

SAHPRA LICENCE NO.		DL01-A33CF3	CM REF.	See Licence No.	Name of Licence Holder:		Rx Laboratories (Pty) Ltd				Version:		01-022024
No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
1	Manufactured (including import and export)	RxZin	Tablet	60 and 120	Zinc picolinate 39,6 mg; Selenium AAC 2 % 1,0 mg	Adults: Take 3 tablets daily		Health Supplement	Multiple substance formulation	Oral	Low	RxZin contributes to the maintenance of healthy skin and immune function.	At or below 25 ° C
2	Manufactured (including import and export)	ImmunoZinc	Tablet	60 and 120	Zinc picolinate 39,6 mg; Selenium AAC 2 % 1,0 mg	Adults: Take 3 tablets daily		Health Supplement	Multiple substance formulation	Oral	Low	ImmunoZinc contributes to the maintenance of healthy skin and immune function.	At or below 25 ° C
3	Manufactured (including import and export)	RxFlam	Tablet	180	Glucosamine sulphate potassium chloride 500,00 mg; MSM (methyl sulphonyl methane) 160,00 mg; Collagen (hydrolysed) powder 30,00 mg; Chondroitin sulphate 10,00 mg	Adults: Take 1 tablet three times per day with meals and a glass of water.		Health Supplement	Multiple substance formulation	Oral	Low	Rxflam is indicated for the improvement of joint mobility and the reduction in the severity of joint stiffness. It helps with the relief of joint aches and pain and protects against the deterioration of cartilage.	At or below 25 ° C
4	Manufactured (including import and export)	InflamEase	Tablet	180	Glucosamine sulphate potassium chloride 500,00 mg; MSM (methyl sulphonyl methane) 160,00 mg; Collagen (hydrolysed) powder 30,00 mg; Chondroitin sulphate 10,00 mg	Adults: Take 1 tablet three times per day with meals and a glass of water.		Health Supplement	Multiple substance formulation	Oral	Low	InflamEase is indicated for the improvement of joint mobility and the reduction in the severity of joint stiffness. It helps with the relief of joint aches and pain and protects against the deterioration of cartilage.	At or below 25 ° C
5	Manufactured (including import and export)	Rxflam Joint Gel	Gels	100 grams	Each 5 g gel contains: Methyl sulphonyl methane (MSM) 500,00 mg; Menthol 100,00 mg; Glucosamine sulphate 25,00 mg; Gaultheria profumbens (Wintergreen oil) 25,00 mg [providing 20,00 mg Methyl salicylate].	Apply generously to affected or painful areas and rub gently until completely absorbed. Repeat as needed.		Discipline specific	Combination product	Transdermal	Low	Rxflam Joint Gel is used to relieve joint pain and inflammation, as well as soothing tired, sore and tense muscles, and improves joint mobility.	At or below 25 ° C
6	Manufactured (including import and export)	InflamEase Joint Gel	Gels	100 grams	Each 5 g gel contains: Methyl sulphonyl methane (MSM) 500,00 mg; Menthol 100,00 mg; Glucosamine sulphate 25,00 mg; Gaultheria profumbens (Wintergreen oil) 25,00 mg [providing 20,00 mg Methyl salicylate].	Apply generously to affected or painful areas and rub gently until completely absorbed. Repeat as needed.		Discipline specific	Combination product	Transdermal	Low	InflamEase Joint Gel is used to relieve joint pain and inflammation, as well as soothing tired, sore and tense muscles, and improves joint mobility.	At or below 25 ° C
7	Manufactured (including import and export)	Rx Potassium	Tablet	60	Potassium chloride 600,00 mg (providing 314,68 mg elemental potassium)	Adults: Take 1 tablet twice daily with a full glass of water.		Health Supplement	Minerals	Oral	Low	Rx Potassium contributes to normal nervous system and muscle functioning, as well as the maintenance of normal blood pressure. RxPotassium is indicated in adults.	At or below 25 ° C
8	Manufactured (including import and export)	Potassium Max	Tablet	60	Potassium chloride 600,00 mg (providing 314,68 mg elemental potassium)	Adults: Take 1 tablet twice daily with a full glass of water.		Health Supplement	Minerals	Oral	Low	Potassium Max contributes to normal nervous system and muscle functioning, as well as the maintenance of normal blood pressure. Potassium Max is indicated in adults.	At or below 25 ° C
9	Manufactured (including import and export)	ST Zinc Complex	Tablet	120	Zinc picolinate 39,60 mg (providing 8,30 mg elemental zinc); Copper amino acid chelate 10 % 10,00 mg (providing 1,00 mg elemental copper); Nicotinamide (Vitamin B3) 5,00 mg; Riboflavin (Vitamin B2) 5,00 mg; Selenium amino acid chelate 2 % 1,00 mg (providing 20,00 µg elemental selenium); Biotin (Vitamin H) 100,00 µg	Adults: Take 3 tablets daily		Health Supplement	Multiple substance formulation	Oral	Low	ST Zinc Complex is a combination of vitamins and minerals that can contribute to healthy skin, normal skin pigmentation and the maintenance of immune function.	At or below 25 ° C
10	Manufactured (including import and export)	Rx Zinc Complex	Tablet	120	Zinc picolinate 39,60 mg (providing 8,30 mg elemental zinc); Copper amino acid chelate 10 % 10,00 mg (providing 1,00 mg elemental copper); Nicotinamide (Vitamin B3) 5,00 mg; Riboflavin (Vitamin B2) 5,00 mg; Selenium amino acid chelate 2 % 1,00 mg (providing 20,00 µg elemental selenium); Biotin (Vitamin H) 100,00 µg	Adults: Take 3 tablets daily		Health Supplement	Multiple substance formulation	Oral	Low	Rx Zinc Complex is a combination of vitamins and minerals that can contribute to healthy skin, normal skin pigmentation and the maintenance of immune function.	At or below 25 ° C
11	Manufactured (including import and export)	ST Zinc Junior Syrup	Liquid	200 and 500	Each 5 ml contains: Zinc gluconate 48,85 mg (providing 7,00 mg elemental zinc); Sodium ascorbate 38,89 mg (providing 35,00 mg elemental vitamin C); Cholecalciferol (Vitamin D3) 10,00 ug.	Children 3 – 12 months: Take 1,25 ml daily; Children 1 – 3 years: Take 5 ml daily; Children 4 – 8 years: Take 7,5 ml daily; Children 9 – 13 years: Take 10 ml daily		Health Supplement	Multiple substance formulation	Oral	Low	ST Zinc Junior Syrup contributes to the maintenance of good health and immune function, as well as healthy skin in growing children.	At or below 25 ° C
12	Manufactured (including import and export)	Rx Zinc Junior Syrup	Liquid	200 and 500	Each 5 ml contains: Zinc gluconate 48,85 mg (providing 7,00 mg elemental zinc); Sodium ascorbate 38,89 mg (providing 35,00 mg elemental vitamin C); Cholecalciferol (Vitamin D3) 10,00 ug.	Children 3 – 12 months: Take 1,25 ml daily; Children 1 – 3 years: Take 5 ml daily; Children 4 – 8 years: Take 7,5 ml daily; Children 9 – 13 years: Take 10 ml daily		Health Supplement	Multiple substance formulation	Oral	Low	Rx Zinc Junior Syrup contributes to the maintenance of good health and immune function, as well as healthy skin in growing children.	At or below 25 ° C
13	Manufactured (including import and export)	Sitan Arnica Gel	Gels	100	Each 100 g tube contains: Arnica montana L. (Arnica oil) 1,112 g [flower extract]; Salvia rosmarinus (Rosemary oil) 1,665 g [flower/stem extract]; Lavendula angustifolia (Lavender oil) 0,618 g [flower/stem extract]; Calendula officinalis L. (Calendula oil) 0,376 g [flower extract]; Citrus limon (Lemon oil) 0,115 g [peel extract]	Apply generously to affected or painful areas and rub gently until completely absorbed. Repeat as needed.		Discipline specific	Western Herbal Medicine	Transdermal	Low	Sitan Arnica Gel is formulated with a combination of herbs for the relief of aching muscles and joints. This easily absorbed gel helps relieve muscular sprains, bruises and swelling and provides temporary relief of stiffness and pain in the muscles, joints and tendons.	At or below 25 ° C
