

SAHPRA LICENCE NO.		0000000540.-.18	CM REF.	DA02-54A56B	Name of Licence Holder:		Resmed Healthcare CC				Version:		01-042026
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
1	Imported and Exported	Calcium Chewable Tablets	Tablet - Chewable	28's, 30's, 56's, 60's 84's 100's, 168's	Each chewable tablet contains: Calcium carbonate 420 mg equivalent to 168 mg elemental calcium	Chew 1 to 2 tablets daily	N/A	Health Supplement	Minerals	Oral	Low	Contributes to the development and maintenance of bones and teeth; Contributes to normal muscle function ; A factor in the maintenance of good health; Contributes to normal blood clotting.	At or below 25 ° C
2	Imported and Exported	Vitamin B6 (Pyridoxine)	Tablet	28's, 30's, 100's	Each tablet contains : Pyridoxine HCl (Vitamin B6) 25 mg	Take 1 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to the reduction of tiredness and fatigue; Contributes to the normal function of the immune function; A factor in the maintenance of good health.	At or below 25 ° C
3	Imported and Exported	Vitamin B1 (Thiamine)	Tablet	28's, 30's, 84's, 90's	Each tablet contains: Thiamine (Vitamin B1) 100 mg	Take 1 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to normal energy yielding metabolism; Contributes to the normal functioning of the nervous system; Contributes to the normal function of the heart; A factor in the maintenance of good health.	At or below 25 ° C
4	Manufactured (including import and export)	Elemental Zinc	Liquid	150ml Syrup	Each 5ml contains: Zinc Sulphate heptahydrate 44 mg equivalent to elemental zinc 10 mg	Children 4-12 years: 5ml daily or as directed ; Adults: 10ml daily or as directed	N/A	Health Supplement	Minerals	Oral	Low	Contributes to the maintenance of immune function ; A factor in the maintenance of good health.	At or below 25 ° C
5	Imported and Exported	Vitamin B3 (Nicotinamide)	Tablet	28's, 30's, 56's, 60's	Each tablet contains: Nicotinamide (Vitamin B3) 100 mg	Take 1 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to the maintenance of normal skin; Contributes to the reduction of tiredness and fatigue; Contributes to normal growth and development; A factor in the maintenance of good health.	At or below 25 ° C
6	Imported and Exported	Vitamin B-Complex	Tablet	30's, 60's, 100's	Each tablet contains: Vitamin B3 (Nicotinamide) 20 mg; Pyridoxine HCL (Vitamin B6) 2 mg; Thiamine HCL (Vitamin B1) 5 mg; Riboflavin (Vitamin B2) 2 mg	Take 1 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Vitamin B Complex supplement	At or below 25 ° C
7	Imported and Exported	Elemental Zinc	Tablet	28's, 30's, 56's, 60's	Each tablet contains: Zinc sulphate 54 mg equivalent to elemental zinc 20 mg	Take 1 tablet daily	N/A	Health Supplement	Minerals	Oral	Low	Contributes to the maintenance of immune function; A factor in the maintenance of good health.	At or below 25 ° C
8	Imported and Exported	Calcium carbonate with glycine	Tablet	30's, 60's, 168's, 300's	Each tablet contains: Calcium carbonate 420 mg equivalent to elemental calcium 168 mg; Glycine (Aminoacetic Acid 2-aminoacetic acid E640) 180 mg	Take 1 tablet , three times daily.	N/A	Health Supplement	Multiple substance formulation	Oral	Low	A factor in the maintenance of good health and a source of amino acid involved in muscle protein synthesis.	At or below 25 ° C
