

SAHPRA LICENCE NO.		DL02-693D71	CM REF:	see Licence No.	Name of Licence Holder:	Tony Ferguson Weightloss SA (Pty) Ltd					Version:	01-112023	Doc Number: OF-REG-COMM-023 Revision: 01/23	
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	
1	Imported and Exported	Ultra Burn	Capsule - Hard	60	Each capsule contains: Garcinia gummi-gutta (L.) Roxb. (Garcinia cambogia) 100 mg [fruit, extract providing 60 % hydroxytricric acid (HCA)]; L-Tyrosine 100 mg; Acetyl-L-Carnitine 50 mg; Caffeine 50 mg.	Adults: Take 2 capsules three times per day with a full glass of water, or as directed by the healthcare provider, for 30 days. The patient should then skip 10 days and repeat. It is important that the patient drink a lot of water when taking ULTRA BURN capsules. Do not exceed the daily dose. Do not use continuously for longer than 2 months without consulting your relevant healthcare provider. Children: Not suitable for children under the age of 18 years.		Discipline specific	Combination product	Oral	Low	ULTRA BURN helps support fat metabolism and helps delay fatigue during physical activity. May assist with weight loss when used with increased physical activity and an energy-reduced diet in healthy individuals. This product is not intended to treat obesity.	At or below 25 ° C	
2	Imported and Exported	3-Day Detox	Tablet - Effervescent	9	Each effervescent tablet contains: Punica granatum L. (Pomegranate) 150 mg [seed, 4:1 extract providing 600 mg of dried herb equivalent]; Senna absus (L.) Roxb. (Senna) 100 mg [leaf powder]; Taraxum officinale (Dandelion) 50 mg [root, 4:1 extract providing 200 mg of dried herb equivalent]; Silybum marianum (L.) Gaertn. (Milk thistle) 50 mg [seed powder]; Aloe vera (L.) Burm.f. (Aloe) 10 mg [leaf, 200:1 extract providing 2 g of dried herb equivalent]; Ascorbic acid (Vitamin C) 140 mg; Methylsulfonylmethane (MSM) 20 mg; Glutathione 1 mg; Selenium AAC 0,2 % 10 µg providing : selenium (elemental) 0,02 µg glycine 9,98 µg.	Adults: Dissolve 1 effervescent tablet in a glass of tap water, allow to effervesce and drink three times daily. The high level of herbal components in 3-DAY DETOX might require you to gently stir after effervescence. Do not take at bedtime. Do not exceed the recommended daily dose. Children: Not suitable for children under the age of 18 years.		Discipline specific	Combination product	Oral	Low	3-DAY DETOX is an antioxidant for the maintenance of good health. 3-DAY DETOX also has laxative, diuretic and liver protectant properties which assist the body with detoxing by flushing the system. The 3-Day Detox journey can help you to physically and mentally prepare yourself for healthy living. It will help you break bad eating habits and rid your body of unwanted toxins before you begin your healthy living journey.	At or below 25 ° C	
3	Imported and Exported	Slender tea	Other	20	Each teabag contains: Camellia sinensis L. Kuntze (Green tea) 900 mg [dried leaves]; Camellia sinensis L. Kuntze (Black tea) 500 mg [dried leaves]; Aspalathus linearis subsp. linearis (Rooibos) 300 mg [dried leaves]; Mentha x piperita L. (Peppermint) 300 mg [dried leaves]; Total caffeine (from green tea and black tea) 20 mg	Adults: Add one teabag to a cup of boiling water. Brew for 4 – 5 minutes. Do not use continuously for more than two (2) months without consulting your healthcare provider. Children: Not suitable for children under the age of 18 years.		Discipline specific	Western Herbal Medicine	Oral	Low	SLENDER TEA may support weight loss when used with increased physical activity and an energy-reduced diet in healthy individuals. This product is not intended to treat obesity	At or below 25 ° C	
4	Imported and Exported	Hair skin nails	Capsule - Hard	60	Each capsule contains: Calcium carbonate 500 mg providing calcium (elemental) 200 mg; Ascorbic acid (vitamin C) 100 mg; Cyanocobalamin (vitamin B12) 50 µg; Magnesium sulphate 50 mg providing magnesium (elemental) 5 mg; Nicotinic acid 40 mg providing niacin (vitamin B3) 35 mg; Zinc oxide 15,6 mg providing zinc (elemental) 12,5 mg; Choline 5 mg; Pantothenic acid (vitamin B5) 10 mg; Inositol 10 mg; Copper sulphate 5 mg providing copper (elemental) 2 mg; D-biotin (vitamin H) 250 µg; Folic acid (vitamin B9) 200 µg.	Adults: Take 2 capsules daily. Do not exceed the daily dose. Children: Not suitable for children under the age of 18 years.		Health Supplement	Multiple substance formulation	Oral	Low	HAIR, SKIN AND NAILS is a complementary medicine containing vitamins and minerals which assist with the general improvement in the quality of the hair, skin and nails.	At or below 25 ° C	
5	Imported and Exported	Thermoburn	Capsule - Hard	60	Each capsule contains: Sinetrol [®] XPUR Citrus bioflavonoids 90 mg providing: flavonones (naringin) 32 mg caffeine 3,6 mg; Sinetrol Citrus bioflavonoids 40 % 360 mg providing: flavonones (naringin) 144 mg; L-Carnitine tartrate 200 mg providing: L-carnitine 136 mg tartaric acid 62 mg.	Adults: Take 2 capsules daily. Do not exceed the daily dose. Do not use continuously for more than two (2) months without consulting your healthcare provider Children: Not suitable for children under the age of 18 years.		Health Supplement	Multiple substance formulation	Oral	Low	Tony Ferguson Thermoburn may assist with weight loss when used with increased physical activity and an energy-reduced diet in healthy individuals. This product is not intended to treat obesity.	At or below 25 ° C	