14	Manufactured (including import and export)	Rx Arnica Gel	Gels	100	Each 100 g tube contains: Arnica montana L. (Arnica oil) 1,112 g [flower extract]; Salvia rosmarinus (Rosemary oil) 1,665 g [flower/stem extract]; Lavendula angustifolia (Lavender oil) 0,618 g [flower/stem extract]; Calendula officinalis L. (Calendula oil) 0,376 g [flower extract]; Citrus limon (Lemon oil) 0,115 g [peel extract]	Apply generously to affected or painful areas and rub gently until completely absorbed. Repeat as needed.		Discipline specific	Western Herbal Medicine	Transdermal	Low	Rx Arnica Gel is formulated with a combination of herbs for the relief of aching muscles and joints. This easily absorbed gel helps relieve muscular sprains, bruises and swelling and provides temporary relief of stiffness and pain in the muscles, joints and tendons.	At or below 25 ° C
15	Manufactured (including import and export)	Rx 5-HTP 50 mg	Tablet	60	5-hydroxy-L-tryptophan (5-HTP) 50,00 mg (from Griffonia simplicifolia seed extract)	Adults: Take 1 tablet two to three times daily with a meal.		Health Supplement	Other	Oral	Low	Rx 5-HTP is a precursor to the neurotransmitter serotonin and may assist in the maintenance of good health and a healthy mood balance.	At or below 25 ° C
16	Manufactured (including import and export)	Hydroxyphan 50 mg	Tablet	60	5-hydroxy-L-tryptophan (5-HTP) 50,00 mg (from Griffonia simplicifolia seed extract)	Adults: Take 1 tablet two to three times daily with a meal.		Health Supplement	Other	Oral	Low	Hydroxyphan is a precursor to the neurotransmitter serotonin and may assist in the maintenance of good health and a healthy mood balance.	At or below 25 ° C
17	Manufactured (including import and export)	Rx 5-HTP 220 mg	Capsule - Hard	30	5-hydroxy-L-tryptophan (5-HTP) 220,00 mg (from Griffonia simplicifolia seed extract)	Take one vegecapsule at night with a meal or as recommended by your health care practitioner.		Health Supplement	Other	Oral	Low	Rx 5-HTP is a precursor to the neurotransmitter serotonin and may assist in the maintenance of good health and a healthy mood balance.	At or below 25 ° C
18	Manufactured (including import and export)	Hydroxyphan 220 mg	Capsule - Hard	30	5-hydroxy-L-tryptophan (5-HTP) 220,00 mg (from Griffonia simplicifolia seed extract)	Take one vegecapsule at night with a meal or as recommended by your health care practitioner.		Health Supplement	Other	Oral	Low	Hydroxyphan is a precursor to the neurotransmitter serotonin and may assist in the maintenance of good health and a healthy mood balance.	At or below 25 ° C

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19	Manufactured (including import and export)	Rx Insulin Support	Tablet	60	Berberis vulgaris (Barberry) 281,20 mg [root extract standardised to berberine HCl 97 %]; Chromium picolinate 0,10 mg (providing 13,00 µg elemental Chromium); Lagerstroemia speciosa (L.) Pers. (Banaba) 8,00 mg [leaf, dry extract providing not less than 1 % corosolic acid]; Inositol 8,75 mg	Adults: Take 2 tablets twice a day with meals.		Discipline specific	Combination product	Oral	Low	Rx Insulin Support provides support for healthy blood sugar metabolism and combats insulin resistance.	At or below 25 ° C
20	Manufactured (including import and export)	Restulin	Tablet	60	Berberis vulgaris (Barberry) 281,20 mg [root extract standardised to berberine HCl 97 %]; Chromium picolinate 0,10 mg (providing 13,00 µg elemental Chromium); Lagerstroemia speciosa (L.) Pers. (Banaba) 8,00 mg [leaf, dry extract providing not less than 1 % corosolic acid]; Inositol 8,75 mg	Adults: Take 2 tablets twice a day with meals.		Discipline specific	Combination product	Oral	Low	Restulin provides support for healthy blood sugar metabolism and combats insulin resistance.	At or below 25 ° C
21	Manufactured (including import and export)	Berberchol	Tablet	60	Berberis vulgaris (Barberry) 187,46 mg [root extract standardised to berberine HCl 97 %]; Phytosterols (plant sterols) 500,00 mg; Coenzyme Q10 15,00 mg; DL-α-tocopheryl acetate (Vitamin E) 3,75 mg; Nicotinamide (Vitamin B3) 12,00 mg	Adults: Take 2 tablets twice a day with meals.		Discipline specific	Combination product	Oral	Low	Berberchol is specifically formulated with therapeutic levels of barberry root, coenzyme Q10 and phytosterols to assist in the maintenance of normal cholesterol and triglyceride levels.	At or below 25 ° C
22	Manufactured (including import and export)	Rx Cholesterol Support	Tablet	60	Berberis vulgaris (Barberry) 187,46 mg [root extract standardised to berberine HCl 97 %]; Phytosterols (plant sterols) 500,00 mg; Coenzyme Q10 15,00 mg; DL-α-tocopheryl acetate (Vitamin E) 3,75 mg; Nicotinamide (Vitamin B3) 12,00 mg	Adults: Take 2 tablets twice a day with meals.		Discipline specific	Combination product	Oral	Low	Rx Cholesterol Support is specifically formulated with therapeutic levels of barberry root, coenzyme Q10 and phytosterols to assist in the maintenance of normal cholesterol and triglyceride levels.	At or below 25 ° C
23	Manufactured (including import and export)	Rx Liver Support	Capsule - Soft	20, 100 and 200	Polyunsaturated phospholipids (from lecithin) 175,00 mg; Thiamine (Vitamin B1) 3,00 mg; Riboflavin (Vitamin B2) 3,00 mg; Nicotinamide (Vitamin B3) 15,00 mg; Pyridoxine (Vitamin B6) 3,00 mg; Cyanocobalamin (Vitamin B12) 3,00 µg; α-Tocopherol (Vitamin E) 2,21 mg	Adults: Take 1 to 2 capsules three times a day with meals.		Health Supplement	Multiple substance formulation	Oral	Low	Rx Liver Support is a combination of phospholipids and vitamins that maintains and support normal functioning of liver cells.	At or below 25 ° C
24	Manufactured (including import and export)	Liv-it-Up	Capsule - Soft	20, 100 and 200	Polyunsaturated phospholipids (from lecithin) 175,00 mg; Thiamine (Vitamin B1) 3,00 mg; Riboflavin (Vitamin B2) 3,00 mg; Nicotinamide (Vitamin B3) 15,00 mg; Pyridoxine (Vitamin B6) 3,00 mg; Cyanocobalamin (Vitamin B12) 3,00 µg; α-Tocopherol (Vitamin E) 2,21 mg	Adults: Take 1 to 2 capsules three times a day with meals.		Health Supplement	Multiple substance formulation	Oral	Low	Liv-it-Up is a combination of phospholipids and vitamins that maintains and support normal functioning of liver cells.	At or below 25 ° C
25	Manufactured (including import and export)	Rxtreme Liver Support	Capsule - Hard	20, 100 and 200	De-oiled lecithin (enriched phospholipids from soy-beans) 300,00 mg	Adults: Take 1 to 2 capsules three times a day with meals.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	Rxtreme Liver Support is a herbal preparation to aid liver function and provide support to the liver.	At or below 25 ° C