9	Imported and Exported	Vitamin C (Ascorbic acid) tablet	Tablet	30's, 100's	Each tablet contains: Vitamin C (Ascorbic acid) 250 mg	Take 1 to 2 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to maintain the normal function of the immune system during and after intense physical stress; An antioxidant for the maintenance of good health; A factor in the maintenance of good health.	At or below 25 ° C
10	Imported and Exported	Vitamin Multi	Capsule - Soft	30's	Each capsule contains: Vitamin A 72 mcg equivalent to 240 I.U (237,6 RAE); Ergocalciferol 300 I.U (Vitamin D2 7.5 mcg); Vitamin E 22.35 I.U (Vitamin E 15 mg); Vitamin C (Ascorbic Acid) 90 mg; Folic Acid 400 mcg; Niacin (Vitamin B3) 20 mg; Riboflavin (Vitamin B2) 1.6 mg; Pyridoxine (Vitamin B6) 2.5 mg; Iron 9 mcg equivalent to 1,8 mcg elemental iron; Selenium 65 mcg	Take 1 capsule daily. For adult use only	N/A	Health Supplement	Multiple substance formulation	Oral	Low	Multi-vitamin/mineral supplement; A factor in the maintenance of good health	At or below 25 ° C

SAHPRA LICENCE NO.		0000000540.-18	CM REF.	DA02-54A56B	Name of Licence Holder:	Resmed Heathcare CC							Version:	01-042026
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	
11	Manufactured (Including import and export)	Multivitamin Syrup	Liquid	100ml	Each 5 ml contains: Vitamin A 900 mcg equivalent to 3000 I.U (2970 RAE); Vitamin D (Ergocalciferol) 10 mcg (400 I.U); Vitamin B1 (Thiamine) 15 mg; Vitamin B2(Riboflavin) 1.25 mg; Vitamin B6 (Pyridoxine) 1 mg; Vitamin C (Ascorbic Acid) 50 mg; Vitamin B3 (Nicotinamide) 10 mg	Take 5- 10 ml daily	N/A	Health Supplement	Vitamins	Oral	Low	Multi-vitamin supplement	At or below 25 ° C	
12	Manufactured (Including import and export)	Vitamin B Complex	Tablet	30's	Each tablet contains: Vitamin B1 (Thiamine) 5 mg; Vitamin B2 (Riboflavin) 2 mg; Vitamin B6 (Pyridoxine) 2 mg; Vitamin B3 (Nicotinamide) 20 mg;	Take 1 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Vitamin B Complex supplement	At or below 25 ° C	
13	Imported and Exported	Calcium carbonate	Tablet	10's, 30's	Each tablet contains: Calcium carbonate 500 mg equivalent to 200 mg elemental calcium	Take 1 tablet daily	N/A	Health Supplement	Minerals	Oral	Low	Calcium supplement	At or below 25 ° C	
14	Manufactured (Including import and export)	Multivitamin Drop	Liquid	25ml	One drop (0,05ml) of liquid contains: Vitamin A 900 mcg equivalent to 3000 I.U (2970 RAE); Vitamin D (Ergocalciferol) 10 mcg (400 IU); Vitamin B1 (Thiamine) 1,5 mg; Vitamin B2(Riboflavin) 1.2 mg; Vitamin B6 (Pyridoxine) 0,5 mg; Vitamin C (Ascorbic Acid) 50 mg; Vitamin B3 (Nicotinamide) 10 mg	Take 1-2 drops daily	N/A	Health Supplement	Vitamins	Oral	Low	Multi-vitamin supplement	At or below 25 ° C	
15	Imported and Exported	Calcium carbonate , soluble tablet	Tablet - Effervescent	10's	Each tablet contains: Calcium carbonate 1250 mg equivalent to 500 mg elemental calcium	Dissolve 1 tablet in a glass of water daily	N/A	Health Supplement	Minerals	Oral	Low	Calcium Supplement	At or below 25 ° C	
16	Imported and Exported	Organic Inulin Powder	Powder	100g, 200g, 300g	Inulin (6 g per scoop)	Take 1 scoop with 250ml water , two hours before or after taking other medications.	N/A	Health Supplement	Saccharides (including prebiotics)	Oral	Low	Prebiotics such as Inulin beneficially affects the intestinal flora by selectively stimulating the growth of the good/ beneficial gut flora/micro-organisms / positively affects intestinal health	At or below 25 ° C	
17	Imported and Exported	Magnesium Citrate	Tablet	200mg	Each tablet contains: Magnesium citrate 200 mg equivalent to 32 mg elemental magnesium	Take 1 tablet daily	N/A	Health Supplement	Minerals	Oral	Low	Contributes to the maintenance of normal muscle function	At or below 25 ° C	