SAHPRA LICENCE NO.		DL02-693D71	CM REF:	see Licence No.	Name of Licence Holder:	Tony Ferguson Weightloss SA (Pty) Ltd					Version:	01-112023	Doc Number: OP-REG-COMM-022 Revision: 05/23	
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	SAHPRA
6	Imported and Exported	Multivitamin Mineral Complex	Tablet	60	Each tablet contains: L-Glutamine 200 mg; Phenylalanine 115,5 mg; Ascorbic acid (vitamin C) 60 mg; Nicotinamide (vitamin B3) 35 mg; Citrus x aurantium L. 30 mg providing 35 % citrus bioflavonoids; Magnesium oxide (heavy) 50 mg providing magnesium (elemental) 30 mg; Calcium pantothenate 20 mg providing pantothenic acid (vitamin B5) 18,3 mg; Pyridoxine hydrochloride 20 mg providing pyridoxine (vitamin B6) 16,5 mg; Riboflavin (vitamin B2) 15 mg; Thiamine hydrochloride 15 mg providing thiamine (vitamin B1) 13,4 mg; Ferrous fumarate 21,4 mg providing iron (elemental) 7 mg; Cupric sulphate 3,1 mg providing copper (elemental) 1,3 mg; Zinc sulphate hepta-hydrate 55 mg providing zinc (elemental) 12,5 mg; Beta-carotene 1 mg providing 83,3 RAE; Chromium chloride 612,3 mg providing chromium (elemental) 200 µg; Folic acid (vitamin B9) 200 µg; Potassium iodide 195 µg providing iodine (elemental) 150 µg; Biotin (vitamin H) 100 µg; Phytomenadione (vitamin K2) 60 µg; Cyanocobalamin (vitamin B12) 4 µg; Selenium AAC 0,2 % 1,8 mg providing selenium (elemental) 3 µg; Cholecalciferol (vitamin D3) 200 IU; D-alpha tocopherol acid succinate 8,3 mg providing D-alpha tocopherol (vitamin E) 10 IU	Adults: Take one tablet in the morning with food. Children: Not suitable for children under the age of 18 years.		Health Supplement	Multiple substance formulation	Oral	Low	Multivitamin Mineral Complex is a supplement for the maintenance and improvement of general well-being.	At or below 25 °C	
7	Imported and Exported	Chromium Plus	Tablet	60	Each tablet contains: Cinnamomum cassia (L.) J.Presl (Cinnamon) 125 mg [stem bark; 4:1 extract providing 500 mg dried herb equivalent]; Ascorbic acid (vitamin C) 50 mg; Chromium chloride 513 µg providing chromium (elemental) 100 µg; Chromium picolinate 402 µg providing chromium (elemental) 50 µg; (Total elemental chromium 150 µg).	Adults: Take one tablet in the morning with food. Children: Not suitable for children under the age of 18 years.		Discipline specific	Combination product	Oral	Low	Chromium Plus tablets provide the essential nutrient Chromium which provides support for healthy glucose metabolism, helping the body to maintain normal blood sugar levels. Cinnamon and Vitamin C are supportive antioxidants.	At or below 25 °C	
8	Imported and Exported	Oolong tea	Other	24	Each teabag contains: Camellia sinensis (L.) Kuntze (Oolong) 2 g [dried leaf].	Adults: 1. Bring water to a rolling boil and let it cool for 2 minutes. Oolong tea leaves are delicate in flavour and boiling water will bruise the leaves causing a bitter taste. 2. Place an oolong tea bag in your favourite cup or mug. 3. Pour heated water over the tea bag. 4. Steep for two to three minutes. Over steeping will give a punchier taste but sacrifice aroma. 5. Remove the tea bag, relax and enjoy! Serve clear or sweetened. Do not consume more than 5 cups a day. Do not use for longer than two (2) months without consulting your relevant healthcare provider. Children: Not suitable for children under the age of 18 years.		Discipline specific	Traditional Chinese Medicine	Oral	Low	Oolong tea may support weight loss by burning body fat, boosting your metabolism and improving blood sugar control (controlling sugar cravings), when used with increased physical activity and an energy-reduced diet in healthy individuals. This product is not intended to treat obesity. Oolong tea may also support immune system health.	At or below 25 °C	
9	Imported and Exported	Fibre powder	Powder	500 g	Each 2 teaspoon serving (8 g) contains: Ulmus rubra Muhl. (Slippery elm) 0,2 g [bark powder]; Avena sativa L. (Oat bran) 3,138 g; Plantago ovata (Psyllium husk #40) 2,379 g [husk powder]; Plantago ovata (Psyllium husk #60) 2,383 g [husk powder].	Adults: Add 2 teaspoons of Tony Feruson Fibre to your cereal or 250-300 ml. of your favourite drink and stir briskly. Drink immediately. Children: Not suitable for children under the age of 12 years.		Health Supplement	Other	Oral	Low	A source of dietary fibre.	At or below 25 °C	
10	Imported and Exported	Fibre capsules	Capsule - Hard	90	Each capsule contains: Ulmus rubra Muhl. (Slippery elm) 200 mg [bark powder]; Avena sativa L. (Oat bran) 300 mg; Plantago ovata (Psyllium husk #40) 224 mg [husk powder]; Plantago ovata (Psyllium husk #60) 226 mg [husk powder].	Adults: Take three capsules twice a day with a full glass of tap water. Children: Not suitable for children under the age of 12 years.		Health Supplement	Other	Oral	Low	A source of dietary fibre.	At or below 25 °C	