26	Manufactured (including import and export)	LivXtreme	Capsule - Hard	20, 100 and 200	De-oiled lecithin (enriched phospholipids from soy-beans) 300,00 mg	Adults: Take one (1) to two (2) capsules three times a day with meals.		Health Supplement	Fats Oils and Fatty Acids	Oral	Low	LivXtreme is a herbal preparation to aid liver function and provide support to the liver.	At or below 25 ° C
27	Manufactured (including import and export)	Phyto Pro-cyanidin	Capsule - Hard	60 and 200	Vitis vinifera L. (grape seed) 74,00 mg [Seed, extract standardised to 95 % proanthocyanidin providing 70,00 mg proanthocyanidin]; Calcium ascorbate 29,00 mg (providing 26,00 mg vitamin C); Citrus bioflavonoids 30,00 mg; DL-α-tocopherol (vitamin E) 15,00 mg	Adults: Take 3 capsules simultaneously in the morning after breakfast for 3 days, thereafter, continue with 2 capsules per day.		Health Supplement	Multiple substance formulation	Oral	Low	Phyto Pro-cyanidin is an antioxidant-containing medicine that enhances the immune system by protecting the body against the harmful effect of free radicals and contributes to the maintenance of venous health.	At or below 25 ° C
28	Manufactured (including import and export)	Rx Proanthocyanidin	Capsule - Hard	60 and 200	Vitis vinifera L. (grape seed) 74,00 mg [Seed, extract standardised to 95 % proanthocyanidin providing 70,00 mg proanthocyanidin]; Calcium ascorbate 29,00 mg (providing 26,00 mg vitamin C); Citrus bioflavonoids 30,00 mg; DL-α-tocopherol (vitamin E) 15,00 mg	Adults: Take 3 capsules simultaneously in the morning after breakfast for 3 days, thereafter, continue with 2 capsules per day.		Health Supplement	Multiple substance formulation	Oral	Low	Rx Proanthocyanidin is an antioxidant-containing medicine that enhances the immune system by protecting the body against the harmful effect of free radicals and contributes to the maintenance of venous health.	At or below 25 ° C
29	Manufactured (including import and export)	PhytoMune	Capsule - Hard	120	Echinacea purpurea L. (Echinacea) 125,00 mg [aerial parts, 10:1 extract providing 1 250,00 mg of dried herb equivalent]; Sambucus nigra L. (Elderberry) 32,50 mg [fruit, 20:1 extract providing 650,00 mg of dried herb equivalent]; Allium sativum L. (Garlic) 15,00 mg [bulb, 4:1 extract providing 60,00 mg of dried herb equivalent]; Retinol (Vitamin A) 207,00 µg; Pyridoxine (Vitamin B6) 3,65 mg; Cyanocobalamin (Vitamin B12) 2,20 µg; Folic acid 82,50 µg; Ascorbic acid (Vitamin C) 82,55 mg; Cholecalciferol (Vitamin D) 2,30 µg; α-Tocopherol (Vitamin E) 7,37 mg; Biotin (Vitamin H) 55,00 µg; Copper amino acid chelate 10 % 5,00 mg (providing 0,50 mg elemental copper); Iron amino acid chelate 20 % 5,00 mg (providing 1,00 mg elemental iron); Selenium amino acid chelate 0,2 % 5,00 mg (providing 10,00 µg elemental selenium); Zinc gluconate 17,50 mg (providing 2,51 mg elemental zinc)	Adults: Initial dose: Take 1 capsule three times per day with meals for two weeks; Maintenance dose: Take 1 to 2 capsules once daily with meals.		Discipline specific	Combination product	Oral	Low	PhytoMune assists in reducing the severity and duration of colds and flu symptoms and associated conditions by supporting the immune system. PhytoMune contains vitamins, minerals and herbs that play a role in the maintenance of good health. Taken as per maintenance dose, PhytoMune supports and stimulates the immune system, thereby reducing the risk of infection.	At or below 25 ° C

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30	Manufactured (including import and export)	Rx Immune	Capsule - Hard	120	Echinacea purpurea L. (Echinacea) 125,00 mg [aerial parts, 10:1 extract providing 1 250,00 mg of dried herb equivalent]; Sambucus nigra L. (Elderberry) 32,50 mg [fruit, 20:1 extract providing 650,00 mg of dried herb equivalent]; Allium sativum L. (Garlic) 15,00 mg [bulb, 4:1 extract providing 60,00 mg of dried herb equivalent]; Retinol (Vitamin A) 207,00 µg; Pyridoxine (Vitamin B6) 1,65 mg; Cyanocobalamin (Vitamin B12) 2,20 µg; Folic acid 82,50 µg; Ascorbic acid (Vitamin C) 82,55 mg; Cholecalciferol (Vitamin D) 2,30 µg; α-Tocopherol (Vitamin E) 7,37 mg; Biotin (Vitamin H) 55,00 µg; Copper amino acid chelate 10 % 5,00 mg (providing 0,50 mg elemental copper); Iron amino acid chelate 20 % 5,00 mg (providing 1,00 mg elemental iron); Selenium amino acid chelate 0,2 % 5,00 mg (providing 10,00 µg elemental selenium); Zinc gluconate 17,50 mg (providing 2,51 mg elemental zinc)	Adults: Initial dose: Take one (1) capsule three times per day with meals for two weeks; Maintenance dose: Take one (1) to two (2) capsules once daily with meals.		Discipline specific	Combination product	Oral	Low	Rx Immune assists in reducing the severity and duration of colds and flu symptoms and associated conditions by supporting the immune system. Rx Immune contains vitamins, minerals and herbs that play a role in the maintenance of good health. Taken as per maintenance dose, RxImmune supports and stimulates the immune system, thereby reducing the risk of infection.	At or below 25 ° C
31	Manufactured (including import and export)	PhytoMune Junior	Liquid	200 and 500	Each 5 ml contains: Echinacea purpurea L. (Echinacea) 45,00 mg [aerial parts, 10:1 extract providing 450,00 mg of dried herb equivalent]; Sambucus nigra L. (Elderberry) 16,25 mg [fruit, 20:1 extract providing 352,00 mg of dried herb equivalent]; Retinol (Vitamin A) 40,50 µg; Cyanocobalamin (Vitamin B12) 2,40 µg; Cholecalciferol (Vitamin D) 6,00 µg; α-Tocopherol (Vitamin E) 5,95 mg; Copper amino acid chelate 10 % 350,00 µg (providing 35,00 µg elemental copper); Zinc amino acid chelate 10 % 20,00 mg (providing 2,00 mg elemental zinc)	Short-term immune protection: At the first signs of infection: Children 1 to 4 years: one medicine measure (5 ml) twice daily. Children 5 to 9 years: one and a half medicine measures (7,5 ml) twice daily. Children 10 to 13 years: two medicine measures (10 ml) twice daily. The above dosage should be taken for two weeks only, followed by the maintenance dose. Maintenance dose: To protect against infections and when generally run-down: Children 1 to 4 years: One medicine measure (5 ml) daily. Children 5 to 9 years: one and a half medicine measures (7,5 ml) daily. Children 10 to 13 years: three medicine measures (15 ml) daily.		Discipline specific	Combination product	Oral	Low	PhytoMune Junior is an advanced immune boosting formula containing vitamins, minerals and herbs that play a role in the maintenance of good health for growing children. PhytoMune Junior assists in reducing the severity and duration of colds and flu symptoms and associated conditions by supporting the immune system. Where the immune system is under threat from conditions such as stress and fatigue or when children are generally run-down, Rx Immune Junior can assist by building and restoring the immune function.	At or below 25 ° C