18	Imported and Exported	Vitamin D3	Capsule	1000Iu	Each capsule contains: Vitamin D3 (Cholecalciferol 20 mcg) 1000 I.U	Take one capsule daily	N/A	Health Supplement	Vitamins	Oral	Low	Helps in the development and maintenance of bones and teeth	At or below 25 ° C	
19	Imported and Exported	Res-Mag Fizzy	Tablet - Effervescent	10's, 20's	Each effervescent tablet contains: Magnesium carbonate 250 mg equivalent to 105 mg elemental magnesium; Vitamin C (Ascorbic Acid) 150 mg	Dissolve 1 tablet in a glass of water daily	N/A	Health Supplement	Multiple substance formulation	Oral	Low	Contributes to the maintenance of normal muscle function	At or below 25 ° C	
20	Imported and Exported	Res-immune	Tablet - Effervescent	10's, 20's	Each effervescent tablet contains: Vitamin A 1500 mcg equivalent to 5000 I.U (1516 RAE); Vitamin C (Ascorbic Acid) 1 g; Vitamin E (D-alpha-tocopherol) 222 mg (330 I.U); Zinc sulphate 8 mg equivalent to 1,84 mg elemental zinc; Magnesium(Magnesium carbonate) 40 mg equivalent to 12,8 mg elemental magnesium	Dissolve 1 tablet in a glass of water daily	N/A	Health Supplement	Multiple substance formulation	Oral	Low	Helps to maintain immune function	At or below 25 ° C	
21	Imported and Exported	Res-thion (Sachets)	Powder	20's	Each sachet contains: Vitamin C (Ascorbic Acid) 500 mg; Glutathion (Glycine, L-gamma-glutamyl-LcysteinyI) 0.5 mg; Vitamin B1 (Thiamine) 2,0 mg	Children: Dissolve 1 sachet daily; Adults: Dissolve 2 sachets daily	N/A	Health Supplement	Multiple substance formulation	Oral	Low	A factor in the maintenance of good health	At or below 25 ° C	
22	Imported and Exported	Res-thion (Effervescent)	Tablet - Effervescent	10's and 20's	Each effervescent tablet contains: Vitamin C (Ascorbic Acid) 500 mg; Glutathion (Glycine, L-gamma-glutamyl-LcysteinyI) 0.5 mg; Vitamin B1 (Thiamine) 2,0 mg	Children: dissolve 1 Tablet daily; Adults: Dissolve 2 tablets daily	N/A	Health Supplement	Multiple substance formulation	Oral	Low	A factor in the maintenance of good health	At or below 25 ° C	
23	Imported and Exported	Vitamin C Effervescent	Tablet - Effervescent	10's, 20's	Each effervescent tablet contains: Vitamin C (Ascorbic acid) 250 mg	Dissolve 1 tablet daily in a glass of water	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to maintain the normal function of the immune system during and after intense physical stress; An antioxidant for the maintenance of good health; A factor in the maintenance of good health.	At or below 25 ° C	

SAHPRA LICENCE NO.		0000000540.-.18	CM REF.	DA02-54A56B	Name of Licence Holder:	Resmed Heathcare CC							Version:	01-042026
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	
24	Imported and Exported	Res-Q-Med: Creatine Monohydrate	Tablet - Effervescent	10's, 20's	Each effervescent tablet contains: Creatine Monohydrate (Creatine hydrate Glycine, N- (aminoininomethyl)-N-methyl-, monohydrate) 2 g	Dissolve 1 -2 (2-4g) effervescent tablets daily in a glass of water. Do not exceed 5g per dose. Do not exceed 20g per day.	N/A	Health Supplement	Amino acids	Oral	Low	Increases [body/muscle/lean] [mass/size] when used in conjunction with a resistance training regimen	At or below 25 ° C	
	Imported and Exported	Res-Q-Med Probiotics: Pro Gut Max	Powder	30's	Each sachet contains: Lactobacillus acidophilus 1,6 x 10 ⁹ CFU; Lactobacillus rhamnosus 1,0 x 10 ⁹ CFU; Bifidobacterium longum 1,2x 10 ⁹ CFU; Bacillus coagulans 1.60x 10 ⁹ CFU; Saccharomyces Boulardii x 10 ⁹ CFU	Mix the contents of one sachet in 10-20ml water for consumption	N/A	Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut	At or below 25 ° C	
