsule Pyridoxal-5-phosphate (Vitamin B6) 50 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Vitamins	Oral	Low	Helps promote good health and support a healthy nervous system.	At or below 25 ° C		
177	Imported and Exported	Synergix Vitamin B6 Pyridoxine 25 mg	Capsule	60	Per Capsule Pyridoxine (Vitamin B6) 25 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Vitamins	Oral	Low	Contributes to normal functioning of the nervous system, normal homocysteine metabolism, normal psychological function, and is a factor in the maintenance of good health.	At or below 25 ° C		

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
178	Imported and Exported	Synergix Vitamin B Complex	Capsule	60	Per Capsule Thiamine (Vitamin B1) 25 mg ; Riboflavin (Vitamin B2) 25 mg; Nicotinamide (Vitamin B3) 25 mg; Pyridoxine (Vitamin B6) 25 mg; Folic Acid (Vitamin B9) 0,2 mg ; Biotin (Vitamin B7) 0,025 mg ; PABA (Vitamin B10) 30 mg; 25 mg Choline DL Bitartrate ; Inositol (Vitamin B8) 25 mg; Ascorbic acid DC (direct compression) (Vitamin C) 145,5 mg ; Cyanocobalamin (Vitamin B12) 0,025 mg; Calcium D-pantothenate (Vitamin B5) 25 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps support the nervous system and assist in prevention of tiredness and fatigue.	At or below 25 ° C	
179	Imported and Exported	Synergix Vitamin C (Buffered) 500 mg	Capsule	60	Per Capsule Citrus Aurantium 100mg (citrus bioflavonoids) providing bioflavonoids 35 mg ; Calcium ascorbate 606 mg providing: Ascorbic acid (Vitamin C) 500 mg; 25 mg Calcium	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	An antioxidant for the maintenance of good health, contributes to the development and maintenance of bones and teeth, and helps boost immune functions.	At or below 25 ° C	
180	Imported and Exported	Synergix Combovite	Capsule	120	Per Capsule Alpha Lipoic Acid 5 mg ; Barley Green 175 mg ; Beetroot Juice Powder 75 mg ; Boron gluconate 1 mg providing boron (elemental) 0,05 mg ; Calcium carbonate 125 mg providing calcium (elemental) 25 mg ; Carrot Powder 75 mg ; Chromium picolinate 37,5 mg providing chromium (elemental) 3,75 mg ; Citrus Aurantium/Bioflavonoids Citrus 2,8 mg ; Copper biglycinate 1 mg providing copper (elemental) 0,1 mg ; Grape Seed Extract 6,25 mg ; Green Tea Extract 10,53 mg ; L-Selenomethionine 0,05 mg ; Lutein 5 mg ; Lycopene W5 (water soluble) 1,25 mg ; Magnesium citrate 37,5 mg providing magnesium elemental 3,75 mg ; Manganese gluconate 0,5 mg providing manganese (elemental) 0,05 mg ; Potassium Iodine 0,02 mg providing potassium (elemental) 0,0047 mg, and iodine (elemental) 0,0153 mg ; Sophorajaponica L. (Quercetin) 12,5 mg (flower); Trans-Resveratrol 11 mg ; Vitamin A acetate (Vitamin A) (500 IU) 1 mg ; Thiamine (Vitamin B1) 12,5 mg ; Methylcobalamin (Vitamin B12) 0,005 mg ; Riboflavin (Vitamin B2) 12,5 mg ; Calcium D-pantothenate (Vitamin B5) 15 mg ; Pyridoxine (Vitamin B6) 15 mg ; D-Biotin (Vitamin H) 0,125 mg ; Inositol (Vitamin B8) 0,025 mg ; Folic Acid (Vitamin B9) 0,125 mg ; Ascorbic acid (Vitamin C) DC (direct compression) 0,2 mg ; Vitamin D3 (250 IU) 6,25 µg ; Vitamin E powder 47,5 mg providing d-alpha-Tocopherol 23,75mg (35,39 IU.); Zinc gluconate 7,5 mg providing Zinc (elemental) 0,75 mg	Adults 18 years and older: Take 2 capsules two times a day.		Discipline specific	Combination product	Oral	Low	Provides support for healthy glucose metabolism, is a factor in the maintenance of good health and helps the body to metabolise carbohydrates, fats and proteins.	At or below 25 ° C	