32	Manufactured (including import and export)	Rx Immune Junior	Liquid	200 and 500	Each 5 ml contains: Echinacea purpurea L. (Echinacea) 45,00 mg [aerial parts, 10:1 extract providing 450,00 mg of dried herb equivalent]; Sambucus nigra L. (Elderberry) 16,25 mg [fruit, 20:1 extract providing 352,00 mg of dried herb equivalent]; Retinol (Vitamin A) 40,50 µg; Cyanocobalamin (Vitamin B12) 2,40 µg; Cholecalciferol (Vitamin D) 6,00 µg; α-Tocopherol (Vitamin E) 5,95 mg; Copper amino acid chelate 10 % 350,00 µg (providing 35,00 µg elemental copper); Zinc amino acid chelate 10 % 20,00 mg (providing 2,00 mg elemental zinc)	Short-term immune protection: At the first signs of infection: Children 1 to 4 years: one medicine measure (5 ml) twice daily. Children 5 to 9 years: one and a half medicine measures (7,5 ml) twice daily. Children 10 to 13 years: two medicine measures (10 ml) twice daily. The above dosage should be taken for two weeks only, followed by the maintenance dose. Maintenance dose: To protect against infections and when generally run-down: Children 1 to 4 years: One medicine measure (5 ml) daily. Children 5 to 9 years: one and a half medicine measures (7,5 ml) daily. Children 10 to 13 years: three medicine measures (15 ml) daily.		Discipline specific	Combination product	Oral	Low	Rx Immune Junior is an advanced immune boosting formula containing vitamins, minerals and herbs that play a role in the maintenance of good health for growing children. Rx Immune Junior assists in reducing the severity and duration of colds and flu symptoms and associated conditions by supporting the immune system. Where the immune system is under threat from conditions such as stress and fatigue or when children are generally run-down, Rx Immune Junior can assist by building and restoring the immune function.	At or below 25 ° C
33	Manufactured (including import and export)	Immune Vitamin C & Zinc Lozenges (Orange)	Other	16 and 24	Sodium ascorbate 112,36 mg (providing 100,00 mg Vitamin C); Zinc gluconate 20,98 mg (providing 5,00 mg Zinc); Menthol crystals 5,00 mg; Eucalyptus oil 1,63 mg	Children 6 – 12 years: Dissolve 1 lozenge slowly in the mouth three times a day if needed; Adults: Dissolve 1 - 2 lozenges slowly in the mouth three times a day if needed.		Discipline specific	Combination product	Oral	Low	Immune Vitamin C & Zinc Lozenges is indicated to soothe and relieve sore throat.	At or below 25 ° C
34	Manufactured (including import and export)	Rx Vitamin C & Zinc Lozenges (Orange)	Other	16 and 24	Sodium ascorbate 112,36 mg (providing 100,00 mg Vitamin C); Zinc gluconate 20,98 mg (providing 5,00 mg Zinc); Menthol crystals 5,00 mg; Eucalyptus oil 1,63 mg	Children 6 – 12 years: Dissolve 1 lozenge slowly in the mouth three times a day if needed; Adults: Dissolve 1 - 2 lozenges slowly in the mouth three times a day if needed.		Discipline specific	Combination product	Oral	Low	Rx Vitamin C & Zinc Lozenges is indicated to soothe and relieve sore throat.	At or below 25 ° C
35	Manufactured (including import and export)	Immune Vitamin C & Zinc Lozenges (Honey & Lemon)	Other	16 and 24	Sodium ascorbate 112,36 mg (providing 100,00 mg Vitamin C); Zinc gluconate 20,98 mg (providing 5,00 mg Zinc); Menthol crystals 5,00 mg; Eucalyptus oil 1,63 mg	Children 6 – 12 years: Dissolve 1 lozenge slowly in the mouth three times a day if needed; Adults: Dissolve 1 - 2 lozenges slowly in the mouth three times a day if needed.		Discipline specific	Combination product	Oral	Low	Immune Vitamin C & Zinc Lozenges is indicated to soothe and relieve sore throat.	At or below 25 ° C
36	Manufactured (including import and export)	Rx Vitamin C & Zinc Lozenges (Honey & Lemon)	Other	16 and 24	Sodium ascorbate 112,36 mg (providing 100,00 mg Vitamin C); Zinc gluconate 20,98 mg (providing 5,00 mg Zinc); Menthol crystals 5,00 mg; Eucalyptus oil 1,63 mg	Children 6 – 12 years: Dissolve 1 lozenge slowly in the mouth three times a day if needed; Adults: Dissolve 1 - 2 lozenges slowly in the mouth three times a day if needed.		Discipline specific	Combination product	Oral	Low	Rx Vitamin C & Zinc Lozenges is indicated to soothe and relieve sore throat.	At or below 25 ° C
37	Manufactured (including import and export)	Activita	Other	20	Vitamin C 500,00 mg; Vitamin B1 2,0 mg; Adenosine triphosphate (ATP) 0,5 mg; L-Glutathione 0,5 mg; Calcium inositol hexaphosphate 100,00 mg	Adults and children older than 15 years: Dissolve 1 – 2 sachet(s) in water at breakfast; Children 5 – 15 years: Dissolve ½ sachet in water at breakfast and ½ sachet at lunch; Children 2 – 4 years: Dissolve ½ sachet in water at breakfast.		Health Supplement	Multiple substance formulation	Oral	Low	Activita is a supplement that assists in the maintenance of good health and increased energy.	At or below 25 ° C
38	Manufactured (including import and export)	Vitalise	Other	20	Vitamin C 500,00 mg; Vitamin B1 2,0 mg; Adenosine triphosphate (ATP) 0,5 mg; L-Glutathione 0,5 mg; Calcium inositol hexaphosphate 100,00 mg	Adults and children older than 15 years: Dissolve 1 – 2 sachet(s) in water at breakfast; Children 5 – 15 years: Dissolve ½ sachet in water at breakfast and ½ sachet at lunch; Children 2 – 4 years: Dissolve ½ sachet in water at breakfast.		Health Supplement	Multiple substance formulation	Oral	Low	Vitalise is a supplement that assists in the maintenance of good health and increased energy.	At or below 25 ° C
39	Manufactured (including import and export)	Tanquileeze	Tablet	40 and 100	Valeriana officinalis L. (Valerian) [dry root, 4:1 extract providing 400,00 mg of dried herb equivalent] 100,00 mg; Passiflora incarnata L. (Passiflora) [dry aerial parts, 6:1 extract providing 270,00 mg dried herb equivalent] 45,00 mg	Adults and children over 12 years of age: Initial dose: Take 2 tablets with water three times a day. After improvement and in less severe cases: Take 1 tablet with water three times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Tanquileeze is a mild tranquilliser indicated for nervous tension, nervous irritability, nervousness and mild anxiety.	At or below 25 ° C
40	Manufactured (including import and export)	Rx Easy Calm	Tablet	40 and 100	Valeriana officinalis L. (Valerian) [dry root, 4:1 extract providing 400,00 mg of dried herb equivalent] 100,00 mg; Passiflora incarnata L. (Passiflora) [dry aerial parts, 6:1 extract providing 270,00 mg dried herb equivalent] 45,00 mg	Adults and children over 12 years of age: Initial dose: Take 2 tablets with water three times a day. After improvement and in less severe cases: Take 1 tablet with water three times a day.		Discipline specific	Western Herbal Medicine	Oral	Low	Rx Easy Calm is a mild tranquilliser indicated for nervous tension, nervous irritability, nervousness and mild anxiety.	At or below 25 ° C
41	Manufactured (including import and export)	PhytoSleep	Tablet	26 and 52	Valeriana officinalis L. (Valerian) [dry root, 4:1 extract providing 500,00 mg of dried herb equivalent] 125,00 mg	Adults and children over 12 years of age: As an aid to sleep: Take 3 to 5 tablets half an hour before bedtime when necessary. For relief of nervous tension: Take 2 tablets one to three times daily.		Discipline specific	Western Herbal Medicine	Oral	Low	PhytoSleep relieves sleeplessness and is indicated for temporary difficulty in falling asleep as well as for the relief of nervous tension, nervous irritability and simple nervousness.	At or below 25 ° C