25	Imported and Exported	Res-Q-Med Probiotics: Pro Bio Skin	Powder	30's	Each sachet contains: Lactobacillus salivarius 1,50 x 10 ⁹ CFU	Mix the contents of one sachet in 10-20ml water for consumption	N/A	Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut	At or below 25 ° C	
26	Imported and Exported	Res-Q-Med Probiotics: UriiPure	Powder	30's	Each sachet contains: Lactobacillus fermentum 2 x 10 ⁹ CFU; Lactocaseibacillus rhamnosus 5 x 10 ⁹ CFU; Lactobacillus gasei 2x 10 ⁹ CFU	Mix the contents of one sachet in 10-20ml water for consumption	N/A	Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut	At or below 25 ° C	
27	Imported and Exported	Res-Q-Med Probiotics: Kidney Care	Powder	30's	Each sachet contains: Lactobacillus acidophilus 1,0 x 10 ⁹ CFU; Lactobacillus plantarum 1,1x 10 ⁹ CFU ; Bifidobacteriu longum 1.7x 10 ⁹ CFU; Lactobacillus bulgaricus 1.2x 10 ⁹ CFU	Mix the contents of one sachet in 10-20ml water for consumption	N/A	Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut	At or below 25 ° C	
28	Imported and Exported	Res-Q-Med Probiotics: Pro Collagen Max	Powder	10,5g (30's)	Each sachet contains: Lactobacillus acidophilus 1,3x 10 ⁹ CFU; Lactobacillus plantarum 1,2x 10 ⁹ CFU; Bifidobacterium lactis1,1 x 10 ⁹ CFU ; Prebiotic (Fructooligosaccharides) 2 g; Vitamin C (Ascorbic Acid) 200 mg; Vitamin E (D-alpha-tocopherol) 7.5 mg; Marine hydrolysed collagen 8000 mg	Take the contents of one sachet with 20ml of water once daily.	N/A	Health Supplement	Multiple substance formulation	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut	At or below 25 ° C	
29	Imported and Exported	Res-Q-Med Probiotics: Multivitamin Kiddies Gummies	Other	30's	Each chew gummy contains: Vitamin C (Ascorbic Acid) 80 mg; Vitamin B1(Thiamine) 1.2 mg; Vitamin B2 (Riboflavin) 1,4 mg; Vitamin B3 (Nicotinic Acid) 15 mg; Vitamin B6 (Pyridoxine) 2 mg; Folic Acid (5-Methyltetrahydrofolic acid) 50 mcg ; Zinc (Zinc Sulphate) 3 mg equivalent to 0,69 mg elemental zinc; Iron (Ferrous sulphate) 1 mg equivalent to 0.2 mg elemental iron	One chew daily for children between 3-7 years	N/A	Health Supplement	Multiple substance formulation	Oral	Low	Nutritional support for children	At or below 25 ° C	
30	Imported and Exported	Vitamin A	Capsule - Soft	30's	Each capsule contains: Vitamin A 1500 mcg equivalent to 5000 I.U (4950 RAE)	Take 1 capsule daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to the maintenance of normal vision	At or below 25 ° C	
31	Imported and Exported	Res-Q-Med Probiotics: Teens daily probiotic	Powder	30's	Each sachet contains: Lactocaseibacillus rhamnosus 1,1 x 10 ⁹ CFU; Lactobacillus acidophilus1,2 x 10 ⁹ CFU; Bacillus coagulans1,1x 10 ⁹ CFU; Bifidobacterium lactis 1,8 x 10 ⁹ CFU	Mix the contents of one sachet in 10-20ml water for consumption	N/A	Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut	At or below 25 ° C	
32	Imported and Exported	Vitamin A 1000iu	Capsule - Soft	30's	Each capsule contains: Vitamin A 300 mcg equivalent to 1000 I.U (990 RAE)	Take 1 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to the maintenance of normal vision	At or below 25 ° C	
33	Imported and Exported	Vitamin A 2000iu	Capsule - Soft	30's	Each capsule contains: Vitamin A 600 mcg equivalent to 2000 I.U (1980 RAE)	Take 1 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to the maintenance of normal vision	At or below 25 ° C	