181	Imported and Exported	Synergix Vitamin D3 500 I.U.	Capsule	60	Per Capsule Vitamin D3 (100 000 I.U./ g) 12,5 µg (500 I.U.)	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Vitamins	Oral	Low	Assists in the maintenance of bone structure and immune responses, and supports female wellbeing. Helps in the absorption and use of calcium and phosphorus, contributes to normal blood calcium levels and to the normal function of the immune system. A factor in the maintenance of good female health.	At or below 25 ° C	
182	Imported and Exported	Synergix Vitamin E 200 I.U.	Capsule	60	Per Capsule Vitamin E 90 mg (65,7 I.U.)	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Vitamins	Oral	Low	Antioxidant that helps maintain good health and wellness.	At or below 25 ° C	
183	Imported and Exported	Synergix Velvet Bean Extract 400 mg (L-Dopa)	Capsule	60	Per Capsule Velvet Bean Extract (Mucuna pruriens L-DOPA) 400 mg	Adults 18 years and older: Take 1 capsule two times a day with a meal. Best when taken early in the day.		Discipline specific	Ayurveda	Oral	Low	Helps in the maintenance of mental function, improved mood, and aids in the treatment of anxiety, depression, stress and ADHD. Velvet Bean also helps provide increased libido and fertility.	At or below 25 ° C	
184	Imported and Exported	Synergix Water Retention	Capsule	30, 60	Per Capsule Uva ursi leaf extract 45 mg ; Goldenrod (Solidago virgaurea) 75 mg ; Cranberry Fruit Extract 4:1 50 mg ; Dandelion powder 40 mg ; Juniper Berries 50 mg ; Burdock root 30 mg ; Pyridoxine (Vitamin B6) 9 mg ; Potassium chloride 7 mg providing potassium (elemental) 3,67 mg ; Magnesium oxide 5 mg providing magnesium (elemental) 3 mg	Adults 18 years and older: Take 1 capsule daily in the morning. Do not use continuously for more than 2 (two) months without consulting your registered healthcare provider.		Discipline specific	Combination product	Oral	Low	Helps promote detoxification and may assist with weight loss when used with increased physical activity and an energy reduced diet in healthy individuals. As boxed warning: This product is not intended to treat obesity.	At or below 25 ° C	
185	Imported and Exported	Synergix Whey Protein powder	Powder	450 g	Each 50 ml Scoop Whey Protein Powder 20 g	Adults 18 years and older: Take one scoop once or twice daily		Health Supplement	Animal Extracts Products and Derivatives	Oral	Low	Helps promote increase in muscle mass and strength as well as enhancement of muscle recovery.	At or below 25 ° C	
186	Imported and Exported	Synergix Zinc 30 mg	Capsule	30, 60	Per Capsule Zinc gluconate 30 mg providing zinc (elemental) 3 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Minerals	Oral	Low	Provides an essential mineral that contributes to immune function, normal hair, skin and nail growth as well as overall good health.	At or below 25 ° C	
187	Imported and Exported	Synergix Quercetin 250 mg	Capsule	30, 60	Per Capsule Sophorajaponica L. (Quercetin) 250 mg (flower)	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Other	Oral	Low	Helps maintain healthy liver function, control blood sugar levels and promote overall wellbeing.	At or below 25 ° C	
188	Imported and Exported	Synergix Vitamin D3 1 000 I.U.	Capsule	30, 60	Per Capsule Vitamin D3 (500 I.U.) 0,0125 mg	Adults 18 years and older: Take 1 capsule daily.		Health Supplement	Vitamins	Oral	Low	Assists in the maintenance of bone structure and immune responses and supports wellbeing. Helps in the absorption and use of calcium and phosphorus, contributes to normal blood calcium levels and to the normal function of the immune system.	At or below 25 ° C	