42	Manufactured (including import and export)	Rx EasySleep	Tablet	26 and 52	Valeriana officinalis L. (Valerian) [dry root, 4:1 extract providing 500,00 mg of dried herb equivalent] 125,00 mg	Adults and children over 12 years of age: As an aid to sleep: Take 3 to 5 tablets half an hour before bedtime when necessary. For relief of nervous tension: Take 2 tablets one to three times daily.		Discipline specific	Western Herbal Medicine	Oral	Low	Rx EasySleep relieves sleeplessness and is indicated for temporary difficulty in falling asleep as well as for the relief of nervous tension, nervous irritability and simple nervousness.	At or below 25 ° C

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities		Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions	
43	Manufactured (including import and export)	Rx Senna	Tablet	20, 100 and 200	Sennoside B 7,5 mg [from 12,34 mg Calcium sennosides and 1,00 mg Cassia angustifolia (Senna) Leaf extract]		Adults: Take 2 to 4 tablets once daily; Children over the age of 6 years: Take 1 to 2 tablets once daily.		Discipline specific	Western Herbal Medicine	Oral	Low	Rx Senna is used for short-term relief of occasional constipation.	At or below 25 ° C	
44	Manufactured (including import and export)	Senna Go	Tablet	20, 100 and 200	Sennoside B 7,5 mg [from 12,34 mg Calcium sennosides and 1,00 mg Cassia angustifolia (Senna) Leaf extract]		Adults: Take 2 to 4 tablets once daily; Children over the age of 6 years: Take 1 to 2 tablets once daily.		Discipline specific	Western Herbal Medicine	Oral	Low	Senna Go is used for short-term relief of occasional constipation.	At or below 25 ° C	
45	Manufactured (including import and export)	Sacchra Flora	Capsule - Hard	10	Saccharomyces boulardii 5 billion CFU		Adults: Take 1 – 2 capsules two to four times daily; Children: Take 1 – 2 capsules two to four times daily.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Sacchra Flora should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
46	Manufactured (including import and export)	Rx Flora	Capsule - Hard	10	Saccharomyces boulardii 5 billion CFU		Adults: Take 1 – 2 capsules two to four times daily; Children: Take 1 – 2 capsules two to four times daily.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Rx Flora should improve or normalise the microbial balance in the human intestines and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
47	Manufactured (including import and export)	Restless Leg	Tablet	30 and 60	Vitis vinifera L. (Grapevine leaf) [leaf, 4,5:1 extract, providing 1,6 g dried herb equivalent] 360,00 mg		Adults: Take 1 tablet with water before breakfast. The dose may be increased to 2 tablets daily if necessary.		Discipline specific	Western Herbal Medicine	Oral	High	Restless Leg tablets are indicated to assist with the relief of symptoms associated with chronic venous insufficiency (CVI) such as swelling of the legs, tired or heavy legs, tension, itching, cramping and pain in the legs.	At or below 25 ° C	
48	Manufactured (including import and export)	Actileg	Tablet	30 and 60	Vitis vinifera L. (Grapevine leaf) [leaf, 4,5:1 extract, providing 1,6 g dried herb equivalent] 360,00 mg		Adults: Take 1 tablet with water before breakfast. The dose may be increased to 2 tablets daily if necessary.		Discipline specific	Western Herbal Medicine	Oral	High	Actileg tablets are indicated to assist with the relief of symptoms associated with chronic venous insufficiency (CVI) such as swelling of the legs, tired or heavy legs, tension, itching, cramping and pain in the legs.	At or below 25 ° C	
49	Manufactured (including import and export)	Rx9 Probiotic	Capsule - Hard	30 and 60	Lactobacillus rhamnosus 9,4 x 10 ⁸ CFU; Lactobacillus helveticus 9,4 x 10 ⁸ CFU; Bifidobacterium longum 7,0 x 10 ⁸ CFU; Lactococcus lactis 4,7 x 10 ⁸ CFU; Bifidobacterium breve 4,7 x 10 ⁸ CFU; Lactobacillus plantarum 4,7 x 10 ⁸ CFU; Bifidobacterium bifidum 2,3 x 10 ⁸ CFU; Lactobacillus casei 2,3 x 10 ⁸ CFU; Streptococcus thermophilus 1 x 10 ⁸ CFU		Adults: Take 1 capsule daily.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Rx9 Probiotic should improve or normalise the microbial balance in the intestine and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
50	Manufactured (including import and export)	Gastro-9 Flora	Capsule - Hard	30 and 60	Lactobacillus rhamnosus 9,4 x 10 ⁸ CFU; Lactobacillus helveticus 9,4 x 10 ⁸ CFU; Bifidobacterium longum 7,0 x 10 ⁸ CFU; Lactococcus lactis 4,7 x 10 ⁸ CFU; Bifidobacterium breve 4,7 x 10 ⁸ CFU; Lactobacillus plantarum 4,7 x 10 ⁸ CFU; Bifidobacterium bifidum 2,3 x 10 ⁸ CFU; Lactobacillus casei 2,3 x 10 ⁸ CFU; Streptococcus thermophilus 1 x 10 ⁸ CFU		Adults: Take 1 capsule daily.		Health Supplement	Probiotics	Oral	Low	When ingested on a regular basis, Gastro-9 Flora should improve or normalise the microbial balance in the intestine and thereby improve the functioning of the digestive tract/gut.	At or below 25 ° C	
51	Manufactured (including import and export)	Huskolax	Powder	10 and 30	Plantago ovata (ispaghula) 3,5 g [husk powder]		Adults and children older than 12 years: Take 1 sachet in the morning and evening. Children 6 to 12 years: Take ½ to 1 teaspoon (2,5 – 5 mL) depending on body mass and age.		Discipline specific	Western Herbal Medicine	Oral	High	Huskolax is indicated to assist with relief of constipation and/or irregularity. Huskolax may also assist with increasing daily fibre intake as an adjuvant in constipation-predominant irritable bowel syndrome (IBS), as well as alternating diarrhoea and constipation.	At or below 25 ° C	
52	Manufactured (including import and export)	Rx Ispaghula Husk	Powder	10 and 30	Plantago ovata (ispaghula) 3,5 g [husk powder]		Adults and children older than 12 years: Take 1 sachet in the morning and evening. Children 6 to 12 years: Take ½ to 1 teaspoon (2,5 – 5 mL) depending on body mass and age.		Discipline specific	Western Herbal Medicine	Oral	High	Rx Ispaghula Husk is indicated to assist with relief of constipation and/or irregularity. Rx Ispaghula Husk may also assist with increasing daily fibre intake as an adjuvant in constipation-predominant irritable bowel syndrome (IBS), as well as alternating diarrhoea and constipation.	At or below 25 ° C	
53	Manufactured (including import and export)	PhytoFlex	Capsule - Hard	30	Avocado-soybean unsaponifiables (ASU) 300,00 mg Providing: Persea gratissima C.F. Gaertn. (avocado) oil unsaponifiable 100,00 mg; Glycine max (L.) Merr. (soybean) oil unsaponifiable 200,00 mg; Mixed tocopherol 0,5 mg providing alpha-tocopherol 90 % and non-alpha-tocopherol 72 %		Adults: Take one capsule daily with food.		Discipline specific	Combination product	Oral	High	PhytoFlex is indicated to assist with the management and relief of osteoarthritis symptoms such as painful joints and difficulty when moving.	At or below 25 ° C	
54	Manufactured (including import and export)	Rx Avosoy	Capsule - Hard	30	Avocado-soybean unsaponifiables (ASU) 300,00 mg Providing: Persea gratissima C.F. Gaertn. (avocado) oil unsaponifiable 100,00 mg; Glycine max (L.) Merr. (soybean) oil unsaponifiable 200,00 mg; Mixed tocopherol 0,5 mg providing alpha-tocopherol 90 % and non-alpha-tocopherol 72 %		Adults: Take one capsule daily with food.		Discipline specific	Combination product	Oral	High	Rx Avosoy is indicated to assist with the management and relief of osteoarthritis symptoms such as painful joints and difficulty when moving.	At or below 25 ° C	