34	Imported and Exported													
35	Imported and Exported													

SAHPRA LICENCE NO.		0000000540.-.18	CM REF.	DA02-54A56B	Name of Licence Holder:	Resmed Heathcare CC							Version:	01-042026
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	
36	Imported and Exported	Res-Q-Med: Nutri- Superfood	Other	100g, 200g, 500g	Each 5ml of paste contains: Vitamin C (Ascorbic Acid) 60 mg; Vitamin B1 (Thiamine) 1 mg; Vitamin B2 (Riboflavin) 2,1 mg; Vitamin B3 (Niacinamide) 13 mg; Folic Acid 200 mcg; Vitamin B5 (Pantothenic Acid) 4,5 mg; Vitamin B12 (Pyridoxine) 2,7 mcg	Paste: Eat 1-2 (5-10ml) spoons daily.	N/A	Health Supplement	Vitamins	Oral	Low	Nutritional support for adults	At or below 25 ° C	
	Imported and Exported	Res-Q-Med: Kids Superfood	Other	100g, 200g, 500g	Each scoop (20g) contains: Vitamin C (Ascorbic Acid) 58 mg; Vitamin B1(Thiamine) 0.5 mg; Vitamin B2 (Riboflavin) 1.6 mg; Vitamin B3 (Niacinamide) 5 mg; Folic Acid 210 mcg; Vitamin B5 (Pantothenic Acid) 3 mg; Vitamin B12 (Pyridoxine) 1.6 mcg	Dissolve 20g in 100ml of water. Daily dose: 1 scoop (20 g)	N/A	Health Supplement	Vitamins	Oral	Low	Nutritional support for children	At or below 25 ° C	
37	Imported and Exported	Res-Q-Meds: Teddyvit Vitamin B Complex Gummies	Other	30's	Each gummy contains: Vitamin B5 (Pantothenic Acid) 2 mg; Vitamin B6 (Pyridoxine) 0,5 mg; Vitamin B1 (Thiamine) 0.30 mg; Vitamin H (Biotin) 6 mcg; Vitamin B12 (Pyridoxine) 0.60 mcg; Choline ((betahydroxyethyl)trimethylammonium 2-Hydroxy-N,N,N-trimethylethanaminium) 25 mg; Inositol 20 mcg	Take 1 gummy a day	N/A	Health Supplement	Multiple substance formulation	Oral	Low	Nutritional support for kids	At or below 25 ° C	
	Imported and Exported	Vitamin C (Ascorbic acid) tablet	Tablet	30's, 100's	Each tablet contains: Ascorbic acid (Vitamin C) 500 mg	1-2 tablets daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to maintain the normal function of the immune system during and after intense physical stress; An antioxidant for the maintenance of good health; A factor in the maintenance of good health.	At or below 25 ° C	
39	Imported and Exported	Vitamin C (Ascorbic acid) tablet	Tablet	30's, 100's	Each tablet contains: Ascorbic acid (Vitamin C) 1 g	1 tablet daily	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to maintain the normal function of the immune system during and after intense physical stress; An antioxidant for the maintenance of good health; A factor in the maintenance of good health.	At or below 25 ° C	
	Imported and Exported	Vitamin C Effervescent	Tablet - Effervescent	10's, 20's	Each effervescent tablet contains: Vitamin C (Ascorbic acid) 500mg	Dissolve 1 tablet daily in a glass of water	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to maintain the normal function of the immune system during and after intense physical stress; An antioxidant for the maintenance of good health; A factor in the maintenance of good health.	At or below 25 ° C	
41	Imported and Exported	Vitamin C Effervescent	Tablet - Effervescent	10's, 20's	Each effervescent tablet contains: Vitamin C (Ascorbic acid) 1000 mg	Dissolve 1 tablet daily in a glass of water	N/A	Health Supplement	Vitamins	Oral	Low	Contributes to maintain the normal function of the immune system during and after intense physical stress; An antioxidant for the maintenance of good health; A factor in the maintenance of good health.	At or below 25 ° C	
	Imported and Exported													