189	Imported and Exported	Synergix Vitamin C 500 mg	Capsule	60	Per Capsule Ascorbic acid (Vitamin C) 500 mg	Adults 18 years and older: Take 1 capsule two times a day.		Health Supplement	Multiple substance formulation	Oral	Low	Helps provide an antioxidant, support immune function and good health.	At or below 25 ° C	
190	Imported and Exported	Akutol Stop Spray	Liquid	25 ml	Simmondsia Chinensis Seed Oil 0,2 mg / 5 ml ; Aloe Ferox Leaf Extract 0,25 mg / 5 ml ; Calendula Officinalis Flower Extract 0,8 mg / 5 ml ; Chamomilla Recutita Flower Extract 1 mg / 5 ml ; Menthol Extract 0,05 mg / 5 ml	Adults 18 years and older: Spray on affected area 3 times a day		Discipline specific	Combination product	Transdermal	Low	Assists in skin repair, helps reduce bleeding of open wounds and helps reduce local pain. It also helps provide protection against bacteria and germs.	At or below 25 ° C	

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
191	Imported and Exported	Royal Sting	Capsule	60	Per Capsule Panax ginseng C.A. Mey (Ginseng) 30 mg [stem and leaf, Extract 5:1]; Ginkgo biloba L. 50 mg [leaf, Ginkgo Biloba Herb Powder]; Eurycoma longifolia 70 mg; Tribulus terrestris L. 240 mg [whole herb, Tribulus terrestris Extract] providing saponins 96 mg	Adults 18 years and older: Take 1 capsule two times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Helps support male sexual function.	At or below 25 ° C	
192	Imported and Exported	Man-e	Capsule	30, 60	Per Capsule Epimedium 50 mg; L-Arginine 500 mg ; D-Aspartic acid 500 mg	Adults 18 years and older: One capsule with food 1 to 2 hours before sexual activity.		Discipline specific	Combination product	Oral	Low	Helps support male sexual function.	At or below 25 ° C	
193	Imported and Exported	MucoVit C	Tablet - Effervescent	30, 60	Per effervescent tablet N-Acetyl-Cysteine 600 mg; Ascorbic acid (vitamin C) 500 mg	Adults 18 years and older: Dissolve one tablet in a glass of water (250 ml) once a day		Health Supplement	Multiple substance formulation	Oral	Low	Helps provide respiratory support and promotes good health.	At or below 25 ° C	
194	Imported and Exported	Otikon (wax control)	Liquid	15 ml	Olive Oil ; Verbascum Thapsus Oily Extract ; Calendula Officinalis Oily Extract ; Hypericum Perforatum Oily Extract ;	Adults 18 years and older: Apply 2 drops 3 times a day		Discipline specific	Combination product	Otic	Low	Helps to soften ear wax.	At or below 25 ° C	
195	Imported and Exported	MenaSwiss	Capsule	30, 60	Per Capsule: Vitamin K2 90 µg; Vitamin D3 25 µg (1 000 I.U.); Calcium 200 mg	Adults 18 years and older: Take 1 capsule per day, preferably in the morning.		Health Supplement	Multiple substance formulation	Oral	Low	A factor in the maintenance of good health that contributes to the maintenance of normal bones.	At or below 25 ° C	
196	Imported and Exported	Alergosil	Capsule - Soft	60	Per Capsule: Curcuma longa 84 mg [root, tumeric extract powder]; Sophorajaponica L. (Quercetin) 130 mg [flower]; Vitamin D 4,5 µg (180 I.U.)	Adults 18 years and older: 2 capsules daily		Discipline specific	Combination product	Oral	Low	Contributes to the development and maintenance of bones and teeth, and is a factor in the maintenance of good health.	At or below 25 ° C	

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