55	Manufactured (including import and export)	Tickley Herbal Syrup	Liquid	100 and 200	Each 5 ml contains: Hedera helix L. (ivy) 7,00 mg [leaf, 5:1 extract standardised to hederacoside C 10 %]		Adults and children older than 12 years: 5 mL to 7,5 mL three times daily. Children 6 to 12 years: 5 mL three times daily. Children 2 to 5 years: 2,5 mL three times daily.		Discipline specific	Western Herbal Medicine	Oral	Low	Tickley Herbal Syrup is indicated as an expectorant to help loosen phlegm in the case of a productive cough.	At or below 25 ° C	
56	Manufactured (including import and export)	Rx Herbal Cough Syrup	Liquid	100 and 200	Each 5 ml contains: Hedera helix L. (ivy) 7,00 mg [leaf, 5:1 extract standardised to hederacoside C 10 %]		Adults and children older than 12 years: 5 mL to 7,5 mL three times daily. Children 6 to 12 years: 5 mL three times daily. Children 2 to 5 years: 2,5 mL three times daily.		Discipline specific	Western Herbal Medicine	Oral	Low	Rx Herbal Cough Syrup is indicated as an expectorant to help loosen phlegm in the case of a productive cough.	At or below 25 ° C	

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
57	Manufactured (including import and export)	Rx Multivitamin & Mineral Syrup	Liquid	200 and 500	Each 5 ml Syrup contains: Ascorbic acid (Vitamin C) 32,00 mg; Zinc gluconate 25,00 mg (providing 3,59 mg elemental Zinc); Iron amino acid chelate 20 % 12,00 mg (providing 2,40 mg elemental Iron); Di-α-tocopheryl acetate (Vitamin E) 1,99 mg TE; Pantothenic acid (Vitamin B5) 2,50 mg; Nicotinamide (Vitamin B3) 2,20 mg; Copper amino acid chelate 0,70 mg (providing 70,00 µg elemental Copper); Thiamine (Vitamin B1) 118,00 µg; Riboflavin (Vitamin B2) 110,00 µg; Biotin (Vitamin H) 110,00 µg; Cyanocobalamin (Vitamin B12) 1,30 µg; Vitamin A (as acetate) 2900 IU; Vitamin D3 580 IU.	Children 1 - 3 years: 2,5 ml once daily; Children 4 - 12 years: 5 ml once daily; Children 13 years and older: 7,5 ml once daily.		Health Supplement	Multiple substance formulation	Oral	Low	Rx Multivitamin & Mineral Syrup contains vitamins and minerals that may help support your child's immune and general wellbeing.	At or below 25 ° C
58	Manufactured (including import and export)	ST Multivitamin & Mineral Syrup	Liquid	200 and 500	Each 5 ml Syrup contains: Ascorbic acid (Vitamin C) 32,00 mg; Zinc gluconate 25,00 mg (providing 3,59 mg elemental Zinc); Iron amino acid chelate 20 % 12,00 mg (providing 2,40 mg elemental Iron); Di-α-tocopheryl acetate (Vitamin E) 1,99 mg TE; Pantothenic acid (Vitamin B5) 2,50 mg; Nicotinamide (Vitamin B3) 2,20 mg; Copper amino acid chelate 0,70 mg (providing 70,00 µg elemental Copper); Thiamine (Vitamin B1) 118,00 µg; Riboflavin (Vitamin B2) 110,00 µg; Biotin (Vitamin H) 110,00 µg; Cyanocobalamin (Vitamin B12) 1,30 µg; Vitamin A (as acetate) 2900 IU; Vitamin D3 580 IU.	Children 1 - 3 years: 2,5 ml once daily; Children 4 - 12 years: 5 ml once daily; Children 13 years and older: 7,5 ml once daily.		Health Supplement	Multiple substance formulation	Oral	Low	ST Multivitamin & Mineral Syrup contains vitamins and minerals that may help support your child's immune and general wellbeing.	At or below 25 ° C
59	Manufactured (including import and export)	Rx UTI Acute	Capsule - Hard	6	Hibiscus sabdariffa (flowers, 20:1 extract providing 4 g of dried herb equivalent) 200,00 mg	Adults: On the first sign of urinary discomfort: Take 2 capsules orally. Thereafter take one 1 capsule once a day for four days. Complete the course.		Discipline specific	Western Herbal Medicine	Oral	High	Rx UTI Acute is used to assists with the relief of the onset of lower urinary tract discomfort and plays a role in the reduction of pain or burning sensation when urinating.	At or below 25 ° C
60	Manufactured (including import and export)	Uri-Tract Acute	Capsule - Hard	6	Hibiscus sabdariffa (flowers, 20:1 extract providing 4 g of dried herb equivalent) 200,00 mg	Adults: On the first sign of urinary discomfort: Take 2 capsules orally. Thereafter take one 1 capsule once a day for four days. Complete the course.		Discipline specific	Western Herbal Medicine	Oral	High	Uri-Tract Acute is used to assists with the relief of the onset of lower urinary tract discomfort and plays a role in the reduction of pain or burning sensation when urinating.	At or below 25 ° C
61	Manufactured (including import and export)	Rx UTI Maintenance	Capsule - Hard	30	Hibiscus sabdariffa (flowers, 20:1 extract providing 2 g of dried herb equivalent) 100,00 mg; Vaccinium macrocarpon (Cranberry) (berries, extract standardised to NLT 1 % proanthocyanidins) 75,00 mg.	Adults: Take one capsule daily.		Discipline specific	Western Herbal Medicine	Oral	Low	Rx UTI Maintenance assists in maintaining normal lower urinary tract health by helping to reduce the proneness for bacteria to grow in the area.	At or below 25 ° C
62	Manufactured (including import and export)	Uri-Tract Maintenance	Capsule - Hard	30	Hibiscus sabdariffa (flowers, 20:1 extract providing 2 g of dried herb equivalent) 100,00 mg; Vaccinium macrocarpon (Cranberry) (berries, extract standardised to NLT 1 % proanthocyanidins) 75,00 mg.	Adults: Take one capsule daily.		Discipline specific	Western Herbal Medicine	Oral	Low	Uri-Tract Maintenance assists in maintaining normal lower urinary tract health by helping to reduce the proneness for bacteria to grow in the area.	At or below 25 ° C
63	Manufactured (including import and export)	Rx Cramp Relief	Capsule - Hard	30 and 60	Magnesium oxide 112,75 mg; Magnesium citrate 56,25 mg; Magnesium gluconate 25,59 mg (providing 78,61 mg elemental magnesium); Disodium phosphate 90,00 mg; Dipotassium phosphate 30,00 mg (providing 44,61 mg elemental phosphorus) (providing 13,47 mg potassium); Calcium carbonate 60,00 mg (providing 24,03 mg elemental calcium); L-glutamine 25,00 mg; L-aspartic acid 20,00 mg; Pyridoxine HCl (Vitamin B6) 5,00 mg; Cholecalciferol (Vitamin D3) 100 I.U.	Adults: Daily supplementation: Take 2 capsules daily after breakfast. Sports events: Take 2 capsules 30 to 45 minutes before the start of the event, take another capsule during endurance and stage events.		Health Supplement	Multiple substance formulation	Oral	Low	Rx Cramp Relief contributes to the relief of muscle cramps, stiffness, stress and fatigue.	At or below 25 ° C
64	Manufactured (including import and export)	Runners Cramp Relief	Capsule - Hard	30 and 60	Magnesium oxide 112,75 mg; Magnesium citrate 56,25 mg; Magnesium gluconate 25,59 mg (providing 78,61 mg elemental magnesium); Disodium phosphate 90,00 mg; Dipotassium phosphate 30,00 mg (providing 44,61 mg elemental phosphorus) (providing 13,47 mg potassium); Calcium carbonate 60,00 mg (providing 24,03 mg elemental calcium); L-glutamine 25,00 mg; L-aspartic acid 20,00 mg; Pyridoxine HCl (Vitamin B6) 5,00 mg; Cholecalciferol (Vitamin D3) 100 I.U.	Adults: Daily supplementation: Take 2 capsules daily after breakfast. Sports events: Take 2 capsules 30 to 45 minutes before the start of the event, take another capsule during endurance and stage events.		Health Supplement	Multiple substance formulation	Oral	Low	Runners Cramp Relief contributes to the relief of muscle cramps, stiffness, stress and fatigue.	At or below 25 ° C
65	Manufactured (including import and export)	Rx Night Cramp Relief	Capsule - Hard	30	Passiflora incarnata L. (Passiflora) (dry arial parts, 4:1 extract providing 125,00 mg dried herb equivalent) 31,25 mg; Magnesium oxide 112,75 mg; Magnesium citrate 56,25 mg; Magnesium gluconate 25,59 mg (providing 78,61 mg elemental magnesium); Disodium phosphate 90,00 mg; Dipotassium phosphate 30,00 mg (providing 44,61 mg elemental phosphorus) (providing 13,47 mg potassium); Calcium carbonate 81,20 mg (providing 32,50 mg elemental calcium); Pyridoxine HCl (Vitamin B6) 5,00 mg; Cholecalciferol (Vitamin D3) 100 I.U.	Adults: Take 2 capsules at night after dinner.		Discipline specific	Combination product	Oral	Low	Rx Night Cramp Relief assists with the prevention and relief of night time muscle cramps and restless legs.	At or below 25 ° C
66	Manufactured (including import and export)	Muscle Night Cramp Relief	Capsule - Hard	30	Passiflora incarnata L. (Passiflora) (dry arial parts, 4:1 extract providing 125,00 mg dried herb equivalent) 31,25 mg; Magnesium oxide 112,75 mg; Magnesium citrate 56,25 mg; Magnesium gluconate 25,59 mg (providing 78,61 mg elemental magnesium); Disodium phosphate 90,00 mg; Dipotassium phosphate 30,00 mg (providing 44,61 mg elemental phosphorus) (providing 13,47 mg potassium); Calcium carbonate 81,20 mg (providing 32,52 mg elemental calcium); Pyridoxine HCl (Vitamin B6) 5,00 mg; Cholecalciferol (Vitamin D3) 100 I.U.	Adults: Take 2 capsules at night after dinner.		Discipline specific	Combination product	Oral	Low	Rx Night Cramp Relief assists with the prevention and relief of night time muscle cramps and restless legs.	At or below 25 ° C

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
67	Manufactured (including import and export)	Rx Ultra-Cal	Tablet	30	Calcium 500,00 mg (from 1389,00 mg Calcium Carbonate); Collagen (Hydrolysed Type 1) 150,00 mg; Magnesium 150,00 mg (from 263,16 mg Magnesium oxide); Potassium 75,00 mg (from 167,05 mg Di-potassium phosphate); Zinc 15,00mg (from 104,90 mg Zinc gluconate); Manganese 3,00 mg (from 30,00 mg Manganese amino acid chelate); Copper 1,00 mg (from 10,00 mg Copper amino acid chelate); Silicon 1,00 mg (from 100 mg Silicon amino acid chelate); Vitamin K2 (as Mena Q7) 45,00 ug; Selenium 30,00 ug (from 1,50 mg Selenium amino acid chelate); Vitamin D3 (as Cholecalciferol) 1000 I.U.	Adults: Take one tablet daily with a meal.		Health Supplement	Multiple substance formulation	Oral	Low	Rx Ultra-Cal contributes to the maintenance and development of normal bone and muscle function. Rx Ultra-Cal helps to strengthen and build healthy bones. Rx Ultra-Cal assists with joint health and contributes to normal functioning of the nervous system.	At or below 25 ° C
68	Manufactured (including import and export)	Osteo Calcium Extreme	Tablet	30	Calcium 500,00 mg (from 1389,00 mg Calcium Carbonate); Collagen (Hydrolysed Type 1) 150,00 mg; Magnesium 150,00 mg (from 263,16 mg Magnesium oxide); Potassium 75,00 mg (from 167,05 mg Di-potassium phosphate); Zinc 15,00mg (from 104,90 mg Zinc gluconate); Manganese 3,00 mg (from 30,00 mg Manganese amino acid chelate); Copper 1,00 mg (from 10,00 mg Copper amino acid chelate); Silicon 1,00 mg (from 100 mg Silicon amino acid chelate); Vitamin K2 (as Mena Q7) 45,00 ug; Selenium 30,00 ug (from 1,50 mg Selenium amino acid chelate); Vitamin D3 (as Cholecalciferol) 1000 I.U.	Adults: Take one tablet daily with a meal.		Health Supplement	Multiple substance formulation	Oral	Low	Osteo Calcium Extreme contributes to the maintenance and development of normal bone and muscle function. Osteo Calcium Extreme helps to strengthen and build healthy bones. Osteo Calcium Extreme assists with joint health and contributes to normal functioning of the nervous system.	At or below 25 ° C
69	Manufactured (including import and export)	Rx Calcium + Magnesium	Tablet	30	Calcium 600,00 mg (from 1781,00 mg Calcium Carbonate & Calcium bisglycinate); Vitamin D3 (as Cholecalciferol) 10,00 ug; Boron 2,00 mg (from 40,00 mg Boron aspartate); Zinc 11,00 mg (from 39,30 mg Zinc bisglycinate); Magnesium 40,00 mg (from 200,00 mg Magnesium amino acid chelate); Manganese 3,30 mg (from 33,00 mg Manganese amino acid chelate); Copper 2,50 mg (from 25,00 mg Copper amino acid chelate); Vitamin K2 (as Mena Q7) 110,00 ug;	Adults: Take one capsule 30-60 minutes before bed time		Health Supplement	Multiple substance formulation	Oral	Low	Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis.	At or below 25 ° C
70	Manufactured (including import and export)	Maxi-Cal	Tablet	30	Calcium 600,00 mg (from 1781,00 mg Calcium Carbonate & Calcium bisglycinate); Vitamin D3 (as Cholecalciferol) 10,00 ug; Boron 2,00 mg (from 40,00 mg Boron aspartate); Zinc 11,00 mg (from 39,30 mg Zinc bisglycinate); Magnesium 40,00 mg (from 200,00 mg Magnesium amino acid chelate); Manganese 3,30 mg (from 33,00 mg Manganese amino acid chelate); Copper 2,50 mg (from 25,00 mg Copper amino acid chelate); Vitamin K2 (as Mena Q7) 110,00 ug;	Adults: Take one capsule 30-60 minutes before bed time		Health Supplement	Multiple substance formulation	Oral	Low	Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis.	At or below 25 ° C
71	Manufactured (including import and export)	Rx Milk Thistle	Capsule - Hard	30	Silybum marianum (Milk thistle seed extract standardised to silymarin 80 %) 250,00 mg; Riboflavin (Vitamin B2) 55,00 mg; Magnesium oxide heavy 83,00mg	Adults: Take 1 to 2 capsules daily, before breakfast.		Discipline specific	Combination product	Oral	Low	Milk thistle is used as a liver protectant and to support the liver function.	At or below 25 ° C
72	Manufactured (including import and export)	ST Milk Thistle	Capsule - Hard	30	Silybum marianum (Milk thistle seed extract standardised to silymarin 80 %) 250,00 mg; Riboflavin (Vitamin B2) 55,00 mg; Magnesium oxide heavy 83,00mg	Adults: Take 1 to 2 capsules daily, before breakfast.		Discipline specific	Combination product	Oral	Low	Milk thistle is used as a liver protectant and to support the liver function.	At or below 25 ° C
73	Manufactured (including import and export)	Maxtend	Capsule - Hard	4, 10, 15 and 30	Eleutherococcus senticosus (Siberian ginseng) [root extract] 700,00 mg; Cola nitida (Kola nut) 10,00 mg; Ascorbic acid (Vitamin C) 125,00 mg; Di-alpha-tocopherol (Vitamin E) 30,00 mg; Nicotinamide (Vitamin B3) 25,00 mg; Pyridoxine (Vitamin B6) 7,50 mg; Thiamine HCl (Vitamin B1) 5,00 mg; Riboflavin (Vitamin B2) 5,00 mg;	Adults: Take one capsule daily.		Discipline specific	Combination product	Oral	Low	Maxtend is a vitamin supplement for invigoration and fortification in times of fatigue and debility.	At or below 25 ° C
74	Manufactured (including import and export)	RxStend	Capsule - Hard	4, 10, 15 and 30	Eleutherococcus senticosus (Siberian ginseng) [root extract] 700,00 mg; Cola nitida (Kola nut) 10,00 mg; Ascorbic acid (Vitamin C) 125,00 mg; Di-alpha-tocopherol (Vitamin E) 30,00 mg; Nicotinamide (Vitamin B3) 25,00 mg; Pyridoxine (Vitamin B6) 7,50 mg; Thiamine HCl (Vitamin B1) 5,00 mg; Riboflavin (Vitamin B2) 5,00 mg;	Adults: Take one capsule daily.		Discipline specific	Combination product	Oral	Low	RxStend is a vitamin supplement for invigoration and fortification in times of fatigue and debility.	At or below 25 ° C
75	Manufactured (including import and export)	Maxtend Extra	Capsule - Hard	1 and 5	Eleutherococcus senticosus (Siberian ginseng) [root extract] 1 000,00 mg; Riboflavin (Vitamin B2) 10,00 mg; Zinc sulphate (providing 2 mg elemental Zinc) 5,00 mg.	Adults: Take one capsule daily.		Discipline specific	Combination product	Oral	Low	Maxtend Extra contains vitamins and minerals for the maintenance of good health and vitality.	At or below 25 ° C
76	Manufactured (including import and export)	RxStend Extra	Capsule - Hard	1 and 5	Eleutherococcus senticosus (Siberian ginseng) [root extract] 1 000,00 mg; Riboflavin (Vitamin B2) 10,00 mg; Zinc sulphate (providing 2 mg elemental Zinc) 5,00 mg.	Adults: Take one capsule daily.		Discipline specific	Combination product	Oral	Low	RxStend Extra contains vitamins and minerals for the maintenance of good health and vitality.	At or below 25 ° C
77	Manufactured (including import and export)	Green Glucosamine	Tablet	60	D-Glucosamine hydrochloride 750,00 mg.	Adults: Take one tablet twice a day with meals.		Health Supplement	Aminosaccharides	Oral	Low	Green Glucosamine is a natural plant-based glucosamine indicated for the improvement of joint mobility and the reduction in the severity of joint stiffness. It helps with the relief of joint aches and pain and protects against the deterioration of cartilage.	At or below 25 ° C
78	Manufactured (including import and export)	Rx Plant-based Glucosamine	Tablet	60	D-Glucosamine hydrochloride 750,00 mg.	Adults: Take one tablet twice a day with meals.		Health Supplement	Aminosaccharides	Oral	Low	Rx Plant-based Glucosamine is a natural plant-based glucosamine indicated for the improvement of joint mobility and the reduction in the severity of joint stiffness. It helps with the relief of joint aches and pain and protects against the deterioration of cartilage.	At or below 25 ° C
79	Manufactured (including import and export)	Green Glucosamine Plus	Tablet	60	D-Glucosamine hydrochloride 750,00 mg; MSM (methyl sulphonyl methane) 100,00 mg.	Adults: Take one tablet twice a day with meals.		Health Supplement	Multiple substance formulation	Oral	Low	Green Glucosamine Plus is a natural plant-based glucosamine indicated for the improvement of joint mobility and the reduction in the severity of joint stiffness. It helps with the relief of joint aches and pain and protects against the deterioration of cartilage.	At or below 25 ° C
80	Manufactured (including import and export)	Rx Plant-based Glucosamine Plus	Tablet	60	D-Glucosamine hydrochloride 750,00 mg; MSM (methyl sulphonyl methane) 100,00 mg.	Adults: Take one tablet twice a day with meals.		Health Supplement	Multiple substance formulation	Oral	Low	Rx Plant-based Glucosamine Plus is a natural plant-based glucosamine indicated for the improvement of joint mobility and the reduction in the severity of joint stiffness. It helps with the relief of joint aches and pain and protects against the deterioration of cartilage.	At or below 25 ° C

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No.	Activity	Name of Medicine	Dosage Form	Pack size per unit - Quantity or Volume	Ingredients and Quantities	Dosage	Registration or Application No.	Sub-Category	Class or Discipline	Route of Administration	Risk	Intended Use	Storage Conditions
81	Manufactured (including import and export)	Rx Vitamin C & Zinc Lollies	Other	10	Each lolly contains: Sodium ascorbate 112,36 mg (providing 100,00 mg Vitamin C); Zinc gluconate 20,98 mg (providing 3,00 mg Zinc); Menthol crystals 5,00 mg; Eucalyptus oil 1,63 mg	Children 2 to 3 years of age: Suck one lolly twice a day. Children 4 to 12 years: Suck one lolly three times a day.		Discipline specific	Combination product	Oral	Low	Rx Vitamin C & Zinc Lollies is indicated to soothe and relieve a sore throat.	At or below 25 ° C
82	Manufactured (including import and export)	PhytoMune Lollies	Other	10	Each lolly contains: Sodium ascorbate 112,36 mg (providing 100,00 mg Vitamin C); Zinc gluconate 20,98 mg (providing 3,00 mg Zinc); Menthol crystals 5,00 mg; Eucalyptus oil 1,63 mg.	Children 2 to 3 years of age: Suck one lolly twice a day. Children 4 to 12 years: Suck one lolly three times a day.		Discipline specific	Combination product	Oral	Low	PhytoMune Lollies is indicated to soothe and relieve a sore throat.	At or below 25 ° C
83	Manufactured (including import and export)	Rx Pelargonium Gummies	Other	60	PelaForce™ EMA1170 20,00 mg [Pelargonium sidoides root, 10:1 extract providing 200,00 mg dried herb equivalent]; Ascorbic acid (Vitamin C) 100,00 mg; Zinc sulphate heptahydrate 5,00 mg (providing 1,14 mg elemental Zinc); Cholecalciferol (Vitamin D3) 250 IU.	Children 6 – 12 years: Chew one gummy twice a day. Adults and children over 12 years: Chew one gummy three times a day.		Discipline specific	Combination product	Oral	High	Rx Pelargonium Gummies assists with the symptomatic relief of upper respiratory-tract infections of the nose, throat and airways, including the common cold. Taken daily, VirAway Pelargonium Gummies supports and stimulates the immune system.	At or below 25 ° C
84	Manufactured (including import and export)	Rx Pelargonium Lozenges (Cherry)	Other	16 and 24	PelaForce™ EMA1170 20,00 mg [Pelargonium sidoides root, 10:1 extract providing 200,00 mg dried herb equivalent]; Menthol Crystals 4,5 mg; Eucalyptol Oil 1,63 mg.	Children 6 – 12 years: Dissolve one lozenge slowly in the mouth twice a day if needed. Adults: Dissolve one lozenge slowly in the mouth three times a day if needed.		Discipline specific	Combination product	Oral	High	Rx Pelargonium Lozenges assists with the relief of sore throats and coughs associated with respiratory tract infection.	At or below 25 ° C
85	Manufactured (including import and export)	Rx Pelargonium Effervescent	Tablet - Effervescent	12 and 20	PelaForce™ EMA1170 20,00 mg [Pelargonium sidoides root, 10:1 extract providing 200,00 mg dried herb equivalent]; Ascorbic acid (Vitamin C) 100,00 mg; Zinc sulphate heptahydrate 5,00 mg (providing 1,14 mg elemental Zinc); Cholecalciferol (Vitamin D3) 250 IU.	Adults and children older than 12 years: Dissolve 1 effervescent in a glass of water three times a day, after a meal. Children 6 - 12 years: Dissolve 1 effervescent in a glass of water twice a day, after a meal.		Discipline specific	Combination product	Oral	High	Rx Pelargonium Effervescents assists with the symptomatic relief of upper respiratory-tract infections of the nose, throat and airways, including the common cold. Taken daily, VirAway Pelargonium Effervescents support and stimulate the immune system.	At or below 25 ° C